

Celebrating 75 years of India's Independence आज़ादी का अमृत महोत्सव INSTITUTE OF HOME ECONOMICS (UNIVERSITY OF DELHI)



Invites you to participate in

Virtual Cycle Rally

25<sup>rd</sup> October 2021- 28<sup>th</sup> October 2021

## **Rules and Regulations:**

1) Participants to dress up in sports wear

2) Since the race is flexible Time type, it can be attempted at any time during the above specified "Schedule of events".

3) Participants need to record their 30 second video while cycling along with a selfie and upload it on the link on or before 28<sup>th</sup> October 2021: <u>https://forms.gle/cjmGV98fA88uygw38</u>

5) Make sure you don't violate any government rules related to Covid-guidelines.

6) Avoid public gatherings and cycling in crowded areas.



All participants will get E-certificate

Patron	Organizing Committee				<b>Student Coordinator</b>
Prof. Geeta Trilok Kumar Director, IHE	Dr. Pratima Singh Programme Officer, NSS IHE	Dr. Mamta Singhal Nodal Officer IHE	Dr. Namita Saini Convenor, Sports Committee	Dr. Yuki Azad Convenor, Communication & Magazine Committee	Ms. Muskan Bajaj President, NSS