




INSTITUTE OF HOME ECONOMICS
UNIVERSITY OF DELHI



Name	Dr. Tejmeet Rekhi	Photograph
Designation	Associate Professor	
E-mail	trekhi1@hotmail.com tejmeetkaur.rekhi@ihe.du.ac.in	
Educational Qualifications: B.Sc (Hons) Home Science, B.Ed., Phd (Food and Nutrition)		
Teaching experience: 31 Years		
Subjects/Papers Taught <ol style="list-style-type: none">1. Food and Nutrition (Theory and practicals) - UG2. Fundamentals of Nutrition and Food Science (Theory and practicals)- UG3. Institutional Food Management (Theory and practicals)- PG4. Entrepreneurship Development (Practicals)- UG		
Awards received Nil		
Research Interest/Specialization <ol style="list-style-type: none">1. Mid-Day Meal Programme (MDMP) and Supplementary Nutrition Programme (SNP) of ICDS Programme2. Fortified Tea and its uses, impact3. Double Fortified Salt and its uses4. Food Hygiene and Food Safety practices in Food Service Institutions and homes5. Red Palm Oil and its incorporation in diets		
ORCID No.: NA		
Research Projects:		
Title	Funding agency/organization	Duration of Project
Consumer Acceptability of Double Fortified Tea	University of Toronto and Nutrition Impact Solutions	3 months (2016)
Consumer Acceptability of Double Fortified Salt	The India Nutrition Initiative, TATA Trust	8months (2016- 2017)
Sensory analysis using Multiple Nutrient Fortified Salt	Nutrition Impact Solutions	4 months (Sept 2018- Dec 2018)

Consumer Acceptability and sensory Analysis Multiple Nutrient Fortified Salts	Nutrition Impact Solutions	Nov 2017- May 2018 (Nov 2017- May 2018)

Research papers since 2010 (APA format)

1. Mehlawat U, Puri S, Rekhi TK. (2020). Breastfeeding Practices among Mothers at Birth and at 6 Months in Urban Areas of Delhi-Ncr, India. *JurnalGizi Dan Pangan*, 15(2), 101-108. <https://doi.org/10.25182/jgp.2020.15.2.101-108>
2. Mehlawat U, Puri S, Rekhi TK, Yadav BS, Tiwari SK. (2018). A study on Infant and Young Child Feeding Practices of mothers visiting District Civil Hospital. *New Indian Journal of Pediatrics*, 7(3): 178-188.
3. Mehlawat U, Rekhi TK, Puri Seema, Yadav BS. (2018). Status of complementary feeding practices of infants and young children (0-23 months) in India. *New Indian Journal of Pediatrics*, 7(1): 40-48.
4. Lalita and Rekhi T. (2016). Monitoring and Evaluation of Mid-Day Meal in Delhi Schools. *Imperial Journal of Interdisciplinary Research*, 2(11):282-291.
5. Lalita and Rekhi T. (2016) Nutritional Contribution of Mid-Day Meal (MDM) as per Quantity norms at Upper Primary Classes in Delhi. *International Journal of Scientific and Research Publications*, 6(10); 60-76.
6. Yadav H., Mahna R. and Rekhi T.K. (2018). Food Hygiene and Safety Knowledge of Managers in Catering Sector. *International Journal of Scientific Research and Reviews*, Vol. 7 (3), 358-363.
7. Yadav H., Mahna R. and Rekhi T.K. (2018). Food Safety Knowledge of Food Handlers working in Catering Sector across Delhi. *Tourism Innovations*, Vol. 8 (2), 48-53; ISSN No. 2278-8379
8. Yadav H, Mahna R and Rekhi T. (2015). Review paper titled “HACCP Systems and Difficulties in its Implementation in Food Sector” in Paripax- *Indian Journal of Research*, July , 4(7), ISSN- 2250-1991(E).
9. Yadav H and Rekhi T. (2015). A Review on Food Safety in India with Focus on Food Catering Organisations in India. *International Journal of Innovative Research in Science & Technology*, 1(10), ISSN 2349-6010.
10. Passi SJ, Rekhi T, Suri S and Pal S. (2020). Popularisation of Red Palm Oil in Food Uses. *International Journal of Oil Palm*, 1 (1&2): 45-50, December 2000.
11. Mehlawat U, Rekhi TK, Puri S. A review on determinants of complementary feeding practices among infants and young children: An Indian Perspective. UGC Sponsored National Conference

Books published/edited

1. Red Palm Oil – A nutrient rich cooking medium – A recipe Book’, Santosh Jain Passi, Tejmeet Rekhi and Rashmi Pal, Phoenix Publishing House Pvt. Ltd, **1999**. ISBN no.81-7484-023-0-
2. A Handbook for Food Service Providers Engaged in Supplementary Feeding Programmes, **2008**. This was published as a part of my PhD work.
3. “Institutional Food Service Management- A practical Manual for PG students”, Tejmeet Rekhi and Archana Bhagat, Printed for PG students MSc(FN) and DDPHN, **2016**
4. Fundamentals of Food and Nutrition. Tejmeet Rekhi and Heena Yadav. Elite Publishing House Limited, 2013; Printed in **2017**. ISBN: 978-81-88901-52-0.

5. PINK BOOK: Guide to safe and nutritious food at home, Food Safety and Standards Authority of India (FSSAI), March, **2017** (www.snfportal.in)
6. The Art & Science of cooking – A students Manual , Kumud Khanna, Rama Seth, Sharda Gupta, Ranjana Mahna and Tejmeet Rekhi. First Edition, 1991. Reprinted in 1993, 1995. Reprinted in 1993, 1995. Third edition, 1998. Fourth edition 2001. Re-printed in 2002, 2004, 2005, 2007, 2009, 2010, 2013, 2015. Fifth edition **2018**.
ISBN : 978-81-935996-0-0

Book chapters published/edited

1. A review on determinants of complementary feeding practices among infants and young children: An Indian Perspective. Vidya Kutir Publications., NOIDA, India, **2020** (978-87-942875-0-6).
2. Income Generation through Mushroom Cultivation for Landless Women”, International Federation for Women in Agriculture (IFWA), Pg 183-187.

Association with Professional Societies

- Life member of Home Science Association of India
- Life Member of Nutrition Society of India
- Life Member of Indian Dietetic Association

Any other

Nil