



Outreach activities & Internships (2017-22)

Selected few are enlisted here:

- NHE session conducted at Government Girls Senior Secondary School
 - NHE session conducted at Anganwadi centers to celebrate POSHAN Maah
 - Awareness activities on “Importance of Breastfeeding” during World Breastfeeding Week
 - NHE conducted for adolescent girls and women to celebrate POSHAN Maah on topics like Reading Food Labels – Simplified, Menstrual Hygiene, Anaemia and Importance of Millets
 - NHE for expectant and pregnant women and women on PMSMA day at Government hospitals and health centers
 - Nutritional Assessment and Counselling activities conducted at Intergenerational Mela
 - NHE for ICDS beneficiaries Menstrual Hygiene to celebrate Poshan Pakhwada
 - Understanding PCOS & its Reversal through a Healthy Lifestyle
 - Healthy Gut for a Healthy Life
 - Food Safety: Everyone's Business
 - World Food Day celebrations at World Bank Office
 - Infant and young child feeding
 - Detection of food adulterants at household level
 - Workshop on dyeing with natural dyes for Shibui, an NGO
 - Application of natural black dye on handloom denim for Denim club of India
 - Testing compatibility of CMC-TKP with kasim-karam for Rudra Agrotech.
 - Videos created on youtube for to learn the basic processes in clothing construction.
 - Sales force training of Tribes India (TRIFED) Ministry of Tribal Affairs, Government of India
 - Workshop on “Crocheting” for skill upgradation of marginalized women in Bareilly.
 - Outreach programme for school kids about selection of suitable fabric as per change in season. and taught hand stitching a potli bag.
 - During Covid- 19, development of 1000s of masks for distribution.
 - Training to Class X of Govt. school Students on ‘Basic techniques in Microbiology’
 - Students’ interaction and teaching Government school students at Bodh Vihar 3rd March, 2018
 - ‘Basic understanding of Biosciences’ for class XI-XII students
 - ‘Unravelling the mystery of DNA’, Hands on training to Class XI and XII students
 - World Health Day and World TB day Celebration
- **Details given in Report**