



Research Projects

S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
1	Association of nutrition and mental health across the lifespan: A systematic review of epidemiological studies.	Minor	ILSI, INDIA	Dr Bani Tamber Aeri, Preeti Khanna	Department of Food & Nutrition	50,000/-	2021
2	Mapping the Vulnerability of Women in India to Climate Change at the Sub-National Scale'	Major	Ministry of Environment, Forest and Climate Change	Dr. Savita Aggarwal, Dr. Geeta Punhani, Neeti Vaid, Dr. Jagriti Kher	Department of Development Communication and Extension	28.42 lakhs	2020
3	Inculcating healthy eating and hygiene behaviours in young children: A pilot project in SDMC schools in Delhi HEALTHY EATING AND	Minor	DCPCR	Dr Seema Puri	Department of Foods and Nutrition	4.5 lakhs	2020



Institute of Home Economics
University of Delhi
Accredited 'A' Grade by NAAC 'Star College Scheme' by DBT
DST-FIST Awardee



S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
4	Inculcating Healthy Eating and Hygiene Behaviour in Young School Children	Minor	Delhi Commission for Protection of Child Rights	Dr Seema Puri Dr Nidhi Gulati	Department of Food and Nutrition Department of Elementary Education	4,00, 000/-	2020
5	Developing case studies on development of regulations for Promoting Healthy Diets in India	Minor	WHO SEARO	Dr Seema Puri	Department of Food and Nutrition	3,65, 750/-	2020
6	Opportunities and Challenges in Digital Literacy: Assessing the impact of Digital Literacy training for empowering urban poor women	Major	Ministry of Women and Child Development	Dr. Savita Aggarwal	Department of Development Communication and Extension	11.6 lakhs	2019
7	Assessment of Commercial Complementary Foods in South -East Asia (SEAR)	Minor	WHO SEARO	Dr Seema Puri	Department of Food and Nutrition	5,98,500/-	2019



Institute of Home Economics
University of Delhi
Accredited 'A' Grade by NAAC 'Star College Scheme' by DBT
DST-FIST Awardee



S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
8	Addressing critical failures of infant and young child nutrition in South Asia	Major	University of Sydney World Bank	Dr Seema Puri	Department of Food and Nutrition	59, 500 US\$	2018
9	Climate and Gender Smart Agricultural Practices: Enhancing Capacity of Rural Women	Major	UGC	Dr. Savita Aggarwal, Dr. Geeta Punhani	Department of Development Communication and Extension	15 lakhs	2018
10	Sensory Trials Using Multiple Nutrient Fortified Salts	Minor	Nutrition Impact solutions	Dr Seema Puri Dr Tejmeet Kaur Rekhi	Department of Food and Nutrition	6,87,225/-	2018
11	Effectiveness of milk supplementation on Nutritional Status of Pre- Adolescent Girls of Delhi - An Evaluation	Major	National Dairy Development Board & Mother Dairy Fruit and Vegetable Pvt Ltd	Dr Seema Puri	Department of Food and Nutrition	21,23,000/-	2018



Institute of Home Economics
University of Delhi
Accredited 'A' Grade by NAAC 'Star College Scheme' by DBT
DST-FIST Awardee



S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
12	An Ethnographic Study of Violence in School Practices	Minor	ICSSR	Jyoti Dalal	Department of Elementary Education	2 lakhs	2018
13	Consumer Acceptability and Sensory Analysis of Multiple Nutrient Fortified Salts	Major	Nutrition Impact Solutions	Dr Seema Puri Dr Tejmeet Kaur Rekhi	Department of Food and Nutrition	14,22,400/-	2018
14	Prevalence of cardio-metabolic risk factors among employed adults in urban Delhi – nutrition environment measurement study	Minor	UGC	Dr Bani Tamber Aeri, Deepa Shokeen	Department of Food and Nutrition Department of Food and Nutrition	2,35,000/-	2018
15	Consumer Acceptability Trials of Double Fortified Salt	Minor	The India Nutrition Initiative, TATA Trust	Dr Seema Puri Dr Tejmeet Kaur Rekhi	Department of Food and Nutrition	5,16,000/-	2017
16	Evaluation of microbial flora of Indian fermented food for the development of novel probiotics having antioxidant properties	Innovation	University of Delhi	Dr Archana Burman	Department of Biochemistry		2017



Institute of Home Economics
University of Delhi
Accredited 'A' Grade by NAAC 'Star College Scheme' by DBT
DST-FIST Awardee



S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
17	Optimization and Characterization of Microbial dyes for Dyeing Different Textile Substrates	Innovation	University of Delhi	Dr Archana Burman	Department of Biochemistry		2017
18	Recycling Pre-consumer Textile Waste Using Water Soluble Film Technology for Developing as Eco Friendly	Minor	DU Innovation Project Scheme	Dr. Charu Gupta and Ms. Neeti Vaid	Department of Development Communication and Extension	4,00,000/-	2016
19	Effect of an integrated intervention package including yoga training and diet counselling on health status of young college-going females".	Innovation Project (Minor)	Delhi University	Dr.Namita Saini, Dr. Shipra Gupta Dr. Manjula Suri	Department of Physical Education & Sports Sciences., Department of Food & Nutrition Department of Physiology & Promotive Health	3,50,000/-	2016



Institute of Home Economics
University of Delhi
Accredited 'A' Grade by NAAC 'Star College Scheme' by DBT
DST-FIST Awardee



S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
20	Designing play spaces for children's wellbeing: A study of play areas in malls.	Innovative	Innovation project, University of Delhi.	Dr. Meghna, Ms. Bhawna Negi	Department of RMDA & Department of HDCS	3,50,000/-	2016
21	'Indoor Air Quality Assessment in Selected Schools of Delhi-NCR region'	Innovative	Research Council, University of Delhi	Dr. Renu Arora, Dr. Pratima Singh,	Department of Resource Management & Design Application	4,50,000/-,	2016
22	Girls, Clothing and Identity: Sensitizing Young Girls to the Prevailing Gender Differences		University of Delhi	Dr Jyoti Aggarwal	Department of Fabric and Apparel Sciences	3.5 lakhs	2016
23	Recycling of Pre- consumer textile waste using water soluble films for developing an eco-friendly label	Innovation Project	DU – Research Council	Dr. Charu Gupta, Ms. Neeti Vaid, Ms. Aakansha Jain	Department of Fabric and Apparel Science & Department of Communication and Extension	2.5 lacs	2016



Institute of Home Economics
University of Delhi
Accredited 'A' Grade by NAAC 'Star College Scheme' by DBT
DST-FIST Awardee



S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
24	Degumming of silk using Microbial Protease	R &D Project	DU – R &D Grant	Dr. Charu Gupta	Department of Fabric and Apparel Science	2.2 lacs	2016
25	Girls, Clothing and Identity: Sensitizing Young Girls to the Prevailing Gender differences	Innovation Project	DU – Research Council	Dr. Jyoti Aggarwal, Dr. Jyoti Dalal	Department of Fabric and Apparel Science Department of Elementary Education	3,50,000/	2016
26	Development of a Scale to Measure Effect of Self Concept on Fashion Adoption	Research and Development Project	DU – Research Council	Dr. Jyoti Aggarwal	Department of Fabric and Apparel Science	1,40,000/	2016
27	Consumer Acceptability of Double Fortified Tea	Minor	University of Toronto, and Nutrition Impact solutions	Dr Seema Puri Mrs Tejmeet Kaur Rekhi	Department of Food and Nutrition	2,73,500/-	2016



Institute of Home Economics
University of Delhi
Accredited 'A' Grade by NAAC 'Star College Scheme' by DBT
DST-FIST Awardee



S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
28	Nutritional risk factors for growth and development of low birth weight infants in the first year of life	Minor	Indian Council of Medical Research	Dr Seema Puri	Department of Food and Nutrition	9,68,990/-	2016
29	Scientific Review of Low Calorie Non Nutritional Sweetners	Minor	PepsiCo Holdings Pvt Ltd	Dr Seema Puri	Department of Food and Nutrition	2,09,000/-	2016
30	Dietary Practices, Lifestyle Patterns and Nutritional Status of Nurses from Government Health Facilities in Delhi	Minor	Research and Development Grant, University of Delhi	Dr Shipra Gupta	Department of Food and Nutrition	2,00,000/-	2016
31	Effect of an integrated intervention package including yoga training and diet counseling on health status of young college-going females	Minor	University of Delhi (Innovation Project: IHE/301/2015-16)	Dr Shipra Gupta, Dr Dr Namita Saini, & Dr Manjula Suri	Department of Food and Nutrition Department of Physical Education Department of Physiology and Promotive Health	3,50,000/-	2016



Institute of Home Economics
University of Delhi
Accredited 'A' Grade by NAAC 'Star College Scheme' by DBT
DST-FIST Awardee



S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
32	Designing Play Spaces of Children's Wellbeing	Innovative	Innovation Centre, University of Delhi	Bhavna Negi	Department of Human Development and Childhood Studies	3.5 lacs	2016
33	Analysis of IYCF Policies in South Asian Countries	Major	South Asian Infant Feeding Research Network (SAIFRN), LMRF, University of Sydney, Australia	Dr Seema Puri	Department of Food and Nutrition	11 lakh	2015
34	Evaluation of microbial flora of Indian Fermented foods for the development of novel probiotics having antioxidant properties	DU Innovation	DU Innovation Project	Dr Arti Nigam Dr Sunita Aggarwal, Dr Archana Burman	Department of Microbiology, Department of Biochemistry	4,60,000/-	2015



Institute of Home Economics
University of Delhi
Accredited 'A' Grade by NAAC 'Star College Scheme' by DBT
DST-FIST Awardee



S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
35	Opportunities for Women Empowerment through Value Added Food Products	Minor	DU Innovation Project Scheme	Ms. Neeti Vaid	Department of Development Communication and Extension	4,00,000/-	2015
36	Facilitating Constructivism in EVS: An action research in government run primary schools	Major	ICSSR	Dr Nidhi Gulati	Department of Elementary Education	6.75 lakh	2015
37	Isolation of yeasts from fermented foods and their potential use as probiotics.	Major	DST	Dr. Ashima Vohra	Department of Microbiology	19,11,000/-	2014
38	Women empowerment through value added food products.	Major	DU Innovation Project	Dr. Ashima Vohra	Department of Microbiology	4,00,000/-	2014



Institute of Home Economics
University of Delhi
Accredited 'A' Grade by NAAC 'Star College Scheme' by DBT
DST-FIST Awardee



S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
39	Indoor Light and Color Quality: Its impact on Student Health and Performance in selected schools (Green rated and Non-green rated)	Research & Development	Research Council, University of Delhi	Dr. Renu Arora, Dr. Pratima Singh	Department of Resource Management & Design Application	1,67,034/-	2014
40	Optimisation and characterisation of microbial dyes for dyeing different textile substrates	Innovation Project	DU – Research Council	Dr. Charu Gupta, Dr. Sunita Aggarwal and Mrs Nikita Nagpal, Dr. Archana Burman,	Department of Fabric and Apparel Science Department of Microbiology, Department of Biochemistry	6.5 lacs	2014
41	Developing a sourcing database and analyzing the dynamics of Indian home furnishing Industry: Retail and Consumer Perspective'	Innovative	Innovative Project, University of Delhi	Dr. Renu Arora, Dr. Charu Gupta	Department of RMDA Department of FAS	3,00,000/-	2014



Institute of Home Economics
University of Delhi
Accredited 'A' Grade by NAAC 'Star College Scheme' by DBT
DST-FIST Awardee



S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
42	Developing a sourcing database and analysing the dynamics of Indian home furnishing industry: retail and consumer perspectives	Innovation Project	DU – Research Council	Dr. Charu Gupta, Dr. Renu Arora, Ms. Sharda Nautiyal	Department of Fabric and Apparel Science, Department of Resource Management	3 lacs	2014
43	Opportunities for women empowerment through value-added food products	Minor	Innovations Projects Scheme, University of Delhi	Deepshikha Kataria Neeti Vaid, Dr. Ashima Vohra	Department of Food and Nutrition Department of Communication & Extension Department of Microbiology	3,90,000/-	2014
44	Isolation and identification of pigment producing fungi for use as a textile dye	Major Innovation Project	DU – Research Council	Dr. Charu Gupta, Dr. Sunita Aggarwal and Mrs Nikita Nagpal,	Department of Fabric and Apparel Science, Department of Microbiology	10 lacs	2013



Institute of Home Economics
University of Delhi
Accredited 'A' Grade by NAAC 'Star College Scheme' by DBT
DST-FIST Awardee



S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
45	Ensuring Access to Safe Street Food (Code 101)	Major	Delhi University Innovation Project	Dr. Parveen Pannu, Dr Deepshikha Kataria & Dr Sunita Aggarwal	Department of Development Communication and Extension, Department of Food and Nutrition	10 lakhs	2013
46	Children's Anthropometric Profile and Design of School furniture: A study in public school in Delhi.	Major	UGC	Dr. Renu Arora, Dr. Meghna	Department of RMDA	9,68,825/-	2013
47	Nutritional status of students of Vidyagyan school: An Evaluation	Minor	Micronutrient Initiative Trust	Dr Seema Puri	Department of Food and Nutrition	2,87,020/-	2013
48	Climate Change and Women: Communicating strategies for Enhancing Adaptive Capacity of Urban Poor Women to Climate Change	Major	UGC	Dr. Savita Aggarwal Dr. Geeta Punhani,	Department of Development Communication and Extension	7 lakhs	2012



Institute of Home Economics
University of Delhi
Accredited 'A' Grade by NAAC 'Star College Scheme' by DBT
DST-FIST Awardee



S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
49	'Gender Specific Impacts of Climate Change on Household Water Poverty'	Major	Ministry of Environment and Forests, GOI	Dr. Savita Aggarwal, Dr. Geeta Punhani	Department of Development Communication and Extension	17.39 lakhs	2012
50	Effective Communication for Promoting Food Safety Practices	Minor	WHO SEARO	Dr. Parveen Pannu	Department of Development Communication and Extension	1,29,0999/-	2012
51	Creating awareness about lifestyle modification and prevention/management of chronic degenerative diseases among elderly: use of radio messages	Minor	Department of Science and Technology, Govt of India	Dr Seema Puri Dr Parveen Pannu	Department of Food and Nutrition, Department of Communication and extension	7,70,000/-	2012
52	Towards Inclusive Early Childhood Education: Assessment And Intervention In Anganwadis In Delhi	UGC Major research project	UGC	Dr Geeta Chopra	Department of Human Development and Childhood Studies	10,35,800/-	2012



S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
53	Evaluation of chemical and microbiological quality of the vermicompost prepared from different types of wastes using <i>Eisenia foetida</i> .	Major	UGC	Dr Arti Nigam Dr Rachna Kapila	Department of Microbiology, Department of Biology	6,52,000/-	2012
54	Reducing maternal stressors and improving nutrition practices during pregnancy to enhance birth weight and infant survival: Designing an Innovative Intervention Package.	International funding	The World Bank	Dr Geeta Chopra, Dr Seema Puri	Department of Human Development and Childhood Studies, Department of Food and Nutrition	40,000 USD	2012
55	Reducing maternal stressors and improving nutrition practices during pregnancy to enhance birth weight and infant survival: Designing an Innovative Intervention Package	Major	World Bank	Dr Seema Puri	Department of Food and Nutrition	40,000 US\$	2011



Institute of Home Economics
University of Delhi
Accredited 'A' Grade by NAAC 'Star College Scheme' by DBT
DST-FIST Awardee



S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
56	Creating awareness about lifestyle modification and prevention, management of chronic degenerative diseases among elderly: use of radio messages	Minor	SEED Division, Department of Science and Technology, GOI	Dr Seema Puri, Dr. Parveen Pannu,	Department of Food and Nutrition Department of Development Communication and Extension	4 lakhs	2010
57	Assessment, awareness and action against female feticide for achieving gender equality and women's human rights	Major	UGC	Dr. Parveen Pannu, Dr Yuki Azaad Tomar, Ms. Neeti Vaid	Department of Development Communication and Extension	5.31 lakh	2010
58	University School Resource Network	Major	SRTT	Nidhi Gulati Anjila Gugnani	Department of Elementary Education	18.5 lakhs	2009
59	Project on Consumer Rights - Festival under Consumer Welfare Fund	Minor	Indian Institute of Public Administration	Dr. Geeta Punhani ,	Department of Development Communication and Extension	1,00,000/-	2008



Institute of Home Economics
University of Delhi
Accredited 'A' Grade by NAAC 'Star College Scheme' by DBT
DST-FIST Awardee



S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
60	An innovative Module for Fighting Childhood Disabilities: A Pilot Project	Funded by govt body	Min of Social Justice & Empowerment	Dr Geeta Chopra	Department of Human Development and Childhood Studies	2,22,000/-	2002
61	Consumer welfare through ISO-9000 standards.	Minor	University Grants Commission	Dr. Geeta Punhani	Department of Development Communication and Extension	32,000/-	1999
62	Impact of Modern Agricultural Technology on the Quality of life of Farm Women	Minor	UGC	Dr. Savita Aggarwal	Department of Development Communication and Extension	17,000/-	1997
63	Demonstrative applications of human energy saving devices in the household sector in selected villages	Minor	UGC	Dr. Parveen Pannu	Department of Development Communication and Extension	15,000/-	1991



Institute of Home Economics
University of Delhi
Accredited 'A' Grade by NAAC 'Star College Scheme' by DBT
DST-FIST Awardee



S. No.	Title of the study	Type of Project	Funding Agency	Principal Investigator/s	Name of the Department/s	Amount Sanctioned (Rs.)	Year of completion
64	Success stories of Adult Education projects in India	Minor	Directorate of Adult Education	Dr. Geeta Punhani	Department of Development Communication and Extension	55,000/-	1989
65	National Project on demonstration of improved Chulhas		Delhi Administration	Dr S. Malhan, Dr. Parveen Pannu	Department of Development Communication and Extension	30,000/-	1985
66	Alleviation of Drudgery in the life of rural women - fuel and cooking aspects (An All India Coordinated Project)		DST and Coordinated by IIT Delhi	Dr S. Malhan, Dr. Parveen Pannu	Director (ex) IHE Department of Development Communication and Extension	40,000/-	1985
67	Cleaning Equipments & Cleaning Supplies for work simplification and work effectiveness	Minor	Department of Science & Technology	Dr. Geeta Punhani	Department of Development Communication and Extension	25,000/-	1985