

INSTITUTE OF HOME ECONOMICS

(UNIVERSITY OF DELHI)



5.1 – Student Support

5.1.3 Capacity building and skill enhancement initiatives



INSTITUTE OF HOME ECONOMICS
(University of Delhi)
इंस्टिट्यूट ऑफ़ होम इकोनॉमिक्स
(दिल्ली विश्वविद्यालय)



NAAC GRADE 'A' ACCREDITED

Supporting documents for Criterion 5.1.3

Capacity building and skill enhancement initiatives

Key Indicator	Details of Proofs attached	Page Nos.
5.1.3	Capability Enhancement Programmes in 2020-21	1-21
	Capability Enhancement Programmes in 2019-20	22-49
	Capability Enhancement Programmes in 2018-19	50-66
	Capability Enhancement Programmes in 2017-18	67-76
	Capability Enhancement Programmes in 2016-17	77-86



CAPABILITY ENHANCEMENT PROGRAMMES

2020-2021

**Institute of Home Economics
University of Delhi**



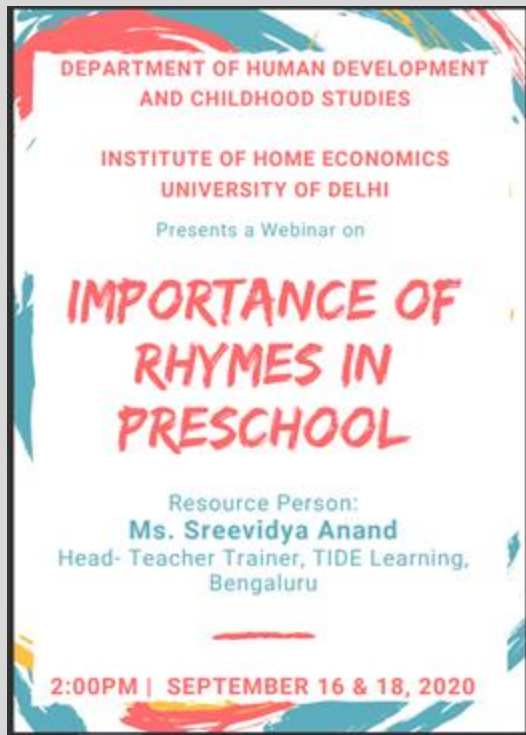
Curriculum Development in Preschool, Department of Human Development and Childhood Studies



The department organized workshop on overall planning and developing curriculum for the preschool. The workshop was attended by 30 students studying Early Childhood Care and Development/Education as their SEC and GE subjects. The students engaged in experiential learning pertaining to various aspects of curriculum designing. An eminent faculty from NCERT conducted the session.



Importance of Rhymes in Preschool, Department of Human Development and Childhood Studies



The department organized workshops on Developing Activities for Language and Importance of Rhymes in Preschool for 3rd Semester B.Sc. Hons. & Pass students studying Early Childhood Care and Development/Education. The workshops gave an insight to the students on how different curricular aspects can be integrated through play-way method. The students also participated in hands on learning as part of the workshops.



Thematic Apperception Test, Department of Human Development and Childhood Studies



- Department of HDHCS in collaboration with Institute of Psychometric Assessment and Counselling organized a workshop on Thematic Apperception Test, a projective technique. The students were oriented towards the objectives, uses and administration of the technique. This was organized for the students of B.Sc. Pass Home Science 6th semester studying Understanding Psychology.



Developing Activities for Language, Department of Human Development and Childhood Studies

Department of Human Development
and Childhood Studies
Institute of Home Economics
University of Delhi

PRESENTS A WEBINAR ON

**DEVELOPING ACTIVITIES
FOR LANGUAGE
ENHANCEMENT OF
PRESCHOOLERS**

26TH SEPTEMBER, 2020

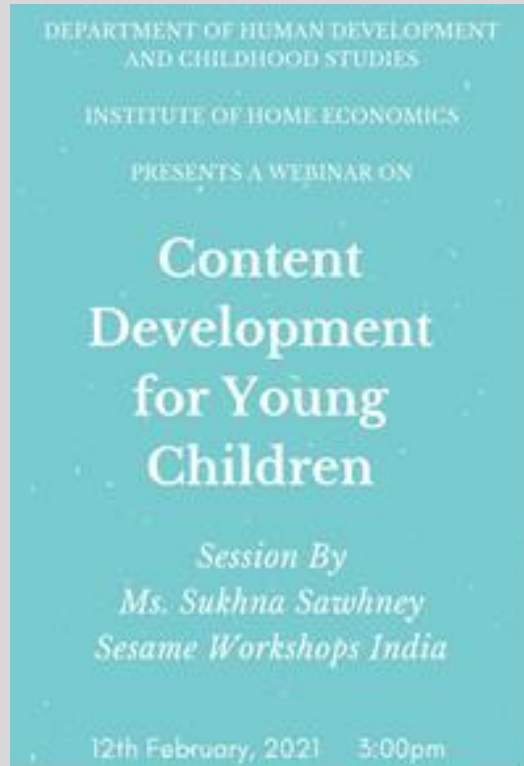
3:00pm to 5:00pm

Resource Person
Dr. Ritika Dabas
SCERT

- The department organized workshops on Developing Activities for Language and Importance of Rhymes in Preschool for 3rd Semester B.Sc. Hons. & Pass students studying Early Childhood Care and Development and Early Childhood Education. The workshops gave an insight to the students on the activities fostering language development during preschool years. The workshop was attended by 40 students.



Content Development for Young Children, Department of Human Development and Childhood Studies



- Ms. Sukhna Sawhney delivered a session on Content Development for Young Children by. The session helped in building a better understanding towards the importance of early childhood years. During the session Ms. Sukhna touched upon the status of young children during Covid -19 crisis and how it disrupted the lives of children and led to loss of learning, exposed the children to many risks. She also emphasized on use of media to make content for children fun and attractive. Multilingual content, self-paced learning, ensuring equity and inclusion by tailoring platforms were some of the areas discussed. She also emphasized on catering to social emotional needs of children to ensure well -being of children. The students got to learn a lot of new things with the help of examples from the field like importance of routine to foster sense of stability and security.



Sexual and Reproductive Health and Rights, Department of Human Development and Childhood Studies

DEPARTMENT OF HUMAN
DEVELOPMENT AND
CHILDHOOD STUDIES

PRESENTS
WORKSHOP SERIES ON

SEXUAL AND
REPRODUCTIVE
HEALTH & RIGHTS

6TH, 20TH & 27TH FEBRUARY, 2021
10:30AM ONWARDS

Workshops conducted by

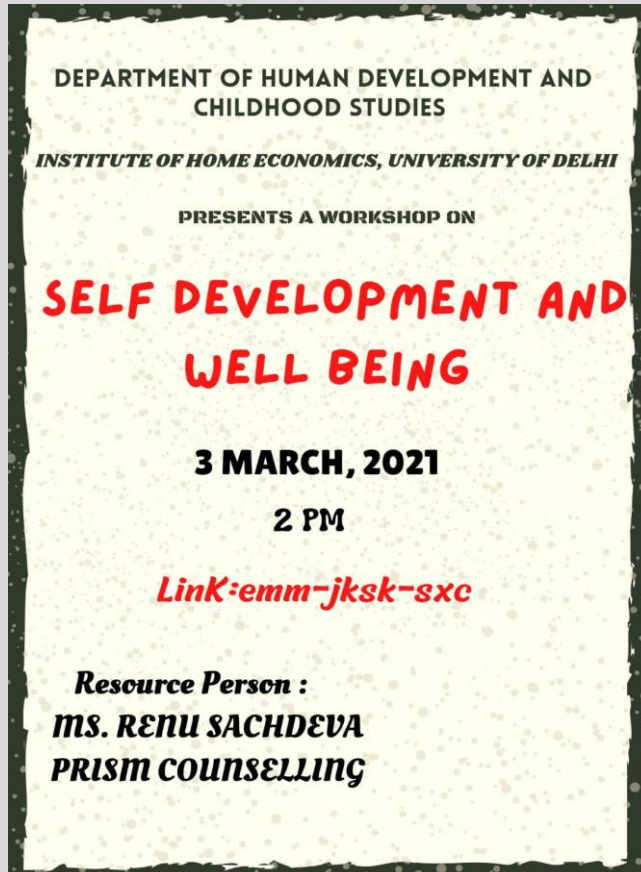
SAMA

Resource Group for Women and Health

- Sama means “equality” in Sanskrit and other Indian languages. Sama is a resource group based in Delhi, working on issues related to women and health. Sama was initiated in 1999 by a group of feminist activists who were involved in the autonomous women’s movement which views health from a broader perspective and finds linkages of women’s well being with various determinants of health. These founder members were a part of Shodhini – a collective that had come together in the 1980s to explore meaningful, women-oriented, simple, natural and cost effective alternatives in health that would be committed towards increasing women’s control over their own resources.
- <https://www.samawomenshealth.org/>



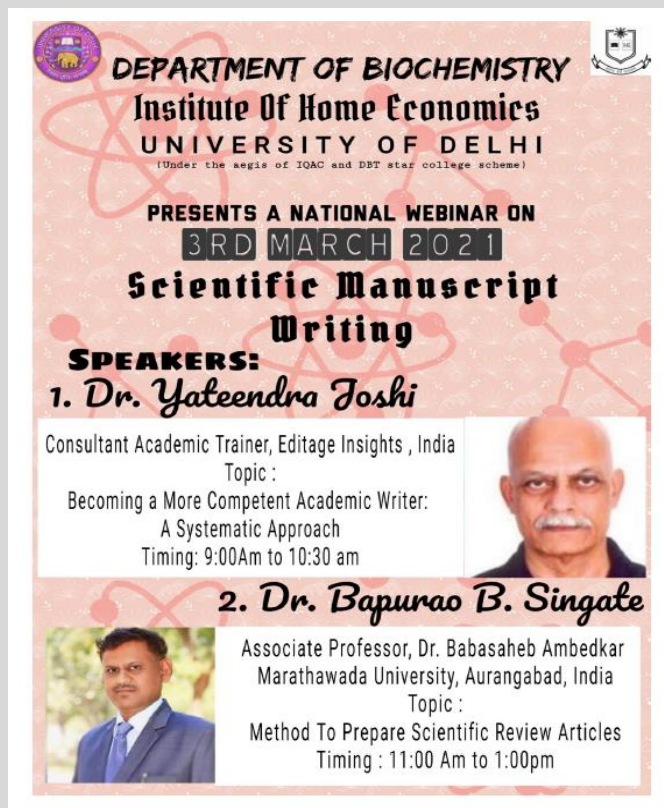
Workshop on Self Development, Department of Human Development and Childhood Studies



- The development of self and wellbeing are interlinked and closely drawn especially when one aspires to become a life coach or a counsellor. It is with this objective, the department organised a workshop with a resource person from Prism counselling centre for the students.



Scientific Manuscript Writing, Department of Biochemistry



DEPARTMENT OF BIOCHEMISTRY
Institute Of Home Economics
UNIVERSITY OF DELHI
(Under the aegis of IQAC and DBT star college scheme)

PRESENTS A NATIONAL WEBINAR ON
3RD MARCH 2021
Scientific Manuscript Writing

SPEAKERS:

1. Dr. Yateendra Joshi
Consultant Academic Trainer, Editage Insights, India
Topic :
Becoming a More Competent Academic Writer:
A Systematic Approach
Timing: 9:00Am to 10:30 am

2. Dr. Bapurao B. Singate
Associate Professor, Dr. Babasaheb Ambedkar
Marathawada University, Aurangabad, India
Topic :
Method To Prepare Scientific Review Articles
Timing : 11:00 Am to 1:00pm

- To encourage scientific rigour and pursue academic writing a National webinar on a Scientific Manuscript Writing was organised. It was attended by 250 participants.



Primer Designing, Department of Biochemistry



- Workshop on *in-silico* PCR and primer designing was held on 15th March 2021. It was attended by 50 participants.



Yoga for Self Development, Department of Human Development and Childhood Studies

DEPARTMENT OF HUMAN DEVELOPMENT AND CHILDHOOD STUDIES

INSTITUTE OF HOME ECONOMICS, UNIVERSITY OF DELHI

PRESENTS A WORKSHOP ON

YOGA FOR SELF DEVELOPMENT

17TH MARCH, 2021

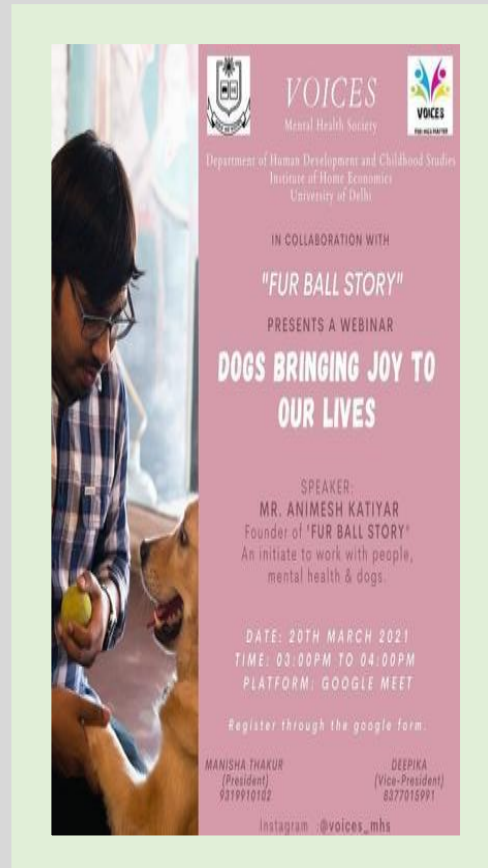
2:00 PM

LINK: EMM-JKSK-SXC

Resource Person:
MS. ANSHU TRIPATHI

- A Workshop on Yoga for Self Development was organized with a focus on breathing exercises and mindfulness activities.

Voices, Mental Health Society, Department of Human Development and Childhood Studies



VOICES
Mental Health Society

Department of Human Development and Childhood Studies
Institute of Home Economics
University of Delhi

IN COLLABORATION WITH

"FUR BALL STORY"
PRESENTS A WEBINAR

DOGS BRINGING JOY TO OUR LIVES

SPEAKER:
MR. ANIMESH KATIYAR
Founder of 'FUR BALL STORY'
An initiate to work with people,
mental health & dogs.

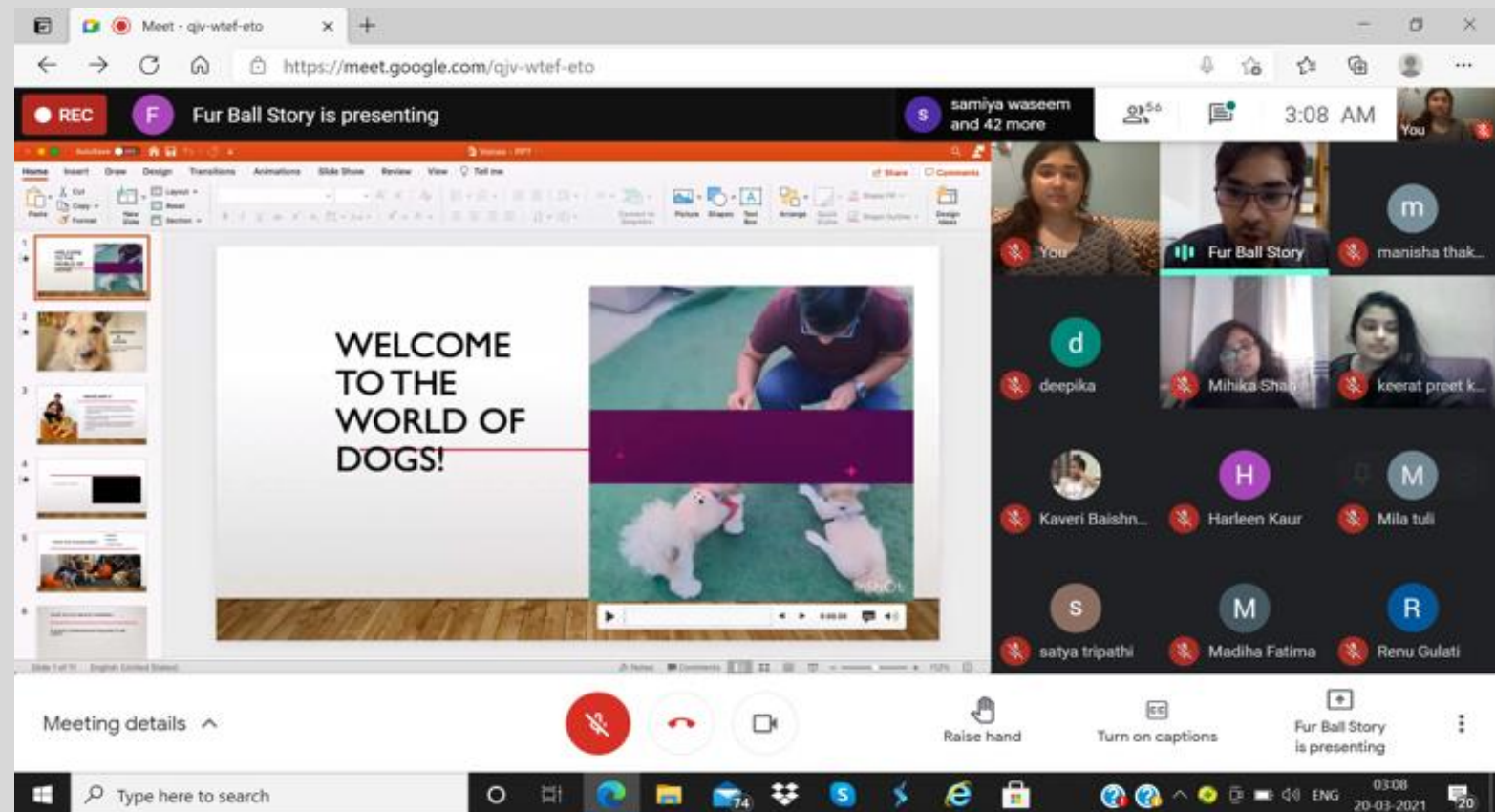
DATE: 20TH MARCH 2021
TIME: 03:00PM TO 04:00PM
PLATFORM: GOOGLE MEET

Register through the google form.

MANISHA THAKUR
(President)
9219910102

DEEPIKA
(Vice-President)
8327015991

Instagram: @voices_mhs



Meet - qjv-wtef-eto

https://meet.google.com/qjv-wtef-eto

REC Fur Ball Story is presenting

samiya waseem and 42 more

3:08 AM

WELCOME TO THE WORLD OF DOGS!

Participants: You, Fur Ball Story, manisha thak..., deepika, Mihika-Sha..., keerat preet k..., Kaveri Balshn..., Harleen Kaur, Mila tuli, satya tripathi, Madiha Fatima, Renu Gulati

Meeting details

Type here to search

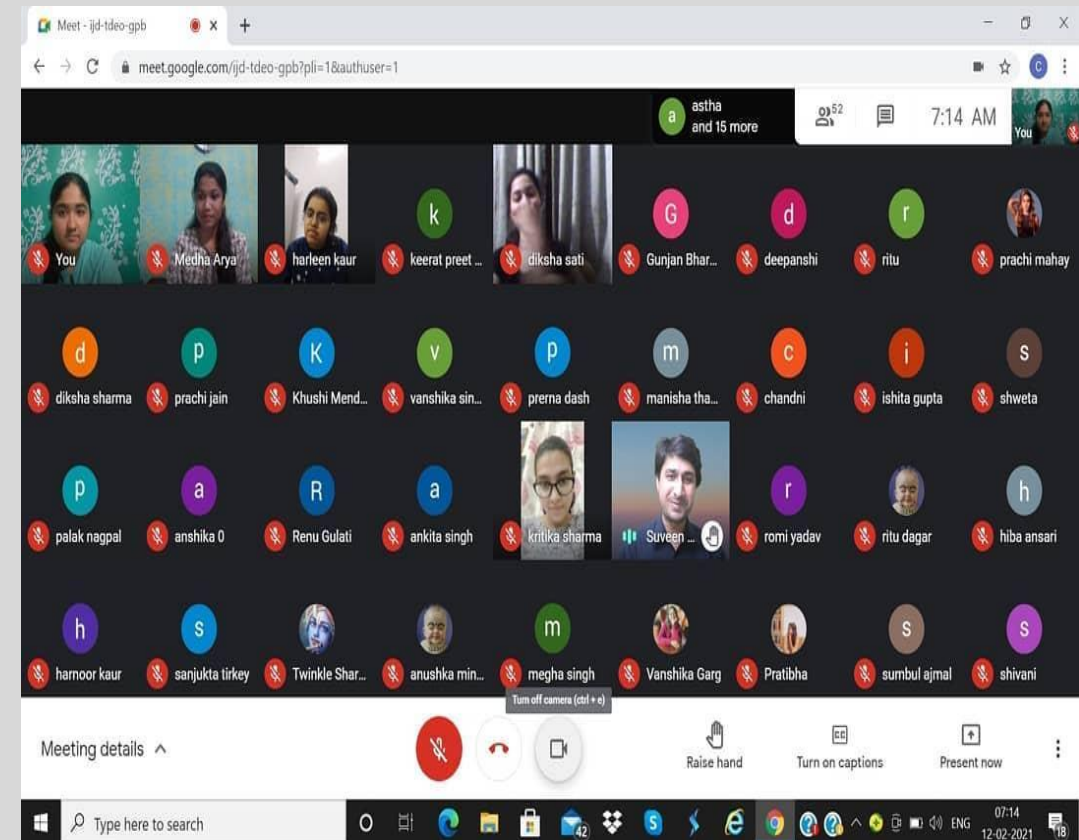
03:08 20-03-2021



Basic Counselling and Self Development, Department of Human Development and Childhood Studies

**HUMAN DEVELOPMENT AND
CHILDHOOD STUDIES**
INSTITUTE OF HOME ECONOMICS, UNIVERSITY OF DELHI
PRESENTS A WORKSHOP ON
**BASIC COUNSELLING AND
SELF DEVELOPMENT**
31 MARCH, 2021
2 PM
Link : [emm-jksk-sxc](#)

RESOURCE PERSON:
MS. SAIBA NANGIA
COUNSELLOR





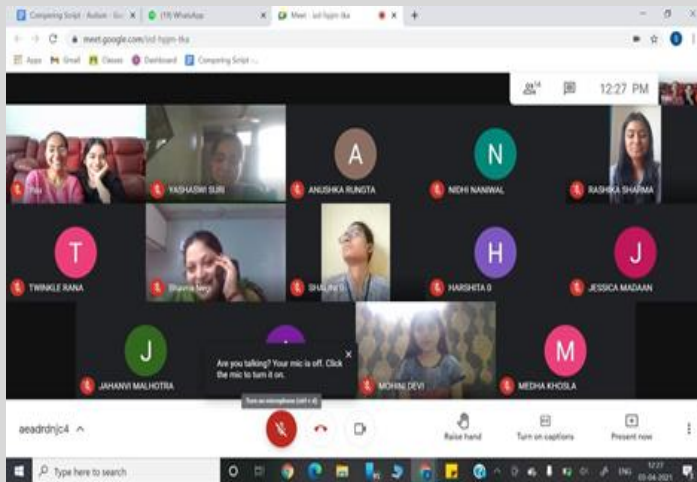
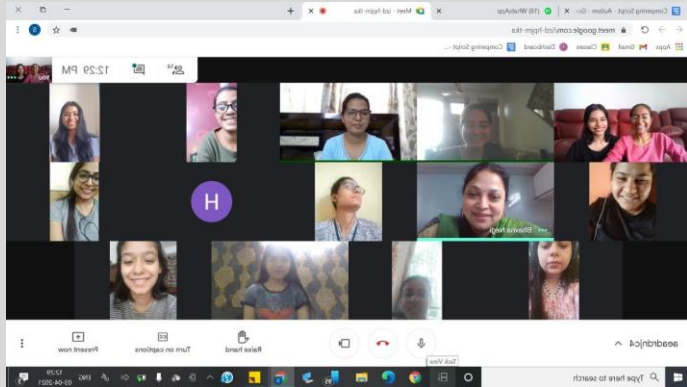
Autism Awareness Day, Department of Human Development and Childhood Studies



- Department of Human Development and Childhood Studies presented a webinar to celebrate “**World Autism Awareness Day**” on 3rd April, 2021 in collaboration with the vocational training centre of Diya Foundation. The webinar was held via Google classroom. The focus was on creating awareness regarding autism among students of sixth semester. The session began with Bhavna Negi address to the students and invited members from Diya Foundation. The event started with a welcome by the students of children with disability of sixth semester pass. The students shared brief history of the organization with all the participants. The students extended a warm welcome to the CEO of Diya Foundation, Ms. Sara Santamaria. The students were congratulated by Dr. Mila Tuli , Teacher- in – charge , Department of Human Development and Childhood Studies for putting together such wonderful event.



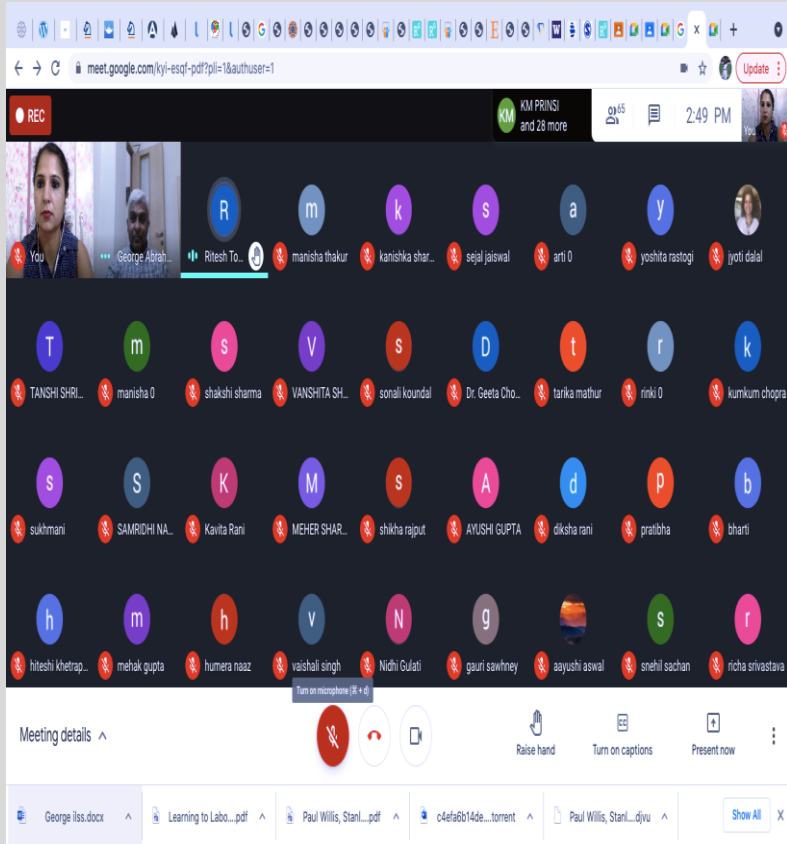
Autism Awareness Day, Department of Human Development and Childhood Studies



- The students also talked about their internship at Diya foundation and the kind of opportunity they got at Diya to learn and get hands own experience to work with children with disability. Towards the end of the session, the students provided the participants to reflect on their understanding of autism with a quiz. The quiz really added to the understanding already created by the students through presentation. Everyone seemed to enjoy the activity planned by the students. The session ended at a musical note with a musical performance by one of the students of sixth semester. The session proved to be really informative and creative. Faculty members of the department appreciated the efforts putting in by the students. The concluding remarks by Ms. Santamaria really boasted the confidence of students. The students also extended their thank you to the faculty, Diya Foundation and the batch mates for their support and guidance.





“Technology as an Enabler” for persons with disability in classrooms, Enabling Unit and Equal Opportunity Cell



On 12-04-2021, The Enabling Unit organised an event in collaboration with the SCORE foundation. This foundation is actively working in Delhi and other states of the country to ensure inclusion of persons with disability in various domains. Mr George Abraham, who is the founder of the foundation, was invited to speak on the topic “Technology as an Enabler” for persons with disability in classrooms. Mr. George Abraham not only spoke about theoretical aspects of inclusion, but also shared the practical steps that can be taken to ensure inclusivity in centers of learning. Technology, he advocated, is the most effective tool to accomplish this in the modern era. Students and teachers across the courses were the beneficiary of this event.




Hands-on training workshop on “Bioinformatics”, Department of Microbiology



INSTITUTE OF HOME ECONOMICS
UNIVERSITY OF DELHI
Department of Microbiology
(Under the aegis of star college scheme)
Organizes
Hands-on workshop
On
BIOINFORMATICS

Dr. SHAILESH KUMAR
Staff Scientist III, Bioinformatics Laboratory
NIPGR, New Delhi

Research Areas: Bioinformatics, Genomics, High Throughput Sequencing, Big data Analysis, Machine Learning, Deep Learning, Artificial Intelligence, Biotechnology



Schedule Day 1: April 12, 2021

- Webinar Lecture 2:30-3:30 pm
- Workshop practical 3.30-4.30 pm

Schedule Day 2: April 13, 2021

- Workshop practical and Discussion 2:30-4:30 pm

TOPICS:

1. Whole Genome assembly and annotations with Next Generation Sequencing (NGS) datasets.
2. Important web resources for genomics research
3. Transcriptome Sequencing data analysis
4. Identification of novel RNAs in NGS datasets.

REGISTRATION LINK <https://forms.gle/eyCfk2o8sZzg6s3e7>
MEETING LINK <https://meet.google.com/zoq-hens-kag>


E-Certificates will be provided

Organizer Dr. Pratishtha (Contact: 9911240070)	Convener Dr. Sunita Agarwal (Program Coordinator, Star college Scheme)	Patron Dr. Geeta Trilok Kumar (Director, IHE)
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- Bioinformatics is an interdisciplinary field that develops methods and software tools for understanding biological data. It is widely used for in-silico analysis of biological queries using computational and statistical techniques. Various applications of bioinformatics include next generation sequencing (NSG) to analyse the sequencing data of whole genome, proteomics research, transcriptomics research. In the pandemic period, it is the bioinformatics which helps the scientist to study the corona virus very quickly and manufacture the vaccines. To enrich the students knowledge, a two day hands-on-training was conducted.




Training on Python, Department of Microbiology




Department of Microbiology
Institute of Home Economics
(University of Delhi)
(under the aegis of DBT Star college scheme)

Invites you to a workshop on

Basics of Python 

Dates : 26 March 2021 – 31 March 2021
Timings : 6 pm – 8 pm
Presented By



Mr. Priyansh Singh
Assistant Professor
ABES Engineering College

Carry a laptop/desktop and get ready for this exposure to Python.

Meeting link : <https://meet.google.com/lookup/epnafxwntd>
E-certificates to awarded to each participant post completion

Patron Prof. (Dr.) Geeta Trilok Kumar Director, IHE	Convenor Dr. Sunita Aggarwal Program coordinator, Star college scheme	Organizer Mrs. Nitika Nagpal
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- A 6 day workshop was conducted on ‘Basics of Python’. The students were given a rigorous online training by Mr. Singh, Asst. Professor, ABS Engineering. The students were awarded e-certificates on successful completion of the training.



GE Course on Yoga and Stress Management, Department of Physical Education



- The students of B.Sc. Home Science were offered a GE paper on Yoga and Stress Management. About 55 students opted for this course. The course focused on meaning, definition and importance of yoga, yoga asanas and pranayamas and shat karmas and stress management.



Certificate Course on Life Skill, Department of Resource Management and Design Application

- Short-term course on “Life Skill Enhancement” was conducted in the month of February 2021 for the duration of 30 hours. This course encouraged students to gain Self-competency and develop high sense of Social Competency. It also provides opportunity for realising one’s potential through practical experiences and adopt good leadership behaviour for self-empowerment. Student learned to set appropriate goals, manage stress and time effectively. It helped student to build confidence both in spoken skills and for group collaboration and cooperation. An overall enhancement in all life skills was focused and implemented during this course.



Certificate Course on Teaching English, Department of Elementary Education

- **Ten Week Online Course Teaching English for 21st Century Skills Content Language Integrated Learning. Language and communication skills.**

Twenty eight students from third and fourth year B.El.Ed. programme participated in the courses conducted by RELO (Regional English Language Office) centred on teaching of English language at elementary Level. The first course was Content and Language Integrated Learning (CLIL), designed for pre-service teachers in Elementary Education (Grades 1-8). It focussed on teachers' ability to support students' English language development while teaching their subject matter, as well as their ability to make content more comprehensible. The second course, Communicative English instruction, designed for pre-service English teachers in Elementary, Middle, and Secondary Schools, focussed on teachers' ability to support development of their students'



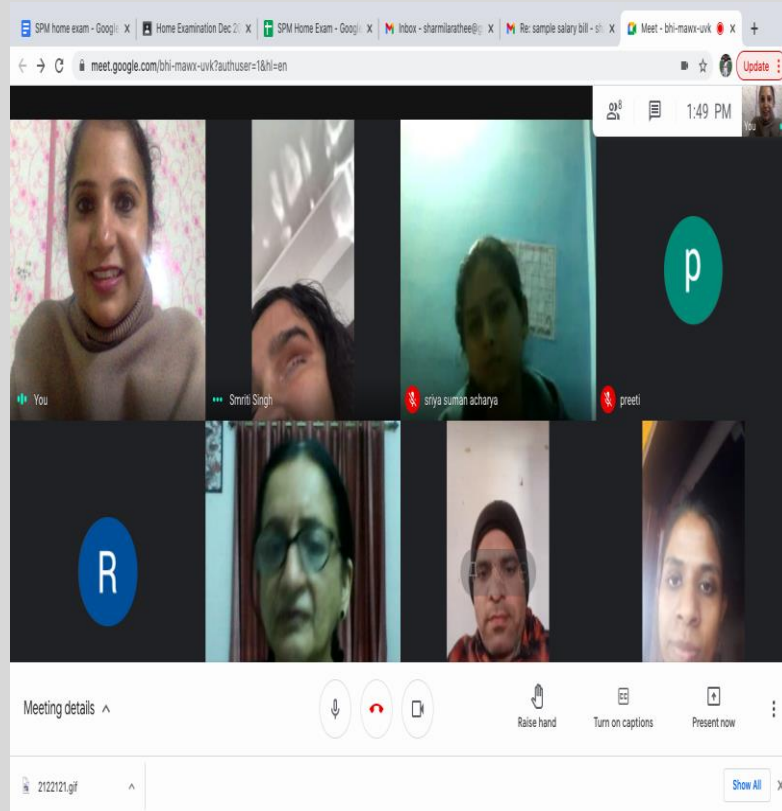
CAPABILITY ENHANCEMENT PROGRAMMES

2019-2020

**Institute of Home Economics
University of Delhi**



Orientation for Students' with Special Needs, Equal Opportunity Cell and Enabling Unit



- The session started with an orientation programme for the first-year students of the college. Dr. Smriti Singh, who is the coordinator of The Enabling Unit, Kamla Nehru College, was the guest for the event. She oriented students to various schemes, scholarships and other beneficiary programmes of Delhi University for students with disability/ies.



International White Cane Safety Day, Equal Opportunity Cell and Enabling Unit



White Cane Safety Day reminds the world of the importance of the White Cane as a tool for independent living for blind and partially sighted persons. Enabling unit of the institute celebrated International White Cane Safety Day on **15th Oct, 2019** to sensitise the students, teaching and non-teaching staff of the institute about visual impairment and lives of individuals with disabilities. Persons with visual impairment were invited to share their life stories. Event comprised of several activities such as blind fold and white cane activity for empathy building and sensitization; documentary on the usage of white cane; Personal experiential sharing of individuals with visual disability/ies and White Cane Day Quote Challenge.

Disability and Youth Dialogue, Equal Opportunity Cell and Enabling Unit



- **In order** to create an interactive space where students can get a chance to learn and discuss what disability inclusion means, on 1st November, 2019, enabling unit of the college in partnership with **United Nations Volunteer, India (UNV)** and **Nipman Foundation** organized an event '**Disability & Youth Dialogue**'. It aimed to facilitate dialogues for encouraging students to engage with their peers and experts with disabilities, and take small actionable steps towards making their college more inclusive. Representatives from **Nipman Foundation** were key facilitators for the event and student representatives from all the courses and members of the student union of the institute actively participated in the event.

Cultural Diversity Across Globe Series, Equal Opportunity Cell and Enabling Unit



- To facilitate the opportunities to have an interactive space for dialogues around diversity, Equal opportunity cell runs a series of events under the theme 'Diversity Dialogues'. An event was organized by Equal opportunity cell of the institute under this series titled as 'Cultural Diversity across the Globe: Journey of a cyclist'. On 10th Feb, 2020, Mr. Basile, an international speaker, shared stories about cultural diversity witnessed by him during his cycling journey from Paris to Hongkong covering a distance of 18000 kms over 16 months during 2017-18.

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Cultural Diversity Across Globe Series, Equal Opportunity Cell and Enabling Unit



Diversity Dialogues



Corona Awareness Campaign and Mask Making

NATIONAL SERVICE SCHEME OF INSTITUTE OF HOME ECONOMICS

A GUIDE TO MASK USE



Before putting on a mask, clean hands with alcohol-based hand rub or soap and water.



Cover mouth and nose with mask and make sure there are no gaps between your face and the mask.



Replace the mask with a new one as soon as it is damp and do not re-use single-use masks.



To remove the mask: remove it from behind (do not touch the front of mask); discard immediately in a closed bin; clean hands with alcohol-based hand rub or soap and water.



Daan Utsav: Book Donation Campaign for Poor Children



National Service Scheme
Institute of Home Economics
University of Delhi

is celebrating
DAAN UTSAV
by conducting
Book Collection Drive
share the gift of knowledge
Donate your old Books & Stationary

DATE: 25TH - 26TH SEPTEMBER 2019,
VENUE: FOYER

 : facebook.com/National-Service-Scheme-IHE-988710811520133
 : Instagram.com/nssihe

Yoga Week Celebrations, NSS



- ‘Yoga week’ was also celebrated during lockdown. The celebration consisted of several events related to Yoga. The participants were invited from across the university colleges over a period of 5 days.



Webinar on ‘COVID-19: Current Environmental Changes and Future Sustainability Opportunities

- A webinar was held by the department of Resource Management and Design Application in Collaboration with the Environment Committee. 90 students participated in the webinar. Invited Speaker Professor Wesam Al Madhoun from Micro- pollutant Research Centre (MPRC), Faculty of Civil Engineering and Built Environment, Universiti Tun Hussein Onn Malaysia, addressed

Plantation Drive, Environment and Community Outreach



- Taking forward the long-standing tradition of college of preservation of our environment, the Environment Committee of IHE in collaboration with the Department of RMDA and Eco-club has initiated the '*Plantation Drive*' in the college campus. In order to sensitize students and staff towards the need to preserve environment and ecology, and taking ownership of their local environment and surroundings, tree plantation drive was organized in college campus on the occasion of teacher's day i.e. on 5th September 2019. The Director of the institute, Dr. Geeta Trilok Kumar, faculty members of RMDA department, and members of ECO-Club and Environment committee along with undergraduate students participated in the drive and planted numerous trees like neem, curry leaves, ficus etc. which are instrumental in creating green buffer in college campus. The plantation drive was a huge success empowering students with substantial knowledge of environment and plants and simultaneously enhancing their social skills.

Plastic Strike Rally, Environment and Community Outreach Committee



- Plastic Strike on 17 th September 2019 at 1:00 pm: Students took out 'Plastic Strike' rally and become part of collection of plastic waste from different areas in college. They raised slogans on issues related to plastic pollution which helped in creating awareness on eliminating plastic from our everyday life.



Environmental Awareness Week, Environment and Community Outreach Committee



- Environment Committee organised a week long Environmental Awareness Campaign from 2.09.2019 to 6.09.2019. The agenda of the campaign was to encourage students, teachers and staff to integrate environment friendly actions into their everyday lifestyle. Generating awareness on damages caused by climate change and catastrophic human actions, especially flash floods were also part of the agenda.



Organic Waste Composting Management, Environment and Community Outreach Committee

- Environment committee in collaboration with RMDA department has taken initiative to convert organic waste generated in college canteen and Food and Nutrition department into manure. Aerobins are used to convert organic waste into compost within 40 days in a hygienic and environment friendly way. Demonstration of the process is organized on monthly basis for the students, faculty members, lab-staff, college care-taker, waste-pickers etc. for the smooth functioning of Aerobins and for creating awareness on source segregation and waste management practices in college.



Resume Writing Workshop, Eminence, Placement Cell



- The resume writing workshop was held on 16th August by Yamini Sadiquii, a New York-based researcher and founder of Upper Case – a start-up that appraised students of the various methods of writing resumes that are internationally recognized. This proved to be a successful event attended by app 100 students.



Verbal and Non Verbal Communication Skills, Eminence, Placement Cell



- The workshop was organized on 23rd Sept in which Rupali das, an ex-student of IHE and an MBA from FMS, DU talked about verbal and non-verbal communication skills – their importance and barriers. A total of 100 students attended the session from the Department of Communication and Journalism.

Internship and Placement Fair, Eminence, Placement Cell



- An internship and placement fair for undergraduate and postgraduate students on the 7th of February, 2020. Esteemed organizations such as Nutriobox, India Lost and Found, Careerhereford, etc. were invited to provide opportunities to the skilled students. Total of 170 students registered for the event and attended the event with full enthusiasm. Students were supposed to submit their resumes to the invited companies as per the details filled by them in the registration forms. Students interacted with the companies and some even appeared for spot Group discussions and Personal Interviews. Approximately 90 students were selected by the companies for internships.



Self-Development Workshop Series, Department of Elementary Education



- The department organized a series of self-development workshops for students of IInd year at The Gnostic Centre, Bijwasan. 44 Students participated in a number of activities which provided them the opportunity to communicate, build relationship with one another, reflect and grow as individuals and also as a group. Activities include exploring one's feelings, monitoring self growth, acting out scenarios and writing and reflecting on one's experiences. The overall experience has been highly enriching for the students.

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Research Methodology Workshop, Department of Development Communication & Extension and Journalism

INSTITUTE OF HOME ECONOMICS
UNIVERSITY OF DELHI
Department of Development Communication & Extension and Journalism
presents.

RESEARCH METHODOLOGY WORKSHOP
January 8, 9 & 10, 2020 | Conference Room

with

 Prof. Biswajit Das (Joriso Hills Institute)	 Dr. Susha Dhal (JNU)	 Prof. Anuja Agarwal (Delhi School of Economics)
 Dr. Kiren Baswal (JNU)	 Dr. Harsh Kumar (JNU)	 Dr. Sanjay Kumar (CDS)

- A National level workshop was organized to enhance students' knowledge and skills. Eminent professors from renowned educational institutions delivered lectures and interacted with the students.



International Campus Film Festival, Department of Development Communication & Extension and Journalism



- This workshop was conducted on 18th October, 2019 in association with U-special. In this various films made by U-special were showcased in front of students and faculty members. This was followed by the screening of various films made by students of different colleges across the university. There after a productive discussion with objective of learning through experience of experts was conducted.

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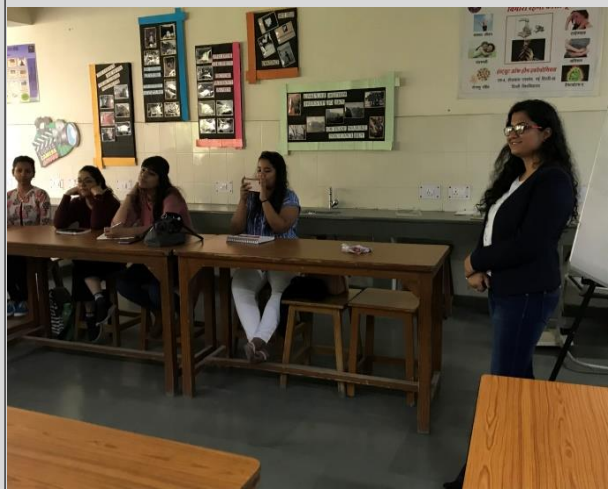
#No Filter, Institute of Home Economics , Department of Development Communication & Extension and Journalism



This workshop was conducted on 17th October, 2019. In this workshop, documentary films made by the students of dept. of Development Communication and Extension and Journalism, Institute of Home Economics were screened and discussed. Experts and faculty members provided their fruitful insights to the students to increase their understanding of various tools and tactics of film making.



Content Strategy and Blog Writing, Department of Development Communication & Extension and Journalism



This workshop was conducted in association with Red Leaf Communication on 26th February, 2020. The keynote speaker was Ms. Gagandeep Kaur, Founder of Red Leaf Communication. The objective of the workshop was to sensitize students about the relevance of content strategizing will writing for the websites and other online platforms. Along with this the students were provided with some useful innovative insights for blog writing to attract greater amount of traffic for the websites.



Webinar on 'Lockdown Bites: Redefining Gender Roles', Department of Development Communication & Extension and Journalism

WEBINAR
29th April 2020
4:00- 5:00pm

LOCKDOWN BITES: Redefining Gender Roles

SPEAKER
Dr. Malika Basu
Gender Analyst & Knowledge Management Specialist,
Founder & Proprietor
Development Initiatives for Change
www.di4c.org

Webex Meeting Number: 911998764

Department of
Development Communication Extension
and Journalism
Institute of Home Economics,
University of Delhi
FOR MORE INFORMATION email:
yuki.azaad.tomar@ihe.du.ac.in

e- certificates will be given to all the participants

Made with PosterMyWall.com

- This workshop was conducted on 29th April, 2020. Dr. Malika Basu, Gender Analyst and Knowledge Management Specialist, Founder and Proprietor, Development Initiatives for Change was invited as the keynote speaker. Through this workshop an attempt was made to redefine the gender roles in the society and so as to the idea of the work associated with women counterparts of the society in the purview of pandemic Covid-19.

Link:<https://www.facebook.com/377129805772480/posts/pfbid0YTDJYeiPy2RCsSAZdvtoMLCu8EczbxE7izo8X64Uc7gbWrk26t4p1uzJJg6tvLeUI/>



Virtual Workshop on Puppetry, Department of Development Communication & Extension



The workshop was held on 9th May 2020 in collaboration with the Puppetarians Foundation. The puppetry artist of the Puppetarians, Ms. Sangya Ojha was the keynote speaker and performer of the workshop. The students learned the skill of puppet making in the workshop as well of effective use of puppetry for development.

Link: <https://www.youtube.com/watch?v=fEoj-x9GCBc>



Webinar on Theatre as a medium of Communication, Department of Development Communication & Extension

Webinar by International Artist
and Trainer Mr. Imran Khan on
"THEATRE AS MEDIUM OF COMMUNICATION"

20 May 2020
3:00 P.M
Webex Meeting Number: 914769100
Meeting Password : c6EdkF

Click the link to join
<https://meetingsapac13.webex.com/meetingsapac13/j.php?MTID=m157018209a1147f68020ce8886d1c4fa>

For further Details Contact - Dr. Yuki Azaad Tomar (yuki.azaad.tomar@ihe.du.ac.in)
Organised by : Department of Development Communication Extension and Journalism
Institute of Home Economics, University of Delhi


The webinar was held on 20th May, 2020. The key note speaker was Mr. Imran Khan, an international artist and trainer in the field of theatre. The objective was to introduce theatre as an important part of today's communication and society with a special focus on the role played in the field of development.

Link: <https://www.youtube.com/watch?v=HJsYHqnBtxQ>



Webinar on Storytelling, Department of Development Communication & Extension

Department of Development Communication
and Extension & Journalism



Webinar on
“YEH KYA TOPIC HAI?”
Working with the ‘everyday’
ANANDANA KAPUR
An award winning filmmaker and scholar. Anandana Kapur
speaks of inspiration from the ‘everyday’ and the technologies
that help media-makers and artist create new worlds
Saturday, May 23, 2020 at 3.30 pm (1 hour)
Meeting Number: 917142636
Link: <https://meetingsapac13.webex.com/meetingsapac13/j.php?MTID=m2d1453a56b06192db321a51fd54c03fd>

The webinar was conducted on 23rd May, 2020 by keynote speaker Ms. Anandana Kapur, award winning film maker and scholar. She spoke about the inspiration from the ‘Everyday’ and the technologies that help media-makers and artist create new worlds.

Link: <https://www.youtube.com/watch?v=v3ftS8hbQFs&t=21s>



Webinar on Journalism in the times of Pandemic, Department of Development Communication & Extension and Journalism

DCEJ WEBINAR SERIES

JOURNALISM IN THE TIMES OF PANDEMIC: REPORTING COVID-19 IN INDIA

BY Prachi Salve | IndiaSpend

Concept Note:
Ours is an age of multifold asymmetries and complex webs of virality, scaffolded by fast-paced technological transformation and new information superhighways. Of all the fields impacted by this postmodern media-society-technology ecology, journalism is at the forefront of this awkwardly unfolding present. In this webinar, journalist Prachi Salve, focusing on her work, will talk about the practice of journalism during the Covid-19 pandemic in India and how open data and not-for-profit new media platforms such as her organization, IndiaSpend, can help forge better governance, transparency, accountability, and an informed citizenry.

Speaker Bio:
Prachi Salve is associated with IndiaSpend, a new media platform that uses open data sources to analyze issues with the aim of fostering better governance, transparency, and accountability in India. Alumnus of the University of Sussex, UK, Mumbai University, and St. Xavier's College, Ms. Salve holds two masters' degrees in economics and development studies. A former research assistant at the Institute of Development Studies (UK) and the Young Foundation (UK), she has also worked with Greenpeace India. At IndiaSpend, Prachi and her colleagues seek to engage with what they call 'critical data' in order to inform citizens in becoming an active part of the governance process. IndiaSpend is a non-profit project of The Spending & Policy Research Foundation located in Mumbai.

MEETING LINK:
HTTPS://MEETINGSAPAC17.WEBEX.COM/MEETINGSAPAC17/J.PHP?MTID=M1B7C12B6939FF7E9370787117022C23C

MEETING NO: 916 238 317
PASSWORD: 87TXSMJdRE4z (83897656 FROM PHONES AND VIDEO SYSTEMS)

Friday | 22-05-2020 | 5 pm – 6 pm

The workshop was held on 22nd May, 2020. Journalist Prachi Salve of India Spend which is a non-profit news organization that practices a type of data-driven journalism aimed at forging better governance transparency and an informed citizenry. She earned two master's degrees in developmental studies and economics from the university of Sussex, UK and Mumbai University, India. The objective of the session was to build understanding on the practice of journalism during the Covid-19 pandemic in India and how open data and not-for-profit media platforms can help forge better governance, transparency, accountability and an informed citizenry.

Link: <https://www.youtube.com/watch?v=ybcvuRoJa9I>



Webinar on Film Appreciation, Department of Development Communication & Extension



The workshop was held for two days, 28th and 29th May, 2020 in association with EdCast, Netherlands. The speaker of the session was Ms. Saumya B. Verma, Media Scholar and Communication Expert. The main objective of the workshop was to introduce the concept of film analysis to students and to provide them a hands on training on film appreciation using various examples and theories from the Indian Cinema.

Link:

Day 1 - <https://youtu.be/RQt0IGDO0u4>

Day 2 - <https://youtu.be/Mo1ZI575UUU>



CAPABILITY ENHANCEMENT PROGRAMMES

2018-2019

**Institute of Home Economics
University of Delhi**



Mental health Society- Voices by Department of Human Development and Childhood Studies

VOICES Mental Health Society of Institute of Home Economics, University of Delhi, was established in 2019 under the aegis of Department of Human Development & Childhood Studies. The aim of the society is to create awareness and connect with people by creating a platform where individuals can raise their voice and share their feelings and experiences without hesitation.

Global Scenario

People with mental and psychosocial disabilities represent a significant proportion of the world's population. Millions of people worldwide have mental health conditions and an estimated one in four people globally experience a mental health condition in their lifetime. Almost one million people die due to suicide every year, and it is the third leading cause of death among young people. Mental health problems, including alcohol abuse, are among the ten leading causes of disability. It comes under one of the sustainable development goals i.e, good health & well-being.



Mental health Society- Voices by Department of Human Development and Childhood Studies



Mental Health Society

Institute Of Home Economics
University Of Delhi, Hauz Khas

REGISTRATIONS OPEN!!



VISION

- Providing a forum for individuals to share stories and learn from each other's experiences
- Emotionally safe spaces

MISSION

- Connecting people
- Opportunities to voice and share feelings
- Decrease stigma and break stereotypes

HIGHLIGHTS



- Dance therapy
- Soothing music
- Meditation
- Burst it out
- Painting
- Wall of happiness
- Story Telling

AMBASSADORS

1st year
- Astha
- Deepika
- Kaveri
- Manisha
- Vanshika
2nd year
- Arushi
- Kanika Batra
- Riya
- Saloni
- Vanshika Gupta

OUR ADVISORY

Dr. Renu Gulati, Dr. Veenu Wadhwa, Dr. Kavita Vasudev



VOICES



THE MENTAL HEALTH SOCIETY OF
INSTITUTE OF HOME ECONOMICS
PRESENTS

THE WALL OF HAPPINESS

You all are free to write anything good about
your friends and family or you can even
confess something. All yours.

26th July 2019
Venue:-
Amphitheatre

Contact:-
Vanshika- 7906208357
Riya- 7042678476



POSTER MAKING COMPETITION

INSTRUCTIONS:-

1. Bring your own material including sheets, colours, stationery.
2. You can bring a draft of your idea or rough layout for your poster.
3. You are even free to draw the poster from home but partly only you have to complete it during the competition

Prize will be given to winners

TOPICS

1. ye mazaak nahi madad ki aawaz hai.
2. mental health stigma.
3. mental health awareness.

13 Sept, 19
Amphitheatre
1:30 - 2:00 p.m.



Mental health Society- Voices by Department of Human Development and Childhood Studies

Vision

- Providing a global forum for individuals to share stories and learn from each other's experiences
- To remove all the taboos and myths related to mental health and promote a positive sense of well-being in individuals
- Provide a non-judgemental environment where individuals can talk and share their feelings

Mission

- Connecting with people
- Creating awareness about mental health
- Developing a platform where individuals can raise their voice and share their feelings and experiences
- Planning activities to help people discover themselves



Workshop on Professional Networking, Department of Resource Management and Design Application



- Vedica Foundation conducted a workshop for the outgoing students to facilitate interviewing process. Students engaged in mock sessions about how to face professional interviews.



○

Webinar on ‘Information Literacy: Knowing the Right News in the Digital Age’, Department of Communication & Extension




Workshop on Folk, Department of Communication & Extension

- The workshop was conducted on 3rd August, 2018. Dr. Devendra Sharma, performer, writer and director of Swan-Nautanki, Raaslila, Bhagat, and Rasiya, Associate Professor of Communication and Performance, California State University, USA, was invited as the resource person. In this workshop, he shared his knowledge about folk culture and art of India. Along with this, he trained students on composition and production of folk music and how this can be inculcated to spread awareness about prevailing issues in the society that act as hurdles in the path of the development of the nation.



Session on Women as Media Professionals , Department of Communication & Extension

Department of Development Communication
and Extension and Journalism



An Interactive Talk
by
SHAZIA ILMI

Timings: 12.30 a.m. to 1.30 p.m.
Venue: Conference Room, Insitute of Home
Economics, University of Delhi

PosterMyWall.com



- The workshop was held on 29th August, 2018. A very eminent personality and a public figure, Ms. Shazia Ilmi, Politician, prior television journalist and anchor at Star News was invited as a speaker for the session. She shared her experiences as a woman media professional in Indian industry. She also enrich the students about her struggle, hardships, and challenges she faced during this journey. She also motivated the students to take up higher working positions and work towards it with great confidence and sincerity.



Session on Creative Writing , Department of Communication & Extension



- The workshop was conducted on 19th September, 2018. The speaker was Bhavna Mathur, novelist and free lance author. The objective of the workshop was to provide training to students about how to gather, assess, create and present news and information using the latest technology using creative writing tactics.

Discover: Ungendered Sapiens, Department of Communication & Extension

"एक तुम्हारी बात चली तो,
कितनों का अफ़साना निकला"

*Shambhu Shikhar, one of
the most dynamic poets
of all times will be
taking our stage for,*



**Dis-Covered:
UnGENDERed Sapiens**

October 23, 2018 | 1.30 PM
Venue: Institute of Home Economics



Mr. Shambhu Shikhar, star performer and highly acclaimed poet was invited for the workshop named Ungendered Sapiens on 23rd October, 2018. He shared his ideas about bringing equality in the society in his poetic style. He also enlightened the audience about the need to gender equality for sustainable development of the society.

Link: <https://fb.watch/dNzkShGyom/>



Creative Writing Verses, Department of Communication & Extension



The workshop was conducted on 23rd October, 2018. As a keynote speaker Mr. Aditya Bhandari, founder of Free the Verse was invited for the session. The objective of the workshop was to enlighten the participants about Gender reality and how current and trending ways of writing for the media and use of creative and innovative ideas to connect with reader help to spread the awareness manifolds.

Link: <https://fb.watch/dNzuxzxRsy/>



Creative Writing Verses, Department of Communication & Extension



The workshop was conducted with Dr. Sylvie Rodgers, top celebrity manager and hair stylist on 23rd October, 2018. The objective of the workshop was to aware students about how the media industry throw various challenges in front of women and the people with third gender. She also discussed about the stereotypes of media industry and ways to break those stereotypes.

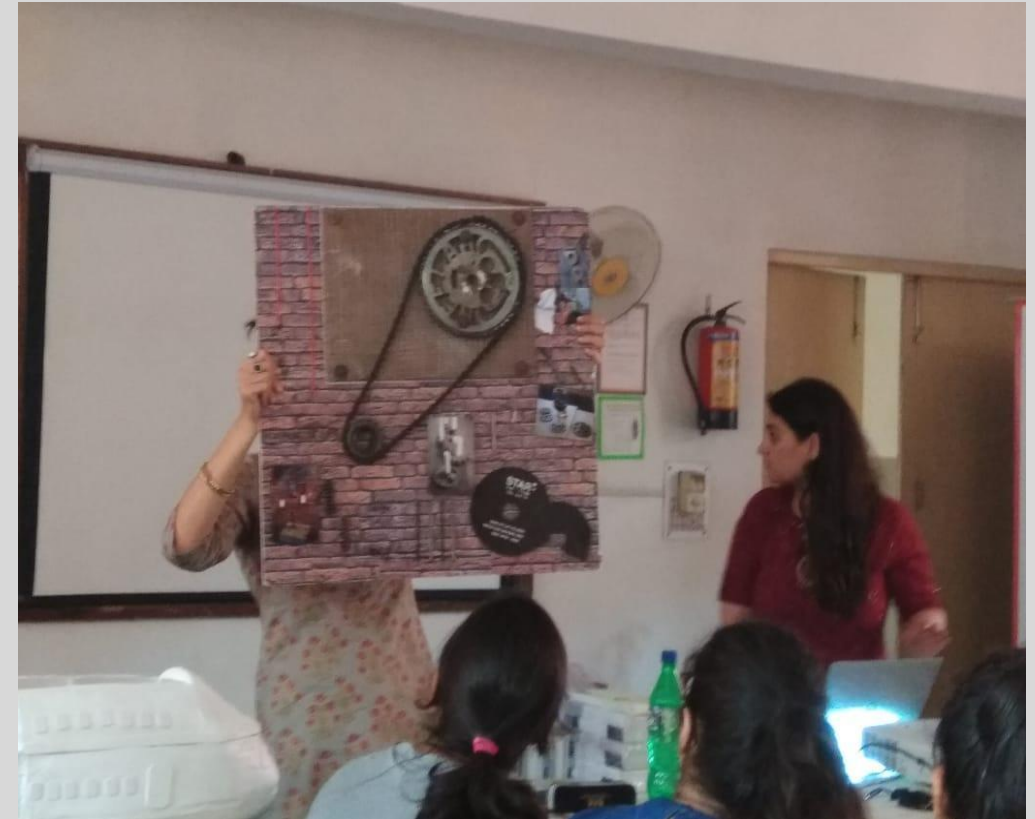
Link: <https://fb.watch/dNzyK2I-Ad/>



Skill development for Social Entrepreneurship , Department of Resource Management and Design Application

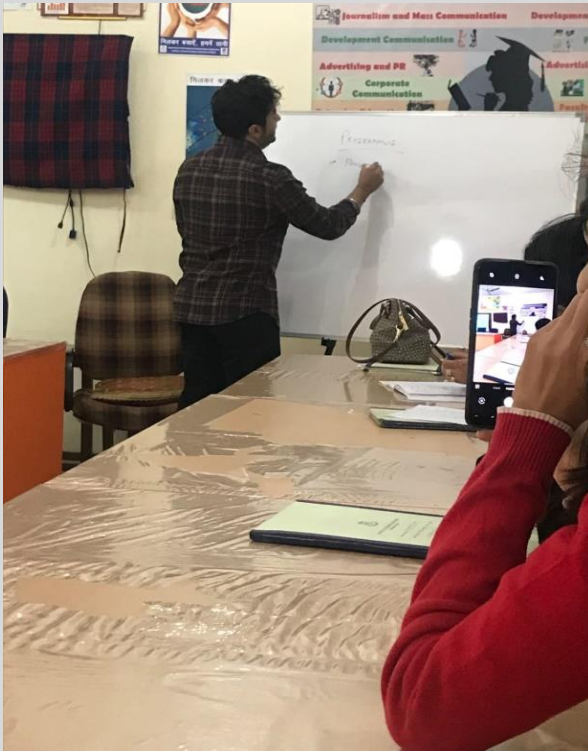


Workshop on Interior Design and Styling, Department of Resource Management and Design Application





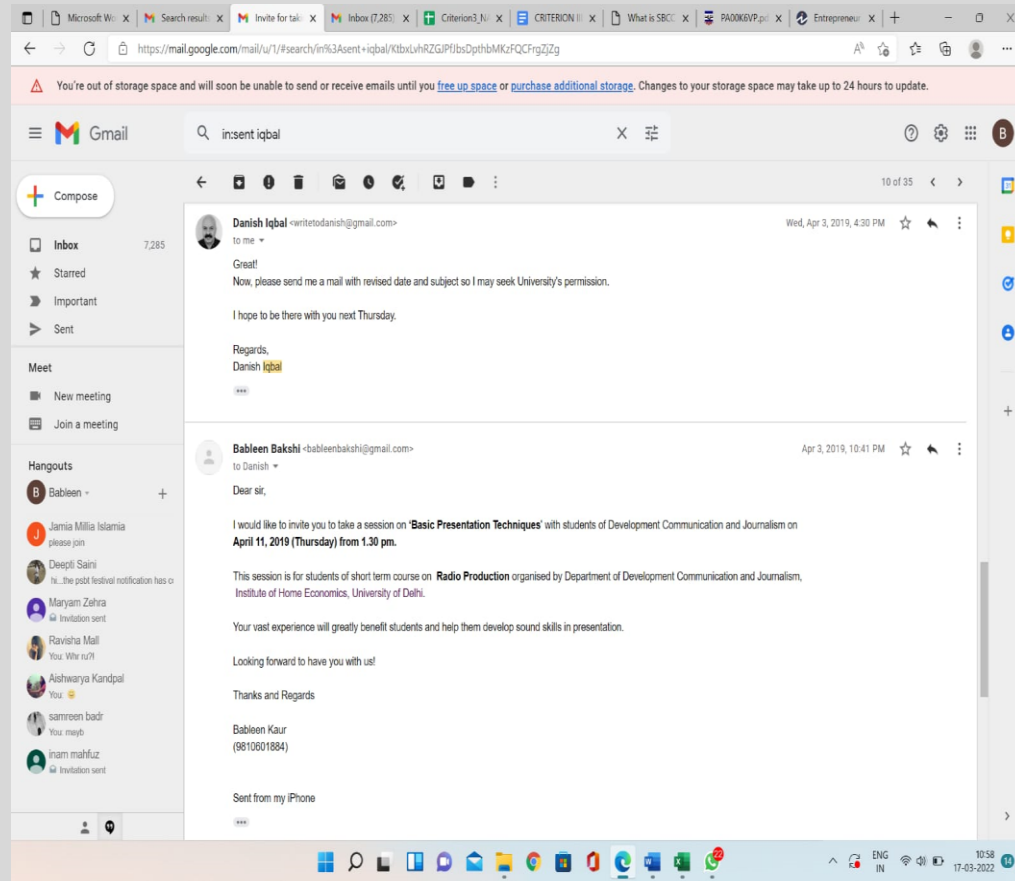
Certificate Course on Radio Jockeying and Production, Department of Communication & Extension



- The commencement of the course on Radio Jockeying and Production was held on 14th February, 2019. The students were provided skills and expertises of Radio Jockeying by the speakers invited from 3 different government as well as private radio stations namely All India Radio, Radio City and Fever 104 FM.



Training on Hone Your Voice, Department of Communication & Extension



- The workshop was conducted on 11th of April, 2019 in collaboration with AJK, Mass Communication Research Center, Jamia Millia Islamia. The speaker was Danish Iqbal from AJK MCRC. The objective was to introduce basic presentation techniques to students and help them to develop sound presentations skills.



Workshop on Decoding Emerging Trends in New Media, Department of Communication & Extension



- The workshop was held on 24th March, 2019 in collaboration with House of Mirchi, a very famous public relation management company of Noida, Uttar Pradesh, India. The main objective of the workshop was to enlighten the students with current trends and examples of how new media is changing the world of traditional media industry. They also shared their knowledge of usage of new media and other online platforms to reach out the specific target audience in no time.



CAPABILITY ENHANCEMENT PROGRAMMES

2017-2018

**Institute of Home Economics
University of Delhi**



Yoga and Meditation, Department of Physical Education and Sports



- Almost 100 students enrolled in a course on Yoga and Meditation from July to November.



Personal Counselling and Mentoring, Department of Human Development and Childhood Studies



Voices IHE
celebrates mental
health awareness
week

6th oct-12th oct

It's okay not be
okay.

Be kind take time.

- Nearly 50 students availed counselling at the college counselling centre.

Towards Mental Wellbeing: Department of Human Development and Childhood Studies



- Department of Human Development and Childhood Studies was approached by the organization CHILDREN FIRST. They came with the aim of starting a mental health society in all University of Delhi colleges. They had also initiated the same in a few colleges before they approached us in December 2018. Taking the idea forward, the Department organized a month long internship program for the student representatives who were interested in the issue of mental health. The training was conducted by Children First psychologists Ms. Jonaki and Ms Priyanka. The training included interactive sessions and hosted a mix group of student members from 5 different colleges including ours. In total 50 students attended the session and every college group was accompanied by their teacher in-charge. Students were trained about the concept of mental health, its role in life, how it impacts individual and spectrum of emotions people experience.



Soft-skill development session for honing entrepreneurial skills , Department of Resource Management and Design Application

The Department of Resource Management and Design Application is committed to imparting new ideas, knowledge and vision of latest developments in the field of management and designing. It offers multidisciplinary education and enables the students to be equipped to respond to the dynamic and ever-changing requirements of the industry. Apart from regular academics, different activities like lecturers, workshops and field visits were organized for fostering academic excellence amongst students. Educational field visits to Technology and Action for Rural Advancement (TARA) and The Energy and Research Institute (TERI Gram) were organized by the department to make students aware of the existing environment issues and innovative ways of achieving sustainable development. The visits provided the students with valuable insight into Waste Paper Recycling, Self-Sustainable Habitat, Smart Grid and Solar charging stations, Root Zone-Waste Water Management, Bio-Mass Gasifier and MTP-Bio technologies Labs etc. The Eco-club of the department 'Prakritik' organized several activities including Cleanliness Drive, Plantation Drive and Safe Holi Campaigns to strengthen Swatch Bharat Abhiyan. These visits and drives motivated students to adapt sustainable practices in their daily lives and move towards sustainable future. A workshop on 'Designing mood-boards in Interior' was organized in collaboration with Pearl Academy to provide students practical 'hands-on' approach in understanding various styling elements in interiors. An interactive session on "Effective Training Methodologies" was conducted by Mr. Roshan Suhail, Founder and Lead Trainer, Speak India. In order to develop entrepreneurial skills among students, another session on Soft-skills development was organised in collaboration with Confederation of Women Entrepreneurs (COWE). The Department celebrated its academic day 'Oracle' on 25th October, 2017 with the theme 'Fostering Innopreneurship', fusion of innovation and entrepreneurship. The key highlights of the day were keynote speak



Effective Training Methodologies, Department of Resource Management and Design Application





Workshop on Liberating Structures, Department of Communication & Extension



- The webinar was conducted on 9th January, 2018 by Prof. Arvind Singhal, the Samuel Shirley and Edna Holt Marston Endowed Professor of Communication and Director of the Social Justice Initiative at The University of Texas at El Paso. The objective was to understand the concept of liberating structures to learn how into work in microstructures that enhance relational coordination and trust. They quickly foster lively participation in groups of any size, making it possible to truly include and unleash everyone. Liberating Structures are a disruptive innovation that can replace more controlling or constraining approaches.



Session on Writing for Newspapers, Department of Communication & Extension



The workshop was conducted in association with Hindustan Times in 2016. The keynote speaker was Mr. Anil Maheshwari, Former Senior Correspondent, Hindustan Times. The objective was to help building the understanding for writing for news papers. The speaker shared his knowledge and skills on how to create content for news papers in terms of news stories, articles and features.

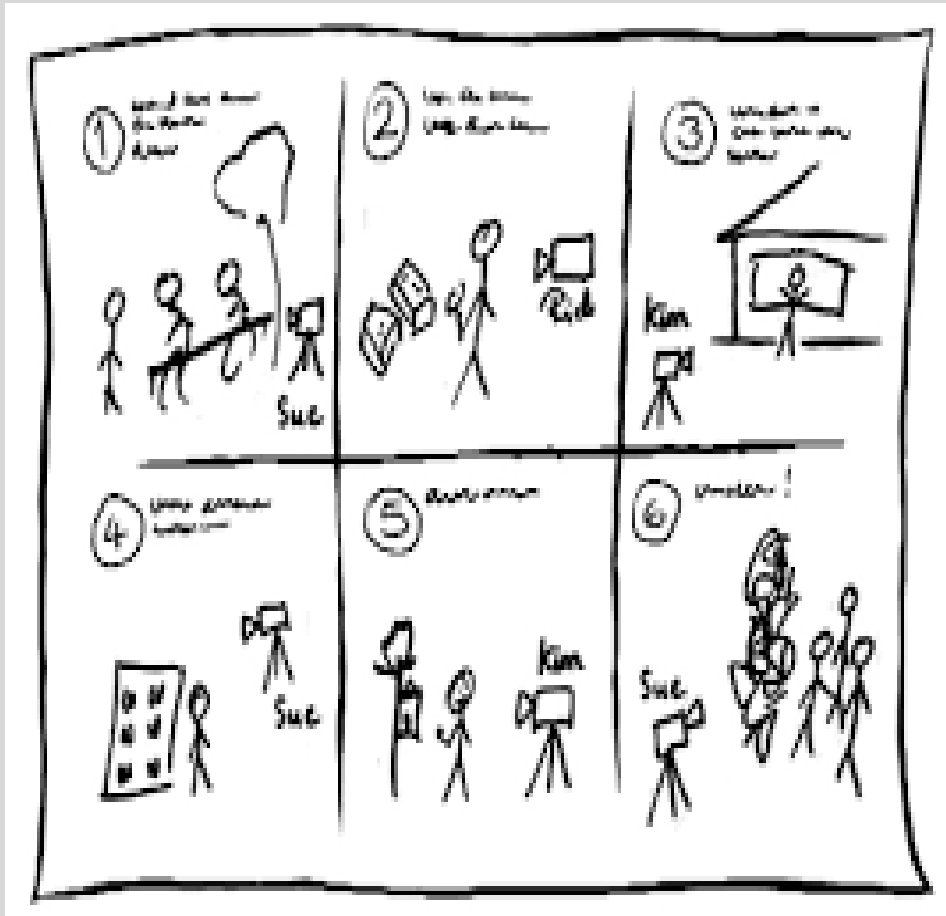


Workshop on Film Making, Department of Communication & Extension



Two workshops on film making with special focus on screen play and writing and ideation and production were conducted by Mr. Sanjeev Kumar, Director and communication consultant, Ministry of Information and Broadcasting and Ms. Akriti Suman, Director, Media Network Ltd., respectively in August 2016. The objective was to provide expert knowledge and skills sets to students on film making.

Workshop on Participatory Video Making, Department of Communication & Extension



The workshop was conducted in October 2016 with Ms. Sakshi Saini, Senior Manager, PRAI. The objective was to sensitize the students about the technique of participatory video making and how it can be used effectively for community mobilization.



CAPABILITY ENHANCEMENT PROGRAMMES

2016-2017

**Institute of Home Economics
University of Delhi**



Workshop on Grassroot Comics, Department of Communication & Extension



The workshop was conducted in September 2016. The keynote speaker was Mr. Sharad Sharma, Founder, World Comics, India. The objective was to introduce the concept of grassroots comics to students and the effective use of these comics to create buzz about prevailing problems in the society in most economical manner.

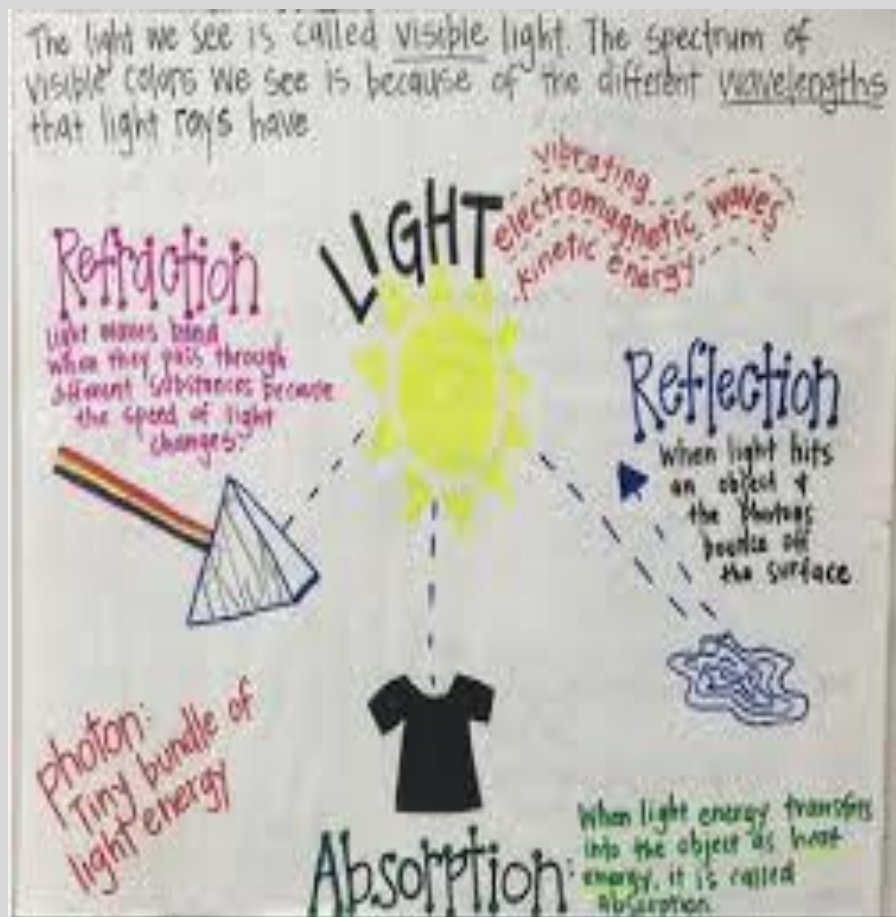


Workshop on Puppet Making, Department of Elementary Education



Three sessions on significance of storytelling, its techniques and use of puppets for storytelling were organised for B.El.Ed IInd year during October-November 2019. The first session conducted by Jyotsna, a B.El.Ed alumni trained in Theatre in Education, was on the pedagogic aspect of stories and modes of presentation that could be adopted. The second session was conducted by Rituparna Ghose, a practising storyteller and founder of Your Story Bag, on the ways that could be adopted for telling stories to children. The third session was on making and using puppets from various easily accessible materials, conducted by Mr. Pramod Sharma, NCERT.

Workshop on Science for Students, Department of Elementary Education



A hands-on workshop on the topic light was organized with B.El.Ed. students. The students got opportunity to explore the concepts such as properties of light and laws of reflection through simple activities. The workshop also helped students to clarify their doubts and misconceptions.



Ari Work Embroidery, Department of Fabric and Apparel Science





Self Development Workshops, Department of Human Development and Childhood Studies

The department organised Self development workshops for the first year students. The workshops were facilitated by Mittika.

https://r.search.yahoo.com/_ylt=AwrKAQtqX8pi4S0TYKy7HAX.;_ylu=Y29sbwNzZzMEcG9zAzYEdnRpZAMEc2VjA3Ny/RV=2/RE=1657458666/RO=10/RU=https%3a%2f%2finternationalteacherstraining.com%2fworkshops%2fcourse%2fteachers-self-development%2f/RK=2/RS=w8EKI076jAblzhHOVAQyjYHlr4Y-

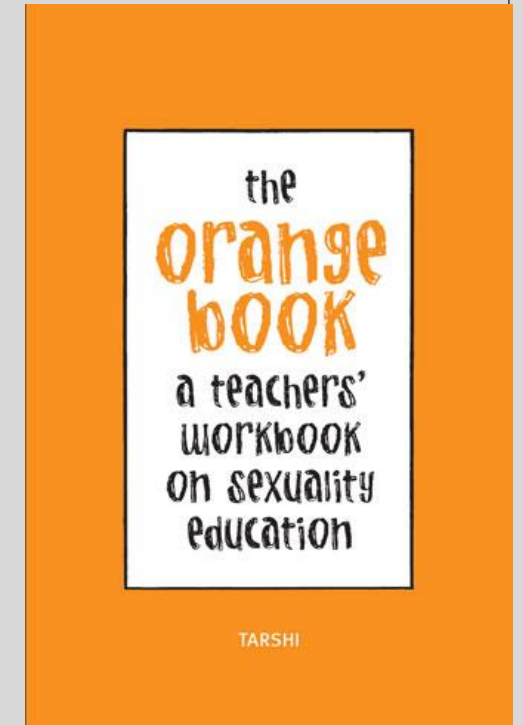
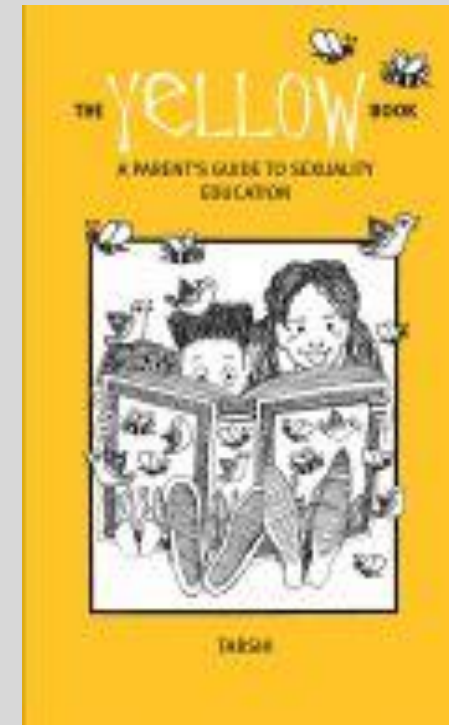




Workshop on Sexual Development and Wellbeing, Department of Human Development and Childhood Studies

The department organised a series of workshops in collaboration with Taarshi on the theme of Sexual Development and Wellbeing.

<https://www.tarshi.net/>





Training in Self Defence, Department of Physical Education and Sports

<https://www.timescontent.com/tss/showcase/preview-buy/27999/Feature/Self-protection-training-Girls-lear.html>

A one month training was organised for the students in association with Women Cell, Delhi Police, Nanakpura, New Delhi.

Workshop on Stress Management and Wellbeing, Department of Human Development and Childhood Studies



Department organises workshops and interactive sessions on managing stress as part of curriculum. In a GE paper, a workshop was organised on the theme of Stress Management and Wellbeing.



Eco Club Activities

<http://ihe.du.ac.in/students-corner/eco-club/k>