## **INSTITUTE OF HOME ECONOMICS**

### (UNIVERSITY OF DELHI)





5.3 – Student Participation and Activities

5.3.1 Awards and medals for outstanding performance in sports/cultural activities



INSTITUTE OF HOME ECONOMICS (University of Delhi) इंस्टिट्यूट ऑफ़ होम इकोनॉमिक्स (दिल्ली विश्वविद्यालय)



#### NAAC GRADE 'A' ACCREDITED

#### **Supporting documents for Criterion 5.3.1**

#### Awards and medals by students in cultural and sports activities

Key Indicator	Details of Proofs attached	Page Nos.
5.3.1	e-copies of awards/medals in sports/cultural activities in 2020-21	2-11
	e-copies of awards/medals in sports/cultural activities in 2019-20	12-31
	e-copies of awards/medals in sports/cultural activities in 2018-19	32-42
	e-copies of awards/medals in sports/cultural activities in 2017-18	43-47
	e-copies of awards/medals in sports/cultural activities in 2016-17	48-51

FAS ANICA	THE FINE A SHRI RAM COLLE	RTS SOCIET	
	201	21	
Cer	tificate of	Achiever	ment
This is to Certify th	nat <u>TANYA SIN</u>	IHA of	INSTITUTE OF HOME ECONOMICS, DU
has secured_	3rd Place in	KALAKRITI	Competition
held during Artis	sia'21 by The Fine	Arts Society on_	23rd April, 2021.
N.R. Lowmiya			Pademeerson Bly-



FA	SHRI RAM COLLEGE OF COMMERCE
	2021
	Certificate of Achievement
	This is to Certify that KANIKA BHARDWAJ of KONDECONDUCS, DU
	has secured 3rd Place in KALAKRITI Competition
	held during Artisia'21 by The Fine Arts Society on 23rd April, 2021.
	N.R. Journiya SOWMIYA R R PRESIDENT FAS, SRCC SOWMIYA R R PRESIDENT FAS, SRCC SOWMIYA R R PADMESWAR DOLEY FACULTY ADVISOR FAS, SRCC



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This is to Certify that	GAYATRI RA Place in	THI of _ KALAKRITI	INSTITUTE OF HOME ECONOMICS, DU Competition





# Certificate of Appreciation

is proudly presented to

## Syed Muskan

for being among the top 3 best speakers in the Debate Competition organised by Enactus IHE on the International Mother Language Day, topic "Should Hindi be made our National Language?" held on 21st February, 2021.







PRESIDENT (ENACTUS IHE) Aditi Singh











# **CERTIFICATE OF ACHIEVEMENT**

This certificate is proudly presented to

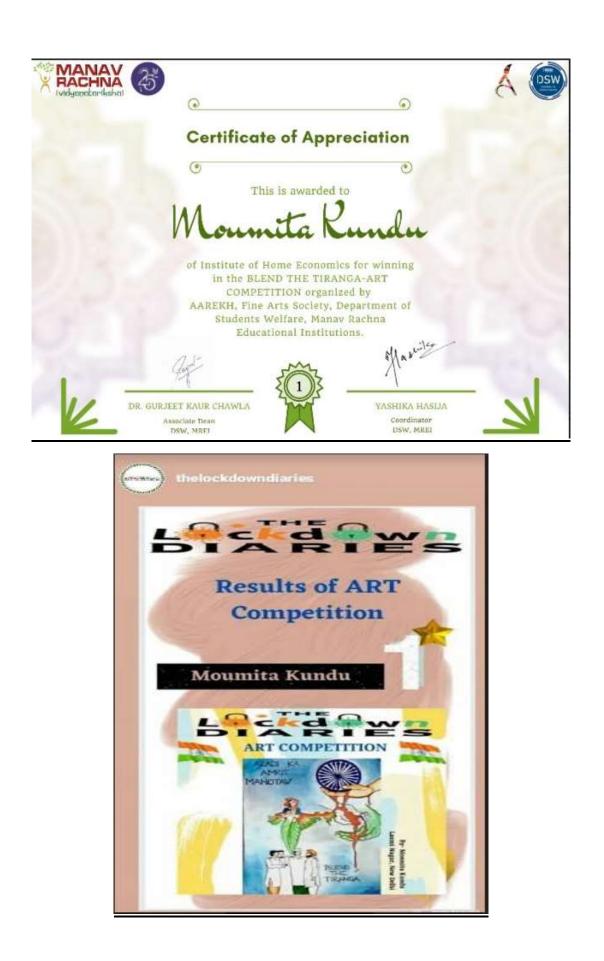
## MOUMITA KUNDU

for securing the Runners Up position in

#### Art of Sports

a creative art competition conducted by Pixstory

JAYANTH JACOB Co-founder











### Awards/medals in sports/cultural activities in 2019-20

df Open with	
Maitreyi	College
🧳 TRINI'	ГÉ' 20 🗕 🍭
CERTIFICATE OF	APPRECIATION
This is to certify that Mr./Ms. Blochewistry (H), INE has participate of Department of Life sciences, M Second position in Sence N' Science March, 2020.	ed in Trinité- the annual fest Maitreyi College and secured
Drugalingh Dr. Divyo Singh Teacher-in-charge	<u>Hehofue</u> Dr. Haritma Chopra Principal





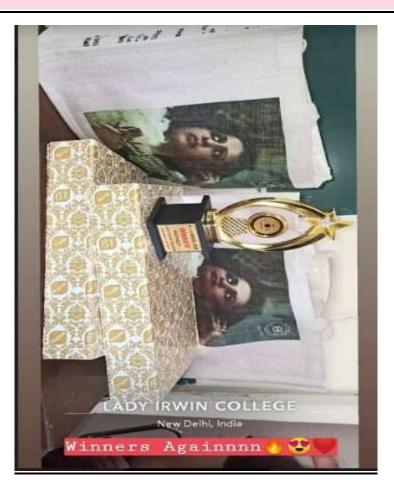






## Winners at Dyal Singh College! 🤎

Also second runner up at Shaheed rajguru college of applied sciences for women 💜





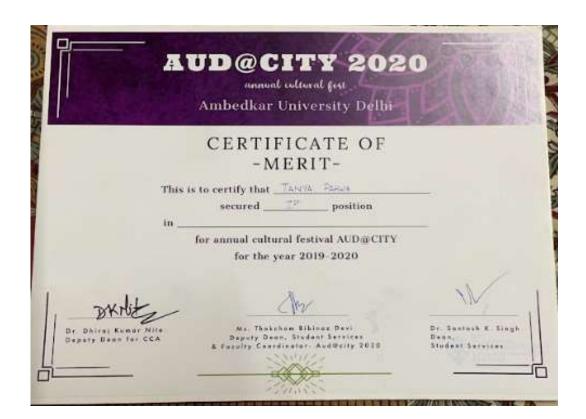






Shivaji College	
University of Delhi	
Vibrations 20	1
Annual Cultural Festival	
February 20 - 21	
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has won Joust Position	īn
Fashien Competition at Shivaji College.	2
Ms. Anshu Chopra Dr. Shashi Nijhawan Convenor, Cultural Committee Principal	

	ATMA RAM SANATAN DHARMA COLLEGE Accredited Grade 'A' by NAAC Ranked 14th by NIRF (University of Delhii)
	TIDE-2020
	THE ANNUAL CULTURAL FEST 25", 26"*& 27"* FEBRUARY 2020
	Certificate of Merit
	This certificate is animated to Tanya Pahwa of Institute of home Economics for achieving the 7 <sup>st</sup> restance in Showstopper-fashion shows of
- 1	the Tide 2020 - Annual Cultural Festival of ARSD College
	dom-
Dr. 53	Antosh Rumar Tha Principal



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ØĿe	rtificate of App	reciption
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Aurondad to M	s./Mr. Tanya Rohwa	student of
Institute of Hom	Economics for particip	ating in Forge Fashion
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	TANYA FAHWA (THE)	
1./	FOR HONOURABLE ACHIEVEMENT IN	
Re	NDER (FASHIDN SHOW)	1×A
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q.e.	First PRIZE	- Harris
Major Gen. G. Jaishankar(Retd., DEAN STUNDENT AFTAIRS	) Shiv Nadar University	Vinnie Mathur ASSOCIATE DEAM STUDENT AFFARES



GR. VIVE	(University of		EGE
	Palle		
	Innual Winter		
_	2018 -	2019	
This is to certify that	RISHAY N	LIDHI LAN	SHRA
JUNSTITUTE	OF HOME EC	ONDETICS	
participated in	stucet Play	Compet	itien
ield on 27 feb 2	0	s //	
	Kinha.		Hina principal



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#### NAVRANG: The Theatre Society of IHE

We elatedly announce that our Annual Street Production, 'BACHPAN' bagged the first position at the street play competition, "Kritva'20" organised by IMI, Hauz Khas.

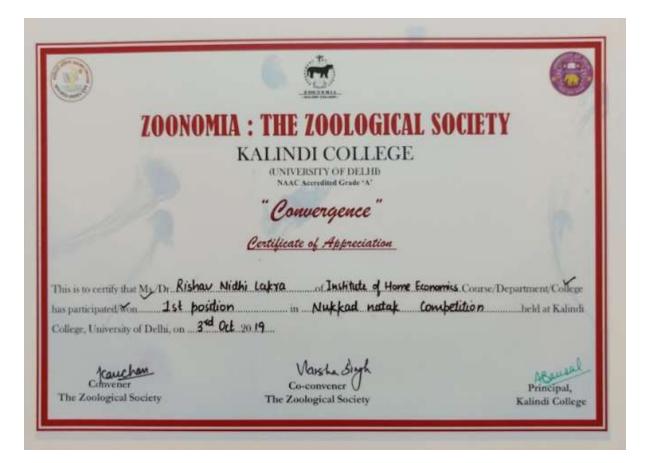
We would like to thank the organisers for their hospitality.

Rise and Shine, Navrang





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ZOONON	MA : THE ZOOLOGICAL S	SOCIETY
	KALINDI COLLEGE UNIVERSITY OF DELHD NAAC Accredited Grade 'A'	
	"Convergence"	
	"Convergence" Certificate of Appreciation	
has participated won Positio	aliniai Institute of Home Eco ninNukkad Natak Con	paris Course/Department/College
College, University of Delhi, on 3"	oct	
Convener Convener The Zoological Society	Varda Sigh Co-convener The Zoological Society	Principal, Kalindi College



JE	ESUS AND MARY COLLEGE
	UNIVERSITY OF DELHI
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17 3	CERTIFICATE awarded to
LOG!	
	Miss RISHAV NIDHI LAKRA
shine among the	in recognition of BEING AWARDED 'BEST PERFORMER
people so that they may see your	IN PLAY COMPETITION
good works and	MÉLANGE 2020
give glory to your	DEPARTMENT OF BA PROGRAMME
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# CERTIFICATE

OF ACHIEVEMENT

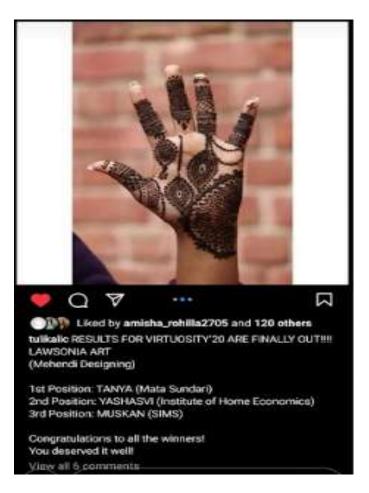
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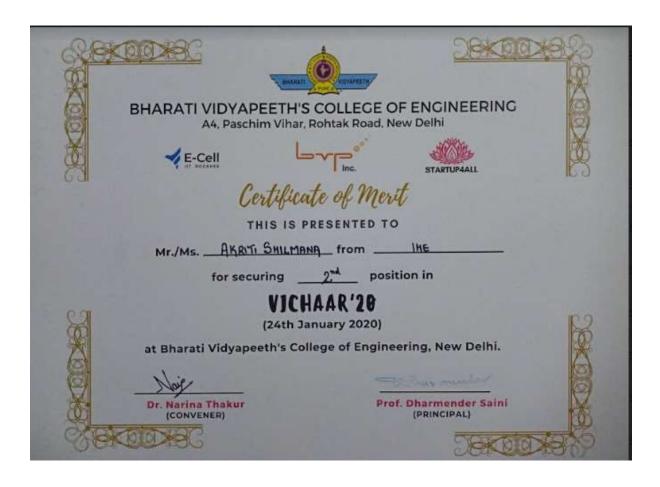
Kritika (Adlakha

For securing Third Position in Nirvana'19 - Doodle Making Competition, organized by Vardhman Mahavir Medical Institute

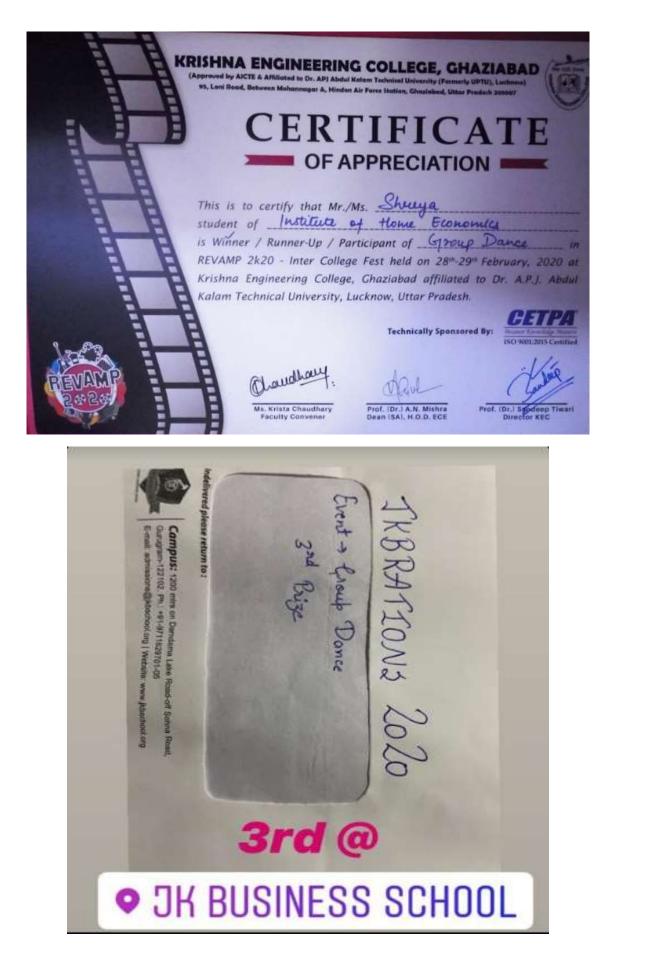
Provident

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### 77-Second Film Update Inbox



to me, yuki.azaad.tomar@ihe.... ~

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Ξ

Hi Enactus Institute of Home Economics,

Congratulations! The first phase of evaluation for the 77-Second Film Festival is complete, and your film, Together We Can, has advanced to the Top 14!

Being a Top 14 team in the 77-Second Film Festival means that your film has advanced to the next round of judging. Please watch for a follow-up email with information about an audit of the impact metrics shared in your film. As a Top 14 team, your film will be evaluated again during Enactus World Cup. The Top 4 films that emerge from this semifinal round will move into the final round, with a chance to win the Best in Show prize (\$500 USD)! The top 14 films are eligible for the following Special Awards:

- Passion Award Best personal story of how Enactus has impacted you and/or your team (\$100 USD)
- Innovation Award Most innovative Enactus project or idea shared (\$100 USD)
- Collaboration Award Best example of an Enactus team working across borders with other teams, campuses or communities (\$100 USD)



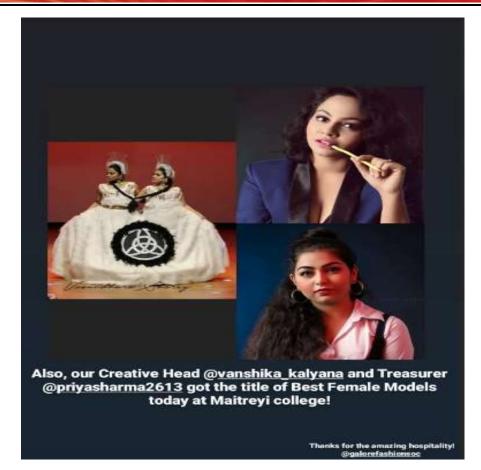
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KESSHET	2019 - The Annual Fest - Season	6 organized on 17th January 2019
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Event Coordinator		Director



#### Awards/medals in sports/cultural activities in 2018-19



	Janki Devi Memorial College (University of Delhi) SYMPHONY 2019 60, CATCH & RAMBOR CERTIFICATE OF MERIT	
Awarded to	ring 1 <sup>st</sup> position in MUNADI-19 street play event.	<u> </u>
0	08 Jan 2019	Principal



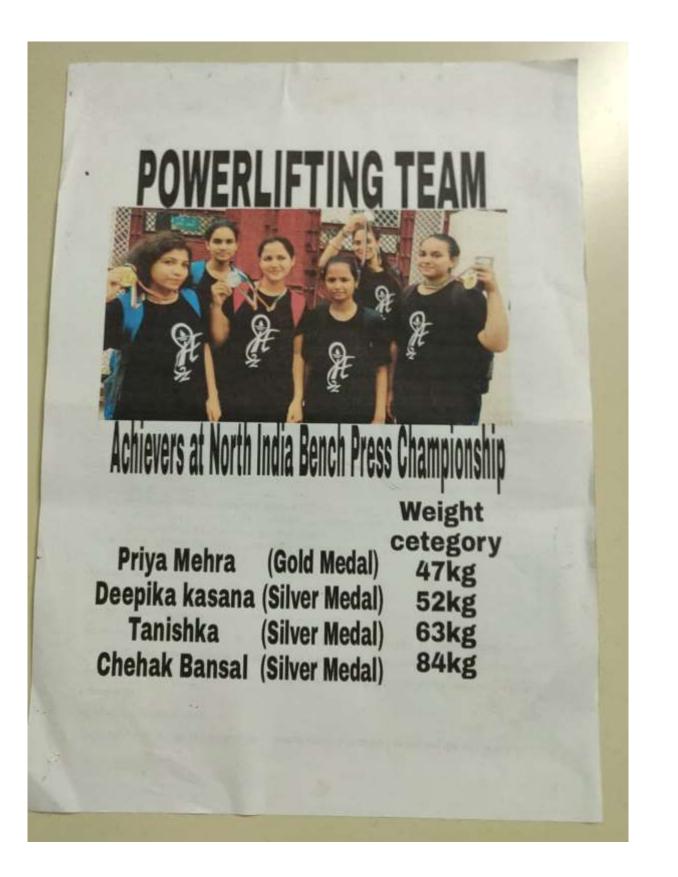
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Winners of North India Bench Press Championship



Per ... DELHI STATE YOG SPORT CHAMPIONSHIP 2018 Organised by : Capital Yog Sport Association of Delhi **Affiliated to :** Yog Sport Association, India Merit / Participation Certificate S.No. 932 Date 02/12/18. Dinha This is to certify that Mr./Miss/Mrs. Tula 5/0. D/o. Sh Rachvender Kuman Sinha Represented Individual has participated as a player / official in above said Delhi State yog Sport championship - 20.18 beld at Maharaja Agrasen Global School in the Age Group/Team Group Under 25 and Got: GOLD I SILVER / BRONZE / MERIT 1021/05 General Secretory President C.Y.S.A. Delhi C.Y.S.A. Delhi 3rd NATIONAL YOG SPORT CHAMPIONSHIP 2018-19 Organised by: YOG SPORT ASSOCIATION, INDIA (Regd.) Certificate of Merit / Participation S. No. 1481 This is to certify that Mr. /Mrs. /Miss. Pringa Sinha 5/0/ D/o.Raghvender Kumar Sinha Represented Individual has participated as a player in above said National Yog Sport Championship-2018-2019 field at Akhil Bhartiya Shree Kashyap Samaj Ashram Haridwar (U.K.) 7 December 2018 in the age Group/Team 21-25 years and Got: Gold Medal Silver Bronze Merit RAKESH KUMAR SHASTRI YASHWANT SINGH General Secretary President Y.S.A (India) Y.S.A (India)

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Represent	ng_Individu	al	has participated as a	
Plaver/	Official/Group in abo	ve said 3" UP STATE YOG	CHAMPIONSHIP 2018 held at	
			m Group 21-25 years	
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रता का नाम हाविधालय/संस्थान/विभ ारा आयोजित अंतर-महा तियोगिता वर्ष मय/दूरी/ऊँचाई/वजन र ertified that Mr/Ms.	अन्तर महारि Certificat 5 डी/मुऔ गरि जोवियर टोकल म वद्यालय (गतिविधि/खेल) - म म जुल कि सा के जज्ज (त्य	वद्यालय प्रतियोगिता प्रमा te of Inter College Competi त्या टोकस पात का नाम कार्ट्राट्यूट उनके तेल उसनीट व्या स्थान प्राप्त किया। लोगल Tokas Mother's Name	णा-पत्र ition कविता टोलन ने दिल्ली विश्वविद्यालय (पुरुष/महिला) ( समुह/व्यक्तिगत )	
पता का नाम हाविधालय/संस्थान/विभ तयोगित अंतर-महा तियोगिता वर्ष स्मय/यूरी/ऊँचाई/वजन र ertified that Mr/Ms. ather's Name offeae/Institute/Dept	अन्तर महारि Certificat 5 डी/मुऔ गरि जोविद टेकेस (म बेखालय (गतिविधि/खेल)) म बेखालय (गतिविधि/खेल)) म बिखालय (गतिविधि/खेल)) (स बिखालय (गतिविधि/खेल))	वद्यालय प्रतियोगिता प्रमा te of Inter College Competi तित टोकस पात का नाम इस्टोटवूट उतक सोल इसनीटि लिख स्थान प्राप्त किया। लोme Tokas Mother's Name. te of Home Economics has s	णा-पत्र ition जन्म टीकार पेन ने दिल्ली विषयविद्यालय (पुरुष/महिला) ( सपूह/व्यक्तिगत ) 	
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OPEN DEL VIKRAN	ORGANIZED BY T SPORTS, YOGA & FITNESS PROMOTER TRUST Under the aegis of roots health & Sports welfare association 22nd Jan 24th Jan. 2018
Awarded to Jude	Certification of Participation / Merit ka Gazima Takan Representing BGN
Age Group Abov	17 year GudeCategory + 63 kg Position First er to endeavor for further progress in future.
Barry	- Without Court Villant



I DELHI STATE YOG SPORT CHAMPIONSHIP 20 12 Organised by : Capital Yog Sport Association of Delhi **Affiliated to:** Yog Sport Association, India Merit / Participation Certificate Date. 1.5/19/17 .... S.No. 468 /17 This is to certify that Mr./Miss/Mrs. unter Kaghstender a Represented Ham (IHE) S/o. D/o ... aid Delhi State yog Sport championship - 20. has participated as a player / official in a beid at Maharaja Agrasen Institute of Management & Technology the Age Group/Team 21-25 and Got : D / SILVER / BRONZE / MERIT Group. cretory President C.Y.S.A. Delhi C.Y.S.A. Delhi KATOKAP KERABARAN BOYAT Organized by: HARYANA YOG SPORT ASSOCIATION AFFILIATED TO: Yog Sport Association, India Certificate of Merit/Participation SR. No. 1159 Priya Sinha Awarded to Mr./Miss./Mrs -S/0. D/0 Mr. Raphvender Kumar Sinha Represented Team has participated as a player/official in above said National Yog Sport Championship 2017 held at L.C.R.T Public School Panipat on 1st, 2nd & 3rd December 2017 in the age Gruop/Team 21-25 years and secured Position. I. (Gold) that pays TI T WIND REFE RAKESH KUMAR BHASTRI RAM YADAN ANKIT TAYAL LAYAT VERLAS ASWANT SINGH Sacratar ri Secretary izing Chairm **Org.** Secretary President V.S.A India Y.S.A. Haryana Y.S.A. Haryana Y.S.A. India

## Awards/medals in sports/cultural activities in 2017-18

1st Yog Sport Federation Cup 2017-18 **Yog Sport Association, India** Organized by : Yog Sport Association M.P. Certaifricense of Merrit / Petrticipethions PRIYA SINHA Awarded to Mr. / Miss / Mrs. S/0, D/0\_ RAGHYENDER KR. SINHA. Represented DELHI has participated as a player in above said Yog Sport Federation Cup 2018 held at Yog Maya Dharmshala, Ujjain on 9th to 11th February 2018 in the age 7 30 Group / Team\_UNDER - 25 and Secured Position -91 RAKESH KUMAR SHASTRI DURGA SHANKAR MOYAL Y.S.A. India YASWANT SINGH Gen Secretary YS.A. M.P. Y.S.A. M.P. President Y.S.A. India FI/SNJC-2017-18/# 088 Dated: DE-06-Senior National Judo Championships 2017-18 (Men & Women) 10 - 12, March 2018 Gymnasium Hall, University of Jammu Organised by : J & K Judo Association Under the auspices of Judo Federation of India CERTIFICATE OF PARTICIPATION Name : Mr./Ms. GARINA TOKAS Date of Birth. 28-10-1997 Father's Name JOGINDER State/Department Delui Weight Category BELOW 70 Kg (Mar Mohan Jaiswall M.H.I ( Authorised Signatory ) (Partap Singh Baywat Freaident Technical Council General Secretary ludo Federation of India L& K Judo A Judo Federation of India Judo Federation of India



## भारतीय जूडो महासंघ JUDO FEDERATION OF INDIA

Affiliated To : INDIAN OLYMPIC ASSOCIATION, JUDO UNION OF ASIA, COMMONWEALTH JUDO ASSOCIATION & INTERNATIONAL JUDO FEDERATION 264, FIRST FLOOR, HARI NAGAR, ASHRAM, NEW DELHI-110014 Tel. : +91-11-7827412316 E-mail : jfiindin@gmail.com

Partap Singh Bajwa Member of Parliament ( Raya Sabha ) President March 5,2020

Man Mohan Jaiswal General Secretary

B. Kailasam Yadav Treasurer

JFI/Cert./2020/079

## TO WHOM SO EVER IT MAY CONCERN

As per records available with JEI, this is certify that **MS. GARIMA TOKAS** whose date of birth is 28/10/1997 (Twenty eight October Nineteen Ninety seven), D/O Shri. Joginder; has participated from Delhi state and got **7**<sup>th</sup> **place** in below 70kg.Weight Category of the **"Senior National Judo Championships-2017-18**" held from 10<sup>th</sup> to 12<sup>th</sup> March 2018 at Jammu, Jammu & Kashmir.

For Judo Federation of India,

Ben.

(Man Mohan Jaiswal) General Secretary

अन्तर	त विश्वविद्यालय Nersity of Dela Zder परिषद Sports Council महाविद्यालय प्रतियोगिता प्रमाण-पत्र tificate of Inter College Competition	新·HISEN S. No. 2017-18/2844
प्रमाणित किया जाता है कि श्री/सुश्री	गरिमा टोकस	And the second s
पिता का नाम जोगिंदर टोकस	भाता का नाम	सविता टोकस
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द्वारा आयोजित अंतर-महाविद्यालय ( गतिविधि/	खेल) जुडो	(पुरुष/महिला) ( समुह/व्यक्तिगत)
प्रतियोगिता वर्ष	प्रयाम स्थान प्राप्त किया।	
समय/दूरी/केंचाई/वजन वर्ग का कि या में क		
Certified that Mr./Ms.	Garima Takas	
Juninder Tokuv	Mother's Name	Savita Lakas
College/Institute/DepttI	nstitute of Home Economics has secure	d <u>First</u> position in the
Inter-College (Game/Sport)	Judo (Men/Women)	(Individual/Team) Competition held
during the year		the Rest of Street of Street S
Time/Distance/Height/Weight Category	Belaw 70 Kg	
THIRT PROMINENT OF T		2
		Director, Physical Education

	स्ति विश्वविद्यालय हिंद्र ersity of Ders National Sports Council अन्तर महाविद्यालय प्रतियोगिता प्रमाण-पत्र Certificate of Inter College Competition	ब.संख्या S. No. 2917-18/2-513
प्रमाणित किया जाता है वि		
पिता का नाम		ते गौर
द्वारा आयोजित अंतर-महा प्रतियोगिता वर्ष समय/दूरी/ऊँचाई/वजन र	ताइस्याज १७-१८ में दूसरा स्थान प्राप्त किया। वर्ग ६७ कि. गा से कम	ने दिल्ली विश्वविद्यालय पुरुष/महिला) ( समूह/व्यक्तिगत )
	Anjli Gaur Narendra Gaur Mother's Name Ki	unti Gaur
College/Institute/Dep	tt. Institute of Home Economics has secured	Second position in the
	port)Tawkwanda(Men/Women) (Indiv	idual/Team) Competition held
during the year <u>21</u> Time/Distance/Heigh	Electron 67 Kin	Λ
	. Ди	rector, Physical Education
Senior Nat	tional Kurash Champions	hip 2017-18
	(Men & Women)	
	(Men & Women) Organised by : Haryana Kurash Associa	
HARYANA KURASH	(Men & Women) Organised by : Haryana Kurash Associa Under the auspices of Kurash Association of India Affiliated to : Kurash Confederation of Asia &	tion
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ARYANA KURASH	(Men & Women) Organised by : Haryana Kurash Associat Under the auspices of Kurash Association of India Affiliated to : Kurash Confederation of Asia & International Kurash Association	tion
Awarded to Mr. / Ms	(Men & Women) Deganised by : Haryana Kurash Associat Under the auspices of Kurash Association of India Affiliated to : Kurash Confederation of Asia & International Kurash Association <b>Certificate Of Afferi</b> Garima Tokag State	tion where the the the the the the the the the th
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Awarded to Mr. / Ms participated in Senior National Kuras	(Men & Women) Deganised by : Haryana Kurash Associat Under the auspices of Kurash Association of India Affiliated to : Kurash Confederation of Asia & International Kurash Association <b>Certificate Of Afferi</b> <u>Garima Tokas</u> State 1 53 kg. Category Men/Women has secured 1	tion where the second
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## Awards/medals in sports/cultural activities in 2016-17



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		Spor	ts Council	5.	a manufacture of
			य प्रतियोगिता प्रम ter College Compet		
प्रमाणित किया जाता है कि श्री/स्			te		A DESCRIPTION OF THE OWNER.
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महाविद्यालय/संस्थान/विभाग	Course and	इंस्टिट्यू	ट ऑफ़ होम इकोनॉमि	कस	ने दिल्ली विश्वविद्यालय
द्वारा आयोजित अंतर-महाविद्यालय	(गतिविधि/खेल)	) टाय	क्वांडा		महिला) (समूह/व्यक्तिगत)
प्रतियोगिता वर्ष २०१६-११			— स्थान प्राप्त किया।		
समय/दूरी/ऊँचाई/वजन वर्ग	६७ किंद	ग. से कम	-		
Certified that Mr./Ms.	Anjli Gau	ır	1 64		
Father's NameN	arendra Gaur		Mother's Name	Kunti Gaur	and Speed & speed Sector Speed
College/Institute/Deptt	Institute of	Home Eco	nomics has	secured First	position in the
Inter-College (Game/Sport)	Taekwondo	1	(Men/W	omen) (Individua	(/Team) Competition held
during the year 2016-17					Δ
Time/Distance/Height/Weight	Category		Under 67 Kg.	PE Carton In Sum Dial of	1
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