

INSTITUTE OF HOME ECONOMICS

(UNIVERSITY OF DELHI)



5.3 – Student Participation and Activities

5.3.1 Awards and medals for outstanding performance in sports/cultural activities



INSTITUTE OF HOME ECONOMICS
(University of Delhi)
इंस्टिट्यूट ऑफ़ होम इकोनॉमिक्स
(दिल्ली विश्वविद्यालय)



NAAC GRADE 'A' ACCREDITED

Supporting documents for Criterion 5.3.1

Awards and medals by students in cultural and sports activities

| Key Indicator | Details of Proofs attached | Page Nos. |
|----------------------|--|------------------|
| 5.3.1 | e-copies of awards/medals in sports/cultural activities in 2020-21 | 2-11 |
| | e-copies of awards/medals in sports/cultural activities in 2019-20 | 12-31 |
| | e-copies of awards/medals in sports/cultural activities in 2018-19 | 32-42 |
| | e-copies of awards/medals in sports/cultural activities in 2017-18 | 43-47 |
| | e-copies of awards/medals in sports/cultural activities in 2016-17 | 48-51 |

Awards/medals in sports/cultural activities in 2020-21







Certificate of Appreciation

is proudly presented to

Syed Muskan

for being among the top 3 best speakers in the Debate Competition
organised by Enactus IHE on the International Mother Language
Day, topic "Should Hindi be made our National Language?" held on
21st February, 2021.

FACULTY ADVISOR
Dr. Yuki Azad Tomar

PRESIDENT (ENACTUS IHE)
Aditi Singh









CERTIFICATE OF APPRECIATION

This is presented to

MOUMITA KUNDU

for securing the first position in Poster Making competition conducted
by Office of International Programmes (OIP), SRCC on the topic
'No Tobacco day' on 31st May, 2021.

DR MALLIKA KUMAR
Coordinator,
Office of international Programmes

DR. ARJUN MITTAL
Program Coordinator,
Office of international Programmes



**PIXSTORY INTERFACE
NETWORK & IT (P) LTD.**

CERTIFICATE OF ACHIEVEMENT CERTIFICATE OF ACHIEVEMENT

This certificate is proudly presented to

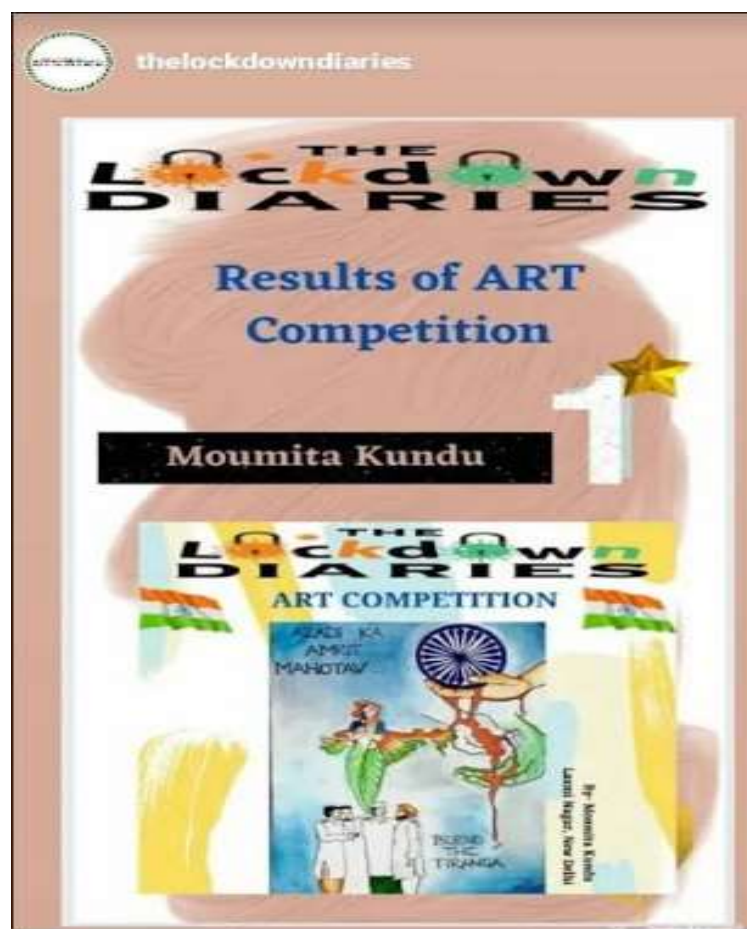
MOUMITA KUNDU

for securing the Runners Up position in

Art of Sports

a creative art competition conducted by Pixstory

JAYANTH JACOB
Co-founder

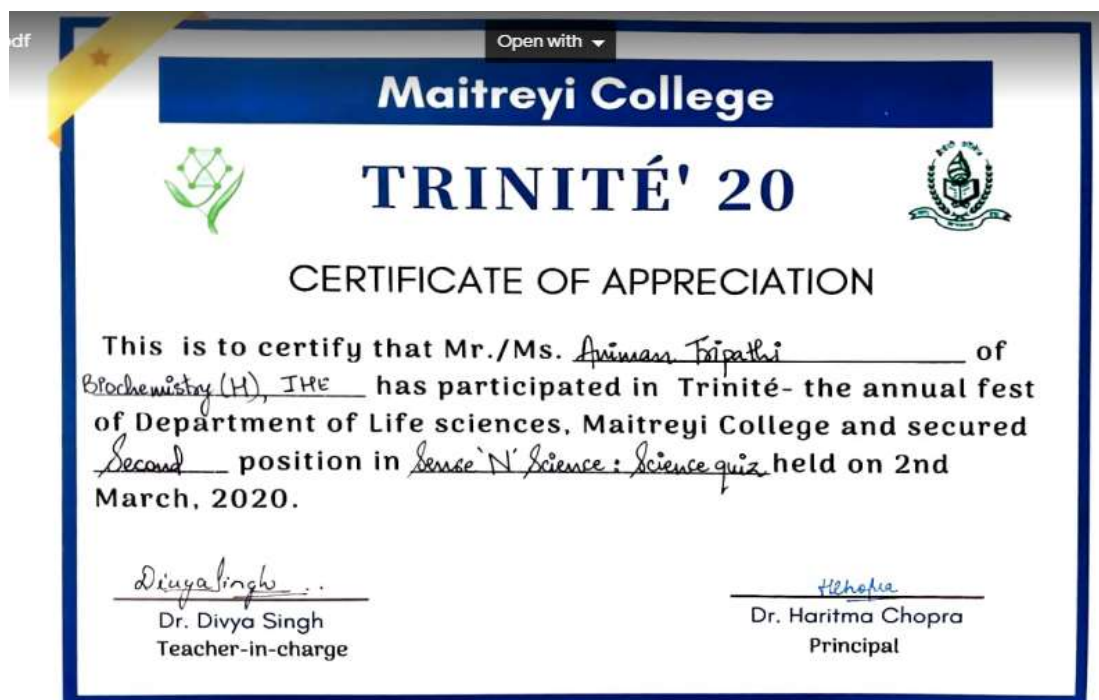






Arta J. Kumar
INSTITUTE OF HOME ECONOMICS
UNIVERSITY OF DELHI

Awards/medals in sports/cultural activities in 2019-20



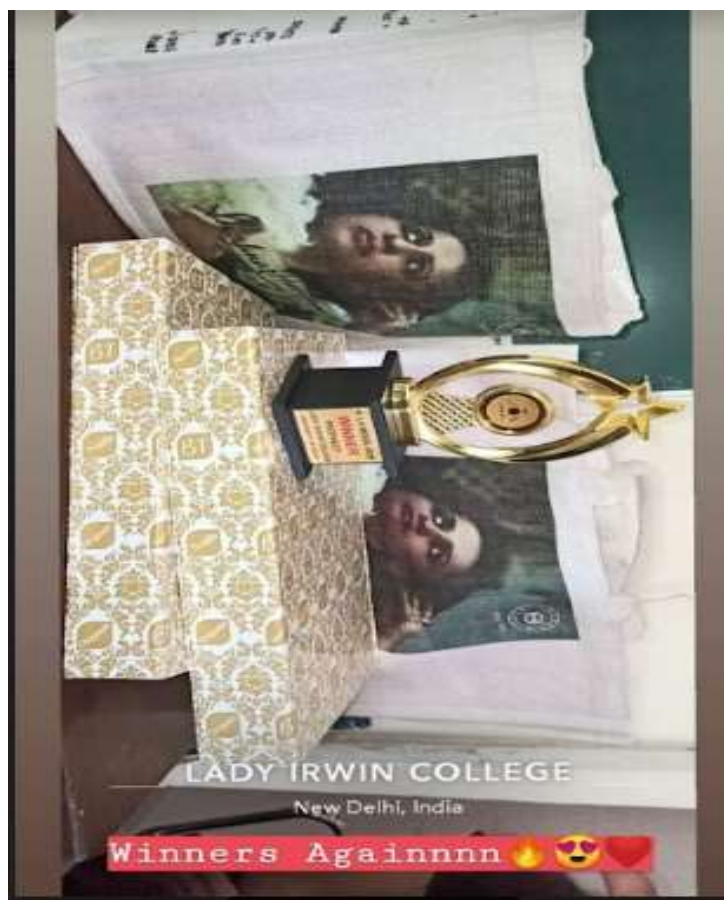






Winners at Dyal Singh College! ❤️

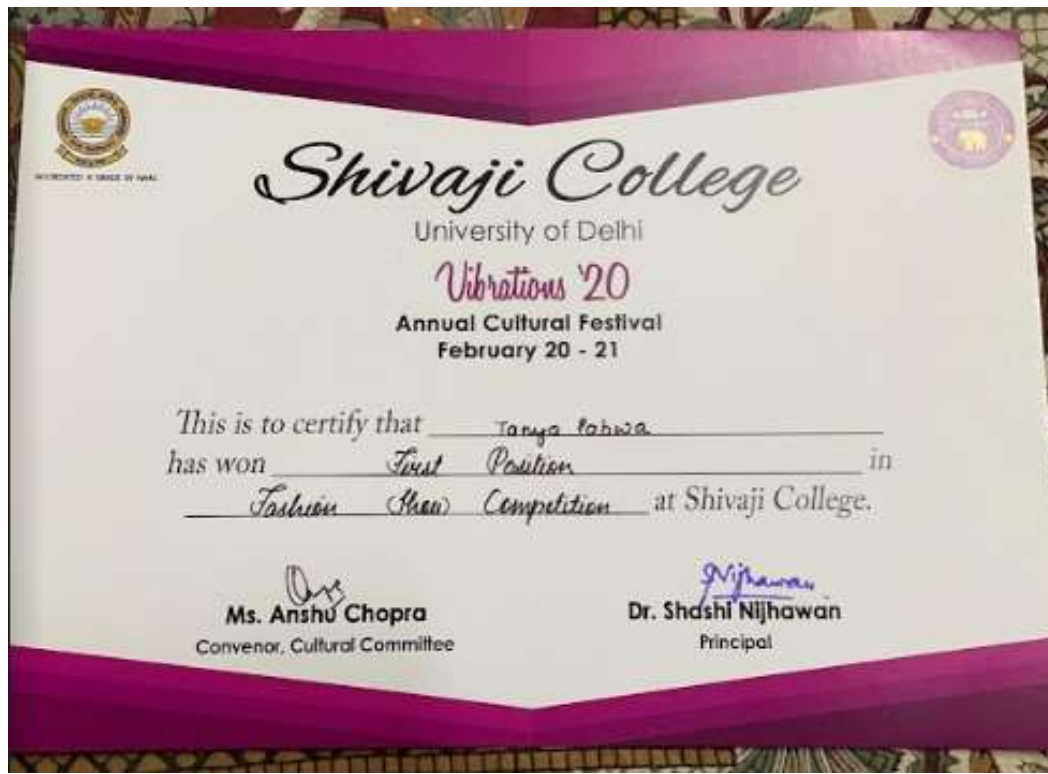
**Also second runner up
at Shaheed rajguru
college of applied
sciences for women ❤️**

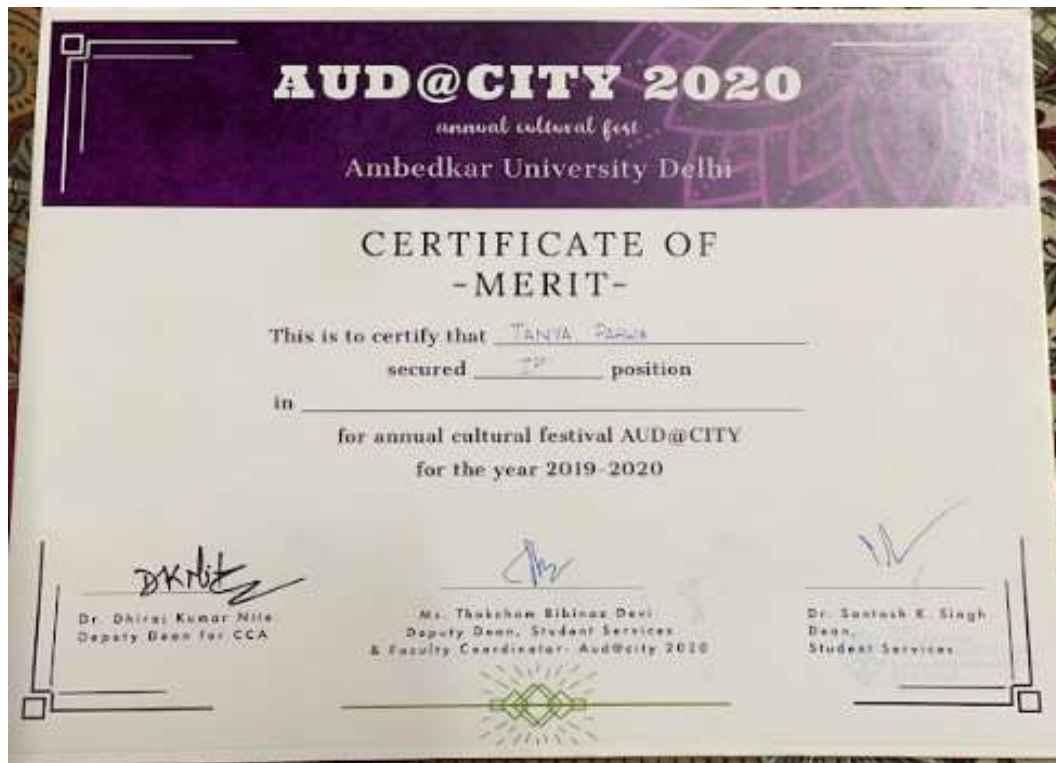


Winners Againnnnn 🙌💖❤️

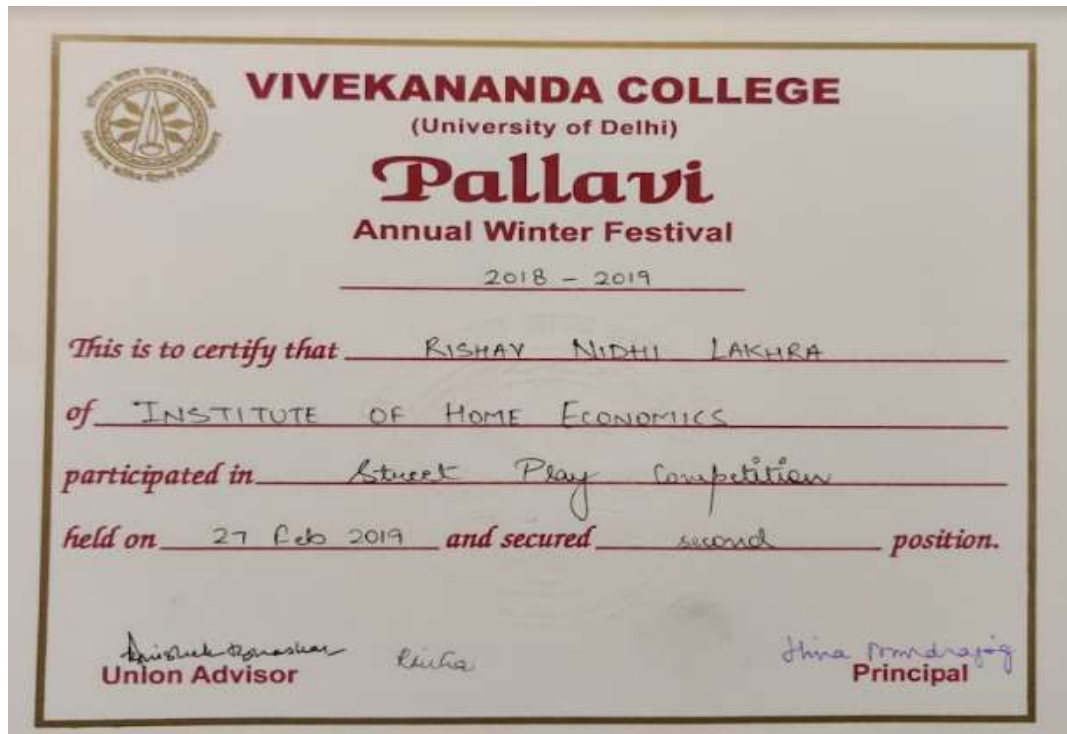














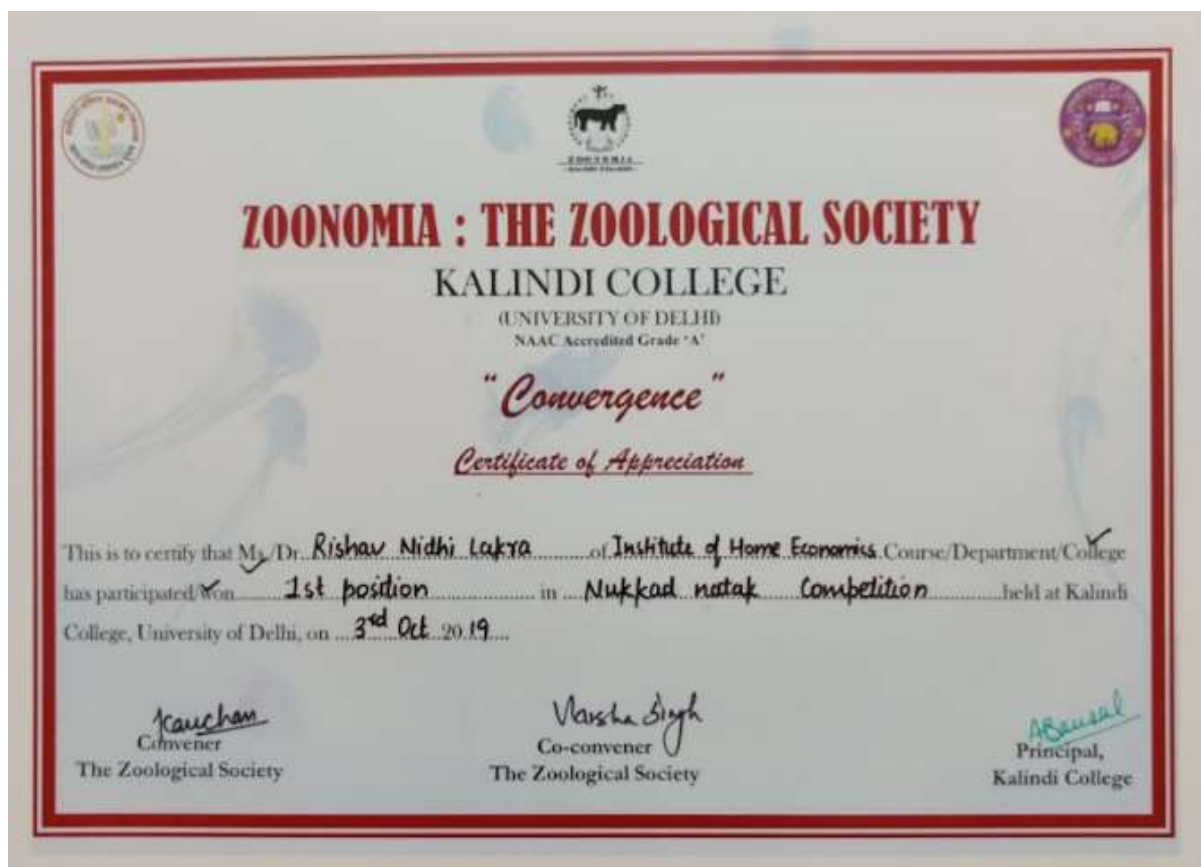
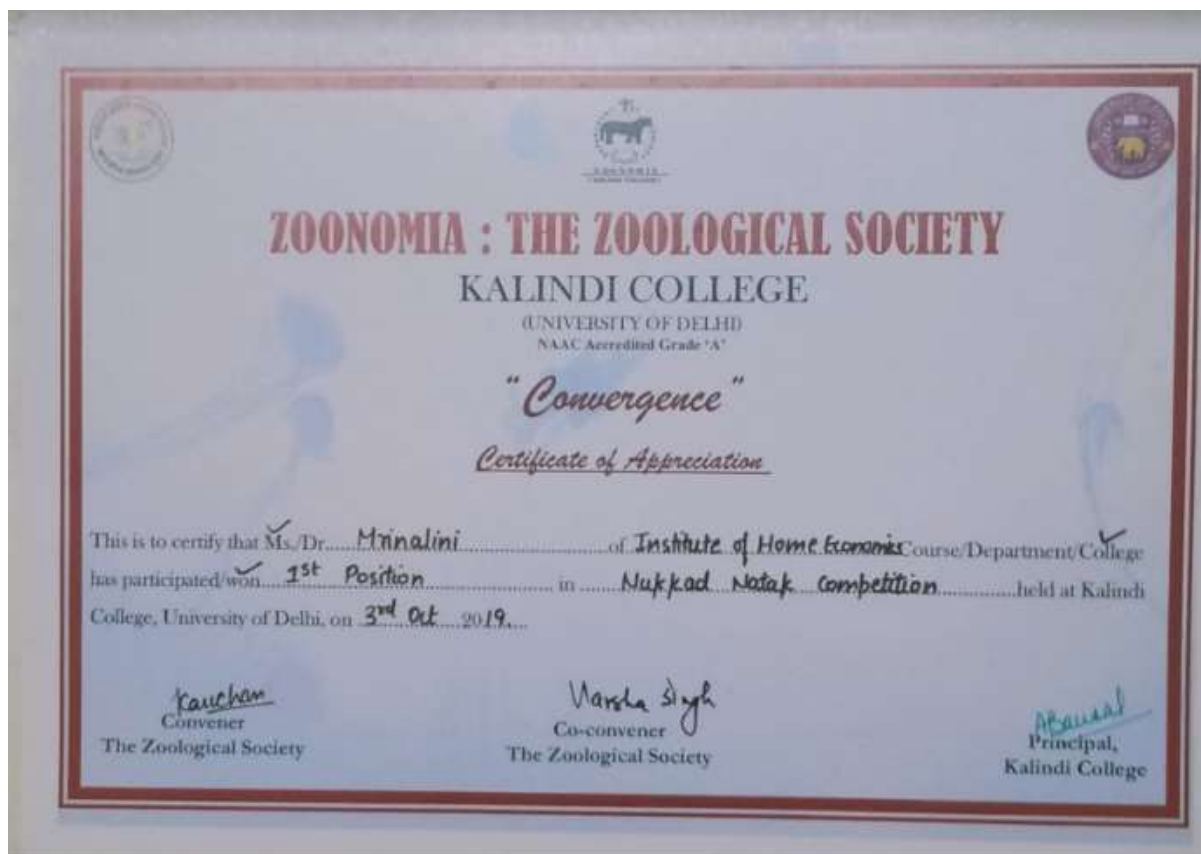
NAVRANG: The Theatre Society of IHE

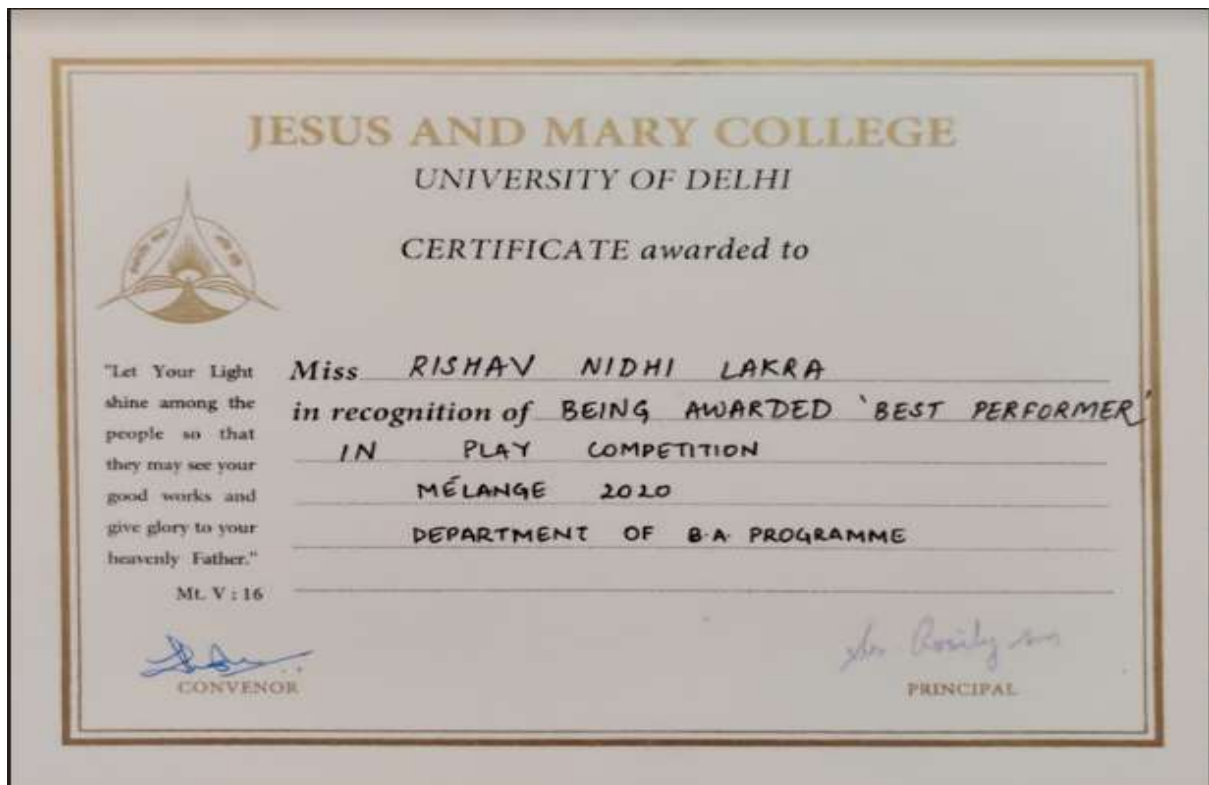
We elatedly announce that our Annual Street Production, 'BACHPAN' bagged the first position at the street play competition, "Kritva'20" organised by IMI, Hauz Khas.

We would like to thank the organisers for their hospitality.

Rise and Shine,
Navrang 🍷











CERTIFICATE

OF ACHIEVEMENT

THIS CERTIFICATE IS PRESENTED TO :

Jessica Madaan

For securing Second Position in **Nirvana'19 - Doodle Making Competition**,
organized by Vardhman Mahavir Medical Institute

Mansi Singh

President

Arjun

Principal



CERTIFICATE

OF ACHIEVEMENT

THIS CERTIFICATE IS PRESENTED TO :

Prerna Dash

For securing Third Position in **Nirvana'19 - Doodle Making Competition**,
organized by Vardhman Mahavir Medical Institute

Mansi Singh

President

Arjun

Principal



CERTIFICATE

OF ACHIEVEMENT

THIS CERTIFICATE IS PRESENTED TO :

Kritika Adlakha

For securing Third Position in **Nirvana'19 - Doodle Making Competition,**
organized by Vardhman Mahavir Medical Institute

Mansi Singh

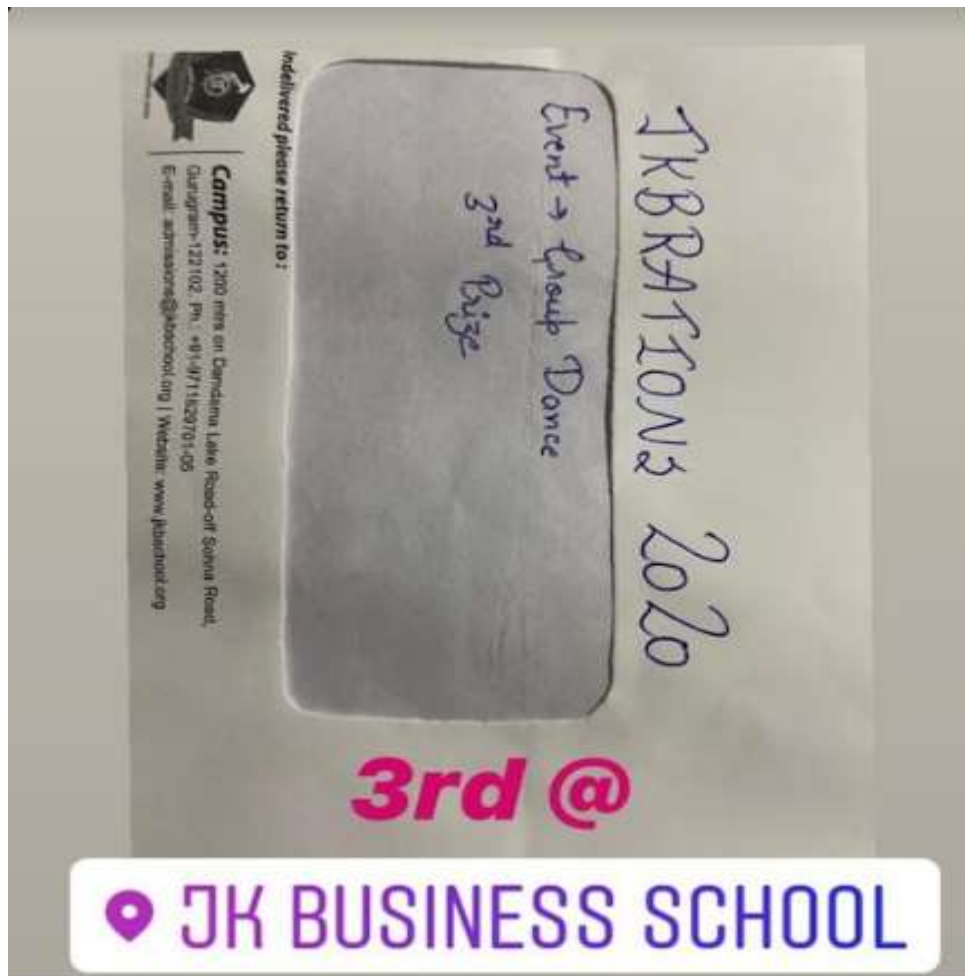
President

Pragati

Principal







77-Second Film Update

Inbox



Emily Gray 21/8/2020

to me, yuki.azaad.tomar@ihe....



Hi Enactus Institute of Home Economics,

Congratulations! The first phase of evaluation for the 77-Second Film Festival is complete, and your film, Together We Can, has advanced to the Top 14!

Being a Top 14 team in the 77-Second Film Festival means that your film has advanced to the next round of judging. Please watch for a follow-up email with information about an audit of the impact metrics shared in your film. As a Top 14 team, your film will be evaluated again during Enactus World Cup. The Top 4 films that emerge from this semi-final round will move into the final round, with a chance to win the Best in Show prize (\$500 USD)! The top 14 films are eligible for the following Special Awards:

- Passion Award - Best personal story of how Enactus has impacted you and/or your team (\$100 USD)
- Innovation Award - Most innovative Enactus project or idea shared (\$100 USD)
- Collaboration Award - Best example of an Enactus team working across borders with other teams, campuses or communities (\$100 USD)

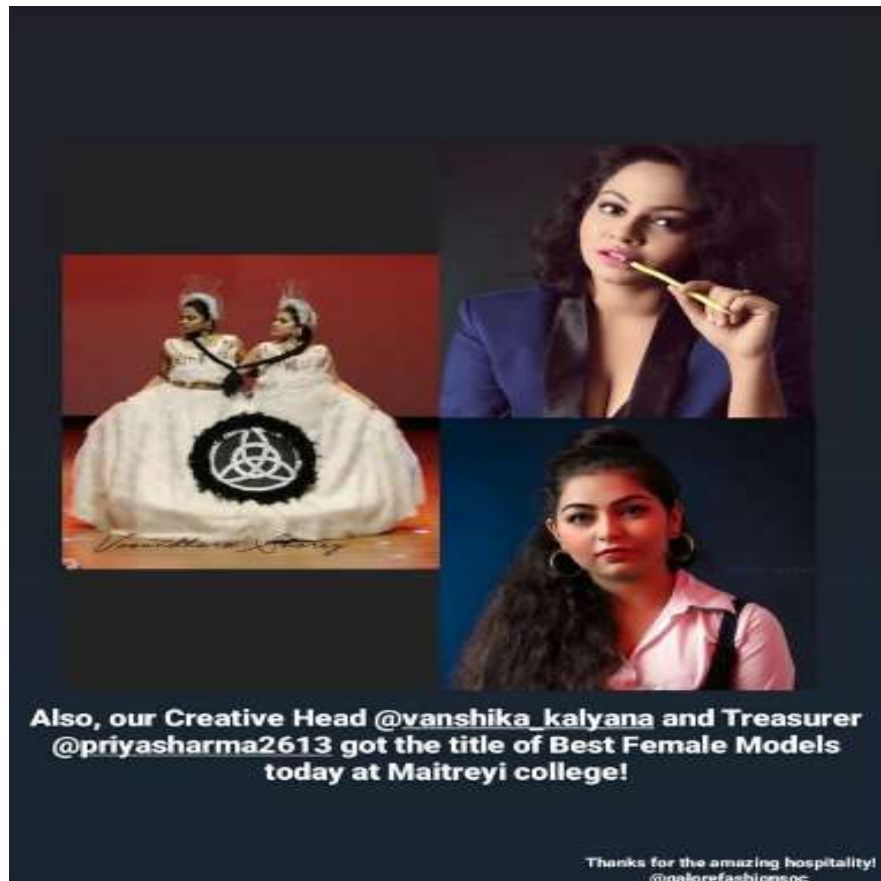
Please make plans to attend Enactus World Cup by

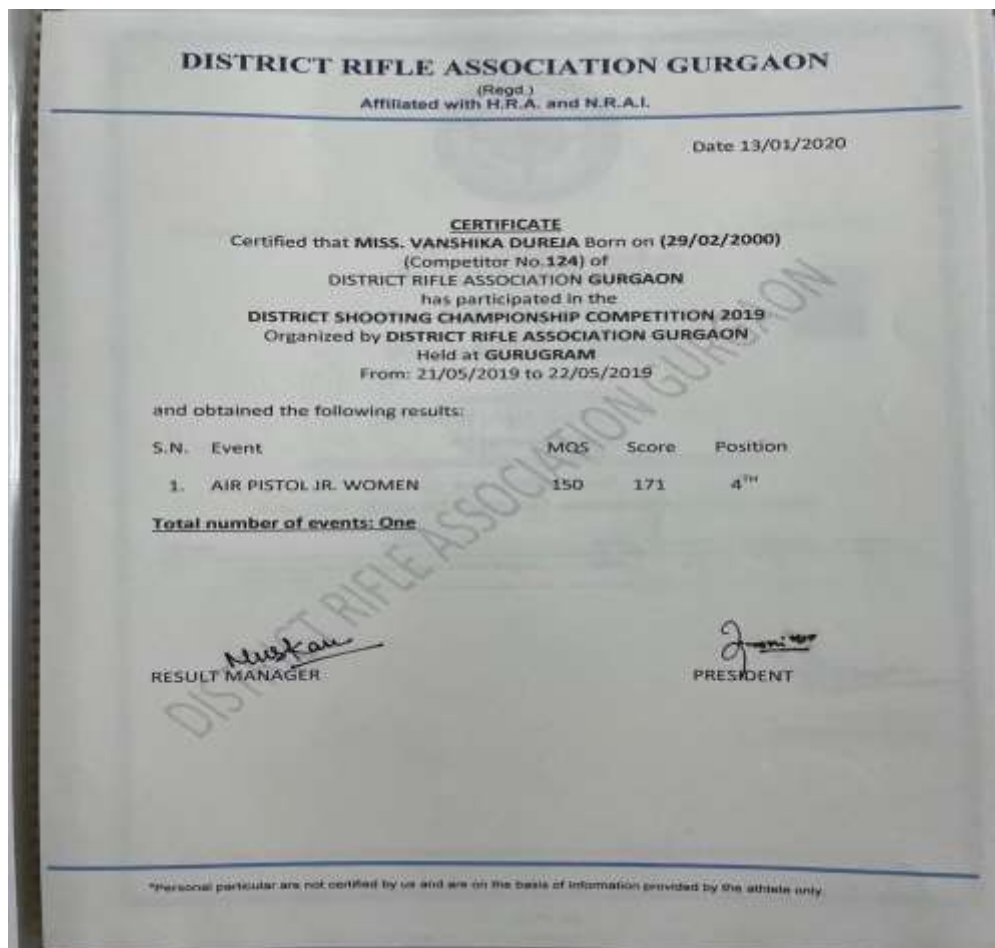


Arta J. Kumar
INSTITUTE OF HOME ECONOMICS
UNIVERSITY OF DELHI

Awards/medals in sports/cultural activities in 2018-19











Winners of North India Bench Press Championship



POWERLIFTING TEAM



Achievers at North India Bench Press Championship

| | | Weight category |
|----------------|----------------|--------------------|
| Priya Mehra | (Gold Medal) | 47kg |
| Deepika kasana | (Silver Medal) | 52kg |
| Tanishka | (Silver Medal) | 63kg |
| Chehak Bansal | (Silver Medal) | 84kg |





INDIAN AMATEUR BOXING FEDERATION



S. No. 71

Merit Certificate

Certified that Mr. / Mrs. / Km. MONA HOODA
Son/Wife/Daughter of / Sh. / Smt. VIJENDER HOODA
Date of Birth 27-01-1999 State/UT/Board IKBA
18th SENIOR WOMEN National Boxing Championships Organised
by UTTARAKHAND State/UT/Board Boxing Association
held at ROORKEE from 10-10-2018 to 14-10-2018
secured 3rd position in the 48kg weight category.


JASH THAKRAN
Secretary General
Indian Amateur Boxing Federation


JASH THAKRAN
Secretary General
Indian Amateur Boxing Federation

Organising Secretary

Junior & Cadet National Kurash Championship 2018-19 (Boys & Girls)

Organised by : Karnataka Kurash Association



Under the auspices of
Kurash Association of India

Affiliated to :
Kurash Confederation of Asia &
International Kurash Association



Certificate Of Merit

Awarded to Mr. / Ms. GIARIMA TOKAS State DELHI
participated in -63 kg. Category Junior/Cadet Boys / Girls category has secured BRONZE
place in Junior & Cadet National Kurash Championships held from 15th to 18th October 2018
at Department of Youth Empowerment & Sports, District stadium, Belgavi (Karnataka).


JAGDISH TYTLER
President
Kurash Association of India


THIYASWAMY
President
Karnataka Kurash Association


RAVI KAPOOR
General Secretary
Kurash Association of India


ASHALATHA M.N.
General Secretary
Karnataka Kurash Association

OPEN DELHI STATE JUDO CHAMPIONSHIP 2018

ORGANIZED BY

VIKRANT SPORTS, YOGA & FITNESS PROMOTER TRUST

Under the aegis of roots health & Sports
welfare association

22nd Jan. - 24th Jan. 2018



Certification of Participation / Merit



Awarded to Judoka Garima Tokas Representing BGN

Age Group Above 17 years Girls Category +63 kg Position First

We expect him/her to endeavor for further progress in future.

Om Dutt Sharma
(Technical Chairman)

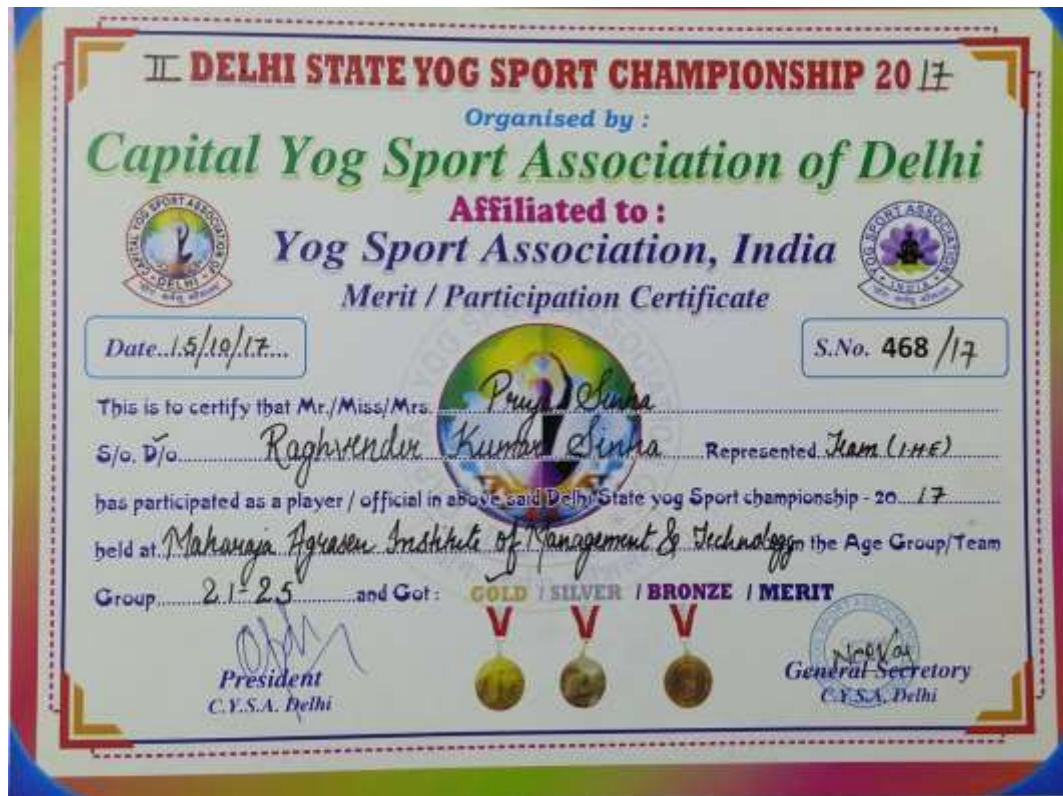
Vikas Gupta
(Tournamet Director)

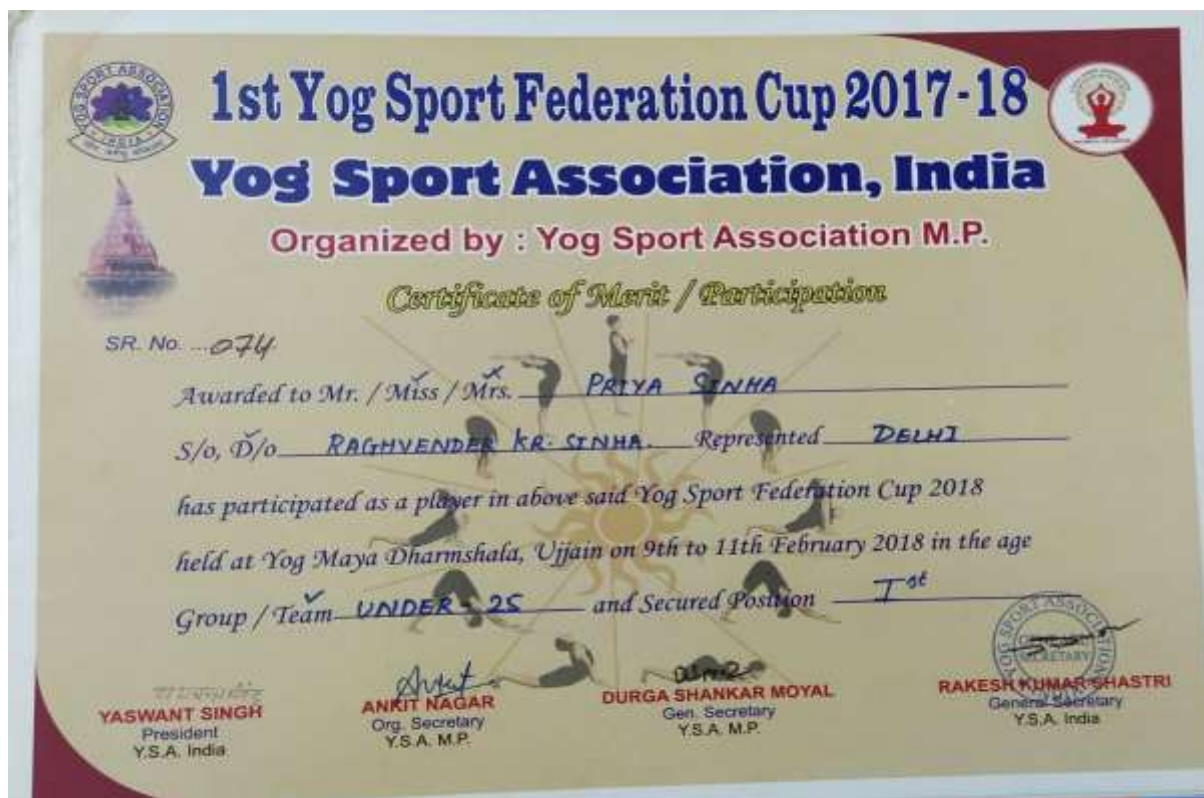
Shubham Gaur
(Org. Secretary)

Vikrant Kodan
(President)



Awards/medals in sports/cultural activities in 2017-18







भारतीय जूडो महासंघ JUDO FEDERATION OF INDIA

Affiliated To: INDIAN OLYMPIC ASSOCIATION, JUDO UNION OF ASIA,
COMMONWEALTH JUDO ASSOCIATION & INTERNATIONAL JUDO FEDERATION
264, FIRST FLOOR, HARI NAGAR, ASHRAM, NEW DELHI-110014
Tel.: +91-11-7827412316 E-mail: jfiindia@gmail.com

Partap Singh Bajwa
Member of Parliament (Rajya Sabha)
President

Man Mohan Jaiswal
General Secretary

B. Kailasam Yadav
Treasurer

March 5, 2020

JFI/Cert./2020/079

TO WHOM SO EVER IT MAY CONCERN

As per records available with JFI, this is certify that **MS. GARIMA TOKAS** whose date of birth is 28/10/1997 (Twenty eight October Nineteen Ninety seven), D/O Shri. Joginder; has participated from Delhi state and got **7th place** in below 70kg.Weight Category of the "**Senior National Judo Championships-2017-18**" held from 10th to 12th March 2018 at Jammu, Jammu & Kashmir.

For Judo Federation of India,

(Man Mohan Jaiswal)
General Secretary



दिल्ली विश्वविद्यालय University of Delhi खेल परिषद् Sports Council

क्र.संख्या S. No. 2017-18/.....2844

अन्तर महाविद्यालय प्रतियोगिता प्रमाण-पत्र Certificate of Inter College Competition

प्रमाणित किया जाता है कि श्री/सुश्री गरिमा टोकस
पिता का नाम जोगिंदर टोकस माता का नाम सविता टोकस
महाविद्यालय/संस्थान/विभाग इंस्टीट्यूट ऑफ होम इकनॉमिक्स ने दिल्ली विश्वविद्यालय
द्वारा आयोजित अन्तर-महाविद्यालय (प्रतिस्पर्धा/खेल) जूडो (पुरुष/महिला) (समूह/व्यक्तिगत)
प्रतियोगिता वर्ष 2017-18 में प्रथम स्थान प्राप्त किया।
समय/दूरी/ऊँचाई/वजन वर्ग कि.ग्रा से कम
Certified that Mr./Ms. Garima Tokas
Father's Name Joginder Tokas Mother's Name Savita Tokas
College/Institute/Deptt. Institute of Home Economics has secured First position in the
Inter-College (Game/Sport) Judo (Men/Women) (Individual/Team) Competition held
during the year 2017-18
Time/Distance/Height/Weight Category Below 70 Kg

Director, Physical Education

क्र.संख्या S. No. 2017-18/2513



दिल्ली विश्वविद्यालय

University of Delhi

खेल परिषद्

Sports Council

अन्तर महाविद्यालय प्रतियोगिता प्रमाण-पत्र

Certificate of Inter College Competition

प्रमाणित किया जाता है कि श्री/सुश्री अंजलि गौर

पिता का नाम नरेंद्र गौर माता का नाम कुंती गौर

महाविद्यालय/संस्थान/विभाग इंस्टीट्यूट ऑफ होम इकनॉमिक्स ने दिल्ली विश्वविद्यालय

द्वारा आयोजित अंतर-महाविद्यालय (गतिविधि/खेल) ताइक्वाडो (पुरुष/महिला) (समूह/व्यक्तिगत)

प्रतियोगिता वर्ष २०१७-१८ में दूसरा स्थान प्राप्त किया।

समय/दूरी/ऊँचाई/वजन वर्ग ६७ कि.ग्रा से कम

Certified that Mr./Ms. Anjali Gaur

Father's Name Narendra Gaur Mother's Name Kunti Gaur

College/Institute/Deptt. Institute of Home Economics has secured Second position in the

Inter-College (Game/Sport) Taekwondo (Men/Women) (Individual/Team) Competition held

during the year 2017-18

Time/Distance/Height/Weight Category Under 67 Kg.


 Director, Physical Education

Senior National Kurash Championship 2017-18

(Men & Women)

Organised by : Haryana Kurash Association

Under the auspices of

Kurash Association of India

Affiliated to :

Kurash Confederation of Asia &
International Kurash Association




Certificate Of Merit

Awarded to Mr./Ms. Garima Tokas State Delhi

participated in - 53 kg. Category Men / Women has secured 1st place in the

Senior National Kurash Championship held from 14th to 16th June, 2017 at Indian Modern Sr. Sec. School,
Gohana Road By-Pass, Sonipat, Haryana


JAGDISH TYTLER
 President
 Kurash Association of India


RAVI KAPOOR
 General Secretary
 Kurash Association of India


DILAWAR SINGH
 President
 Haryana Kurash Association


SOMBIR
 General Secretary
 Haryana Kurash Association

Junior and Cadet National Kurash Championship 2017-18 (Boys & Girls)

Organised by : Kurash Association of Gujarat



Under the auspices of
Kurash Association of India

Affiliated to :
Kurash Confederation of Asia &
International Kurash Association



Certificate Of Merit

Awarded to Mr./Ms. Gaxima State Delhi
participated in 70 kg. Category Boys/Girls in Cadet/Junior Category has secured 1st place in the
Junior & Cadet National Kurash Championship held from 28th to 30th October, 2017 at Sheth C. N. Vidhyalay,
Aambavadi, Ahmedabad, Gujarat.


JAGDISH TYTLER
President
Kurash Association of India


AKHTARJAMA ANSARI
President
Kurash Association of Gujarat


RAVI KAPOOR
General Secretary
Kurash Association of India


MAHEBUBBHAI TALAT
Organizing Secretary, General Secretary
Kurash Association of Gujarat





Awards/medals in sports/cultural activities in 2016-17





दिल्ली विश्वविद्यालय University of Delhi खेल परिषद् Sports Council

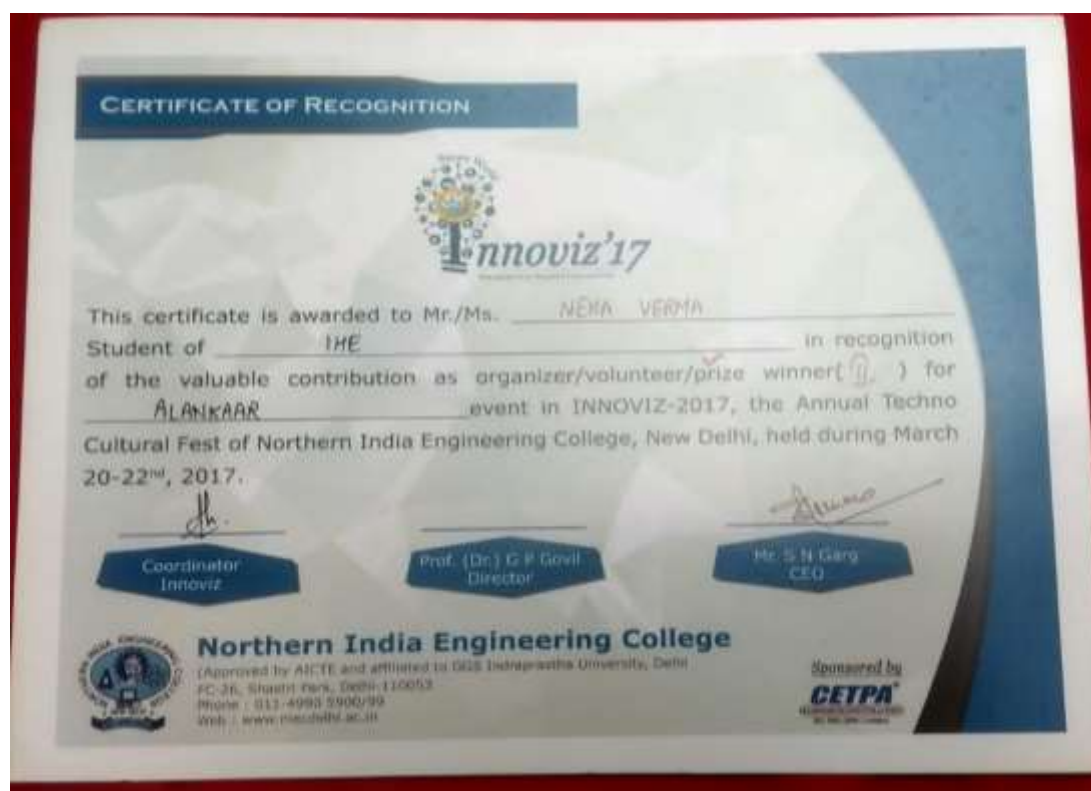
2016-17/क.संख्या S. No. 1915

अन्तर महाविद्यालय प्रतियोगिता प्रमाण-पत्र Certificate of Inter College Competition

प्रमाणित किया जाता है कि श्री/सुश्री अंजलि गौर
 पिता का नाम नरेन्द्र गौर माता का नाम कुंती गौर
 महाविद्यालय/संस्थान/विभाग इंस्टिट्यूट ऑफ होम इकोनॉमिक्स ने दिल्ली विश्वविद्यालय
 द्वारा आयोजित अन्तर-महाविद्यालय (गतिविधि/खेल) टायक्वोंडो (पुरुष/महिला) (समूह/व्यक्तिगत)
 प्रतियोगिता वर्ष २०१६-१७ में पहला स्थान प्राप्त किया।
 समय/दूरी/ऊँचाई/वजन वर्ग ६७ किग्रा. से कम
 Certified that Mr./Ms. Anjali Gaur
 Father's Name Narendra Gaur Mother's Name Kunti Gaur
 College/Institute/Deptt. Institute of Home Economics has secured First position in the
 Inter-College (Game/Sport) Taekwondo (Men/Women) (Individual/Team) Competition held
 during the year 2016-17
 Time/Distance/Height/Weight Category Under 67 Kg.

Director, Physical Education







Jyoti J. Kumar
INSTITUTE OF HOME ECONOMICS
UNIVERSITY
OF DELHI