

# **INSTITUTE OF HOME ECONOMICS**

**(UNIVERSITY OF DELHI)**



**Supporting Documents for Criterion 7.1.11**

**Celebration of National and International  
Commemorative Days, Events and Festivals**



**INSTITUTE OF HOME ECONOMICS**  
(University of Delhi)  
**इंस्टिट्यूट ऑफ होम इकोनॉमिक्स**  
(दिल्ली विश्वविद्यालय)



**NAAC GRADE 'A' ACCREDITED**

Ref. No. ....

**Supporting Documents for Criterion 7.1.11**

**Celebration of National and International Commemorative Days, Events and Festivals**

Key Indicator	Details of Proof Attached	Page No
7.1.11	Representative Pictures of Events	3-26
7.1.11	Celebration of National and International Events and Festivals (2016-2021)	27-35



*Prata J. Kumar*

**Representative Pictures of Celebration of Commemorative Days and Events  
(2016-21)**



**Yoga Day 2016**





## Anti Tobacco Day 2016



**India Gate Rally 2016**

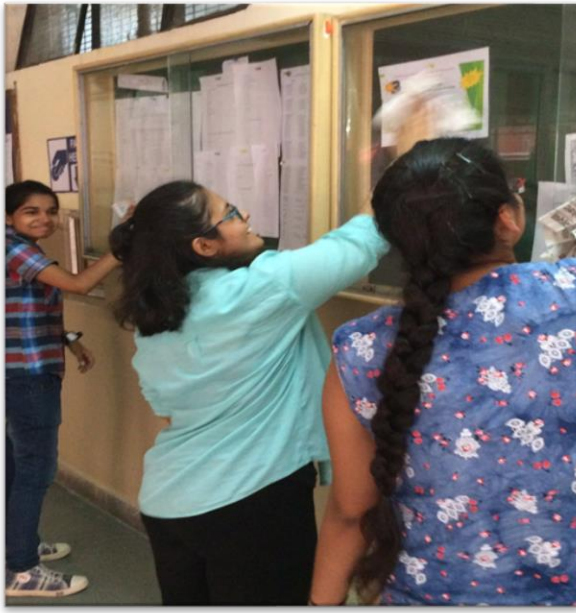


**Cleanliness Drive Hauz Khas Metro Station Swachhta Pakhwara 2016**





*Swachhta Pakhwara 2016*



**College Cleanliness Drive *Swachhta Pakhwara***



**Cleanliness in Hauz Khas, *Swachhta Pakhwara* 2017**





**Slogan writing Competition on Independence Day 2017**

 **INSTITUTE OF HOME ECONOMICS**  
University of Delhi

On the occasion of 70th Independence day The Literary and Debating society of IHE is organising a

**DEBATE COMPETITION**

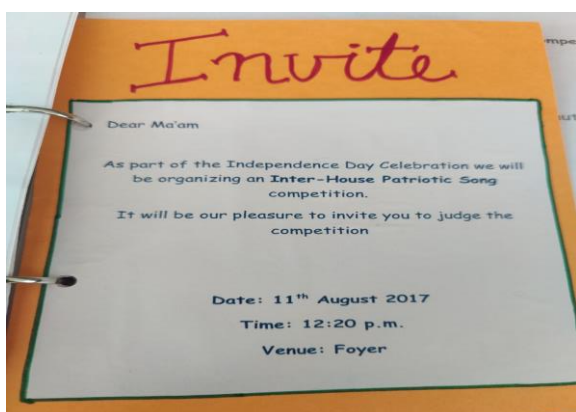
on

**Is religion important as a marker of my identity?**  
**क्या धर्म मेरी पहचान के चिन्ह के रूप में महत्वपूर्ण हैं ?**

Date: 10th August 2017  
Venue: Conference Room ( Room 1003)  
Time: 10 am

Register (preferably in teams) through Whatsapp by 12 noon, 8th August with:  
Aakriti Joshi: 9711197426  
Himanshi Garg: 8745899364

**Debate competition on Independence Day 2017**





### **Patriotic Song Competition on Independence Day 2017**



### **Independence Day 2018**



### **Yoga Day 2019**



**Constitution Day 2019**



**Independence Day 2019**



INSTITUTE OF HOME  
ECONOMICS  
UNIVERSITY OF DELHI  
CELEBRATES 75 YEARS OF  
INDEPENDENCE



'AZADI KA AMRIT  
MAHOTSAV'





EVENT: RASHTRAGAAN




<https://drive.google.com/drive/folders/12mfsjzVF2ca8pWI>  
GLUGIeI4CA-e8JH-1



Slogan Writting Competition, 2020

**Enactus IHE**  
*Invites you for a webinar on*  
**WORLD CANCER DAY**  
 In collaboration with IQAC, IHE  
**"Life 2.0 Rewired with Distinct Voices"**



*with*  
**SHRENIK SHAH**

<b>DATE:-</b>	February 04, 2021
<b>TIME:-</b>	11:00 am
<b>PLATFORM:-</b>	Google meet

**QUIZ**


**Perks--**

1. Certificates to all the participants
2. World's first Biography 'SHAHENSHAH' of vocal cord survivor stage IV. to the quiz winner.


**CONTACT DETAILS-**

Aditi Singh (President) : +91 9811156642  
 Mansi Tyagi (Vice President) : +91 8447827692  
 Prachi Jain (Executive) : +91 9811873716

### Quiz on World Cancer Day, 2020




NATIONAL SERVICE SCHEME  
OF  
INSTITUTE OF HOME ECONOMICS




**FEEL  
THE  
CURVES  
BUT  
DON'T  
HUG  
THEM**

**#drivesafely**


**A Webinar on Road Safety**

**With**  **ASI Manoj  
Kumar  
(Traffic Rules  
Trainer &  
Motivator)**

**6 February, 2021 • 11 am**



Dr. Pratima Singh  
Program Officer



Kritika Bhardwaj  
NSS President

### Webinar on Road Safety, 2021




**INSTITUTE OF HOME ECONOMICS**  
 STUDENTS OF  
 DEPARTMENT OF HUMAN DEVELOPMENT AND CHILDHOOD STUDIES  
 In Collaboration With a Vocational Training Center  
**DIYA FOUNDATION**  
 Invites you all to be a part of  
**Autism**  
**AWARENESS DAY**  
**OUR MISSION**  
**IS TO SUPPORT THE FAMILIES**  
**& FRIENDS**  
**HELP**  
 Us to raise awareness  
**3rd APRIL**  
 TIMING: 11:00-12:30 PM  
 CONNECT WITH US ON  
 @Google Meet  
<https://meet.google.com/txn-sjcx-czp>  
 Join us for sensitisation activities, interactive sessions with trainees, educators and much more !!  
 Made with PosterMyWall.com

World Autism Day


**INSTITUTE OF HOME ECONOMICS**  
 University of Delhi  
**Environment and Community Outreach Committee**  
 in collaboration with Internal Quality Assurance Cell (IQAC), IHE  
**Celebrating**  
**International Mother Earth Day -2021**  
**Webinar on**  
**Theme- Restore our Earth**  
**Keynote Speakers**

 <b>Dr. YOGESH A. MURKUTE</b> HYDROGEOLOGIST PG DEPARTMENT OF GEOLOGY RTM NAGPUR UNIVERSITY (CONFERRED WITH SHIKSHA RATTAN PURASKAR-2011) <b>Topic: Ancient and Traditional water            management systems in India</b> <b>@ 12:00 PM-1:00 PM</b>	 <b>Dr Ram Boojh</b> CEO MOBIUS FOUNDATION EX/HEAD UNESCO SOUTH ASIA OFFICE, NEW DELHI (ENVIRONMENT AND SUSTAINABILITY PROFESSIONAL) <b>Topic: Protecting the Planet</b> <b>@ 11:00 AM-12:00 PM</b>
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**JOIN US ON APRIL 22ND, 11:00AM-1:00 PM**  
**Link to Join : [meet.google.com/dza-nyrn-sfj](https://meet.google.com/dza-nyrn-sfj)**  
 E-Certificates will be provided to all the participant's  
**Patron**  
**Prof. Geeta Trilok Kumar**  
 Director, Institute of Home Economics  
**Organising Committee**  
 Dr. Pratima Singh, Convenor  
 Dr. Rachna Kapila, Co-Convenor  
 Dr. Charu Gupta  
 Dr. Manjula Suri  
 Dr. Sunayana  
 Dr. Pragya Singh  
 Ms. Kavita Sagar  
 Dr. Shantani Mandal  
 Ms. Shobha Mandal  
 Dr. Vidhu Yadav  
 Dr. Sneha Abhishek

International Mother Earth Day,2021



**Institute of Home Economics**  
**University of Delhi**

**Environment and Community Outreach Committee**

On  
**World Environment Day**  
 5<sup>th</sup> June, 2021  
*Invites Students for*

**Poster Making Competition**

**Slogan Writing Competition**

**Theme: Ecosystem Restoration**

**Rules for the competition:**

1. Open for all undergraduates students
2. Only one entry per candidates allowed for poster making and slogan writing competition
3. Poster can be hand drawn/power point made and no plagiarized
4. Slogan should be original and hand written, not exceeding 20 words
5. Name, Course and College Name should be clearly mentioned on the right hand bottom of the sheet
6. Entries should be emailed to [committee553@gmail.com](mailto:committee553@gmail.com) up to 10am of 4<sup>th</sup> June 2021
7. Participation certificate and result will be send to all the participants via email

**Registration Link:** <https://forms.gle/gVXW51rwLDk03fw3U8>



**INSTITUTE OF HOME ECONOMICS**  
**University of Delhi**

**Environment and Community Outreach Committee**

In Collaboration With  
**National Service Scheme**

*Cordially invites you to celebrate*

**World Environment Day**  
**'Ecosystem Restoration'**  
 5<sup>th</sup> June 2021  
 Join Us at 10.45 AM

**Google Meet Link:** <https://meet.google.com/fco-xira-vme>

**List of Activities**

- ✓ Invited Talks by Eminent Speakers-  
 Dr. KS. Jayachandran & Dr. V. Katiyar
- ✓ Workshop on- Application of an antimicrobial finish using Neem, Clove and Tulsi on a mask
- ✓ Result declaration of Poster Making & Slogan Writing Competition
- ✓ Mass Pledge campaign by IHEians to 'Protect My Environment'

**E-certificate will be provided to all participants**

**Patron**  
**Prof. Geeta Trilok-Kumar**  
 Director, Institute of Home Economics

**Organizing Committee**

**Dr. Rachna Kapila**  
 Coordinator & Teacher in charge

**Dr. Pratima Singh**  
 Convener

**World Environment Day, 2021**





# NSS IHE in collaboration with NSS NSUT

Presents

## WORKSHOP

on the occasion of

## INTERNATIONAL DAY OF YOGA

Promoting Common Yoga Protocol

**Dr Praveen Saroha**  
(Programme coordinator ,NSUT)

**Dr. Pratima Singh**  
(Program Officer, IHE)

**Anuj**  
(NSS NSUT , President)

**Kritika Bhardwaj**  
(NSS IHE, President)



**Acharyaa Swati Jha**

**14 - 19 June**  
(1 hr each)

**21 June**  
(2 hr session)

**Timings**  
(9 am onwards)

**E-certificate will be provided. (Those who attend the workshop daily)**

**Yoga Camp, 2021**



## Fit India Movement



Community Outreach for Fit India, 2021







**INSTITUTE OF HOME  
ECONOMICS**  
celebrates  
***AZADI KA AMRUT  
MAHOTSAV***  
and invites entries for

**PATRIOTIC SONGS IN  
INDIAN LANGUAGES**

Interested students can send a recorded  
audio of 30 seconds to Ms. Tanu by 30th  
June, 2020.  
Participation from faculty is appreciated.

CONTACT: TANU (7042239166)  
PRESIDENT, TARKAAS- MUSIC SOCIETY OF  
IHE





**Flag Hoisting**



**Kite Flying**



## Inter-college Essay Competition



Institute of Home Economics  
(University of Delhi)

*Celebrating Amrut Mahotsav*

### Essay topics:

Digital India- A New India

डिजिटल भारत - एक नया  
भारत

Changing role of women in  
contemporary India

समकालीन भारत में महिलाओं  
की बदलती भागीदारी

### Rules:

- Write-up should be relevant to the above topics.
- One topic and one language either English or hindi should be chosen by the participant.
- Only one entry per participant will be accepted.
- Maximum word limit is 500 words.
- Essay should be typed or handwritten and should be sent as PDF attachment with email.
- Clear scanned copy should be attached in case of handwritten essay.
- Name of the participant, course, college and university should be clearly mentioned on the top of the essay along with the chosen topic.



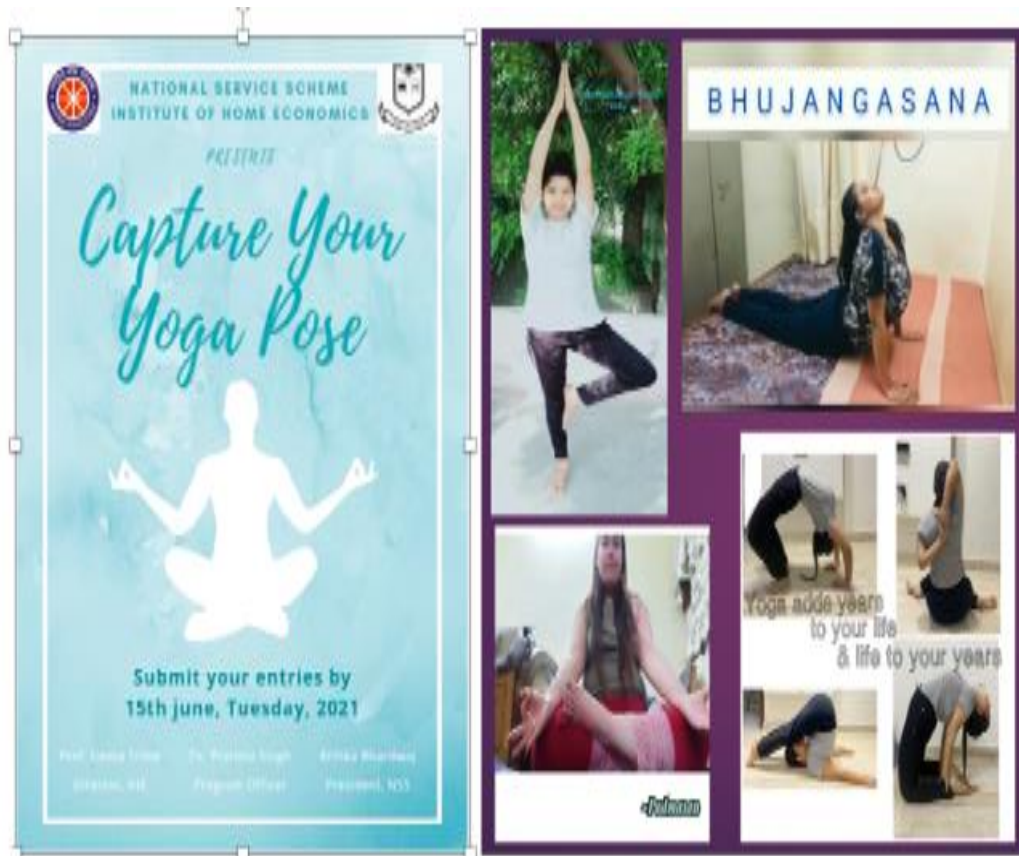
*Come join us in the great patriotic event*

Send entries to

[magazine@ihe.du.ac.in](mailto:magazine@ihe.du.ac.in)

latest by 5 PM, 16<sup>th</sup> August 2021





## International Yoga Day 2021



## Boot Camp International Yoga Day 2021



**Blood Donation Camp 2021**





**Webinar on Road Safety**



**Swachhta Pledge**



**Movie screening on *Swachh Jeevan Swasth Jeevan***



**Cleanliness Drive in College Premises**



***Poshan Vaatika Creation***





**INSTITUTE OF HOME ECONOMICS**  
**IRIDESCENCE -The Fine Arts and Photography Society**  
under the aegis of  
**CULTURAL COMMITTEE**  
organises



# My Language, My Pride

**An Online Inter- College Poster Making  
Competition**

On the occasion of  
International Mother Language Day 2021

**THEME : LANGUAGE & DIVERSITY**

**12th - 19th February, 2021**

For Registration, Rules and Submissions  
of entries, kindly check college website

For Queries Contact ;  
9654998243 (Jessica)

**International Mother Language Day**



INSTITUTE OF HOME ECONOMICS  
UNIVERSITY OF DELHI

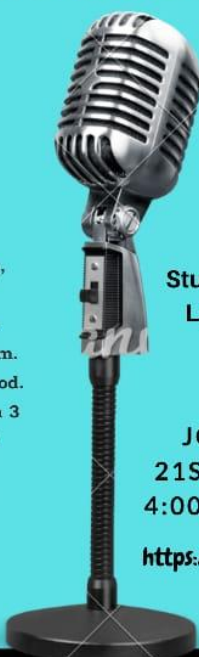


# OPEN MIC EVENT

To celebrate the  
**INTERNATIONAL MOTHER LANGUAGE DAY**

## Instructions for participation

- No entry fee/no entry form
- One person can submit one Entry
- The entry can be in form of music, song, poetry, story-telling shayari
- The entry should be in mother language
- The entry should be in pre-recorded form. The sound and visual quality should be good.
- The time limit for the entry is maximum 3 minutes with details of the performance at the beginning
- Video should be in a Landscape mode



Mail your entries at:  
**Studentunionihe@gmail.com**  
Last day to submit entry is  
**16th February 2021**

**JOIN THE EVENT ON  
21ST FEBRUARY 2021 AT  
4:00PM ON GOOGLE MEET**

**<https://meet.google.com/ohb-qwrc-ybz>**

ORGANIZED BY  
STUDENT'S UNION × TARKAAS,  
THE MUSIC SOCIETY  
UNDER THE AEGIS OF CULTURAL  
COMMITTEE

Let's make this Mother Language day a  
memorable one.

For further queries contact :  
Tanu Yashaswi  
7042239166 8586022382

**Open Mic Event to celebrate International Mother Language Day, 2021**





INSTITUTE OF HOME ECONOMICS  
STUDENT UNION  
and  
MUZAHIRA  
THE LITERARY AND DEBATING SOCIETY

presents

INTER COLLEGE  
DEBATE COMPETITION



*This house believes free  
press safeguards democracy*

Date :25-01-2021

Day: Monday

Venue: Google meet  
("The link of meet will be shared on  
WhatsApp grp on the same day")

Time : 4:00 pm -7:30 pm

MRINALINI - 6397220410

YASHASWI - 85860 22382



**Intercollege Debate Competition to celebrate Republic Day 2021**

**7.1.11 - Institution celebrates / organizes national and international commemorative days, events and festivals (2016-21)**

S.No.	Name of the Event	Activities	Date	No of Participants
2016-17	International Yoga Day (21st June)	Yoga sessions were conducted for students and staff.	20-21 June	22
	<i>Swachhta Pakhwara</i>	Cleanliness drive was conducted on keeping ourself physically and mentally clean. A talk on "Importance of Cleanliness" and "Various rules to Cleanliness" were showcased.  College cleanliness  Cleanliness drive in the adopted area, Hauz khas Village  Cleanliness drive in a welfare agency, <i>Prerna</i>	16 Aug-1 Sept.	43
	No Tobacco Campaign	Observed throughout the year. Anti -tobacco committee' was constituted, by NSS unit, for ensuring the compliances and to make our college tobacco free zone. To spread awareness, slogan writing and poster making competition was also held. Handout, posters and lectures were given by citing some real-life examples for stimulating students' participation.	1st Aug 2016	22



2017-18	International Yoga Day	All volunteers performed yoga under the guidance of yoga trainer Mr. Rajiv Shukla	21st June 2017	40
	<i>Swachhta Pakhwara</i> -Cleanliness Campaign ( <i>Sankalp se siddhi</i> )	Essay-writing and film-making competitions were organised by NSS for awareness towards cleanliness, apart from taking up the cleanliness drive within and around the campus	5th Sep 2017	40
	National Youth Day	Celebration of Swami Vivekananda Birthday	12th Jan 2018	59
	<i>Matdata Mahotsav</i>	Activities were organised by NSS for Electoral awareness of young voters	1st-15th Oct 2017	10
2018-19	International Yoga Day	A session was organised in which the Yoga trainer Ms Anita Raj led the yoga exercises, followed by student volunteers and non-teaching staff	21st June 2018	20+5 non-teaching staff
	<i>Swachhta Pakhwara</i>	Various activities were organised by NSS between 1st-15th Aug including Poster-making Campus-cleaning Cleaning of a historical place nearby Slogan-writing	1st-15th Aug 2018	48

	<i>Swachhta Pakhwada</i> (focus on Campus cleanliness)	In keeping with the larger objective of cleanliness awareness, this campaign was taken up by NSS unit especially to clean the college premises, reducing the use of plastic	1st - 15th Sep 2018  (report and pics mailed on 17th Sep 2018)	51
	NSS day	A rally was taken out in the college premises to mark the NSS day and raise awareness for the goals of the same	24th Sep 2018	33
	Electoral Awareness	NSS Volunteers took up several activities including awareness Rally, setting up an awareness desk, survey and poster-making	27th-28th Sep 2018	95
	Self-Defence Workshop	NSS volunteers attended a demonstration of self-defence techniques via Mission Sahasi	2nd Nov 2018	9
	Road-Safety Program	NSS volunteers attended a road-safety program in Maitreyi college	17th-18th Jan 2019	32
	Anti-tobacco day	NSS volunteers celebrated anti-tobacco day (first day of every month)	1st Jan and 1st Feb 2019	60
	Walkathon	For health awareness, a walkathon was organised by NSS unit	4th Feb 2019	56



	Blood donation camp	Camp organised by NSS unit for blood donation by students and staff of the college	7th Feb 2019	45
	Anti-tobacco rally	Organised as part of NSS anti-tobacco campaign throughout the year	1st March 2019	17
	Campus cleaning	Cleaning of the different parts of campus including labs and canteen etc was organised by NSS	8th March 2019	56
	Reduce Plastic waste campaign	Organised by NSS as part of their ongoing extended cleanliness drive through various activities like poster-making and rally	11th April 2019	37
2019-20	International Yoga day	A splendid celebration was organised by Delhi University in which the NSS volunteers participated at North Campus	20th-21st June 2019	65
	Fit India movement	NSS organised the screening of 'Fit India movement' launched by PM Narendra Modi, followed by Yoga session, walk and a race	29th Aug 2019	42
	Constitution day celebration	A pledge of the Preamble was taken by volunteers and Mr Ritesh Kumar, History faculty, delivered a lecture on 'Constitution as a living document' as	27th Nov 2019	43

		part of NSS celebration of Constitution day		
2020-21	<i>Poshan Mah</i>	Webinar on Nutrition during first thousand days	24 Sept..2020	180
		Webinar on management of severe acute malnutrition	24 Sept. 2020	180
		Webinar on Kitchen gardening	25 Sept. 2020	210
		Webinar on Investments to reduce child stunting or wasting : What should policy makers decide	28Sept. 2020	100
		Slogan writing competition on SAM and first thousand days of life	28Sept. 2020	90
		Quiz competition: Nutri-Quotient	24 Sept.2020	644
		Photographic Competition: Show what you grow	Month of Sept 2020	30



		Online Community outreach session on reading food labels simplified	26 Sept. 2020	40
		Online community outreach session on Menstrual Hygiene	26 Sept. 2020	50
		Community outreach session on anemia	26 Sept. 2020	50
	World Food Day	Online quiz competition	22 Oct. 2020	88
	<i>Poshan Pakhwada</i>	Community outreach session for ICDS beneficiaries at NebSarai on “ Menstrual Hygiene” (online)	19 March 2021	40
	World Health Day	Webinar on Dietary management and reversal of diabetes  Expert session on discover life with microbes in your food	8 April 2021	100  70

	World Story Telling Day	Story telling competition	20 March 2021	15
	World Social Justice Day	Reaching the unreached persons during covid 19 times: Experiences from the community	20 Feb.2021	100
	World Happiness Day	Webinar on dogs bring joy to our world	20 March 2021	50
	World Autism Day	Activities like orientation, feedback from community and quiz were organized in collaboration with a community-based organization	2 April 2021	90
	World Tuberculosis Day	Expert talk on newer approaches in tuberculosis diagnosis	24 March 2021	60



*Arata J. Kumar*

