

**INSTITUTE OF HOME ECONOMICS**

**(UNIVERSITY OF DELHI)**



**Supporting Documents for Criterion 7.2**

**Best Practices**



**INSTITUTE OF HOME ECONOMICS**  
(University of Delhi)  
इंस्टिट्यूट ऑफ होम इकोनॉमिक्स  
(दिल्ली विश्वविद्यालय)



**NAAC GRADE 'A' ACCREDITED**

Ref. No. ....

**Supporting Documents for Criterion 7.2**

**Best Practices**

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*Arata J. Kumar*

## Best Practice 1

### Environmental Consciousness and Sustainability

S.No.	Description	Link
1	<b>Environment and Community Extension Outreach Reports</b> <ul style="list-style-type: none"><li>• 2016-17</li><li>• 2017-18</li><li>• 2018-19</li><li>• 2019-20</li><li>• 2020-21</li></ul>	<a href="#">View Document</a>
2	<b>Eco -club reports</b> <ul style="list-style-type: none"><li>• 2016-17</li><li>• 2017-18</li><li>• 2018-19</li><li>• 2019-20</li><li>• 2020-21</li></ul>	<a href="#">View Document</a>



*Geeta J. Kumar*

## Certificates and Awards on Environment

### Project SORT certificate



## Swachhta Saarthi Fellowship



First Floor, Vigyan Bhawan Annexe,  
Maulana Azad Road,  
New Delhi – 110 011, India  
011-23048820  
sub@investindia.org.in  
www.psa.gov.in

### Fellowship Award Letter

Ref. No. II/W2W/SSF 21-B/175

June 30<sup>th</sup>, 2021

Dear Palak Nagpal,

### Sub.: Award of "Swachhta Saarthi Fellowship (SSF) 2021"

This is with reference to your application submitted under "Swachhta Saarthi Fellowship (SSF) 2021" of the Waste to Wealth Mission, spearheaded by The Office of the Principal Scientific Adviser to the Government of India, housed at Invest India.

We are pleased to inform you that your application has been selected by our expert committee for award of the SSF 2021 for a period of one-year w.e.f. 1<sup>st</sup> of July 2021. You are requested to start your activities as proposed by you in the application.

Fellowship amount disbursement will be made on monthly basis to you at the rate of Rs. 1000/- per month (in Words: Rupees One Thousand Only), basis the submission of your monthly activities/ reports online along with the relevant pictures/ videos etc. (as per Annexure-I). The detailed terms and conditions of the SSF 2021 are attached as Annexure-II.

We now request you to commence the activities that you proposed in your application. We wish you all the best for your participation in this endeavor.

With best regards,

Your sincerely,

*Malyaj Varmani*  
Malyaj Varmani (Jul 1, 2021 11:38 GMT+5.5)

(Malyaj Varmani)  
Vice President  
Invest India

To,  
Palak Nagpal  
#167 , Nagpal'S  
C Block ,,  
Sirsa 125055  
Haryana  
Email: Palaknagpal23@gmail.com  
Encl.: a/a



Office of the Principal Scientific Adviser  
to the Government of India



INVEST INDIA.GOV.IN

## Swachhta Action Plan Implementation Certificate



## Tide Turner Plastic Challenge Certificates







The Young  
Leaders Plastic  
Challenge



## Certificate

*This is to certify that **URVASHI SINGH** has successfully  
completed the **Tide turner Plastic Challenge***

Sam Baratt  
Chief - Youth and Education Alliance.  
United Nations Environment Programme

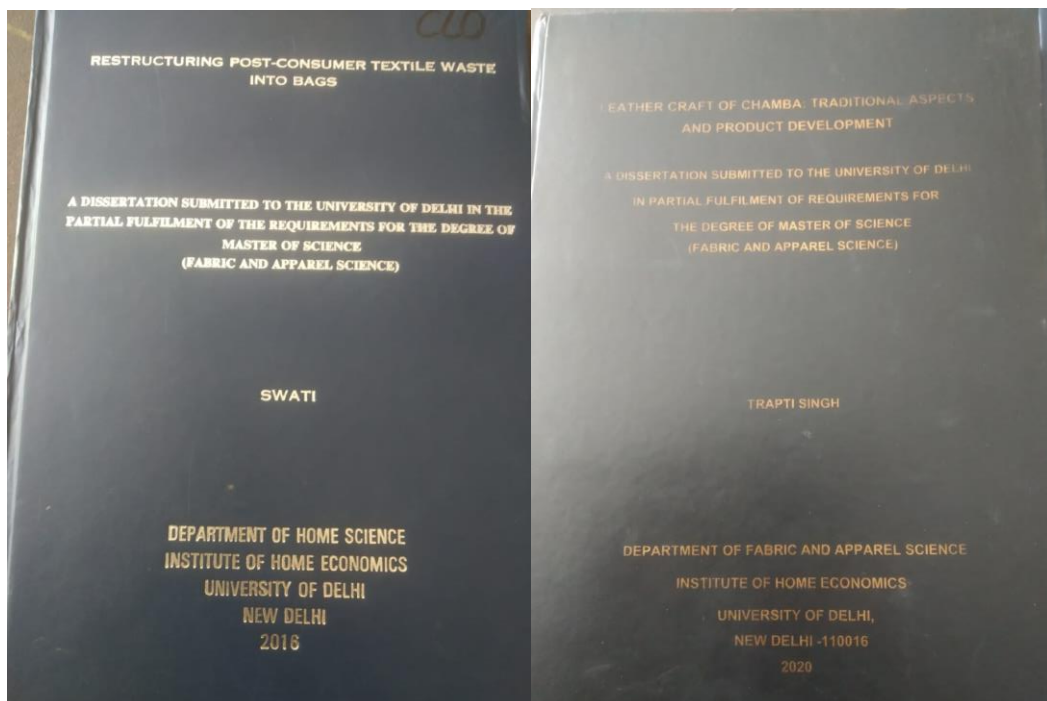
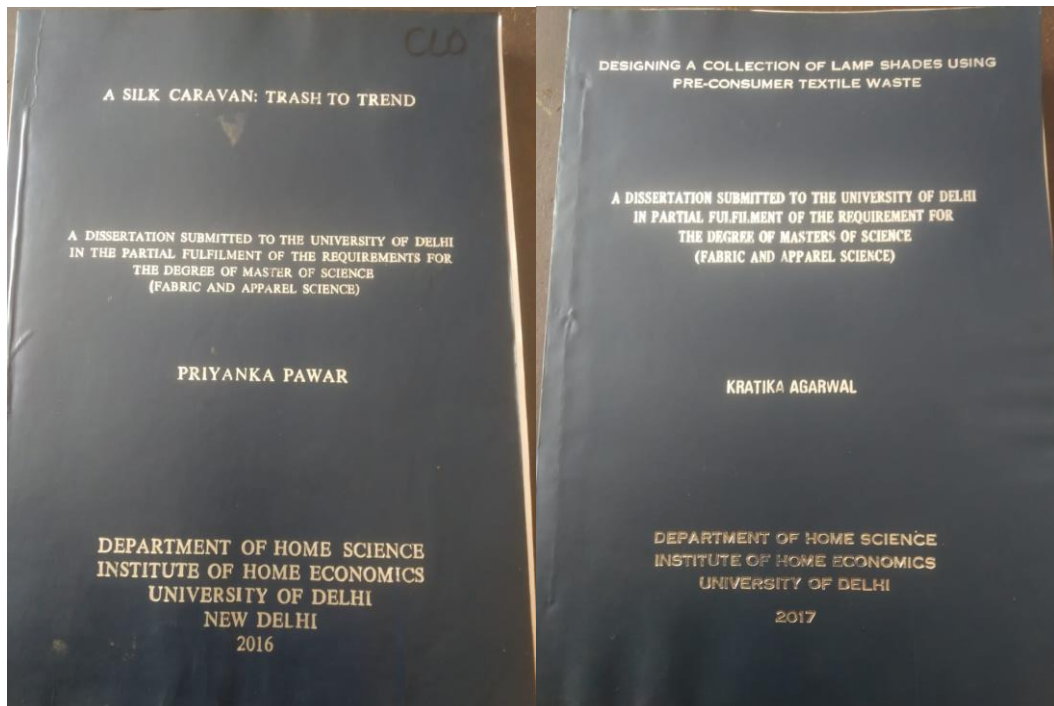
Radhika Suri  
Director - Environment Education  
WWF - India

Kartikeya V. Sarabhai  
Director  
Centre for Environment Education

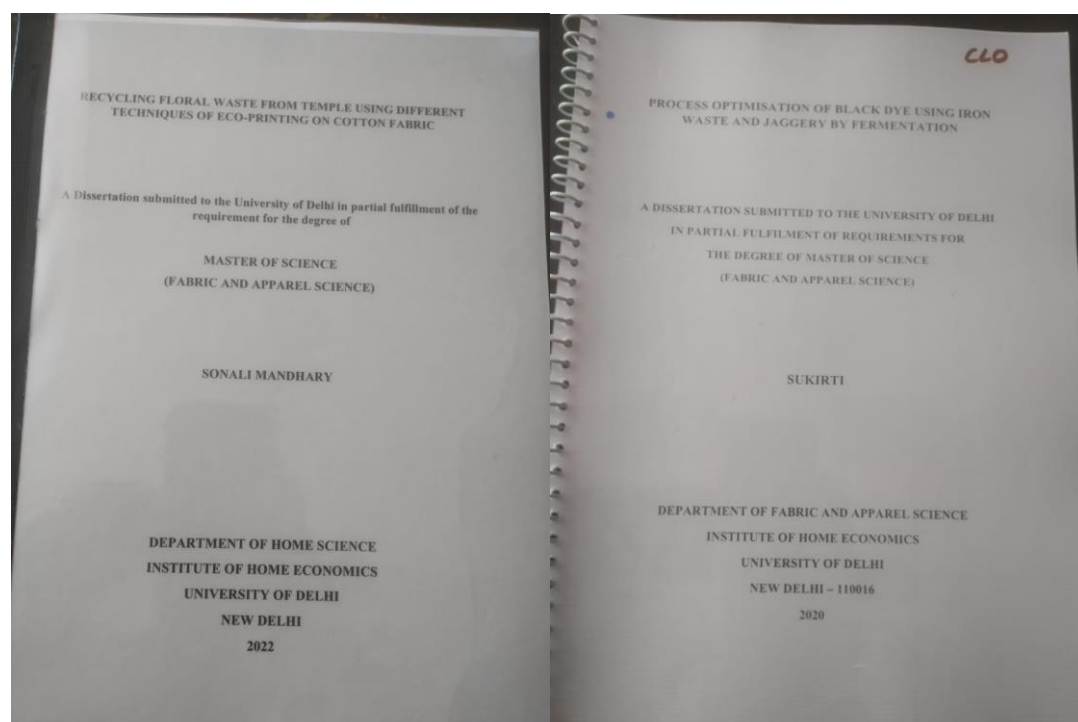
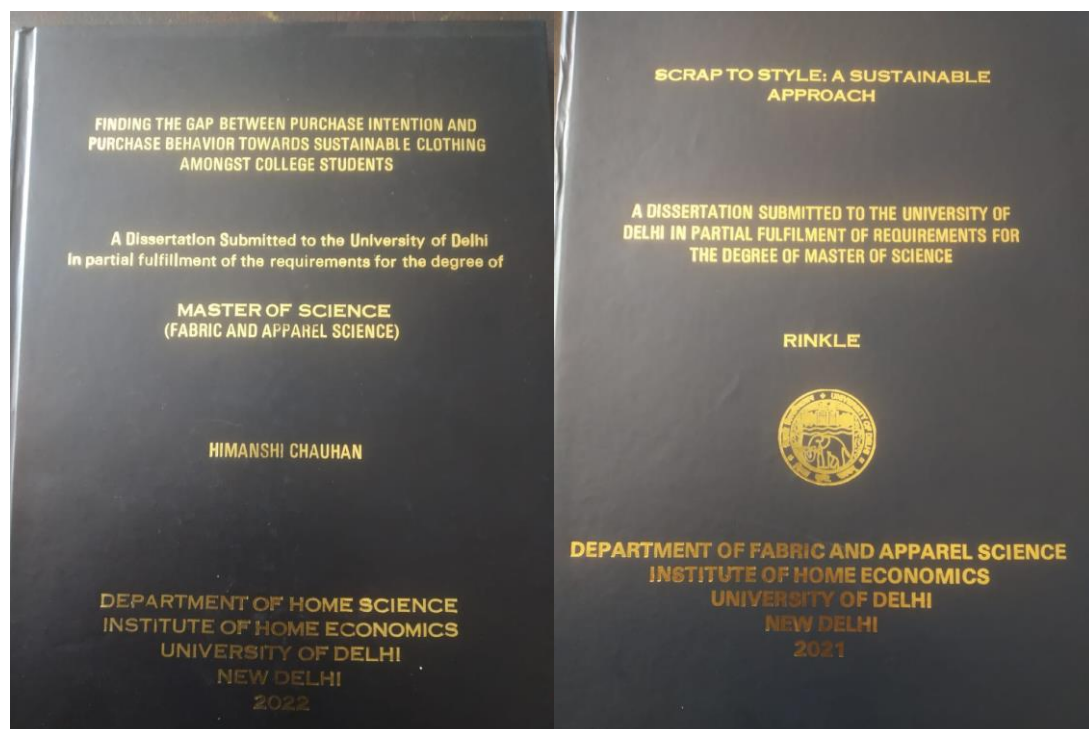


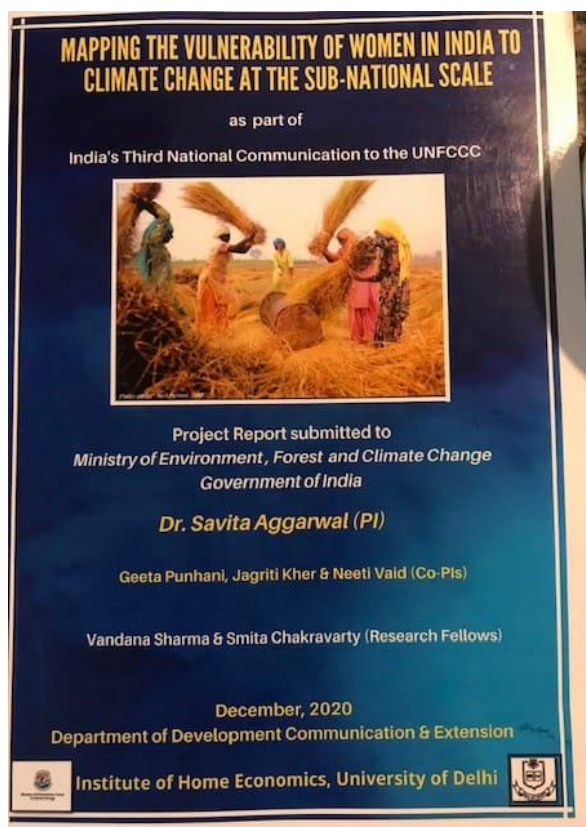
*Geeta J. Kumar*

## Research in Environment and Sustainability









*Geeta J. Kumar*

## Best Practice 2

### Community Extension and Outreach Activities (2016-2021)

S.No	Name of the activity Organising unit/ agency/ collaborating agency		Year of the activity	Number of students participated in such activities
1.	Certificate course on Child Development, Special needs and Learning for field level workers	Eklavya Foundation and Department of Elementary Education	2016-2017	60
2.	Elderly Day Celebrations	NGO- <i>Anugraha</i> and Ministry of Social Justice and Empowerment	2016-2017	50
3.	Each One Teach One Program	Department of Home Science	2016-2017	140
4.	Cleanliness Drive	Department of Home Science	2016-2017	50
5.	Summer Camp for children of locality	Aarambh, IHE Nursey School	2016-2017	15
6.	Yoga activities for children	Aarambh, IHE Nursery School	2016-2017	15
7.	Workshop for Parents	Aarambh, IHE Nursery School	2016-2017	20
8.	Innovative School Visit for curriculum and pedagogy to rural centres of innovation in education	Department of Elementary Education and Eklavya, M.P	2016-2017	43
9.	Resource Room Development in MCD schools and Kendriya Vidyalayas	Department of Elementary Education	2016-2017	48
10.	Plantation Drive	Department of Home Science	2016-2017	50
11.	Internship by Graduate Students of Communication	Institute of Home Economics. Breakthrough Mission <i>Vriksha Unnati Shiksha Kendra</i> , <i>Ramagya</i> Foundation SPYM	2017-2018	50

12.	Cleanliness Drive, Plantation Drive and Safe Holi Campaign Conducted by Resource Management Students	Eco-Club (Sanctioned by Department of Environment, Government of Delhi)	2017-2018	35
13.	Participation by Students pursuing Postgraduate Diploma in Health and Social Gerontology in Elderly Day Celebrations	NGO- <i>Anugraha</i>	2017-2018	9
14.	Visit By Gerontology Students to Understand the Setup of An Old Age Home and Volunteering to Work in various activities and Programs organised for elders	Helpage India	2017-2018	9
15.	Visits by Post Graduate Students of Gerontology and Participation in various competitions	National Institute of Social Defence, Ministry of Social Justice & Empowerment, Government of India	2017-2018	9
16.	Training on Digital Literacy for Urban Poor Women	Department of Home Science, funded by Ministry of Women and child Development, GOI, conducted in collaboration with Gender Resource Centres in Delhi	2017-2018	90
17.	Each One Skill One	Department of Home Science	2017-2018	140
18.	Certificate course on Child Development, Special needs and Learning for field level workers	Eklavya Foundation and Department of Elementary Education	2017-2018	60

19.	Celebration of international older persons day	UNIC and Anugraha	2017-2018	10
20.	<i>Swachhta Pakhwara</i>	NSS Unit	2017-2018	40
21.	Innovative School Visit for curriculum and pedagogy to rural centres of innovation in education	Department of Elementary Education and Eklavya, M.P	2017-2018	39
22.	Resource Room Development in MCD schools and Kendriya Vidyalayas	Department of Elementary Education	2017-2018	43
23.	Student's interaction and teach Government school students at Bodh Vihar	Department of Microbiology	2017-2018	90
24.	Unity Week	NSS Unit	2017-2018	40
25.	<i>Visaka</i> Campaign	NSS Unit	2017-2018	10
26.	<i>Matdatta</i> Mahotsav	NSS Unit	2017-2018	10
27.	Ecology And Environment Related Activities	NSS Unit	2017-2018	40
28.	Kerala Relief	NSS Unit	2018-2019	35
29.	Reduce Plastic Slogan Writing	NSS Unit	2018-2019	29
30.	Reduce Plastic Waste Rally	NSS Unit	2018-2019	27
31.	Reduce Plastic Waste Poster Making	NSS Unit	2018-2019	10
32.	Anti-Tobacco Rally	NSS Unit	2018-2019	17
33.	Anti-Tobacco Poster Making	NSS Unit	2018-2019	32
34.	Electoral Awareness Rally, Survey and Poster Making	NSS Unit	2018-2019	39
35.	Cleanliness Rally	NSS Unit	2018-2019	54
36.	<i>Swachhta Pakhwara</i> (Campus Cleanliness)	NSS Unit	2018-2019	54

37.	Blood Donation Camp	NSS Unit, AIIMS Delhi	2018-2019	45
38.	Certificate course on Child Development, Special needs and Learning for field level workers	Eklavya Foundation and Department of Elementary Education	2018-2019	60
39.	Nutrition and Health Education in Anganwadi for Pregnant, Lactating Women and Adolescent Girls	Department of Home Science	2018-2019	6
40.	Each One Skill One	Department of Home Science	2018-2019	140
41.	Walkathon	Ministry of Social Justice and Empowerment, NGO Anugraha and Department of Home Science	2018-2019	20
42.	Counselling services to the families of Police Personnel	Delhi Police and Department of Home Science	2018-2019	12
43.	Counselling sessions	Mental Health Society and Department of Home Science	2018-2019	53
44.	Development of Resource Rooms in MCD schools	Department of Elementary Education	2018-2019	39
45.	Innovative School Visit to rural centers of innovation in education	Department of Elementary Education and OELP, Rajasthan	2018-2019	48
46.	Street Play on “Safe and Healthy Diets” for the General Public Outside Metro Station	Department of Home Science	2018-2019	20
47.	Street Play on Waste Management	Department of Home Science in collaboration with IPCA	2018-2019	39
48.	1. Cleanliness Drive 2. Plantation Drive	Eco-Club (Sanctioned by Department of Environment, Government of	2018-2019	35



		Delhi)		
49.	Training on Digital Literacy for Urban Poor Women	Department of Home Science, funded by Ministry of Women and child Development, GOI, conducted in collaboration with Gender Resource Centres in Delhi as well as in the slum colonies in Delhi	2018-2019	150
50.	Life Is a Game Play It	<i>Sri Sathya Sai Seva Organisation</i>	2018-2019	60
51.	Nutrition Education Programme at Resident Welfare Association on “Importance of Having Breakfast For School Going Children”	Department of Home Science	2018-2019	4
52.	Counselling Session On “Imparting Nutrition and Mental Health Education” To Young Adolescent Girls at Government Girls Senior Secondary School, Saket	Department of Home Science	2018-2019	50
53.	Save Water Campaign	Joy of Learning Foundation and Department of Elementary Education	2018-2019	50
54.	Counselling Services to The Families Of Police Personnel	Delhi Police and Department of Home Science	2018-2019	10
55.	Poster Making On Swachh Bharat Pledge On National Voters’ Day Campus Cleaning	NSS Unit	2019-2020	47

56.	Water Conservation Day	NSS Unit	2019-2020	30
57.	India Gate Cleanliness Drive	NSS Unit	2019-2020	45
58.	Electoral Awareness Rally, Survey and Poster Making	NSS Unit	2019-2020	46
59.	NSS Unit Week Documentary Screening, Book Collection Drive, Plastic Collection Drive, Best Out of Waste Competition, Quiz, Singing, Slogan/ Poetry/ Essay Writing Competition and Cycle Rally and Pledge Taking	NSS Unit	2019-2020	56
60.	Campus Cleaning Drive	NSS Unit	2019-2020	32
61.	Pledge Taking, Painting, Poster Making, Essay Writing on Unity In Diversity Anti-Corruption	NSS Unit	2019-2020	41
62.	Poster Making on Illicit Trafficking and Session On Prevention On Drug Abuse Among Youth.	NSS Unit and ARSD College, DU	2019-2020	36
63.	Walkathon	NSS Unit and Ministry of Youth Affairs and Sports	2019-2020	40
64.	Session on 'Save Girl Child'	NSS Unit	2019-2020	45
65.	Each One Enable One- Digital Skill Training Digital Literacy	Department of Home Science	2019-2020	144
66.	Certificate course on Child Development, Special needs and Learning for field level workers	Eklavya Foundation and Department of Elementary Education	2019-2020	60

67.	Counselling Services to about 200 Families of Police Personnel	Delhi Police Welfare Society and Department of Home Science	2019-2020	10
68.	(i) Day Care and Play School For EWS (ii) Summer Workshop for Play School Children (iii) Internships For College Students	Department of Home Science, Food Technology and Ministry of Women and Child Development, Government of India, Community Food and Nutrition Extension Unit as part of <i>Poshan Maah</i>	2019-2020	51
69.	PMSMA Day At Government Hospitals and Health Centers in Delhi, Nutrition Awareness and Counselling Activities For Expectant And Pregnant Women And Women	Department of Home Science and Food Technology	2019-2020	24
70.	Nutrition Awareness for General Population Was Carried Out in The Form Of 'Eat Right Quiz'. Student Volunteers of M.Sc. Food and Nutrition Participated In The 5-Day Event And Interacted With People Regarding Healthy Eating Practices (24-29 Dec 2019)	Department of Home Science, Food Technology and FSSAI	2019-2020	21
71.	Department of Home Science and Food Technology And ICDS Anganwadi Centre of Neb Sarai, New	Nutrition education sessions	2019-2020	51

	Delhi			
72.	Preparation of Face Masks and their Distribution to people in the community. 600 face masks produced.	Department of Home Science	2019-2020	200
73.	Making of fabric masks in different styles and fabrics	Department of Home Science	2019-2020	50
74.	Outreach Programme for School Children Aged 5-12 Years for Selection Of Suitable Fabric As Per Change In Season Stitching A <i>Potli</i> Bag	Department of Home Science	2019-2020	10
75.	Literacy And Training on Digital Literacy for Urban Poor Women	Department of Home Science	2019-2020	150
76.	Diet counselling camp for older persons on International Day of Older persons	Department of Home Science, Food Technology, Ministry of Social Justice and Empowerment and <i>Anugraha</i>	2019-2020	14
77.	Participation in a short play on “The Air We Breathe”	ISHRAE, IAQA and SIE at Indian Aviation Academy, Vasant Kunj, New Delhi	2019-2020	20
78.	Street Play on Flood, Crisis Management & Water Conservation	Department of Home Science	2019-2020	20
79.	Community outreach activity on selection of fabrics as per season for children with Scope plus	Department of Home Science	2019-2020	10
80.	Application of natural black dye on khadi and handloom denim for Denim	Department of Home Science	2019-2020	30

	Club of India			
81.	Training on 'Basic processes in clothing construction'	Department of Home Science	2019-2020	2
82.	Training of 230 sales force staff and regional managers of Tribes India, Ministry of Tribal Affairs, Government of India through a series of webinars	Department of Home Science	2019-2020	20
83.	Awareness about gender equality at the flip- event	Department of Home Science and NGO Breakthrough	2019-2020	25
84.	Innovative School Visit for curriculum and pedagogy to rural centres of innovation in education	Department of Elementary Education and Eklavya, M.P	2019-2020	43
85.	Resources developed in MCD schools and Kendriya Vidyalayas	Department of Elementary Education		
86.	Program on Unravelling the mystery of DNA	Department of Biochemistry	2019-2020	40
87.	Understanding lifestyle disorders: A biochemical perspective	Department of Biochemistry	2019-2020	50
88.	Testing compatibility of CMC-TKP with fermented dye with Rudra Agrotech	Department of Home Science	2019-2020	13
89.	Counselling Sessions	'Voices' Mental Health Society and Department of Home Science	2019-2020	55
90.	Save Water Campaign	Joy of Learning Foundation and Department of Elementary Education	2019-2020	50
91.	Each One Enable One- Digital Skill Training	Department of Home Science	2020-2021	120

92.	Reading Food Labels simplified	Department of Home Science and Food Technology	2020-2021	40
93.	Awareness on Menstrual Hygiene and Anemia	Department of Home Science and Food Technology	2020-2021	50
94.	Program on Importance of millets	Department of Home Science and Food Technology	2020-2021	50
95.	Training on 'Basic processes in clothing construction'	Department of Home Science	2020-2021	2
96.	Workshop on Natural Dyeing for student and elderly women	Department of Home Science with Brand Shibui, Gurgaon	2020-2021	40
97.	Workshop on 'Shades of yellow with natural Dyes	Department of Home Science	2020-2021	40
98.	Workshop on Yoga and Physical Exercise for MCD schools In Delhi	Department of Elementary Education	2020-2021	7
99.	Cancer Awareness Program on 'Cancer in Women'	Department of Microbiology	2020-2021	43
100.	World Health Day Celebration	Department of Microbiology	2020-2021	85
101.	Awareness session on Malaria Invasion Biology" and on Innovations in Infectious Disease Research	Department of Microbiology in collaboration with Microbiologists Society of India	2020-2021	60
102.	<i>Kargil Diwas</i> , Quiz by MHRD	NSS Unit	2020-2021	75
103.	World Nature Conservation Day, Best Out Of Nature, Selfie With Nature	NSS Unit	2020-2021	70
104.	World Tiger Day, Open Mike and Quiz	NSS Unit	2020-2021	65
105.	International Youth Day, Poster Making	NSS Unit	2020-2021	70



106.	Independence Day, Documentary Screening and tribute through video	NSS Unit	2020-2021	74
107.	World Photography Day, share your best shots	NSS Unit	2020-2021	73
108.	Senior Citizen Day, Share Your Favorite Memory with Your Grandparents, Show Gratitude	NSS Unit	2020-2021	70
109.	Women Equality Day, Hold a Playcard with Powerful Message	NSS Unit	2020-2021	70
110.	National Sports Day, Indulge In Any Sports: Awareness	NSS Unit	2020-2021	65
111.	Suicide Prevention Day	NSS Unit	2020-2021	95
112.	Women's Health And Menstrual Hygiene	NSS Unit	2020-2021	95
113.	Waste to Wonder: Decrease Plastic Waste	NSS Unit	2020-2021	95
114.	International Girl Child Day: My Voice Our Equal Future	NSS Unit	2020-2021	70
115.	World Food Day, Quiz Competition	NSS Unit	2020-2021	70
116.	Feeding Men's Best Friend! ( Animals)	NSS Unit	2020-2021	72
117.	Cancer Awareness Month	NSS Unit	2020-2021	70
118.	Let's Manage PCOS	NSS Unit	2020-2021	70
119.	Diwali Fest	NSS Unit	2020-2021	95
120.	Design a Diya	NSS Unit	2020-2021	69
121.	Wonder out of Waste	NSS Unit	2020-2021	69
122.	Rangoli Competition	NSS Unit	2020-2021	69
123.	Vigilance Week	NSS Unit	2020-2021	72

124.	World's AIDS Day Awareness	NSS Unit	2020-2021	69
125.	Slogan Writing	NSS Unit	2020-2021	69
126.	National Pollution Control Day	NSS Unit	2020-2021	65
127.	Consumer Rights Awareness	NSS Unit	2020-2021	65
128.	NSS Unit Orientation for The Year 2021-2022	NSS Unit	2020-2021	100
129.	International Anti-Corruption Day	NSS Unit	2020-2021	70
130.	Debate Competition	NSS Unit	2020-2021	68
131.	World Human Rights Day	NSS Unit	2020-2021	68
132.	National Consumer Rights Day	NSS Unit	2020-2021	71
133.	First Aid and CPR Training Workshop	NSS Unit	2020-2021	69
134.	Share The Warmth (Campaign)	NSS Unit	2020-2021	70
135.	Plantation Drive (Campaign)	NSS Unit	2020-2021	75
136.	National Youth Day	NSS Unit	2020-2021	65
137.	Makar Sankranti	NSS Unit	2020-2021	64
138.	Kite Decorating	NSS Unit	2020-2021	65
139.	Road Safety (A Month-Long Campaign "National Road Safety) on the theme " <i>Sadak Suraksha- Jeevan Raksha</i> "	NSS Unit	2020-2021	95
140.	Poster Making Competition On 'Road Safety' on The Sub-Theme- "Save Yourself to Save Your Family"	NSS Unit	2020-2021	62
141.	Awareness campaign on road safety rules	NSS Unit	2020-2021	65

142.	Virtual Oath Taking Ceremony on 'Pledge for A Safer India'	NSS Unit	2020-2021	70
143.	<i>Swachhta Abhiyan</i>	NSS Unit	2020-2021	70
144.	Oral Hygiene Awareness	NSS Unit	2020-2021	95
145.	International Women's Day on The Theme 'Women in Leadership: Achieving an Equal Future in a Covid-19 World'	NSS Unit	2020-2021	95
146.	International Women's Day	NSS Unit	2020-2021	65
147.	World Kidney Day	NSS Unit	2020-2021	95
148.	Holi Celebration	NSS Unit	2020-2021	65
149.	World Autism Day	NSS Unit	2020-2021	95
150.	Happy National Pets Day	NSS Unit	2020-2021	72
151.	Express Feelings	NSS Unit	2020-2021	65
152.	Financial Literacy	NSS Unit	2020-2021	95
153.	<i>Azadi ka Amrit Mohatsav</i>	NSS Unit	2020-2021	35
154.	Monument Visit	NSS Unit	2020-2021	35
155.	Cleanliness Drive	NSS Unit	2020-2021	35
156.	Vaccine Utsav	NSS Unit	2020-2021	65
157.	Myth and Facts about Covid Vaccine	NSS Unit	2020-2021	65
158.	Educate Others for Vaccine Safety	NSS Unit	2020-2021	65
159.	Webinar: Covid Vaccine Awareness	NSS Unit	2020-2021	65
160.	Wear a Mask. How?	NSS Unit	2020-2021	65
161.	Covid Resources	NSS Unit	2020-2021	60

162.	Tika/ Vaccine Utsav	NSS Unit	2020-2021	45
163.	World Environment Day	NSS Unit	2020-2021	72
164.	Online Workshop on 'First Aid and CPR'	NSS Unit	2020-2021	69
165.	Cleanliness and Plantation Drives	NSS Unit	2020-2021	75
166.	Awareness Campaign On 'Clean and Green Diwali'	NSS Unit	2020-2021	70
167.	Celebrating World Conservation Day	NSS Unit	2020-2021	65
168.	Celebration of 125th Birth Anniversary of Netaji Subhas Chandra Bose	NSS Unit	2020-2021	60
169.	Celebration of International Day of Yoga (Activity on Capture Your Yoga Pose, Yoga Day Quiz, Seven Days 'Health Boot Camp')	NSS Unit	2020-2021	70



*Arata J. Kumar*

## Representative Pictures

2016-2017

Each One Teach One



## Plantation Drive





## Cleanliness Drive



## Parents' Workshop by Aarambh





## Summer Camp at Aarmabh



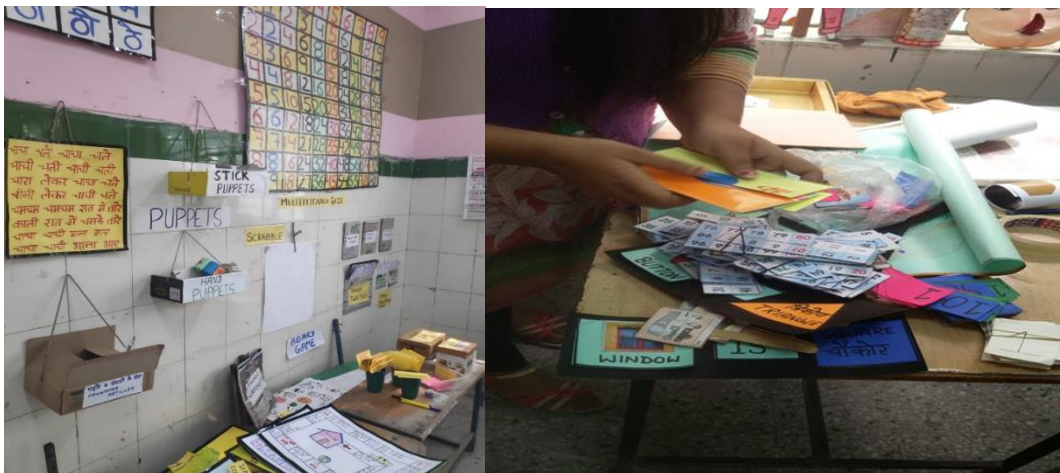
## Yoga activity



## Summer Camp



## Resource Rooms in Schools





**2017-2018**

**Each One skill One**



## Replacing Regulatory Experiments on Animals



## Interaction and Teaching Government School Students at Bodh Vihar





**Eklavya Course at M.P**





2018-2019

**Community Outreach - Each One Skill One**



## Resource Rooms in Schools



## Community Interaction During Innovative School Visit





## **Eklavya Course**



## **Community Interaction During Innovative School Visit in Jaipur**





**2019-2020**

**Workshop and Counselling Session at the Government Girls Senior Secondary School, Saket, New Delhi.**



**Street Play on Waste Management**



## Street Play on Flood, Crisis Management & Water Conservation



## Making of fabric masks



## Selection of Suitable Fabric and Making *Potli* Bags





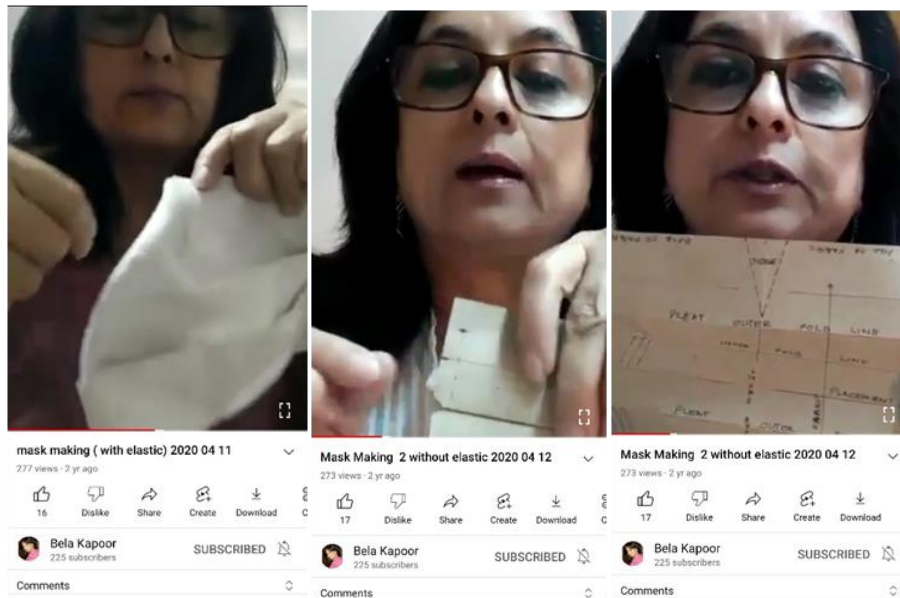
## Testing Compatibility of CMC-TKP with Fermented Dye with Rudra Agro-tech



## Training of 230 Sales Force Staff and Regional Managers of Tribes India, Ministry of Tribal Affairs, Government of India through a Series of Webinars (2020)



## Basic Processes in Clothing Construction



## Breakthrough Flip (2019)



## Unravelling the Mystery of DNA











2020-21

## Each One Enable One- Digital Skill Training



**DEPARTMENT OF DEVELOPMENT  
COMMUNICATION AND EXTENSION &  
JOURNALISM**

**Institute of Home Economics, University of Delhi**



Under the Aegis of IQAC  
organizes


**A Digital Literacy Mela**

**TO CELEBRATE  
INTERNATIONAL  
WOMEN'S DAY**

**KEYNOTE ADDRESS:**  
**NAMRATA BALI**  
DIRECTOR, (INDIAN ACADEMY FOR  
SELF EMPLOYED WOMEN)

**MONDAY MARCH 8, 2021,  
3.00 PM ONWARDS**

Showcasing digital literacy skills imparted  
by the students of the Department as a  
part of Each-One-Enable -One Programme.



Made with PosterMyWall.com Google Link : [meet.google.com/gmx-amdw-ira](https://meet.google.com/gmx-amdw-ira)

## Reading Food Labels – Simplified- A community outreach activity conducted by students of MSc Food and Nutrition, specializing in Public Health Nutrition

Have you ever wondered...

The food you buy is healthy or not?

How to interpret nutrition facts on a label?

How to decode the food claims?

If yes, please join us for a session on

**READING FOOD LABELS... SIMPLIFIED**



Date: 26<sup>th</sup> September 2020 (Saturday)  
Time: 5.30 pm

<https://us02zoom.us/j/958168445>

Meeting ID: 958 168 445 | Passcode: 396257

For any queries, Contact us at: 9990878121, 9953119067  
Department of Food & Nutrition and Food Technology  
Institute of Home Economics, University of Delhi

Zoom Meeting

Upasana Yadav, Nisha Varma, and others

**Reading Food Labels... SIMPLIFIED**



Type here to search




**Menstrual Hygiene and Anaemia- Students of MSc Food and Nutrition, specializing in Clinical Nutrition, connected with community's adolescent girls and young women on virtual platform and addressed the issues of menstrual hygiene**


1. Stigma, culture of silence & lack of information
2. Lack of access to sanitary napkins & menstrual absorbents
3. Absence of support from family
4. Lack of access to water and sanitation facilities
5. Lack of safe disposal facilities





**Importance of Millets- community outreach activity was organised by the MSc Food and Nutrition (Public Health Nutrition) students**

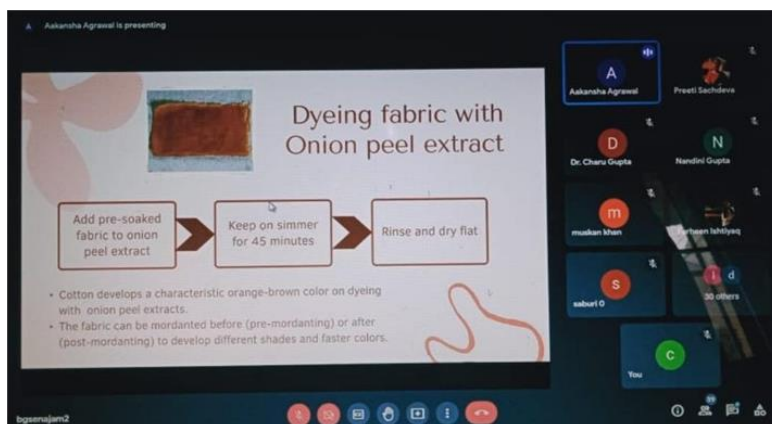
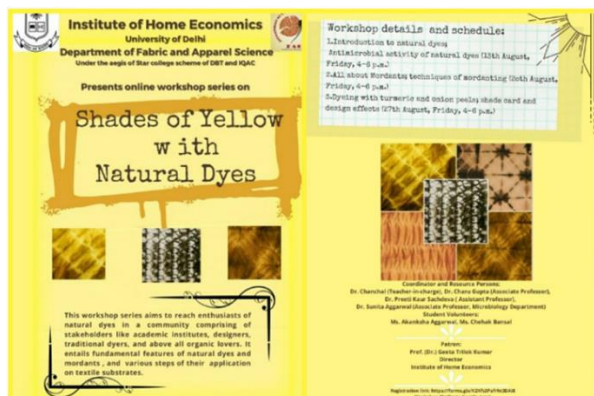




**Workshop on Natural Dyeing with brand Shibui with Gurgaon School Students' and Elderly Women**



## Workshop on 'Shades of Yellow with Natural Dyes'



## Online Yoga and Physical Exercise Training in Community





## Malaria Invasion Biology and on Innovations in Infectious Disease Research



**Department of Microbiology**  
**Institute of Home Economics**  
 (University of Delhi)  
 In association with Microbiologists Society, India (Delhi Unit)  
 Presents  
**Webinar Lectures**  
 (under the aegis of Star college scheme, DBT)



**TALK 1**

**"Malaria Invasion Biology: What it Takes to enter"**

by  
**Dr. Sumit Rathore**  
 Assistant professor  
 Department of Biotechnology  
 AIIMS, New Delhi  
 India

**TALK 2**

**"Innovation in Infectious Disease Research: Challenges, and Opportunities"**

by  
**Dr. Vikarm Saini**  
 Assistant professor  
 Department of Biotechnology  
 AIIMS, New Delhi  
 India

**Date: March 6, 2021**  
**Timing: 11:00 AM to 1:00 PM**  
 Link:  
<https://meet.google.com/xuw-cwgg-vdw?authuser=0>

<p><b>Patron</b>  <b>Dr. Geeta Trilok Kumar</b>          (Director, IHE)</p>	<p><b>Convenor (Star College Scheme, DBT)</b>          Dr. Sunita Aggarwal  <b>Organizer</b>          Dr. Rashi Gupta</p>	<p><b>President (MSI)</b>          Prof. A. M. Deshmukh  <b>President (MSI Delhi Unit)</b>          Dr. A. Archana</p>
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## Cancer Awareness programme on "Cancer in Women" and Poster Making Competition



**Department of Microbiology**  
**&**  
**Department of Physiology**  
 Institute of Home Economics  
 University of Delhi  
 (Under the Aegis of Star College DBT and IQAC)  
 are organizing  
**A Webinar**  
 on  
**Cancers in Women**  
 In association with  
**National Centre for Disease Control (NCDC)**



**Event Details**

**Date:** 13<sup>th</sup> October, 2020 (Tuesday)  
**Time:** 11:00 am to 1:00 pm  
**Online Platform:** Google Meet

**Registration Link**  
<https://forms.gle/9FGfcvn5J5rC9z1v6>

<p><b>Patron</b>  <b>Dr. Geeta Trilok-Kumar</b>          (DIRECTOR, IHE)</p>	<p><b>Coordinators</b>          Dr. Sunita Aggarwal          Dr. Arti Nigam          Dr. Manjula Suri</p>
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**Programme Details**

**Talk-1 - Epidemiology of Cancers in Women, Prevention Strategies and Care for Cancer Patients**  
**Speaker- Dr Rinku Sharma**

**Talk-2 - Clinical Picture**  
**Speaker-Dr Anshu Sharma**

**Talk- 3 - Vaccination and Precautions for Cancer Patients during COVID-19 pandemic**  
**Speaker- Dr Navin Verma**

**Registration Link**  
<https://forms.gle/9FGfcvn5J5rC9z1v6>  
 or scan QR code



**Meeting Link**  
<https://meet.google.com/mtz-tdot-tca>

**For any queries contact- Students Coordinators**  
 SONIA: 8920878204  
 ADYA: 9891842157



*Geeta Trilok Kumar*