



## SOPAAN

'Sopaan' is an initiative of students of Institute of Home Economics, University of Delhi to create an equal society.

Some of its objectives are:

- Sensitization on causes of discrimination, inequality and marginalization in our society.
- Advocacy on child rights and Human rights
- Talking about facilitative provisions for children, women and for marginalized groups
- Providing support and counselling for students from disadvantaged groups and students with disabilities

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# ACTIVITIES

## 1. Disability Day

HTTPS://MEET.GOOGLE.COM/CAT-BNDQ-PZE Please contact the following numbers for any further detail: Miss Sharmila Rathee (9911332266) Mr Ritesh Tomar (8826165543)'."/>

Institute of Home Economics  
University of Delhi  
**ENABLING UNIT**

on the occasion of  
*International Disability Day*  
is organizing a webinar  
to spread awareness and sensitise people towards disability.

**Participate in fun-filled, awareness activities:**

1. **COMIC SHOW**
2. **TALK AND DISCUSSION**
3. **POETRY**
4. **MOVIE SCREENING**

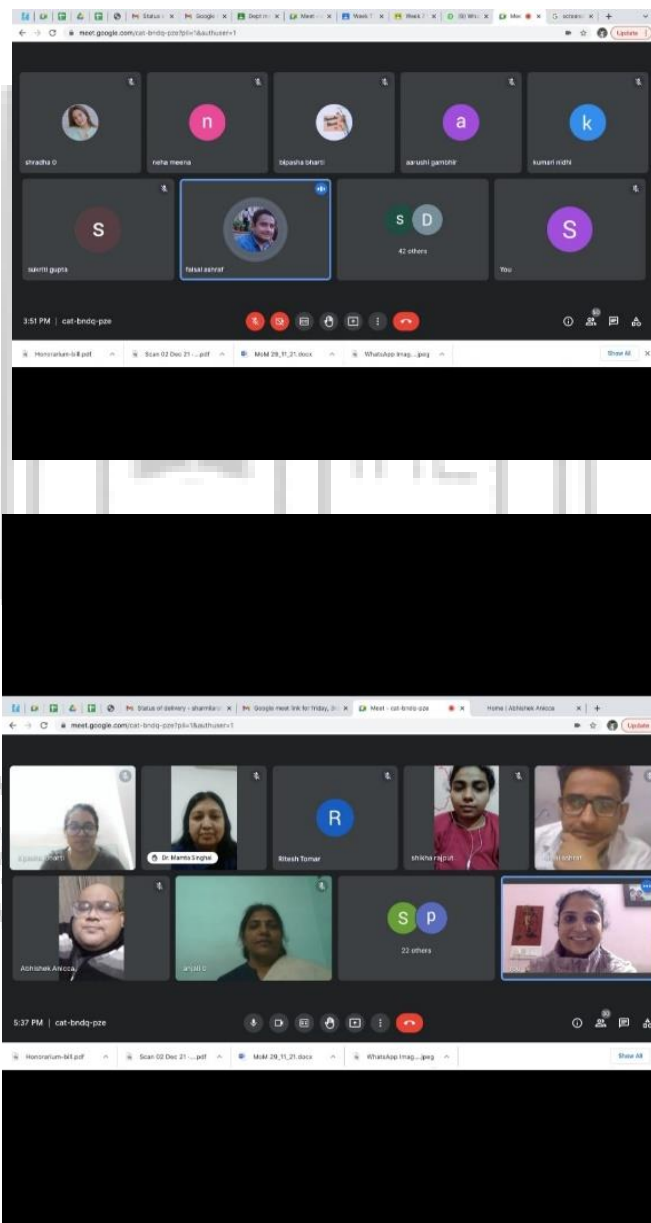
**DECEMBER 3, 2021, FROM 3.30 PM ONWARDS**  
**LINK: [HTTPS://MEET.GOOGLE.COM/CAT-BNDQ-PZE](https://meet.google.com/CAT-BNDQ-PZE)**

Please contact the following numbers for any further detail:  
Miss Sharmila Rathee (9911332266)  
Mr Ritesh Tomar (8826165543)

On the occasion of international disability day December 3, 2021 enabling unit and equal opportunity cell of IHE organised an event. This was an online event conducted on Google meet platform. Four distinguished panellists and 48 participants attended the event. 3 out of 4 panellists were disabled. The focus of the event was normalisation and acceptance of disability.

Mr Faisal Who himself is an individual with locomotor disability describe how society is negligent towards disabled people, he described how he encountered strange and disturbing questions and

gaze on routine basis. Amar Pavar, who is a scholar with disability in Centre for political studies, JNU, described regional accommodation in higher education for people with disability. Sharing his insights from his personal experiences and his M.Phil research, he described the how arrangements can be made to make higher learning centres accommodative and accessible for learners with disability. Mr Satish Kapoor is a renowned filmmaker in the area of disability. He showed video clips to sensitise people about inclusion and discussed arrangements that were made to make things accessible for different types of disabilities. Mr. Abhishek Annica is a prolific poet and artist with locomotor disability who narrated self-composed poems centred around disability. Participants expressed that it was a great learning experience for them and helped them learn more about disabilities.



## 2. Webinar on 'Revisiting the roots of personal equity'.

**INSTITUTE OF HOME ECONOMICS**  
**UNIVERSITY OF DELHI**  
**EQUAL OPPORTUNITY CELL**



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**ENABLING UNIT**

प्रस्तुत करता है

**वेबिनार: गैर-बराबरी की बातचीत:  
इसकी जड़ों की खोज**

**श्री अमित**  
**(आधारशिला लर्निंग सेंटर, मध्य प्रदेश)**

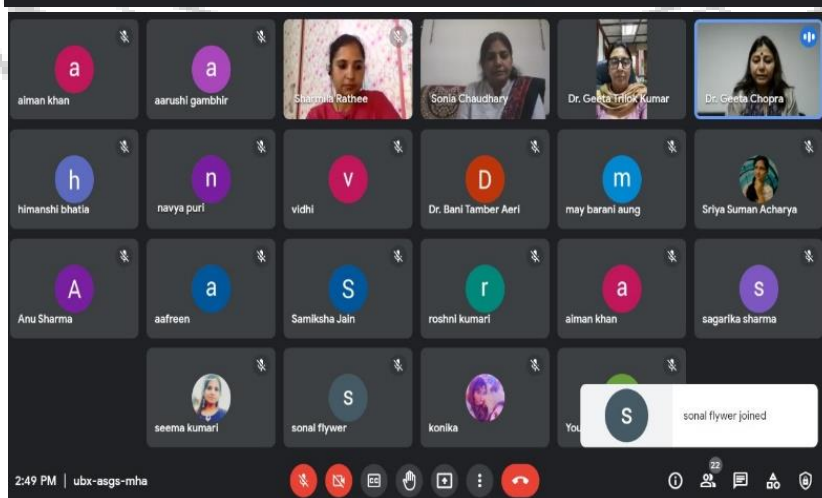
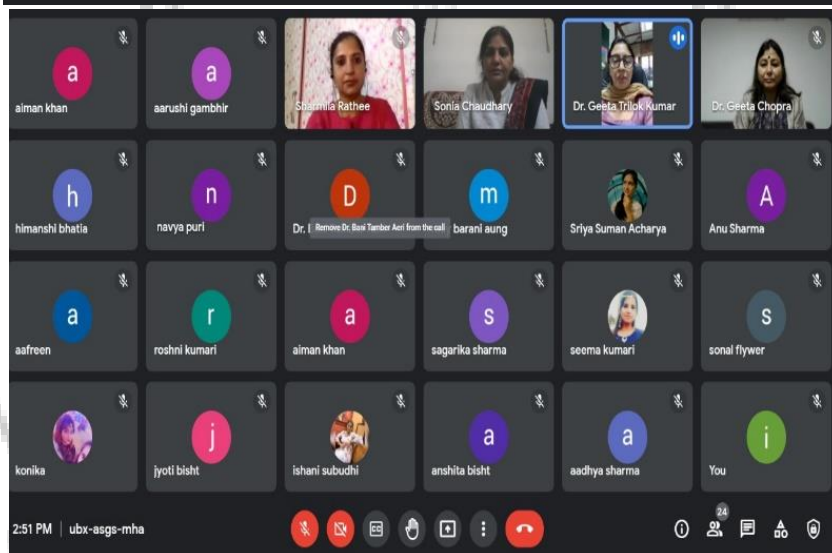
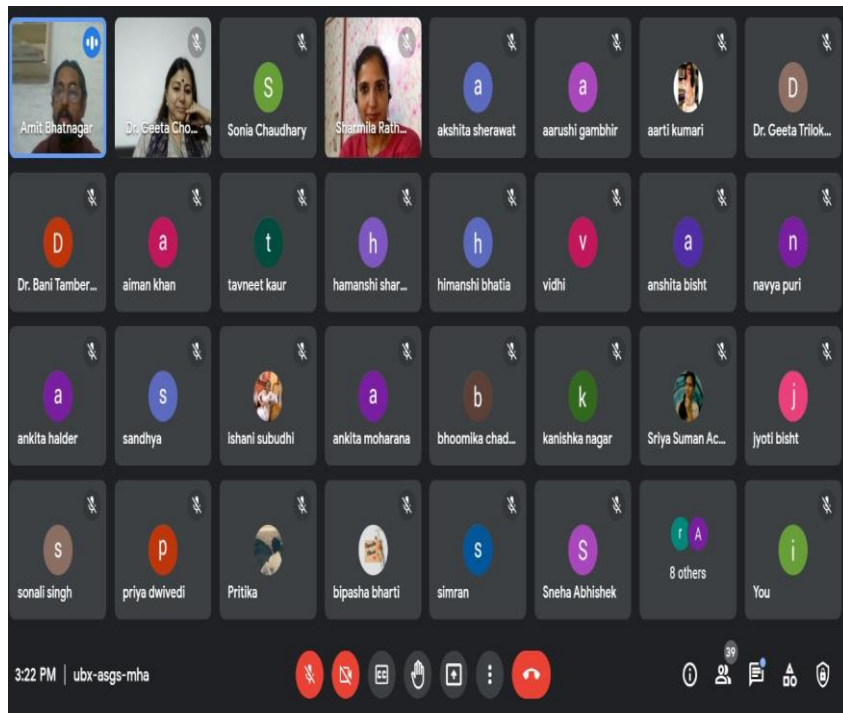
तारीख और दिन: 15 नवंबर 2021, सोमवार  
समय: 3 - 4:30pm  
स्थल: गूगल मीट  
लिंक: (<https://meet.google.com/ubx-asgs-mha>)

*(Students are requested to join from official ID)*

**Patron: Prof. (Dr.) Geeta Trilok-Kumar (Director)**  
**Moderated By: Dr. Geeta Chopra**  
**Team Members: Dr. Geeta Chopra, Ms. Sharmila Rathee,  
Dr. Bani Tamber Aeri, Mrs. Sonia Chaudhary.**

**For queries contact student coordinators:**  
**Aarushi Gambhir (99682 72055), Aiman Khan (9810678662)**

Sopaan, organised a webinar on the subject, Revisiting the Roots of Personal Equity, on November 15, 2021. The insightful talk was given by Mr. Amit from the Adharshila Learning Centre in Madhya Pradesh, which was moderated by Dr. Geeta Chopra. Learning about how tribal communities live and how their culture has evolved over time to coexist with nature and the world at large helped many students broaden their horizons. Students were also made aware of the difficulties that marginalised communities face as a result of the talk. The discussion then transitioned into an interactive session in which the core values of equity and equality encountered in our daily lives were discussed, and students were encouraged to share their own experiences. The discussion concluded on a positive note, emphasising the importance of respecting and acknowledging the cultures and lifestyles of individuals from different walks of life.



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### 3. Multi media competition

Sopaan is a student lead initiative under the equal opportunity cell and enabling unit of Institute of Home Economics. Sopaan deals with sensitization, advocacy and providing support on the causes of discrimination, inequality and human rights.

We hosted our first inter college competition which was a multimedia competition on the topic “understanding diversity, combatting inequity”. Here we invited students in pairs to submit their entries in the form of short videos, reels, power point presentations and blogs. We were happy to see enthusiastic participation of students from various colleges. We were impressed by how original, well thought out and creative all the entries were. The best 3 entries were felicitated in a ceremony and the participants were awarded certificates.





**Social Media:** Sopaan's social media page was started on Instagram.

Link- [https://instagram.com/sopaan\\_ihe?igshid=YmMyMTA2M2Y=](https://instagram.com/sopaan_ihe?igshid=YmMyMTA2M2Y=)

