



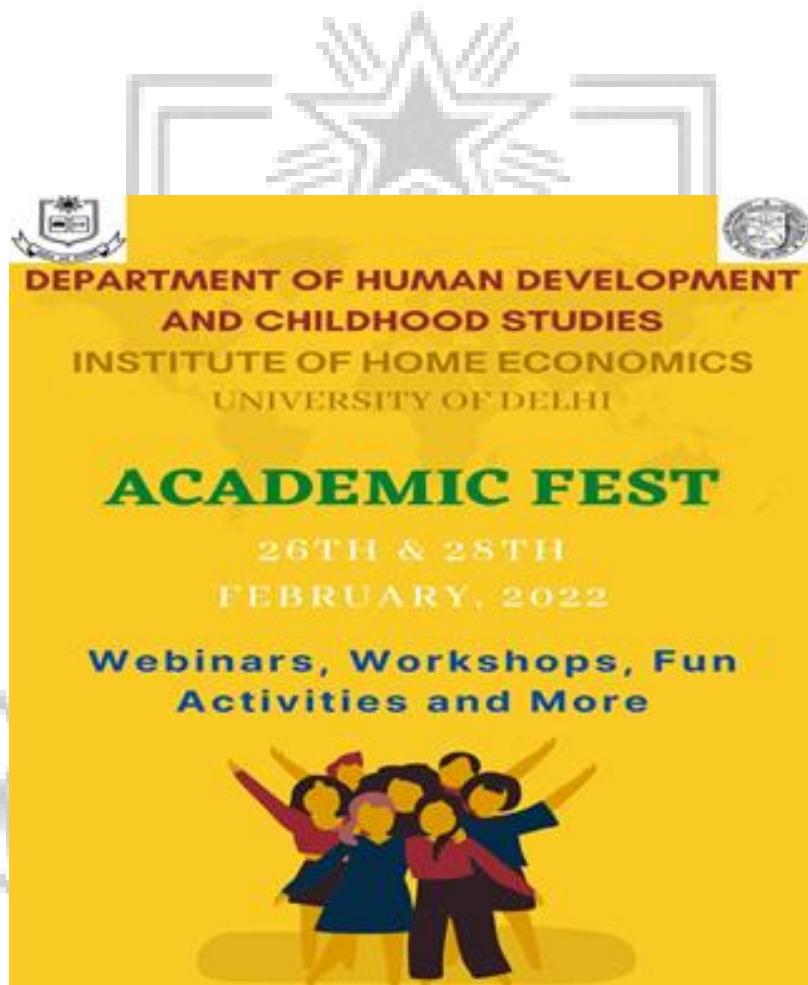
Institute of Home Economics
University of Delhi
Accredited 'A' Grade by NAAC
'Star College Scheme' by DBT
DST-FIST Awardee



HDCS DEPARTMENT

ACADEMIC FESTIVAL REPORT

February, 2022



DEPARTMENT OF HUMAN DEVELOPMENT AND
CHILDHOOD STUDIES
ACADEMIC FESTIVAL FEBRUARY 2022



HDCS ACADEMIC FESTIVAL, 2022



DEPARTMENT OF HUMAN DEVELOPMENT AND
CHILDHOOD STUDIES
Institute of Home Economics, University of Delhi

In collaboration with

TARSHI

Presents a workshop on

REPRODUCTIVE HEALTH BASICS

Resource Persons:

Ramya Anand, Senior Programme Office, TARSHI
Titans Ghosh, Programme Associate, TARSHI

16th February, 2022
2:00-5:00pm

18th February, 2022
9:30-12:30pm

Platform: Google Meet

Coordinated by:
HDCS DEPT, IHE
mila.tuli@ihe.du.ac.in
deepti.gupta@ihe.du.ac.in

Date	Session	Time & Venue	Participants
16 th & 18 th February, 2022	Reproductive Health Basics By Ramya Anand and Titans Ghosh	2:00-5:00 pm 9:30am-12:30 pm	BSc Hons Semester 1 Sec AB & CD
	TARSHI	Online	
26 th February, 2022	Sensitization on Child Right related Laws: POCSO and JJ Act	10:00 am	BSc Pass Semester 6
	Project CACA	Online	AEF & GHI
28 th February, 2022	Inauguration by Director	10:30am	HDCS Dept VOICES
		College Foyer	Sem 6 Pass AEF
28 th February 2022	Tell it to the Walls for Self-Expression VOICES, Mental Health Society	10 pm onwards College Foyer	All students
28 th February, 2022	Reclaiming the City: One Step at a Time Sonal Shah and Sarga The Urban Catalysts	11:00am – 1:00pm Amphitheatre	BSc Pass AEF and BGI Sem 6 Hons Sec C
28 th February, 2022	Do Foetus with disability have a right to Life? Student Discussion	12 noon Conference room	BSc Hons Sem 4
28 th February, 2022	Counselling for Self-Development and Wellbeing By Saiba Nangia Omni Health Foundation	3:00pm Conference room	BSc Hons Sem 4 BSc Pass Sem 6 Sec B and F

HDCS ACADEMIC FESTIVAL, 2022
DEPARTMENT OF HUMAN DEVELOPMENT AND CHILDHOOD STUDIES
INSTITUTE OF HOME ECONOMICS, UNIVERSITY OF DELHI

In collaboration with
PROJECT CACA
Presents a workshop on
SENSITIZATION ON CHILD RIGHTS RELATED LAWS: POCSO & JJ ACT

February 26th, 2022
10:00 AM
Platform: Online

Coordinated by:
HDCS DEPT, IHE
Dr. Gaeta Chopra
Dr. Kavita Vasudev

DEPARTMENT OF HUMAN DEVELOPMENT AND CHILDHOOD STUDIES
INSTITUTE OF HOME ECONOMICS
University of Delhi

ACADEMIC FEST 2022
In collaboration with
VOICES : THE MENTAL HEALTH SOCIETY

TELL IT TO THE WALLS
~Let it go~
• Open letters
• Notes to yourself

THIS IS YOUR PLATFORM. EXPRESS IT OUT

Participate in this fun event to explore your inner self

DATE: 28TH FEBRUARY, 2022
TIME: 10 AM - 5 PM
VENUE: COLLEGE FOYER

HDCS ACADEMIC FESTIVAL, 2022
DEPARTMENT OF HUMAN DEVELOPMENT AND CHILDHOOD STUDIES
INSTITUTE OF HOME ECONOMICS, UNIVERSITY OF DELHI

RECLAIMING THE CITY
One Step at a Time

Resource Persons
Ms. Sonal Shah
Ms. Sarga
THE URBAN CATALYSTS

February 28TH, 2022
11:00 AM-1:00 PM @ The AmphiTheatre

HDCS ACADEMIC FESTIVAL, 2022
DEPARTMENT OF HUMAN DEVELOPMENT AND CHILDHOOD STUDIES
INSTITUTE OF HOME ECONOMICS, UNIVERSITY OF DELHI

Presents a Discussion on
"DO FOETUS WITH DISABILITY HAVE A RIGHT TO LIFE?"

DISCUSSANTS:
B.Sc. H.Sc. (H), Sem 6 Students

February 28th, 2022
12:00 PM

DEPARTMENT OF HUMAN DEVELOPMENT AND CHILDHOOD STUDIES
INSTITUTE OF HOME ECONOMICS

PRESENTS A WORKSHOP ON
COUNSELLING FOR SELF DEVELOPMENT & WELL BEING

28TH FEBRUARY, 2022
3:00 PM

Resource Person :
MS.SAIBA NANGIA
ASSOCIATE COUNSELLOR
OMNI HEALTH FOUNDATION

Department of Human Development and Childhood Studies held its academic festival in the month of February, 2022. A variety of workshops, webinars and fun activities were held to mark the event. The academic fest was officially started with the address of the Director, Dr. Geeta Trilok Kumar to the students. The director talked about how academic fest is a time of great learning and fun for the students within the college. The address ended on a positive note with the director emphasising on the importance of the discipline of Human Development. Dr. Mila Tuli, Teacher-in-Charge extended her thanks to the director for her gracious presence.

The first session on “Reproductive Health Basics” was conducted online via Google classroom in collaboration with the organization, TARSHI. The session helped students to build an understanding of sexuality, and its links with reproductive health, sexual health and human rights; basics of gender, sexual orientation, sex work issues, and sexual health information.

The second session was on “Sensitization on Child Rights related Laws: POCSO & JJ Act” in collaboration with Project CACA. The session proved to be really meaningful to the students as the resource provided the students with many examples and also highlighted the major provisions of both the acts. At last when the session was opened for questions, there were many questions ranging from the how critical these laws in Indian context to recent ruling by the honourable high court and Supreme Court to examples shared by students to share their understanding of the concerned laws.

The fun filled activity titled “Tell it to the walls activities for self-expression” was organised by VOICES, Mental Health Society. This was the star attraction among students. The activity provided students with an opportunity to express themselves without the fear of being judged and shared their experience pre during covid -19 lockdown and post lockdown.

The session on “Reclaiming the City- One Step at a Time by Ms. Sonal Shah, Ms.Sarga” exposed the students to realities of how in public spaces women experience and fear unwelcomed comments etc. This reality reduces women’s and girls’ freedom of movement. It reduces their ability to participate in school, work, and public life. It limits their access to essential services and their enjoyment of cultural and recreational activities, and negatively impacts their health and well-being. The session captivated the attention of the students and the students very enthusiastically answered all the questions put forward by the resource person. She held meaningful discussions that help the students to understanding the day to day realities.

In the series of activities organized during the academic festival. The discussion on “Do Foetus with Disability Have a Right to Life?” The discussants spoke for and against the motion. The students put forth some the most thought provoking points. The discussion really captivated the audience’s attention with

both sides trying to extend their stance on if the child with disability has rights or not. The discussion ended with students putting forth their questions to the discussants ranging from what a family should do in case they do not have financial resources to look after a child with disability and what happens to children in case of war, natural calamity. Some students also shared their own personal experiences of living with a child with disability. The session really highlighted an important topic and opens the young minds to different opinions and also questioned long held ideas.

The last session of the academic festival was “Counselling for Self Development & Well Being by Ms. Saiba Nangia, Associate Counsellor, Omni Health Foundation. The session helped Students to develop a better understanding of the process of counselling, components of counselling. The importance of self and the different steps in creating a self-care plan. The resource person also shared the challenges faced by an individual to differentiate between reaction and response in solving a problem. The emphasis on well-being made the session more meaningful to the students. The session proved to be of great relevance to the students as a lot of students had dealt with stressors due to covid 19 pandemic. The session provided the students with a platform to put forth their concerns and the resource person provided her own insights into the concerns of the students. The session ended with three cheers for the department of HDCS.

Overall, the fest encompassed a series of themes for students to become aware of and appreciate the differences around.



