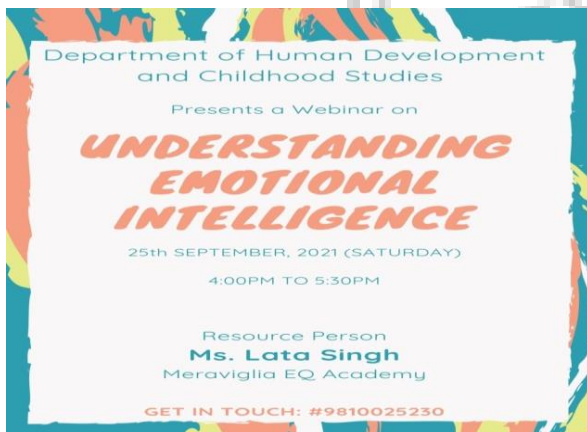


Human Development & Childhood Studies

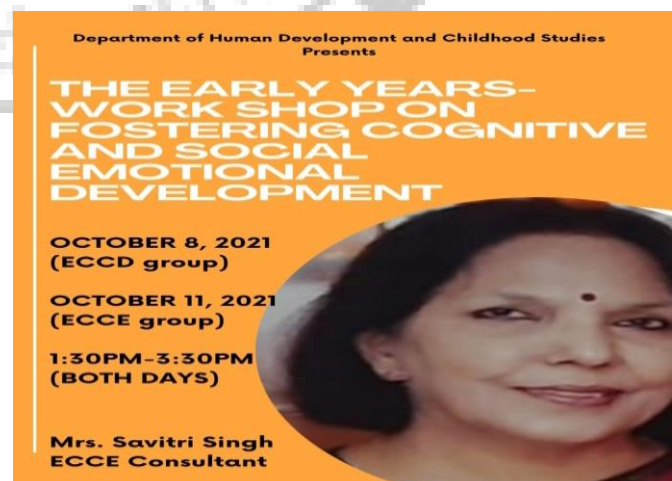
Department Activities Report July 2021 – June 2022

Department of Human Development & Childhood Studies (HDCS) organized various workshops and webinars for faculty and students during the session 2021-22. A variety of issues were touched upon to ensure that students benefit the most out of all subjects that they study.

A session on Emotional Intelligence was organized for students to understand the importance of emotions and how to regulate one's behaviour by managing the emotions. Storytelling sessions were organized for students of ECCE/ECCD group for them to understand how storytelling benefits young children and their development during early years.

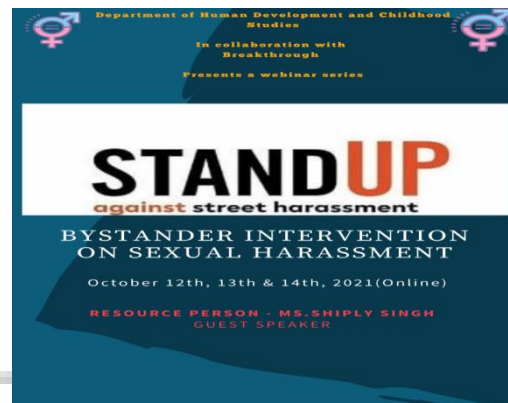


Art and craft during activities in preschool helps the students to understand how it can be used for pre-schoolers and the different activities that can be done with them. Another session in the series included an understanding in the socio-emotional development of young children.



Students taking understanding psychology were also involved in a month-long internship program. They learnt a lot about basic counselling skills. The internship gave them an insight into the counselling process and its importance.

The HDCS Department, in collaboration with Breakthrough presented a webinar series on “Bystander Intervention on Sexual Harassment” from, October from 12th to 14th, 2021. The session started with Ms. Singh sharing her own experience of growing up in Delhi-NCR. She went on to present data that showed the prevalence of sexual harassment worldwide. The sessions emphasized the importance of standing up not just for oneself but also for other people.



Sessions on yoga and mindfulness, life skills, understanding gender and counselling for self-development & well-being were also organized for the students.

