

## 1. Activity: Plantation Drive on Mental Health Day



The national service scheme (NSS) of the Institute of Home Economics, on occasion of World Mental Health Day (Rangreza), organized a Plantation Drive in collaboration with Team Voice (Mental Health society) to spread awareness about mental health issues around the world and mobilized efforts in support of mental health.

The event started at 1:00 pm in the campus area. Sixty volunteers participated in this Drive. All volunteers brought their plants for planting in our campus area.

The officials were delighted to see such enthusiasm from team NSS & team VOICE, IHE.

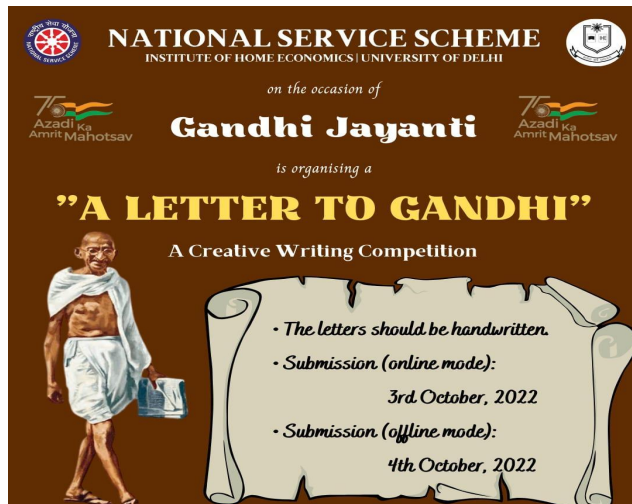
The photographs and videos were posted on the Instagram handle @nssihe. The event was a great success, and we thank all the Volunteers and students for their enthusiasm and participation.

## Plantation Drive



## 2. Activity: A Letter to Gandhi

Date- 3rd October 2022

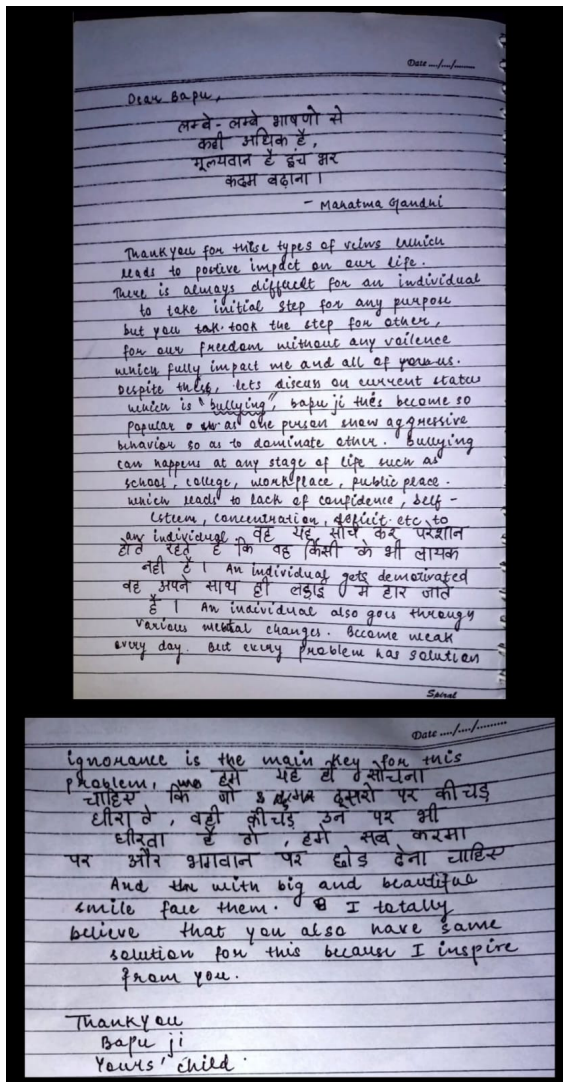


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A creative letter-writing competition was held on October 3, 2022, to celebrate the 153rd birth anniversary of Mahatma Gandhi. Students enthusiastically penned letters to share their concerns among youth. The concerns raised by the students are that of social challenges in contemporary India.

The participants were asked to submit their entries online on 3rd October 2022 (9 pm) and offline on 4th October 2022. The content was handwritten, and the same pictures were uploaded to the Google Classroom. The hard copies were submitted to college for the display. The participants were creative in expressing their feelings toward the current social changes and society. The word limit was up to 150 words. Certificates were provided to the best three performers.

The event was a great accomplishment, and we thank all the participants for their enthusiasm and zeal. Photographs and videos were posted on our Instagram handle @nssihe.



## A Letter to Gandhi: Vision and Voice

### 3. Activity: Eco-friendly Diwali

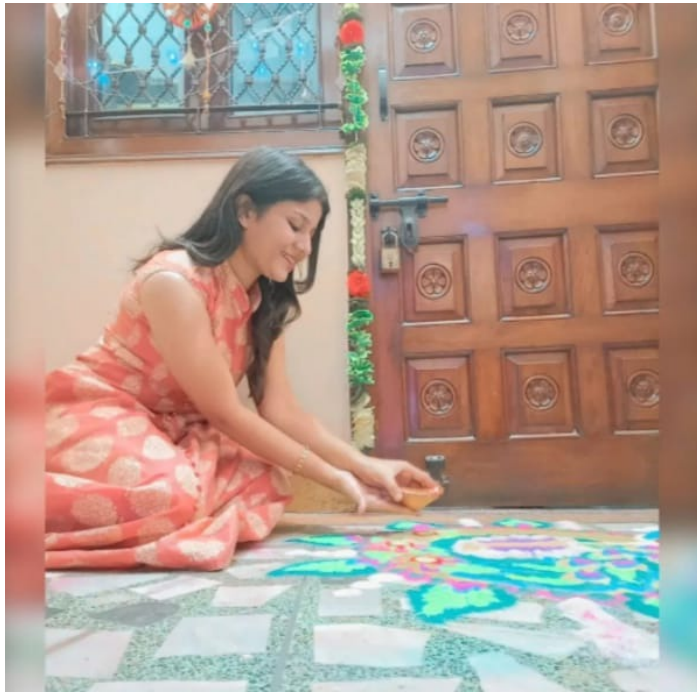
Event Date: 24th November

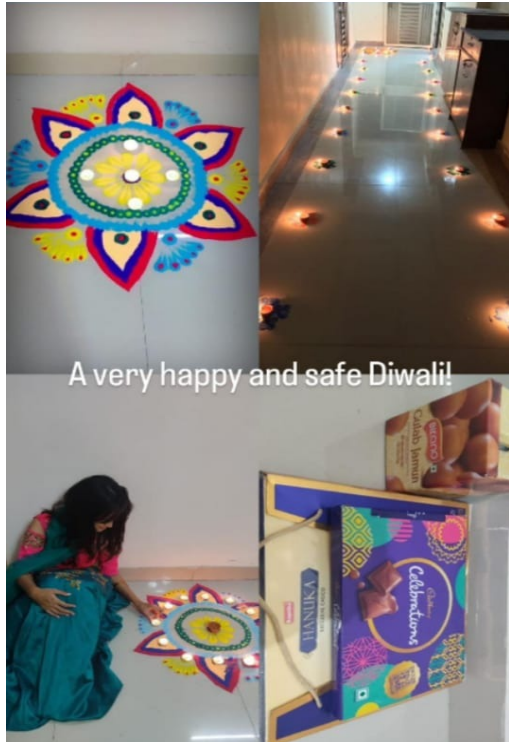
National Social Schemes (NSS), of the Institute of Home Economics, has taken an initiative to celebrate "GREEN DIWALI" from homes, and the motive is to spread awareness about Clean Diwali, Green Diwali 🧡🌻



Diwali is an auspicious occasion for Hindus. On this day, Lord Ram homecoming is celebrated. So being a vigilant citizen, the NSS volunteers celebrated this Diwali by spreading happiness and not by burning crackers. The Volunteers contributed by wearing beautiful traditional wear, making beautiful rangolis and handmade diyas, which not only highlights the motive but also beautifies the meaning of Diwali.

There are some glimpses of the GREEN DIWALI celebration 🎉





A very happy and safe Diwali!



#### **4. Activity: Awareness Pledge and Cleanliness Drive**

**Date: -20th September 2022**

National Service Scheme (NSS), Institute of Home Economics, University of Delhi Organized an Awareness Pledge and Cleanliness drive on 20 September 2022. The main motive of this event was to clean the environment in college and contribute to a healthy environment for the students to learn. On the other hand, it also encourages a good workplace environment.

The event was divided into two parts. The first was the cleanliness drive, in which all the volunteers gathered in the college campus cafeteria and cleaned the canteen area.

After the cleanliness drive, all the volunteers gathered in the foyer and took the Awareness pledge to keep in mind only one thing: clean India and spread and educate the people.

Photographs and videos were posted on our Instagram handle @nssihe



## 5. Activity - Cleanliness drive

**Event date- 19th of October**

The National Service Scheme (NSS) of the institute of home economics, University of Delhi, organized a cleanliness drive on 19th October on the occasion of **Swachhta Pakhwada**. the main objective of the cleanliness drive was to pick up non-biodegradable plastic and clean the surrounding environment. They organized the cleanliness drive where the volunteer cleaned their surrounding environment, like -picking plastic bags, wrappers, bottles, and other waste products, etc .

The photographs and video were uploaded on Instagram handle @nssihe.

The event was a great success, and we thank all the volunteers for their enthusiasm.

**6. Rs of Waste Management** A talk was organized by the NSS Unit IHE to initiate a dialogue on community participation and waste management. The resource persons from a



community-based programme GOONJ were invited to the session. The main themes addressed during the session highlight menstrual hygiene, waste disposal, and concept of circular economy in waste disposal and its management.

 **NATIONAL SERVICE SCHEME**  
Institute of Home Economics  
University of Delhi



in collaboration with

  
GOONJ... a voice, an effort  
for development

is organising a webinar on

**COMMUNITY PARTICIPATION AND  
R's OF WASTE MANAGEMENT.**

**Venue :- Conference Room**  
**Time :- 1:00 to 4:00 pm**  
**Date :- 19th September 2022**



**ORGANISING COMMITTEE**

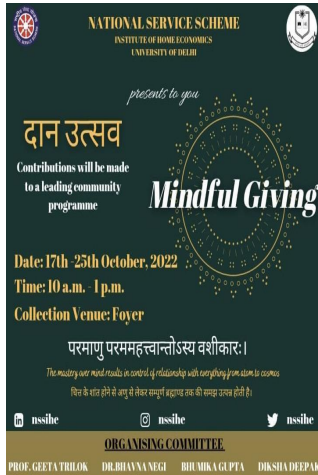
Patron :-	PROF. TRILOK KUMAR (Director, IHE)	DR. BHAVNA NEGI Programme Officer	BIJUMIKA GUPTA NSS Student's President	DIKSHA DEEPAK NSS Student's Secretary
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## 7.Activity: Daan Utsav, the mindful giving

Event Date: 17th to 25th October



National Social Schemes (NSS) of the institute of Home Economics organized a Donation Drive from 17th October 2022 to 25th October 2022. The motiwhole drive's motive is to forward a step towards erasing the hunger of the needy, spreading awareness to share happiness by showing caring and sharing.

The drive was a great success as the college had come up with donations and served humanity. The event started on 17th October; the drive is about collecting donations of food items like grains (rice, wheat, etc.) from college students and teachers. The campaign was conducted by the NSS volunteers, who were heartily bound to collect the Grains or food items. There was a significant participation of all the teachers and students, as they all came up with the donation and helped us promote this drive and step forward to remove the starvation of people and make it hit.

The enthusiasm and zeal of many helped us wind up this drive with flying colors. A great accomplishment and the biggest thanks to all for showing their kindness in making this event a success hit @nssihe



Collection Drive in the College Premises

Link: [https://drive.google.com/file/d/11s-KvFIUPfGLHPYGO5x3-OewhtfkyN2n/view?usp=share\\_link](https://drive.google.com/file/d/11s-KvFIUPfGLHPYGO5x3-OewhtfkyN2n/view?usp=share_link)