

**Number of  
Seminars/conferences/works  
hops conducted by the  
institution during  
the year 2021-2022**

<b>Number of Seminars/conferences/workshops conducted by the institution during the year 2021-2022</b>					
S. No.	Year	Name of the workshop/ seminar	Number of Participants	Date From – To	Link to the Activity report on the website
<b>Dept -BIOCHEMISTRY</b>					
1	2021-2022	Webinar to mark the International Cancer Day (Recent trends in Cancer Research)	200	4th February 2022,	<a href="https://ihe.du.ac.in/category/news-events/page/4/">https://ihe.du.ac.in/category/news-events/page/4/</a>
<b>Dept -ELEMENTARY EDUCATION</b>					
2	2021-2022	Series of Workshops on Inclusive Teaching of the Whole Number Understanding	44	July-August 2021	<a href="http://ihe.du.ac.in/wp-content/uploads/2022/12/B_El.Ed-dept.pdf">http://ihe.du.ac.in/wp-content/uploads/2022/12/B_El.Ed-dept.pdf</a>
3	2021-2022	Adopting inclusive practices in the classroom	44	November 2021, Online	<a href="https://ihe.du.ac.in/wp-content/uploads/2022/12/Annual-Report-2021-22.pdf">https://ihe.du.ac.in/wp-content/uploads/2022/12/Annual-Report-2021-22.pdf</a>
4	2021-2022	Lesson Planning based on Universal Design for Learning	44	January 2022, Online	
5	2021-2022	Teaching History in School	12	October 21st, 2021, Online	
6	2021-2022	Forests as custodian of life	49	September 18 ,2021 Online	
7	2021-2022	Aazadi ka 75 varsh aur Gandhiji ki shikha neeti ki prasangata	88	8th Nov 2021 Online	
8	2021-2022	Workshops on Eklavya Innovative Programme	51	Dec. - January, 2021	
9	2021-2022	Workshops and field visits by Digantar Organization, Jaipur	62	4th April - 8th April, 2022	
10	2021-2022	Eklavya ke Kaam se Parichay	51	4th January, 2022	
11	2021-2022	Bal Sahitya aur Shikshan	51	6th January, 2022	
12	2021-2022	Community Engagement in Education - Challenges and Opportunities	51	10th January, 2022	
13	2021-2022	Shiksha main nyay aur shanti	51	10th January, 2022	
14	2021-2022	Writing Reflective Journals (Panel Discussion)	62	2nd June, 2022	
<b>Dept -Development Communication, Extension and Journalism</b>					

15	2021-2022	Workshop on 'Identifying Fake News, Fact Checking and Online Verification'	92	September 1, 2021	
16	2021-2022	Training session by All India Radio Resource Person for developing radio programs	100	September 3, 2021	
17	2021-2022	Webinar on 'Creative use of sound in Radio Production'	100	September 9, 2021	
18	2021-2022	International Literacy Week - Theme: Education in the times of Covid	90	September 8-14, 2021	
19	2021-2022	A talk on Hindi Diwas	100	September 14, 2021	
20	2021-2022	Webinar on Advertising: Avenues and Trends	100	September 13, 2021	
21	2021-2022	A webinar on 'How and what to listen in a podcast : sound and genres of Podcasts	100	#####	
22	2021-2022	A talk on 'Case Study of a Podcast	100	#####	
23	2021-2022	Workshop on Scriptwriting and Ideation for Podcast	100	October 9, 2021	
24	2021-2022	Webinar on 'Network and SOP Building'	100	October 18, 2021	
25	2021-2022	As a part of Comscpae 2021, Webinar on 'Where Traditional Meets Modern: Communicating through Puppetry	100	October 22, 2021	
26	2021-2022	A talk on Communicating for Health and Well Being	100	October 26, 2021	
27	2021-2022	Outdoor Photography Workshop 'Chasing Landscapes'	40	October 29, 2021	
28	2021-2022	As a part of Comscpae 2021, A webinar on Ethical Challenges of Journalism	100	October 28, 2021	
29	2021-2022	Celebrating 75 years of Independence, the college celebrated Vigilant Awareness Week, during this week , the DCEJ dept organised Aghaaz- an open mic event on topic 'Anti Corruption: Towards a Self-State-Morality	80	November 1, 2021	

		axis in fight against corruption			
30	2021-2022	Art of Broadcasting	100	January 10, 2022	
31	2021-2022	A training session on Stand Up against Street Harrasment	95	January 13, 2022	
32	2021-2022	Information and Communication Technology for women's development	95	April 8, 2022	

#### Dept- Fabric and Apparel Science

34	2021-2022	Technical talk on 'Innovative technologies in apparel sector in current context'	70	26th February 2022	<a href="https://ihe.du.ac.in/wp-content/uploads/2022/12/DEPARTMENT-OF-FABRIC-AND-APPAREL-SCIENCE.pdf">https://ihe.du.ac.in/wp-content/uploads/2022/12/DEPARTMENT-OF-FABRIC-AND-APPAREL-SCIENCE.pdf</a>
35	2021-2022	Workshop on 'Shades of Yellow with Natural Dyes'	41	13th, 20th, 27th August 2021	<a href="https://ihe.du.ac.in/wp-content/uploads/2021/12/3.pdf">https://ihe.du.ac.in/wp-content/uploads/2021/12/3.pdf</a>
36	2021-2022	Technical Talk on 'Protective Clothing for Workers in Cement Industry'.	44	5th March 2022	<a href="https://ihe.du.ac.in/wp-content/uploads/2022/03/Technical-talk-1.pdf">https://ihe.du.ac.in/wp-content/uploads/2022/03/Technical-talk-1.pdf</a>
37	2021-2022	Technical talk on 'Innovating Technical and Traditional Textiles'.	42	5th March 2022	<a href="https://ihe.du.ac.in/wp-content/uploads/2022/03/Technical-talk-2.pdf">https://ihe.du.ac.in/wp-content/uploads/2022/03/Technical-talk-2.pdf</a>

#### Dept -Food & Nutrition and Food Technology

38	2021-2022	A webinar on "The way ahead for good health: Can Ayurevda be our lamp shedding its light for the 21st century?"	125	21st September 2021	<a href="https://ihe.du.ac.in/wp-content/uploads/2022/11/FNFT.pdf">https://ihe.du.ac.in/wp-content/uploads/2022/11/FNFT.pdf</a>
39	2021-2022	Webinar on "Assessing Nutrient Composition of Diets"	55	5th March 2022	<a href="https://ihe.du.ac.in/wp-content/uploads/2022/12/FNFT.pdf">https://ihe.du.ac.in/wp-content/uploads/2022/12/FNFT.pdf</a>
40	2021-2022	Webinar on "Lifestyle Management of Non-Alcoholic Fatty Liver Disease (NAFLD) - A Dietitian's Perspective"	62	8th April 2022	<a href="https://ihe.du.ac.in/wp-content/uploads/2022/12/FNFT.pdf">https://ihe.du.ac.in/wp-content/uploads/2022/12/FNFT.pdf</a>

#### Dept -Human Development and Childhood Studies

41	2021-2022	Understanding Emotional Intelligence	20	25th September 2021	
42	2021-2022	The Art of Story Telling	20/40	27th September 2021/ 6th October 2021	
43	2021-2022	Art and Craft in Preschool	40/20	27th September 2021/ 1st October 2021	
44	2021-2022	The Early Years: Workshop on Fostering Cognitive and Social-Emotional Development	20/40	8 th October 2021/ 11th October 2021	
45	2021-2022	StandUp against Street Harrassment	120	12th October 2021/ 12th October 2021	
46	2021-2022	A Peak into Learning Disabilities	120	22nd October 2021	<a href="https://ihe.du.ac.in/wp-content/uploads/2021/12/B-1.jpeg">https://ihe.du.ac.in/wp-content/uploads/2021/12/B-1.jpeg</a>
47	2021-2022	Understanding Gender: Gender and Media	120	18th January 2022	
48	2021-2022	Understanding Gender: Power and Patriarchy	120	5th February 2022	
49	2021-2022	StandUp against Street Harrassment	140	29th January 2022	
50	2021-2022	Promoting Wellbeing	50	11th February 2022	
51	2021-2022	Reproductive Health: Basics	100	16th February 2022/18th February 2022	
52	2021-2022	Sensitization to Child Rights Related Laws: POCSO and JJ Act	140	26th February 2022	
53	2021-2022	Reclaiming the City: One Step at a Time	120	28th February 2022	
54	2021-2022	Counselling for Self Development and Wellbeing	40	28th February 2022	
55	2021-2022	Yoga and Mindfulness	100	25th March 2022	
56	2021-2022	Lifeskills during Adolescence	50	1st April, 2022	
57	2021-2022	Resilience as a way of Life	50	8th April, 2022	
<b>Dept -Resource Management and Design Application</b>					
58	2021-2022	International Day for Disaster Reduction 2021' in collaboration with 'National Institute of Disaster Management' (Ministry of Home Affairs, Government of India)	215 participants	11-10-21	
59	2021-2022	E-Summit 21, Entrepreneurship-	61 participants	20-23rd-october-2021	<a href="https://ihe.du.ac.in/category/news-">https://ihe.du.ac.in/category/news-</a>

**Dept -Microbiology**

60	2021-2022	Webinar on : Challenges of addressing antimicrobial resistance	82	17th Sep 2021	
61	2021-2022	webinar on : Targeting telomerase promoter- potential Achille's Heel in cancer (1st october, 2021)	60	1st Oct 2021	
62	2021-2022	webinar on : Probiotics: alternative medicine (7th oct 2021),	99	7th Oct 2021	
63	2021-2022	Bio-Entrepreneurship and Introduction to BioNEST-UDSC (8 th oc 2021),	50	8th Oct 2021	
64	2021-2022	Studying principles of tissue morphogenesis (18th oct 2021),	40	18th Oct 2021	
65	2021-2022	Probiotics and Prebiotics: who are they ? what do they do ? (19th oct 2021),	99	19th Oct 2021	
66	2021-2022	Next era in infectious disease managment- changes landscape of medical technologies and public health (29th Oct 2021),	39	29th Oct 2021	
67	2021-2022	BIO WASTE and its managment (15th nov 2021),	60	15th Nov 2021	
68	2021-2022	solid, hazardous, electronic and plastic waste managment (20 th nov 2021),	60	20th Nov 2021	
69	2021-2022	IPR awareness programme (14th Jan 2022),	70	14th Jan 2021	
70	2021-2022	International Women's Day	45	8th March 2022	

**Dept - Physical Education and Sports Sciences and Department of FNFT**

71	2021-2022	Online workshop on "Yoga for Health and Fitness"	108	18th September 2021	<a href="https://ihe.du.ac.in/wp-content/uploads/2022/11/FNFT.pdf">https://ihe.du.ac.in/wp-content/uploads/2022/11/FNFT.pdf</a>
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**Dept - Physiology and Promotive Health**

72	2021-2022	Recent Trends in Brain Research: Unlocking the Mysteries	236	22, 23 March 2022	<a href="https://ihe.du.ac.in/wp-content/uploads/2022/03/ibro.pdf">https://ihe.du.ac.in/wp-content/uploads/2022/03/ibro.pdf</a>
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**Dept- Sciences**

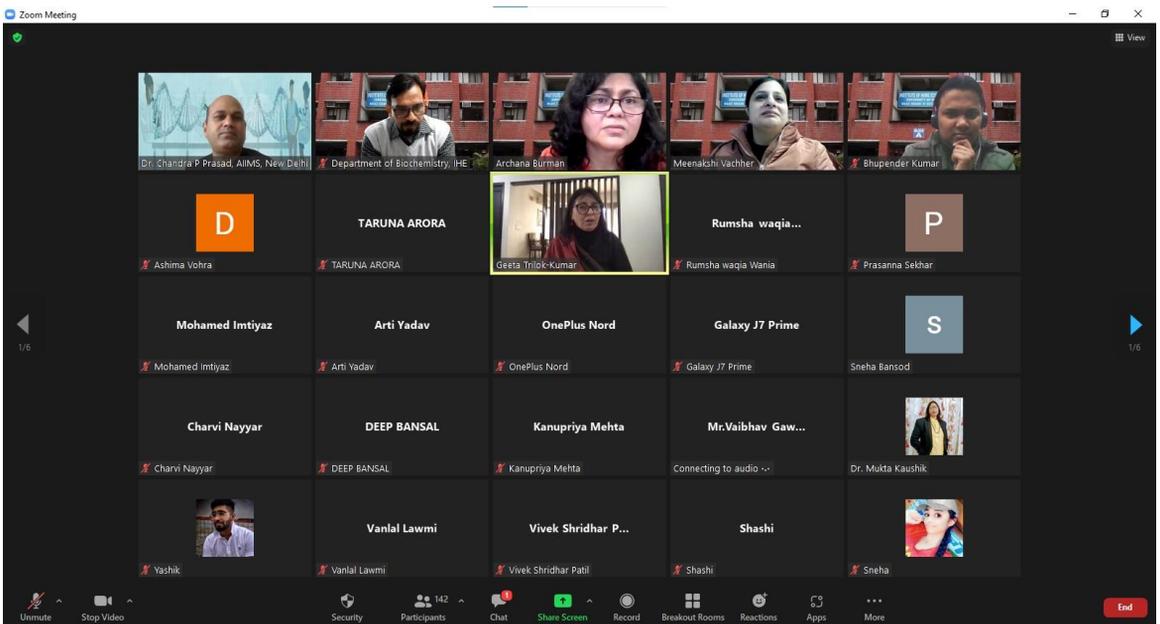
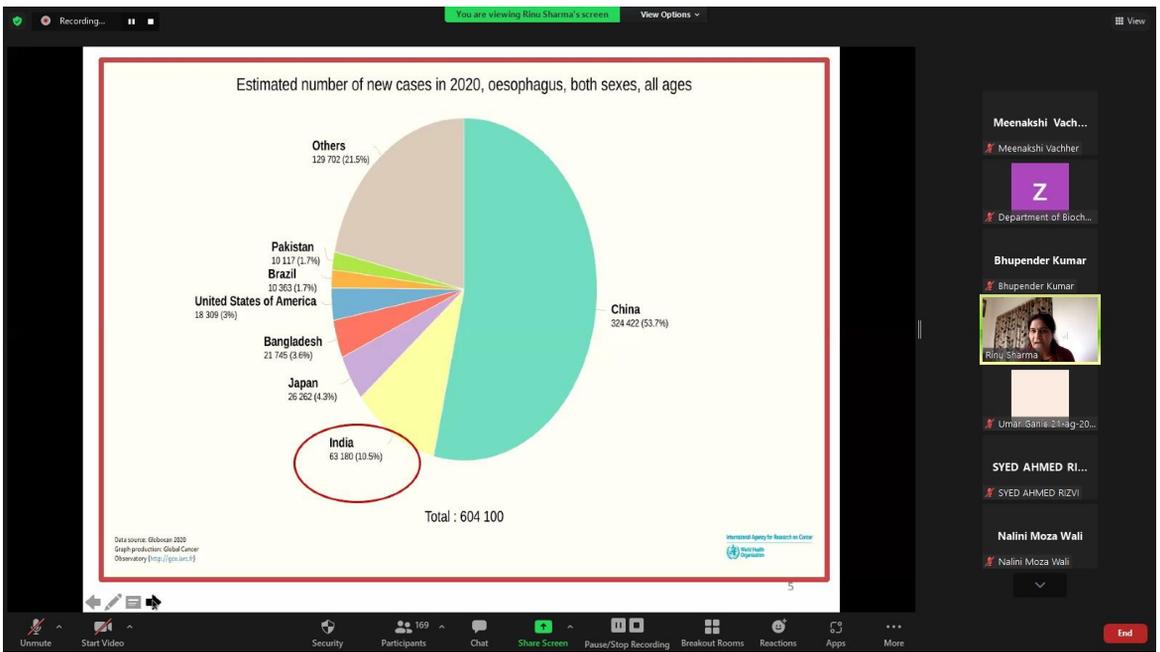
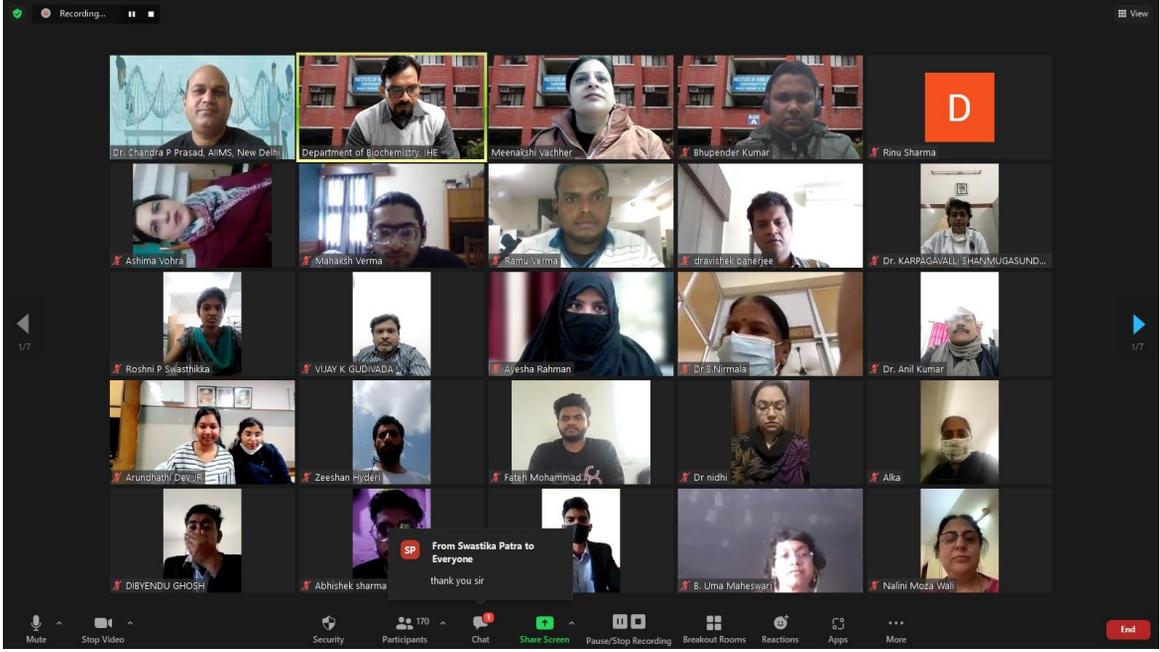
73	2021-2022	Package of Practices on Home Gardening	50	24th September 2022	<a href="https://ihe.du.ac.in/category/news-events/page/5/">https://ihe.du.ac.in/category/news-events/page/5/</a>
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## Department of Bio-chemistry

Department of Biochemistry under the aegis of DBT star college scheme and IQAC conducted webinar on 'Recent Trends in Cancer Research' on 4<sup>th</sup> February 2022. Around 200 participated in webinar.

The slide features the University of Delhi logo on the left and the IHE logo on the right. The text reads: "Department of Biochemistry, Institute of Home Economics, University of Delhi (Under the aegis of DBT star college scheme & IQAC) Presents RECENT TRENDS IN CANCER RESEARCH to mark the International Cancer Day 4th February, 2022". A blue cancer awareness ribbon is centered below the text. On the right side, there is a vertical stack of five video thumbnails showing participants: Bhupender Kumar, Meenakshi Vachher, Archana Burman, and Geeta Trilok-Kumar.

A screenshot of a Zoom meeting grid with 25 participants. The participants are arranged in a 5x5 grid. The names of the participants are: Bhupender Kumar, Department of Biochemistry, IHE, Ritu Sharma, Archana Burman, Nalini Wahi, DR TARUNA ARORA, Dr.S.PONMALAR, Athish Martins, Rahul Jagtap, Mr.Valbhay Gawade, rabia fatima, vivek nizare, Aika, Meenakshi Vachher, Roshni P. Swasthika, Ridhi Kumari, dravishki banerjee, DIVENDU GHOSH, B. Uma Maheswari, Dr.Kirtimaya Mishra, Dr.S.Nirmala, Swastika Patra, Ramu Verma, Pragati Dhingra, and Abhishek Sehrawat.



10:13 | 55.6KB/s

10:15 | 53.8KB/s

Forests as custodians of life

Let's listen to some jungle sounds

Sponsored by :  
Wos B, Kiran Division  
Department of Science & Technology

JUNGLE SOUND EFFECTS

apoorva's screen

  
**DEPARTMENT OF  
ELEMENTARY EDUCATION  
INSTITUTE OF HOME ECONOMICS**

Invites you to the webinar

**ADOPTING INCLUSIVE  
PRACTICES IN THE  
CLASSROOM**

With Speaker

**Ms. Subha  
Chandrashekhar**  
(Founder-Director ANUGRAHAM,  
Fulbright Distinguished Scholar,  
ADA Fellow)

Staff and Students are cordially invited

 **Nov 29,  
2021**

 **2:30 -3:30  
PM**

 **Google  
Meet**

Link here: <https://meet.google.com/dny-kzmo-eiu> **More Info:** Ms. Sharmila Rathee (9911332266)

DEPARTMENT OF ELEMENTARY EDUCATION  
INSTITUTE OF HOME ECONOMICS

Invites you to the webinar

UNIVERSAL DESIGN  
FOR LEARNING BASED  
LESSON PLANNING

By Ms. Manjushree Patil  
(Founder Director | Aatman  
Academy & Country  
Director | Samanta  
Education, India | TEDx  
Speaker & Performer)

Staff and Students are  
cordially invited to  
enrich their  
understanding.



JAN 14 | 10:00 AM TO 1:00 PM |  
ONLINE (GOOGLE MEET)

JOINING LINK  
[HTTPS://MEET.GOOGLE.COM/  
VTI-JNXB-JJX](https://meet.google.com/VTI-JNXB-JJX)

TEACHER LED CLASSROOM	STUDENT LED CLASSROOM
Classroom is designed around teacher's needs	Classroom is designed around students' needs
Teachers are responsible for what students learn	Students are aware and can advocate what and how they learn
Failure is considered as bad	Failure is considered as an evaluation and need to change strategy
Gifted and talented are few	Gift and talent of every

**1. Workshop on identifying Fake News, Fact Checking and Online Verification:**



(Link: <https://meet.google.com/uwp-tdnr-hzp> )

In the era of modern media it is imperative to identify fake information, differentiate between facts and false statistics using various available online verification platforms. Keeping in mind the very objective this workshop was conducted on September 1, 2021 by Ms. Monica Gulati, Official Trainer, Google News Initiative and Programme Executive in the External Service Division of All India Radio for the students studying journalism and home science with specialization development communication and extension.

**2. Workshop on Developing Radio Programs:**

(Link: <https://meet.google.com/gqu-gafp-pzy> )

The workshop was conducted on September 3, 2021 to impart knowledge and skills to produce various radio programmes with different genres using specific information and creative music ideas. The students of B.A Journalism and Home Science Hons. participated in this workshop. The resource person was a very well-known personality, Ms. Monica Gulati, Official Trainer, Google News Initiative and Programme Executive in the External Service Division of All India Radio.

**3. Seminar on Creative Use of Sound in Radio Production:**



(Link: <https://meet.google.com/egs-wyzm-vqq> )

This seminar was conducted by Radio Jockey Manav, RJ, Actor, Director, Anchor, Radio Professional, Voice over artist, Motivational Speaker having a very specific objective of how to use sounds and music creatively to build an instant connection between radio programme and the listeners in terms of reality and content relatability. In this workshop students were able to analyze the different production dynamics within public and private radio channels.

#### **4. Seminar on Advertising- Avenues and Trends:**

(Link: <https://meet.google.com/fqg-bihr-mkt> )

The workshop was conducted on 13 September, 2021 by Mr. Ranjan Mazumdar, Founder RnT Communications for the students of journalism and home science with specialization development communication and extension. The objective of the workshop was to enlighten students about the evolving advertising trends from the quintessentially traditional print ads and TV spots to new marketing strategies that include QR codes, co-branding, content marketing and online advertising.

#### **5. Seminar on Role of Traditional Media in Contemporary Times:**

DEPARTMENT OF  
DEVELOPMENT COMMUNICATION, EXTENSION  
AND JOURNALISM  
INSTITUTE OF HOME ECONOMICS  
University of Delhi  
is celebrating

**LITERACY WEEK  
AND  
HINDI DIWAS**  
(Sept 8 to Sept 14 2021)

**WITH  
DR.DEVENDRA SHARMA**  
(PROFESSOR  
CALIFORNIA STATE UNIVERSITY)

**A Talk  
on  
Role of Traditional Media  
in Contemporary Times**

Key Highlights:

- Emerging Trends
- Different formats of traditional media
- Growing use of Hindi language in traditional media

Tuesday,  
14th September'21, 12 Noon to 1 PM  
Meeting Link:  
<https://meet.google.com/gog-axvv-kbz>

(Link: <https://meet.google.com/gog-axvv-kbz> )

With fast moving technology, traditional media is losing its status and existence in main stream media. Our esteemed resource person Prof. Devendra Sharma, Professor Communication at California State University, USA conducted this workshop on 14 September, 2021 with special focus on the role and impact of traditional media in management of challenging and intricate topics of society in contemporary world with being tolerant about various realities of society. He also focused on growing use of Hindi language in different formats of traditional media.

#### **6. Seminar on How and What to Listen in Podcast- Sound and Genres:**

(Link: <https://meet.google.com/lookup/brgrdr2dyp> )

Podcast is a burgeoning trend of radio industry with amplified listener's interest due to its appealing content and relatability. This seminar was intended to impart knowledge among students about various genres of podcast and where and when a podcast needs music and sound effects to enhance the emotions and guide your listeners through the different segments of your audio show. This seminar was conducted on 23 September, 2021 by Ms. Sayantani Mustafi, Podcast Creator for the students of B.A Journalism.

#### **7. Seminar on Case Study of Podcast:**



(Link: <https://meet.google.com/lookup/brgrdr2dypp> )

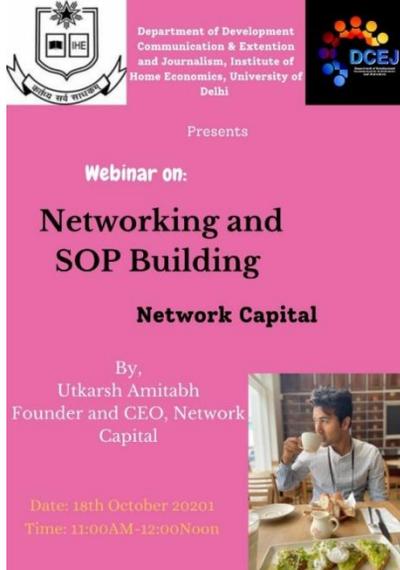
The seminar was conducted by Ms. Deepti Ahuja, Producer, HT STARCAST on 25 September, 2021, to enlighten students about a podcast case study can be the perfect content to help you to speak directly to the needs of your target audience and listeners. She also focused on various podcasting marketing advertising techniques with well researched content that fascinate more and more listeners. Students of journalism and home science hons. joined in this seminar.

#### **8. Workshop on Script Writing and Ideation for Podcast:**

(Link: <https://meet.google.com/upc-yrsf-wef> )

This workshop was conducted on 9 October 2021, with an objective of use of creative writing and breakdown the essentials elements of a good outline. Mr. Athar Rather, Creative Producer, The Quint, resource person of this workshop focused on how ideation podcast is an on-the-go podcast designed to help the students' move their ideas forward through better implementation.

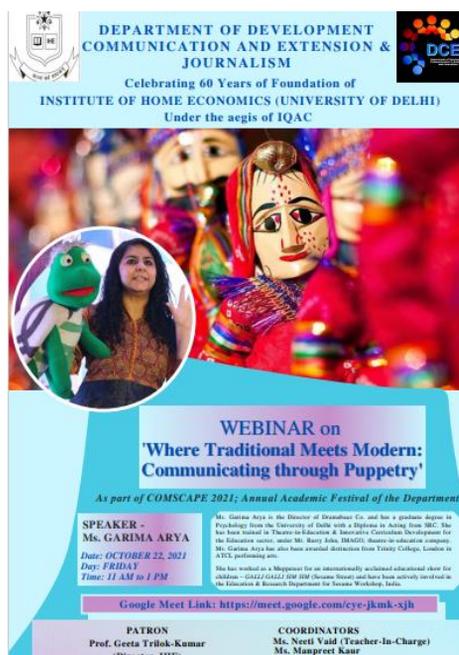
#### **9. Seminar on 'Network and SOP'**



(Link: <https://zoom.us/j/98826778789?pwd=T2ZRSWl4Z3hha3B2endOc0d0bEVaZz09> )

On 18 October 2021, a seminar was conducted for the students of Journalism and Home Science Hons with communication specialization on networking and SOP building by Mr. Utkarsh Amitabh, Founder and CEO Network Capital. Mr. Utkarsh sensitized the students about the need of networking to get ahead in these competitive times, He also emphasized on the importance and the impact of building an effective statement of purpose to get an edge ahead while presenting your ideas during networking.

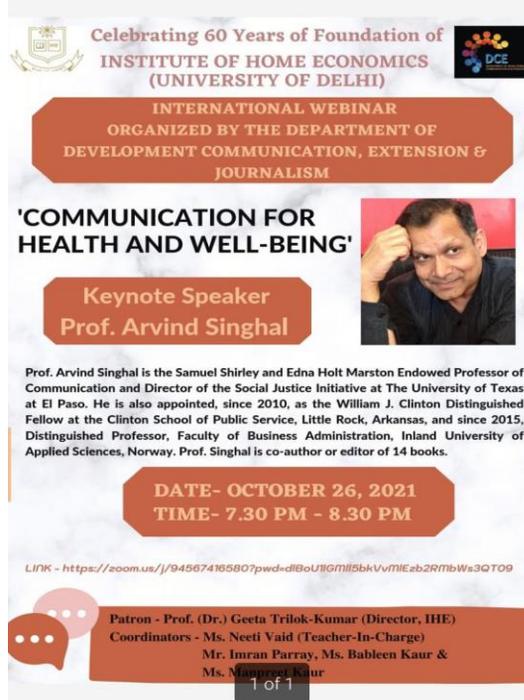
### 10. Seminar on 'Where Traditional Meets Modern: Communicating through Puppetry.'



(Link: <https://meet.google.com/cye-jkmk-xjh> )

The workshop was conducted on 22 October 2021, by Ms. Garima Arya, Director, Dramabaaaz Co. Ms. Garima Arya has worked as a Muppeteer for an internationally acclaimed educational show for children – *GALLI GALLI SIM SIM* (Sesame Street). The objective was to motivate students to use puppetry as a medium of communication to discuss harsh realities of society in a very subtle manner. She also explained the scope of amalgamation of traditional and modern media to cater to the different needs of today's diverse audience.

### 11. Seminar on 'Communicating for Health and Well Being'



(Link: <https://zoom.us/j/94567416580?pwd=dIBoU1lGMlI5bkVvMlEzb2RMbWw3QT09> )

The seminar was conducted on 26 October 2021, for the students of Home Science and Journalism by Prof. Arvind Singhal, the Samuel Shirley and Edna Holt Marston Endowed Professor of Communication and Director of the Social Justice Initiative at The University of Texas at El Paso. The keynote speaker of the session emphasized on the role of communication in the challenging times of Covid-19 and how it has been affecting the mental well-being of the general public.

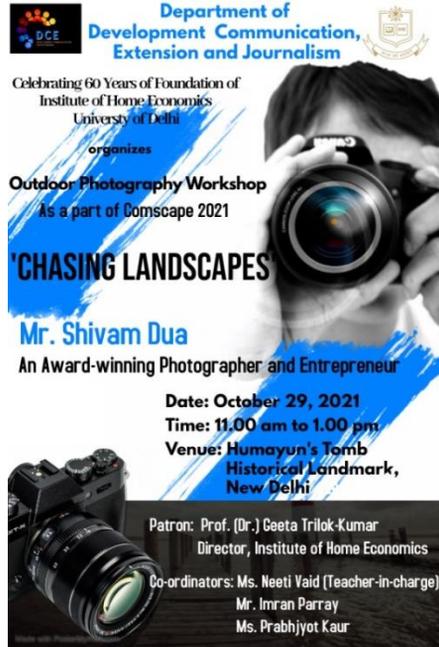
## 12. Seminar on ‘Ethical Challenges of Journalism’



(Link: <https://meet.google.com/ncw-pcod-rxq> )

The seminar was conducted on 28 October 2021, by the keynote speaker Prof. Shashwati Goswami, Professor, Indian Institute of Mass Communication. She talked about various ethical dilemmas that could be faced by a journalism while reporting about sensitive and controversial topics. She also focused about how the objectives of journalism sometimes conflict with journalistic ethics and how one as an individual or organization must decide which should be prioritize. The seminar was conducted for the students of B,A journalism and Home Science Hons. with Communication as a specialization.

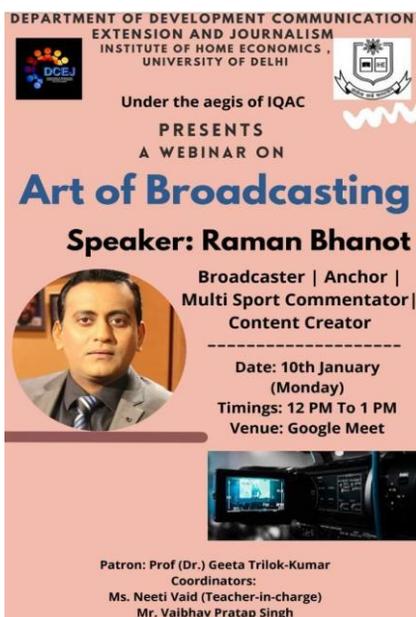
## 13. Outdoor Photography Workshop 'Chasing Landscapes':



Poster of the

Mr. Shivam Dua demonstrate how to handle camera, during outdoor photography to students A workshop was conducted by Mr. Shivam Dua, an award winning photographer for the students of B.A Journalism on 29 October 2021. This was an outdoor workshop where students were able to understand and experience different dynamics of outdoor photography in terms of lighting, camera angles, depth, frame setting and many more. In this workshop the group of students visited some famous public spots like Hamayus Tomb and Safdarjung Tomb Delhi.

#### 14. Seminar on ‘the Art of Broadcasting’



(Link: <https://meet.google.com/yuh-toha-jbf>)

The workshop was held on 10 January 2022, by the resource person Mr. Raman Bhanot, Broadcaster, Anchor, Multi-Sport Commentator for the students of Journalism and Home

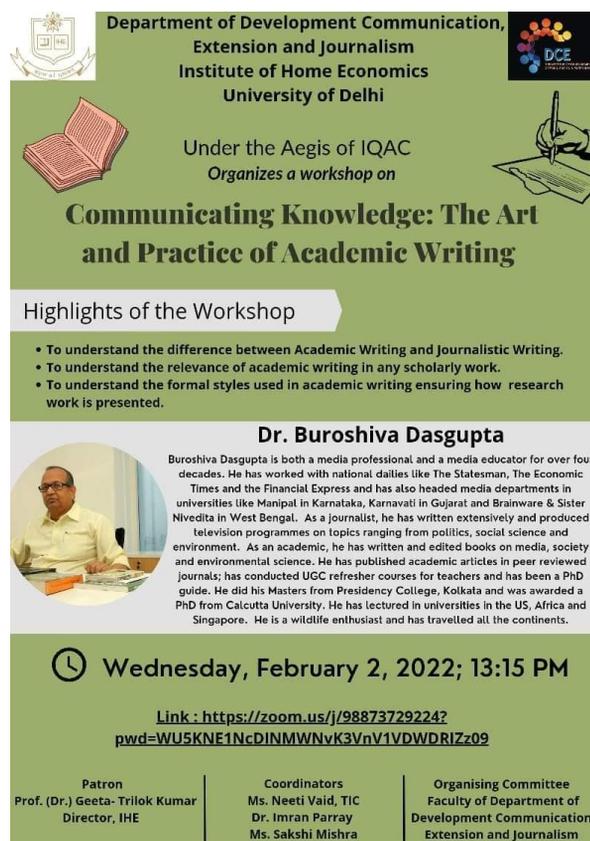
Science. The objective of the workshop was to build an understanding about the elements of broadcasting and how the different media platforms are connecting with each other to increase the reach.

### 15. Workshop on ‘Stand Up against Street Harassment’



The workshop was conducted by Ms. Bisma Javed, Trainer, Breakthrough Trust on 13 January 2022, for the students of Journalism and Home Science to sensitize students about the status of women in the Indian society and how these cases of street harassment against women is increasing with a very fast pace. She also discussed about various self-defense techniques and tactics for protection.

### 16. Workshop ‘Communicating Knowledge: The Art and Practice of Academic Writing’



Department of Development Communication and Extension and Journalism invited Dr. Buroshiva Dasgupta, Media Professional and Educator as a keynote speaker for the workshop on

Communicating Knowledge: The Art and Practice of Academic Writing on 2 February 2022. The workshop was attended by students of Journalism and Home Science Hons. with specialization in communication and extension. Dr. Buroshiva shared his knowledge about academic writing and tips for writing the same.

### 17. Workshop on 'Creating Community Videos: The art of crafting stories'



The workshop was conducted on 12 February 2022 by Mr. Vishal Vardhan, Senior Executive Producer at Digital Green to enlighten the students of Journalism and Home Science Hons. about the concept of making community videos as a participatory media to ensure peoples engagement. He also shared his knowledge of converting a case study into an effective audio-video medium for increasing coverage and impact.

### 18. Workshop on 'Website Planning and Content Development'



The workshop was conducted on 15 February 2022, on the topic of website planning and content development. The resource person Ms. Gagandeep Kaur, Brand Manager and Copywriter, Redleaf Communication impart knowledge and skills of making websites proficiently. She also focused on the tips to attract online traffic by selecting and presenting right content in a planned manner. The workshop was attended by students of Journalism and Home Science Hons. with specialization in communication and extension.

### 19. Workshop on 'Authorship and Ownership and Pursuit of Monetization in Digital Spaces'



Mr. Sonal Sehgal, Director, Global Honey Bee was invited as a keynote speaker for the Workshop on 'Authorship and Ownership and Pursuit of Monetization in Digital Spaces' on 25 February 2022 for the students of Journalism and Home Science Hons. He shared his expert knowledge and experience of various digital platforms and spaces and how these platforms work in terms of authorship and ownership.

## 20. Workshop on 'The art of Video Creation'



The workshop was conducted on 6 April 2022, for the students of Journalism Course. The keynote speakers were Ms. Monica Gulati, Program Executive and Mr. Rohit Kaushik, Editor, Doordarshan. They address the students by focusing the emerging trends in video creation in the era of social and digital media. They also enlighten the students with different tools and techniques for proficient video recording and editing.

## 21. Seminar on 'Women and Camera' with special focus on the Women Photojournalists in India'

INSTITUTE OF HOME ECONOMICS  
UNIVERSITY OF DELHI  
DEPARTMENT OF DEVELOPMENT COMMUNICATION AND EXTENSION &  
JOURNALISM

**COMSCAPE 3.0**

brings to you our,

**KEYNOTE SESSION**

**'Women and the Camera',  
with a special focus on  
India's First Woman Press Photographer**

by

**Dr. Sabeena Gadihoke**

Documentary filmmaker, Cameraperson,  
Professor, Video and TV Production, Digital Media Arts,  
AJK MCRC Jamia Millia Islamia

7 April, 2022  
11 am onwards  
Conference  
room

PATRON  
DR. GEETA TRILOK KUMAR  
DIRECTOR, IHE

CONVENER  
MS. NEETI VAID  
TEACHER INCHARGE

COORDINATORS  
DR. YUKI AZAD TOMAR  
MS. MANPREET  
MS. BABLEEN  
MS. PRABHYOT KAUR

PADMAJYA YOGESH  
(MEDIA CLUB PRESIDENT)  
7888905418

SYED MUSKAN  
(MEDIA CLUB VICE PRESIDENT)  
66006220256

SOHA SHARMA  
(PHOTOGRAPHY CLUB COORDINATOR)  
9990590444

On the occasion of Comscape 3.0, a seminar was planned and conducted with keynote speaker Dr. Sabeena Gadihoke, Documentary Filmmaker, Cameraperson, Professor, Video and TV Production, Digital Media Arts, AJK MCRC, Jamia Milia Islamia for the students of Journalism and Home Science on 7 April 2022. The seminar was focused on the position and status of women in media as mainstream photographers. She mainly focused on the India's first woman press photographer and sensitize the students about the challenges and obstacle she faced during the journey.

## 22. Seminar on 'Information and Communication Technology for Women's Development'

Department of Development  
Communication & Extension and Journalism,  
Institute Of Home Economics  
University Of Delhi

**LECTURE ON INFORMATION AND  
COMMUNICATION TECHNOLOGY FOR  
WOMEN'S DEVELOPMENT**



Date: 8th April  
Time: 3:00-5:00PM

**OUR GUEST SPEAKER IS**

**SHAILZA TANEJA**  
A public health professional,  
A passionate writer,  
A poet novelist,  
and a memoirist

Patron  
Prof. Geeta Trilok Kumar  
Director, IHE

Convenor  
Ms. Neeti Vaid  
Teacher-In-Charge

Coordinator  
Ms. Megha Gupta



The workshop was conducted on 8 April 2022, for the students of B.A Journalism and Home Science Hons. with resource person Ms. Shalza Taneja, Public Health Professional, UN AIDS. The objective of the workshop was to highlight the role of information and communication technology in bringing about change and development in women status, education, employment and mobility.

**REPORT ON TECHNICAL TALK “INNOVATIVE TECHNOLOGIES IN APPAREL  
SECTOR IN CURRENT CONTEXT”**

**INSTITUTE OF HOME ECONOMICS (UNIVERSITY OF DELHI)**

**DEPARTMENT OF FABRIC AND APPAREL SCIENCE**

UNDER THE AEGIS OF DBT “STAR COLLEGE SCHEME AND IQAC”

**PRESENTS**

26.02.2022 @ 10 AM

**INNOVATIVE TECHNOLOGIES IN APPAREL SECTOR  
IN CURRENT CONTEXT**

**SPEAKER : MRS. GIRIJA JHA**  
Associate Professor Department of Fashion Technology  
NIFT, New Delhi  
link for joining: <https://meet.google.com/ckj-wdpv-mvw>



**Patron**  
Dr. Geeta Trilok-Kumar, Director

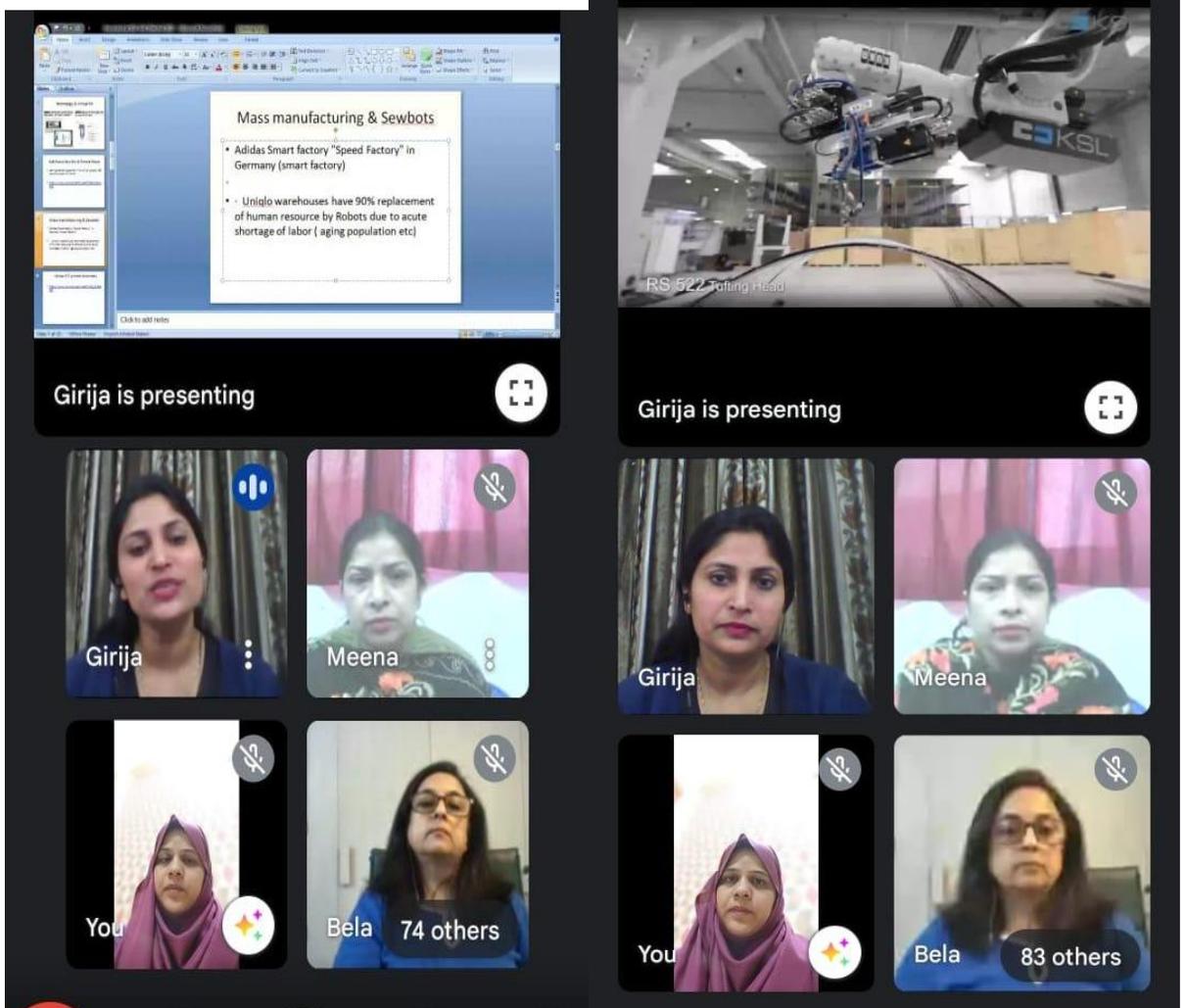
**Coordinator**  
Dr. Meena Batham (Teacher-In-Charge) & Dr. Shazia

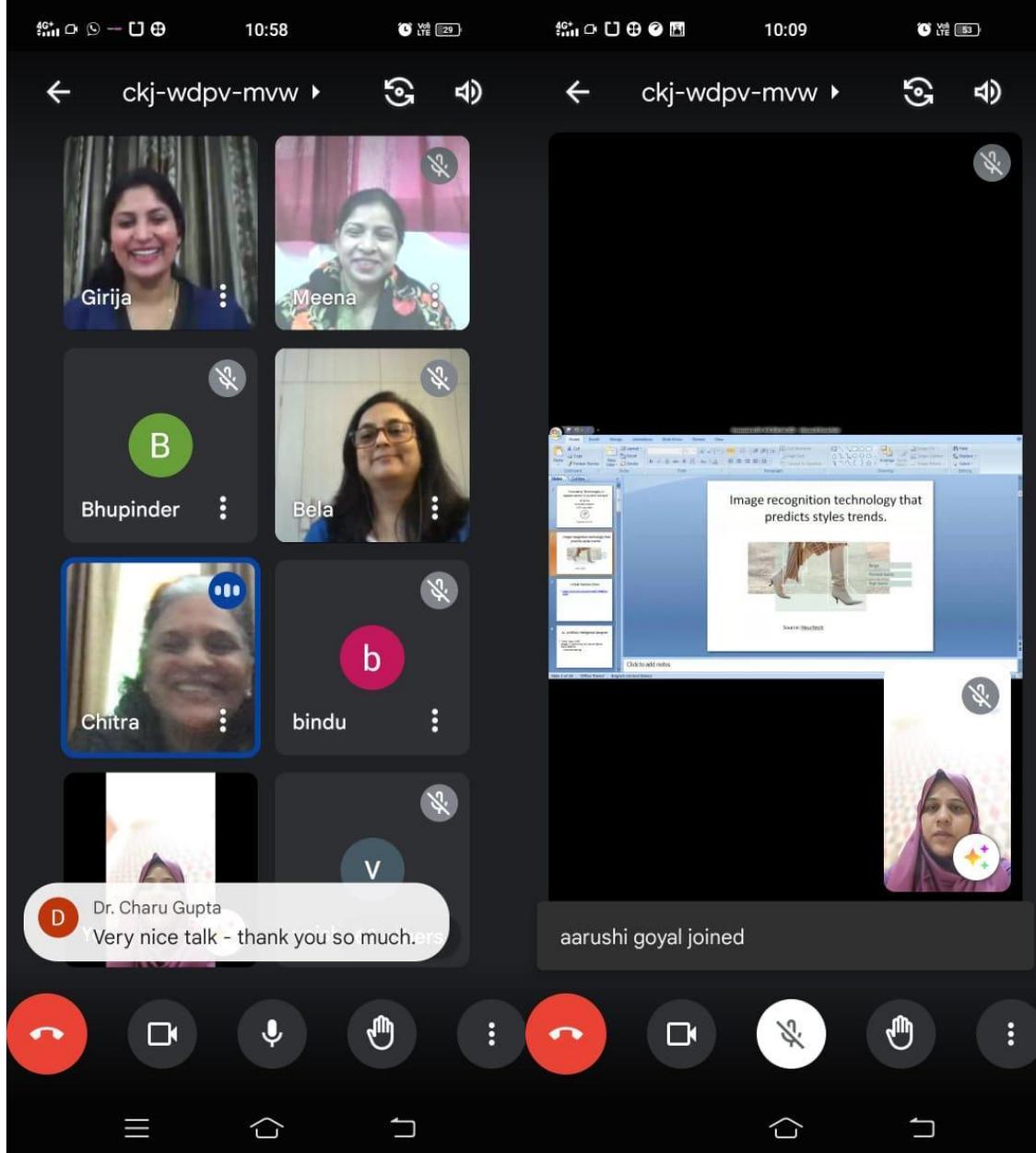
Department of Fabric and Apparel Science organized a Technical talk on 26<sup>th</sup> February 2022 on “**Innovative technologies in apparel sector in current context**” the Technical talk was conducted online mode and speaker was Mrs. Girija Jha. This Technical talk was coordinated by Dr. Meena Batham, Dr. Shazia Mehtab teaching in the Institute of Home Economics. Approximately 70 students participated in this technical talk Mrs. Girija Jha is currently an associate professor in the department of Fashion technology at NIFT Delhi. Her expertise lies in garment manufacturing technology and sustainability. With almost two decades of experience in academia and industry, she is currently working in the domain of sustainability.

The purpose of the Technical talk is to impart knowledge about new technologies existing in the garment industry sector and new sustainable way outs of production.

The purpose of the talk was to sensitize and motivate students to explore the field of new technologies. Today, the textiles & apparel sector is one of the largest contributors to India’s exports and second largest employer after Agriculture. Apparel manufacturing alone, currently provides employment to a population of 12.3 million. In the last couple of years the growth rate of India is decreasing because of less technological advancement. Garment manufacturing industry is highly labor intensive and in India it is fragmented (with mostly small and mid-sized factories) driven by individual entrepreneurial spirit, leading to limited technological advancement and investment. It is recommended to design a standard factory grading system based on current technology level. Based on factories’ current rating and willingness to improve their rating, government may provide subsidies/incentives. Also, it is suggested that ERP Software is covered under TUFs to ensure efficient process management at production floor. To ensure that India stays ahead in terms of Technological advancement, it has been suggested that the

curriculum for Robotics/Pneumatics be introduced for Garment Manufacturing Technology courses.





## Report

### Workshop series: Shades of Yellow with Natural Dyes

The Department of Fabric and Apparel Science, Institute of Home Economics, University of Delhi, conducted an online workshop series on **‘Shades of Yellow with Natural Dyes’** in August’21 (13<sup>th</sup>, 20<sup>th</sup> and 27<sup>th</sup> August, 4:00- 6:00 pm.) under the aegis of Star college scheme of DST and IQAC. The workshop was conducted under the patronship of Prof. (Dr.) Geeta Trilok Kumar (Director, Institute of Home Economics) and guidance of Dr.Chanchal (Teacher-in-charge, Department of Fabric and Apparel Science). The workshop was coordinated by Dr. Charu Gupta (Associate Professor), Dr. Preeti Kaur Sachdeva (Assistant Professor) and Dr. Sunita Aggarwal (Associate Professor, Department of Microbiology). The student volunteers for the workshop series were Ms. Aakanksha Agrawal (PhD Scholar) and Ms. Chehak Bansal.

**Institute of Home Economics**  
University of Delhi  
**Department of Fabric and Apparel Science**  
Under the aegis of Star college scheme of DBT and IQAC

Presents online workshop series on

## Shades of Yellow with Natural Dyes

**Workshop details and schedule:**

1. Introduction to natural dyes; Antimicrobial activity of natural dyes (13th August, Friday, 4-6 p.m.)
2. All about Mordants; techniques of mordanting (20th August, Friday, 4-6 p.m.)
3. Dyeing with turmeric and onion peels; shade card and design effects (27th August, Friday, 4-6 p.m.)

This workshop series aims to reach enthusiasts of natural dyes in a community comprising of stakeholders like academic institutes, designers, traditional dyers, and above all organic lovers. It entails fundamental features of natural dyes and mordants, and various steps of their application on textile substrates.

**Coordinator and Resource Persons:**  
Dr. Chanchal (Teacher-in-charge), Dr. Charu Gupta (Associate Professor),  
Dr. Preeti Kaur Sachdeva (Assistant Professor),  
Dr. Sunita Aggarwal (Associate Professor, Microbiology Department)

**Student Volunteers:**  
Ms. Akanksha Aggarwal, Ms. Chehak Bansal

**Patron:**  
Prof. (Dr.) Geeta Trilok Kumar  
Director  
Institute of Home Economics

Registration link: <https://forms.gle/7ZSH2P7H3D0A18>

The workshop series aimed to reach the enthusiasts of natural dyes in a community comprising of stake holders like academic institutes, designers, traditional dyers and lovers of organic eco- friendly things. It entails fundamental features of natural dyes and mordants along with explaining the various steps involved in their application on textile substrates.

The objective of this workshop series was to explain how one can easily dye fabrics in beautiful shades of yellow at home with material easily available in every household. Thus, the application of two natural dyes was explored in depth – Onion peel dye and Turmeric. The bio-mordants used were also easily procurable – alum (phitkari), harad and aloe vera. To achieve varied colour pallete metal mordants were also used like ferrous sulphate, aluminium sulphate.

The participants were students from Institute of Home Economics (of undergraduate and post graduate level) as well as people from outside the college (Pearl Academy, Amity University, Dayalbagh Educational Institute and some freelance designers). All the participants took part in the workshop series actively, by preparing samples at home using different tie and dye techniques and making a shade card of samples dyed and mordanted with different compounds.

The first session (13<sup>th</sup> August) was given by Dr. Charu Gupta on natural dyes. The participants were given a basic understanding of natural dyes and mordants. It was followed by a session giving an overview of antimicrobial property possessed by many natural dyes. It was given by Dr. Sunita Aggarwal. Followed the two presentations, Dr. Preeti Kaur Sachdeva explained the ingredients required for the upcoming two sessions. The first session was attended by 41 participants. The participants were given a list of materials for mordanting and dyeing at home.

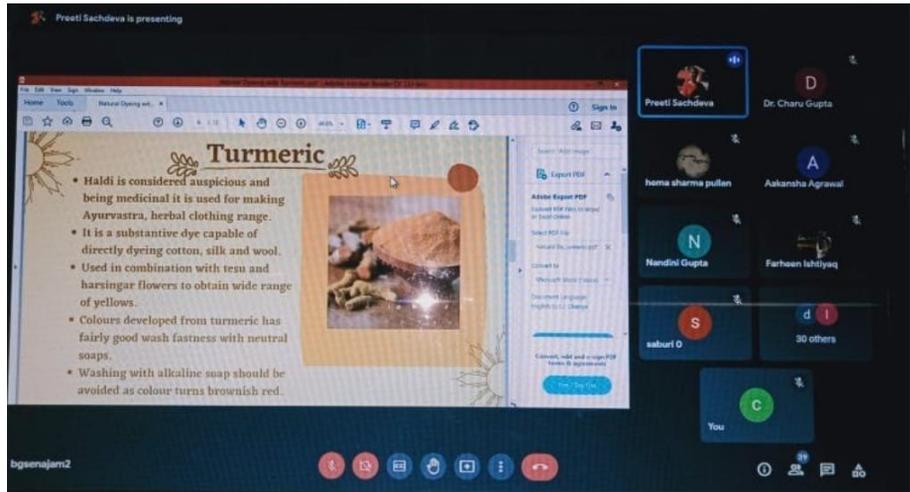
The next session (on 20<sup>th</sup> August) was given by Dr. Charu Gupta. She thoroughly explained the preparation treatments needed for fabric before dyeing/mordanting and the different mordanting procedures that can be used. In the next sessions, natural dyes extracted from onion peel and turmeric powder were discussed by Aakanksha Agrawal and Dr. Preeti Kaur Sachdeva. 40 participants attended the session. The procedures of dyeing with these dyes were explained in detail so that participants could easily try it at home.

In the final sessions on 27<sup>th</sup> August, some participants presented the dying they had been able to do at their home. They also developed a shade card for the dyes. It was followed by a demo session on different tie and dye and shibori techniques by Ms. Chehak Bansal. It was followed by a session on ‘machine tritik’ technique of tie and dye, given by Dr. Vandana Jaglan (Principal, Satyam Fashion Institute). The results that can be obtained by all those techniques were also shown. 41 participants attended the last session. Certificate of participation was provided to all the participants.

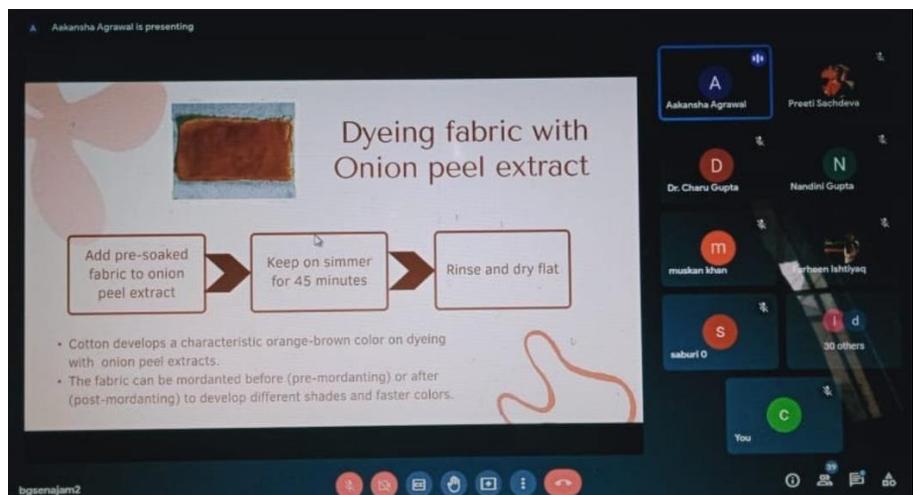
Some images showing student's work and session presentations are as follows:



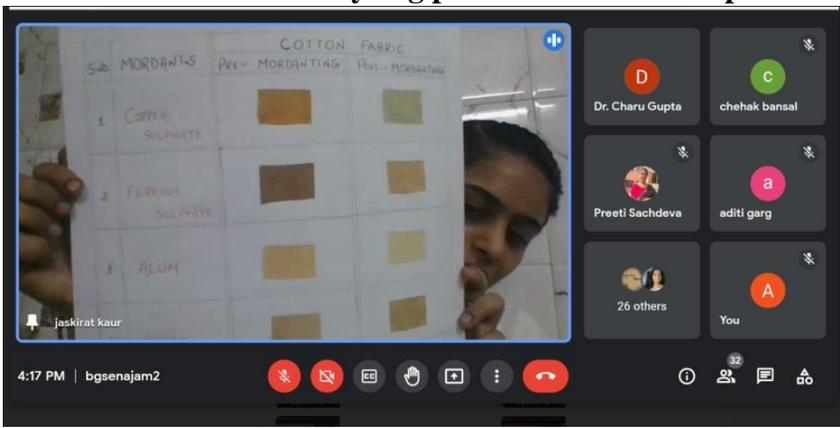
Session 1 on 13<sup>th</sup> August'21



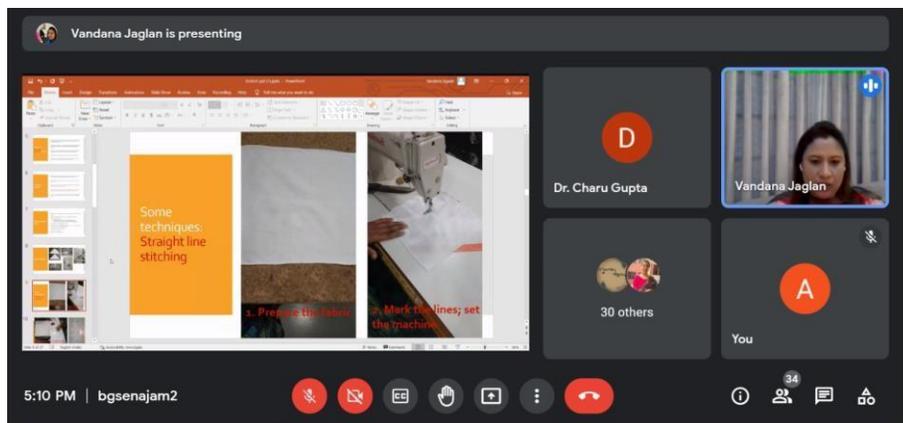
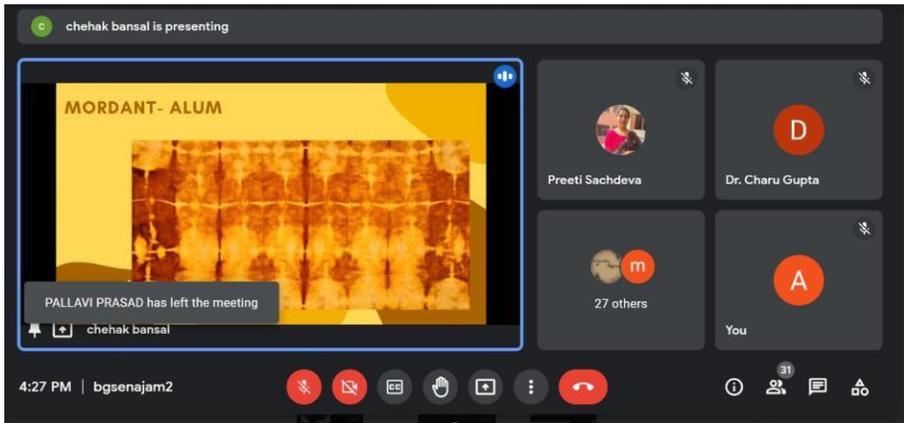
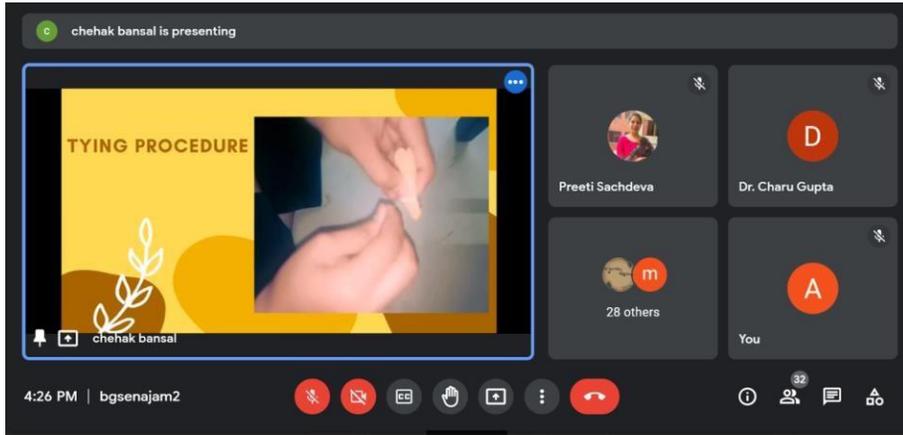
### Dyeing procedure with turmeric



# Dyeing procedure with onion peel extract



Participants showing the shade cards they developed



Session on machine kritik by Dr. Vandana Jaglan

Demo session on tie and dye procedure

## Department of Food & Nutrition and Food Technology

Webinar A webinar on “The way ahead for good health: Can Ayurveda be our lamp shedding its light for the 21st century?” was organized on 21st September 2021. The speaker at the webinar was Dr. Shobha A. Udipi, Research Director & Head, Honorary Director, Integrative Nutrition and Ayurvedicals, Medical Research Centre-Kasturba Health Society, Mumbai, and Professor Emeritus, University of Transdisciplinary Health Sciences & Technology, Bengaluru. She described the role of Ayurveda, its principles and role in determining nutrition, health and wellbeing of people. The webinar was attended by more than 100 students of B.Sc. (Hons.) Home Science, B.Sc. (Hons.) Food Technology and M.Sc. Food & Nutrition, faculty members and alumni of the Institute of Home Economics. Live streaming of the webinar was also done on the Facebook page of the FNFT Department.

**Poshan Maah Celebrations 2021**  
DEPARTMENT OF FOOD AND NUTRITION & FOOD TECHNOLOGY  
INSTITUTE OF HOME ECONOMICS  
UNIVERSITY OF DELHI  
Presents a Webinar on

**The Way Ahead for Good Health:  
Can Ayurveda be our Lamp Shedding its Light  
for the 21st Century?**

**Speaker**  
  
**Dr. Shobha Udipi**  
Former Professor and Head  
Department of Food and Nutrition  
SNDT University, Mumbai

**DATE:** Tuesday, 21st September 2021  
**TIME:** 11 am  
**WEBINAR LINK:**  
For joining us on Google meet:  
[meet.google.com/qcd-mgnt-tbh](https://meet.google.com/qcd-mgnt-tbh)  
For livestreaming on Facebook:  
<https://fb.me/s/1BEpNgEcv>

**E. CERTIFICATES WILL BE GIVEN TO ALL PARTICIPANTS**

<b>PATRON</b> Prof. Geeta Trilok-Kumar Director Institute of Home Economics	<b>TEACHER-IN-CHARGE</b> Ms. Shigra Gupta	<b>ORGANIZING TEAM</b> Dr. Seema Puri (Convener) Ms. Deepshikha Dr. Vandana Sabharwal
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For queries kindly Whatsapp at: 987116295, 7503406779

Meet - qcd-mgnt-tbh - Google Chrome  
meet.google.com/qcd-mgnt-tbh?authuser=0

REC Dr Vandana Sabharwal is presenting

**Poshan Maah Celebrations 2021**  
DEPARTMENT OF FOOD AND NUTRITION & FOOD TECHNOLOGY  
INSTITUTE OF HOME ECONOMICS  
UNIVERSITY OF DELHI  
Welcomes to a Webinar on

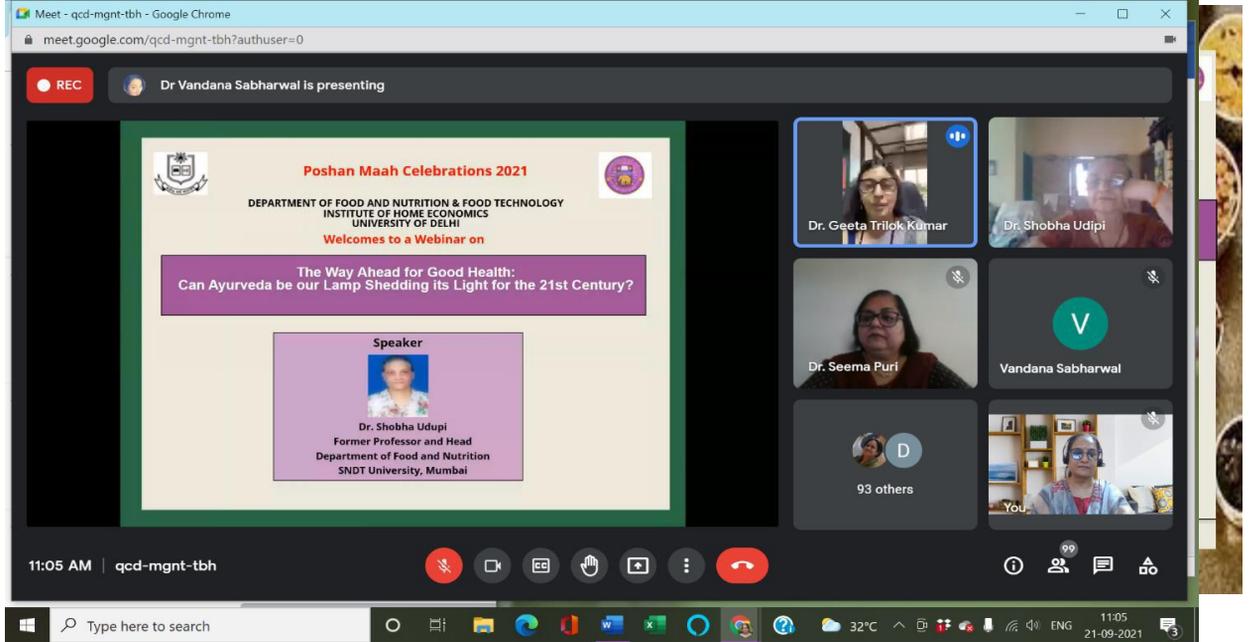
**The Way Ahead for Good Health:  
Can Ayurveda be our Lamp Shedding its Light for the 21st Century?**

**Speaker**  
  
**Dr. Shobha Udipi**  
Former Professor and Head  
Department of Food and Nutrition  
SNDT University, Mumbai

Dr. Geeta Trilok Kumar  
Dr. Shobha Udipi  
Dr. Seema Puri  
Vandana Sabharwal  
93 others

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21-09-2021



Webinar A webinar on “The way ahead for good health: Can Ayurveda be our lamp shedding its light for the 21st century?” was organized on 21st September 2021. The speaker at the webinar was Dr. Shobha A. Udipi, Research Director & Head, Honor ary Director, Integrative Nutrition and Ayurceuticals, Medical Research Centre-Kasturba Health Society, Mumbai, and Professor Emeritus, University of Transdisciplinary Health Sciences & Technology, Bengaluru. She described the role of Ayurveda, its principles and role in determining nutrition, health and wellbeing of people. The webinar was attended by more than 100 students of B.Sc. (Hons.) Home Science, B.Sc. (Hons.) Food Technology and M.Sc. Food & Nutrition, faculty members and alumni of the Institute of Home Economics. Live streaming of the webinar was also done on the Facebook page of the FNFT Department.

To celebrate World Health Day, a webinar on “**Lifestyle Management of Non-Alcoholic Fatty Liver Disease (NAFLD) - A Dietitian’s Perspective**” was organized by the Department on 8th April 2022. The speaker for the webinar was Dr. Namrata Singh, Assistant Professor, Discipline of Nutritional Sciences, School of Continuing Education, IGNOU and Former Dietitian, AIIMS, Delhi. Sixty-two participants attended the webinar which included students of M.Sc. Food and Nutrition and B.Sc. (Hons.) Home Science along with faculty members of the Food & Nutrition and Food Technology Department. The speaker highlighted the risk factors, management, and preventive strategies for NAFLD in an interactive session which was

**DEPARTMENT OF FOOD AND NUTRITION & FOOD TECHNOLOGY  
INSTITUTE OF HOME ECONOMICS  
(University of Delhi)**  
On  
**WORLD HEALTH DAY, 2022**  
Presents a Webinar

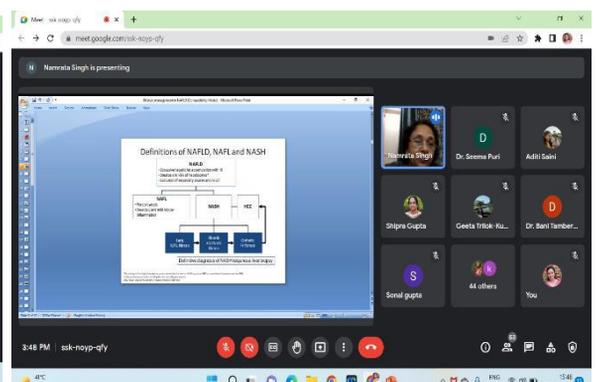
**LIFE STYLE MANAGEMENT OF NON ALCOHOLIC FATTY LIVER DISEASE- A DIETITIAN'S PERSPECTIVE**

**Speaker:**  
Dr. Namrata Singh  
Assistant Professor  
Discipline of Nutritional Sciences  
School of Continuing Education  
IGNOU

**Friday, 8<sup>th</sup> April, 2022**  
3:30pm onwards

**Meeting URL :** <https://meet.google.com/ssk-noyp-qfy>

PATRON	TEACHER-IN-CHARGE	ORGANIZING COMMITTEE
Prof. Geeta Trilok-Kumar Director, IHE	Dr. Shipra Gupta	Dr. Seema Puri (Convener) Dr. Vandana Sabharwal Dr. Sonal Gupta Jain

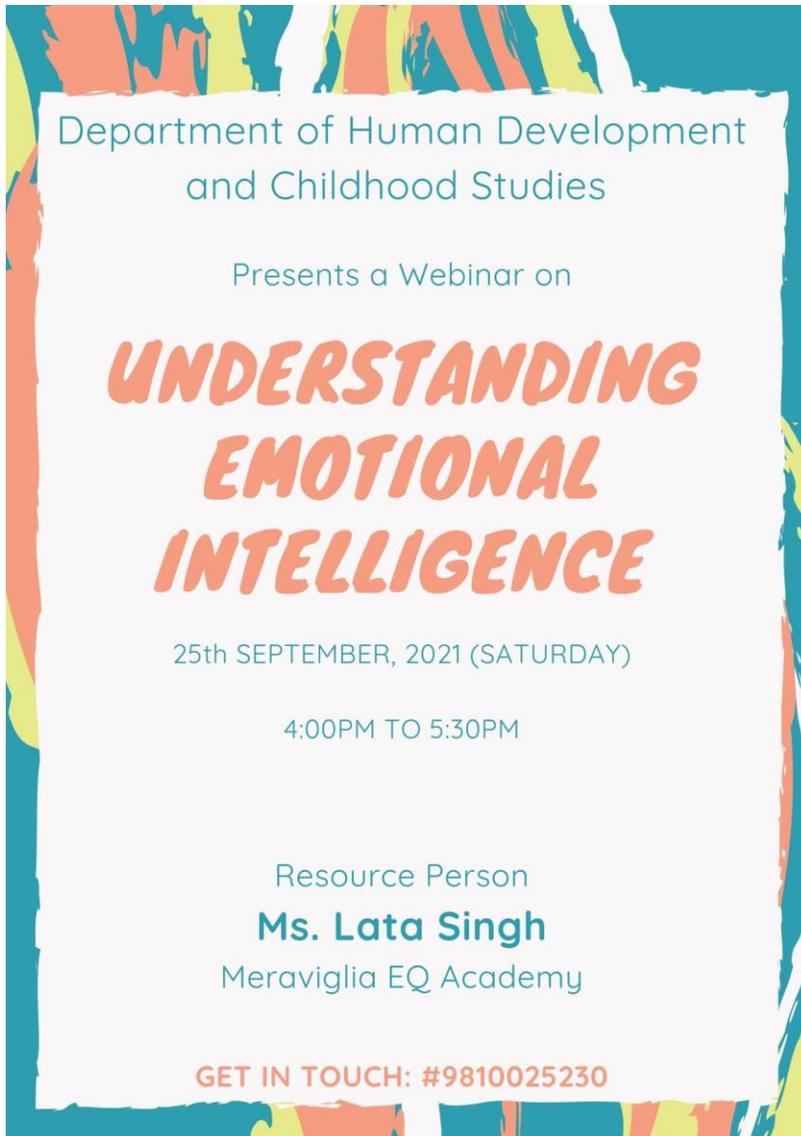


enjoyed by all participants.

## Department of Human Development and Childhood Studies

Department of HDCS organized various workshops and webinars for faculty and students during the session 2021-22. Varied issues were touched upon to ensure that students benefit the most out of all subjects they study.

A session on Understanding Emotional Intelligence was organized for students to understand the importance of emotions and how to regulate one's behaviour by managing the emotions. The session was conducted by Ms. Lata Singh, Meraviglia EQ Academy.



Storytelling sessions were organized for students of ECCE/ECCD group for them to understand how storytelling benefits young children and their development during early years. The session was conducted by Dr. Kavita Vasudev, Institute of Home Economics, university of Delhi.



Art and craft during preschool helped students understand how it can be used for pre-schoolers and the different activities that can be done with them. The resource person for this session was Ms. Mamta Negi, IGNOU.



Another session in the series included an understanding in the socio-emotional development of young children for ECCD and ECCE group of B. Sc. Pass and Hons. Skill enhancement course. The workshop was conducted by Mrs. Savitri Singh.

**THE EARLY YEARS-  
WORK SHOP ON  
FOSTERING COGNITIVE  
AND SOCIAL  
EMOTIONAL  
DEVELOPMENT**

**OCTOBER 8, 2021  
(ECCD group)**

**OCTOBER 11, 2021  
(ECCE group)**

**1:30PM-3:30PM  
(BOTH DAYS)**

**Mrs. Savitri Singh  
ECCE Consultant**

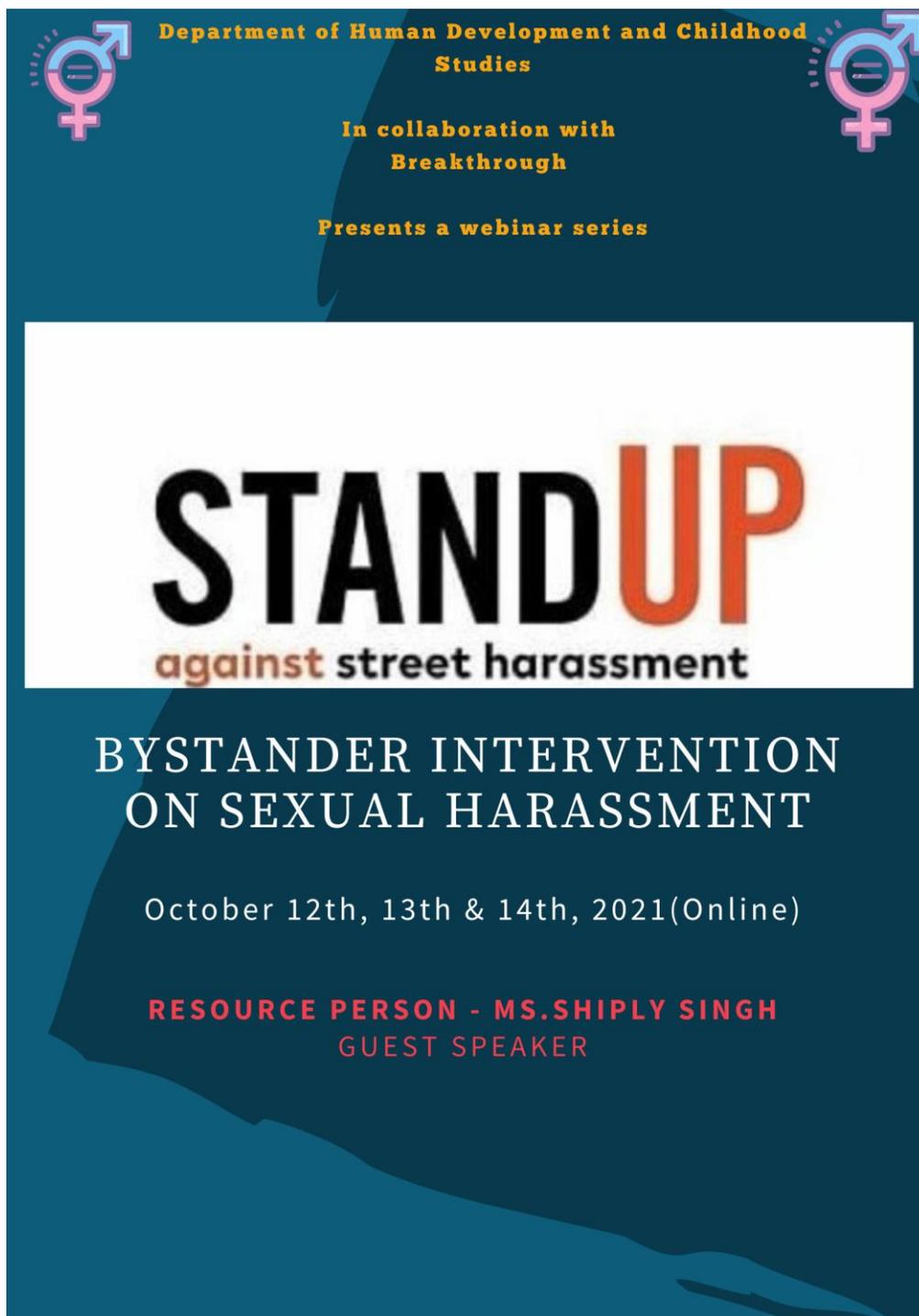


Department of Human Development and Childhood Studies in collaboration with Breakthrough presented a webinar series on “Bystander Intervention on Sexual Harassment from, October from 12<sup>th</sup> to 14<sup>th</sup>, 2021. The students were introduced to the speaker, Ms. Shipy Singh. She briefed the students about Breakthrough and highlight some the initiatives organized by the organisation, with 20 years of experience in combating violence against women and girls in Delhi, Haryana, Uttar Pradesh, Punjab and Jharkhand. The session started with Ms. Singh sharing her own experience of growing up in Delhi NCR. She talked how she had to move to a PG in order to avoid putting up eve teasing etc on daily basis. She also emphasised on taking a break to relax if at any point the students feel overwhelmed with emotions during the session while discussing their own personal experiences. She also encouraged students to share such incidents with all, if they are comfortable. Furthermore students can also reach out to her by private via text. She went on to present recent data on along with describing sexual harassment. The astonishing results presented showed the prevalence of sexual harassment as worldwide phenomenon.

The session helped the students with opening up their experiences with help of multiple choice questions on forms of sexual harassment they have experienced. She also talked about the fact that incidents like these leave a lasting impression on the person. She then asked the reasons about while people choose to ignore and not act while witnessing an incident of sexual harassment and what are their concerns about intervening. The students came up with many reasons ranging from ignorance, fear to none of my business etc. Ms. Singh then talked about the five very important interventions with help of videos produced with the help of L’Oreal Paris to emphasis on these points , with first being distract , delegate, document , delay and direct. She also asked the students which ones they are going to use at the time of witnessing sexual harassment. She reinforced that the fact that it is very critical to notice the scenario and assess your own safety before you decide to intervene and use one of the 5Ds that works for you.

Ms. Singh also talked about the importance of practising resilience in order to reclaim your own space that the harasser is trying to take control of. The sense of power that the harasser derives from the act promotes such kind of behaviour. Responding at the right time and trusting ones instincts helps to reclaim the power and reduce the trauma associated with harassment. In the end she also shared emergency helpline numbers in India along with the contact details of some the local organizations working in the area of harassment, violence, abuse, suicide and psycho-social disabilities.

The interactive session proved to an eye opener to the students and generated a lot of questions in their minds. The sessions emphasized the importance of standing up not just for oneself but also for other people. As soon as the session was opened for questions, there were many questions ranging from trauma associated with harassment, to social stigma, to lack of public sensitivity. The session ended with faculty extending thanks to the esteemed speaker for some valuable insights with the students.



**Department of Human Development and Childhood Studies**

**In collaboration with Breakthrough**

**Presents a webinar series**

**STANDUP**  
against street harassment

**BYSTANDER INTERVENTION  
ON SEXUAL HARASSMENT**

October 12th, 13th & 14th, 2021(Online)

**RESOURCE PERSON - MS.SHIPLY SINGH**  
GUEST SPEAKER



Meeting grid showing participants: shraddha nayak, jasjeet kaur sethi, jyotsana kushwaha, Shilpy Singh, 28 others, and You.

jyoti has left the meeting

Welcome to

# STANDUP

against street harassment

In partnership with



As we wait for folks to arrive, please share your name and what you hope to learn today in the chat box

Meeting grid showing participants: Shilpy Singh, Sakshi, priyanka tanwar, jyotsana kushwaha, 32 others, and You.

**THREE STRATEGIES TO RESPOND TO HARASSMENT:**

**TRUST YOUR INSTINCTS**

**RECLAIM YOUR SPACE**

**PRACTICE RESILIENCE**

(this one is mandatory)

Meeting grid showing participants: jyotsana kushwaha, jasjeet kaur sethi, shraddha nayak, Shilpy Singh, 28 others, and You.

Shilpy Singh is presenting

# Sexual Harassment is...

- Comments
- stalking or following
- leering
- hugging
- kissing
- whistling
- unwanted touching
- vulgar gestures
- obscene calls and messages
- Song
- showing pornography against ones will
- flashing private parts
- demanding sexual favours

Shilpy Singh

Sakshi

priyanka tanwar

31 others

jyotsana kushwaha

You

Shilpy Singh is presenting

# WHAT IS YOUR SUPERPOWER?

**DISTRACT**

Pretend to be friends, ask for the time or make a commotion, be creative

**DELEGATE**

Find someone else better equipped to deal with it and ask them to intervene

**DOCUMENT**

Write down or video the harassment and give it to the person who was harassed

**DELAY**

Comfort the harassed person after, acknowledge the behavior was wrong, be a friend

**DIRECT**

As a last resort, set a boundary directly, but don't get into a back and forth or escalate the situation

Are you talking? Your mic is off. Click the mic to turn it on.

shradha nayak

jasjeet kaur sethi

jyotsana kushwaha

Shilpy Singh

29 others

You

Shilpy Singh is presenting

# BE A GOOD BYSTANDER

## MOVE INTO ACTION

- 1 Notice the scenario & assess your safety
- 2 Notice what keeps you from acting when you see harassment
- 3 Decide which one of the 5Ds works for you!

shradha nayak

jasjeet kaur sethi

jyotsana kushwaha

Shilpy Singh

29 others

You

### LOCAL RESOURCES

There are counselling services run by non-profit organizations. These include counselling for psycho-social issues including suicide, harassment, abuse, violence and psycho-social disabilities

- Snehi [Timings Mentioned Are During COVID-19 Period], Delhi**

Counselling and referral services to people for psychosocial support and mental health care.

[www.snehi.org](http://www.snehi.org)

Phone: +91 95 8220 8181

Timings: All Days :10:00AM - 10:00PM

Email: [snehi.india@gmail.com](mailto:snehi.india@gmail.com)
- Shakti Shalini ( N.G.O )**

Women Shelter , Support Survivors, Counselling

<https://shaktishalini.org/>

011-24373737

011-24373736

10920
- Sumatri, Delhi**

Free and confidential support to the depressed, despair and suicidal.

<http://sumatri.net/>

Phone: +91 11 2338 9090

Timings: Mon - Fri :2:00PM - 10:00PM , Sat - Sun :10:00AM - 10:00PM

Email: [feelingsuicidal@sumatri.net](mailto:feelingsuicidal@sumatri.net)

jyotsana kushwaha

jasjeet kaur sethi

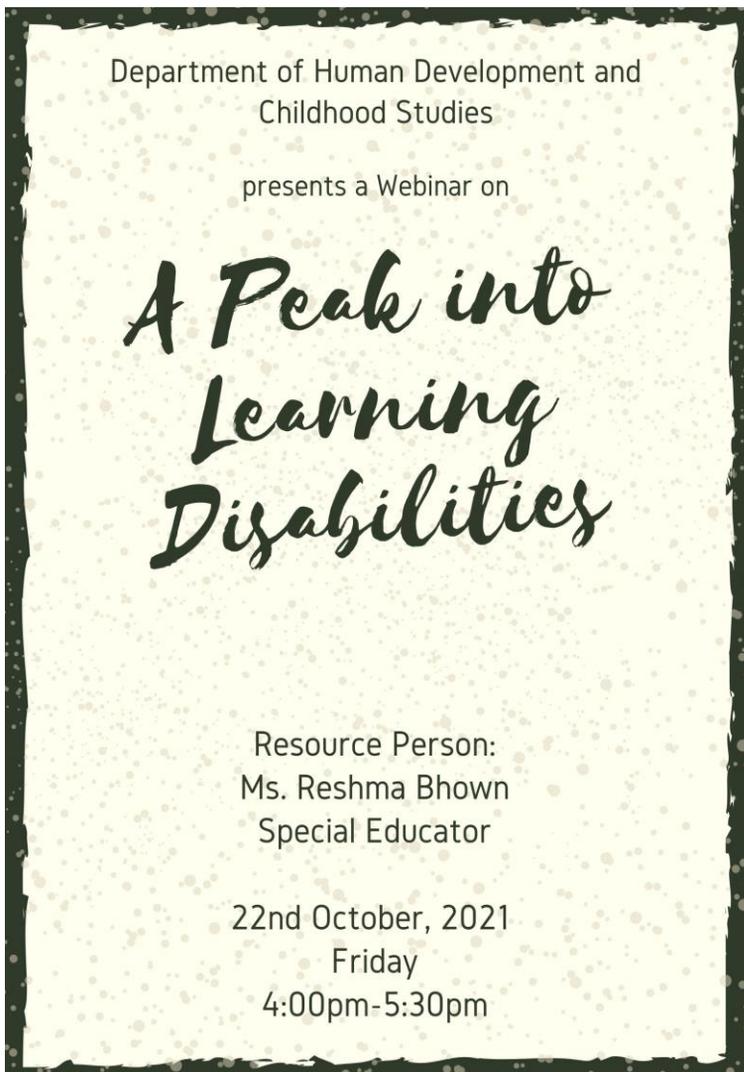
amisha

Shilpy Singh

27 others

You

The Session on 'A peak into learning Disabilities' was organized by the department of Human Development and Childhood Studies for B. Sc. Pass and B. Sc. Hons Home Science Students to help them develop understanding on the concept of learning Disability. The Session was conducted by Ms. Reshma Bhowan, Special Educator, Manav Rachna University.



The workshop on gender was organized by department for B. Sc. Students. The Title of the workshop was 'Understanding Gender'. 120 students participated in the workshop and developed their better understanding on Gender and Media. Another session in the series of gender was conducted for the same group of students on Power and Patriarchy. Ms. Shubhika, FIFE organization conducted the workshop.

DEPARTMENT OF HUMAN DEVELOPMENT  
AND CHILDHOOD STUDIES

Institute of Home Economics  
University of Delhi

Presents a workshop series

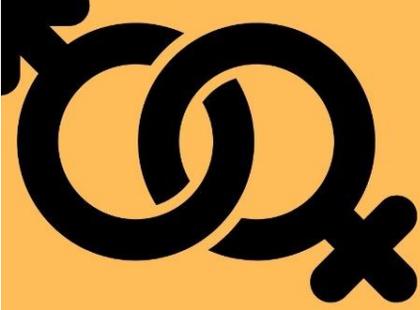
**UNDERSTANDING  
GENDER**

Gender and Media  
18th January, 2022

Power and Patriarchy  
5th February, 2022

Resource Person  
**Ms. Shubhika**  
FIFE organization

Workshop on Stand up against street harassment was again organized by the department for 100 plus students participated in the workshop.



**Department of Human Development & Childhood Studies**

**IHE, University of Delhi**

in collaboration with

**BREAKTHROUGH**

**PRESENTS A WORKSHOP ON**

**BYSTANDER TRAINING**

**STAND UP**  
**against street harassment**

Coordinated by  
HDCS DEPT, IHE  
(mila.tuli@ihe.du.ac.in)

**January 29, 2022**

**11:00-1:00 pm**

**and**

**1:30-3:30pm**

The Webinar was conducted by Dr. Monica Jain on 'Promoting wellbeing'. The session was organized by the department of Human Development and Childhood Studies for B. Sc. Pass and B. Sc. Hons Home Science Students to help them develop understanding on the concept of wellbeing.

# DEPARTMENT OF HUMAN DEVELOPMENT & CHILDHOOD STUDIES

**IHE , University of Delhi**

PRESENTS A WEBINAR ON

## **PROMOTING WELL-BEING**

**Resource Person :- Dr. Monica Jain  
MBBS, MSc. Counselling**

**Date :- 11th February, 2022  
( Friday )**

**Time :- 3:30 pm - 5:30 pm**



Dept of human development and childhood studies in collaboration with Tarshi organized a workshop on 'Reproductive health basics'. The resource person for the workshop were Ramya Anand, Senior Programme officer, Tarshi and Titas Ghosh, Programme Associate, Tarshi. The session was conducted with students of B. Sc. Pass and B. Sc. Hons Home Science to help them develop understanding on the concept of reproductive health.

**HDACS ACADEMIC FESTIVAL, 2022**

**DEPARTMENT OF HUMAN DEVELOPMENT AND  
CHILDHOOD STUDIES  
Institute of Home Economics, University of Delhi**

**In collaboration with**

**TARSHI**

**Presents a workshop on**

**REPRODUCTIVE HEALTH BASICS**

**Resource Persons:  
Ramya Anand, Senior Programme Office, TARSHI  
Titas Ghosh, Programme Associate, TARSHI**

**16th February, 2022  
2:00-5:00pm**

**18th February, 2022  
9:30-12:30pm**

**Platform: Google Meet**

**Coordinated by:  
HDACS DEPT, IHE  
mila.tuli@ihe.du.ac.in  
deepti.gupta@ihe.du.ac.in**

The Workshop was organized by Department of HDACS on 'Sensitization on Child Rights related Laws: POCSO and JJ act' on 26 February 2022. The session was organized for B. Sc. Pass and B. Sc. Hons Home Science Students to help them develop understanding on the concept of POCSO and JJ Act.



## **HDCS ACADEMIC FESTIVAL, 2022**

**DEPARTMENT OF HUMAN DEVELOPMENT AND  
CHILDHOOD STUDIES**

**INSTITUTE OF HOME ECONOMICS, UNIVERSITY OF DELHI**

**In collaboration with**

### **PROJECT CACA**

**Presents a workshop on**

## **SENSITIZATION ON CHILD RIGHTS RELATED LAWS: POCSO & JJ ACT**

**February 26th, 2022**

**10:00 AM**

**Platform: Online**

**Coordinated by:  
HDCS DEPT, IHE  
Dr. Geeta Chopra  
Dr. Kavita Vasudev**

An Interactive workshop was conducted by Ms. Sonal Shah and Ms. Sarga from The Urban Catalysts on the topic of 'Reclaiming The City: One Step at a Time' for students of B. Sc. Home Science Pass and Hons. To build their confidence and to help them develop understanding on gender equality.


**HDCS ACADEMIC FESTIVAL, 2022**


**DEPARTMENT OF HUMAN DEVELOPMENT AND  
CHILDHOOD STUDIES**  
 INSTITUTE OF HOME ECONOMICS, UNIVERSITY OF DELHI

**RECLAIMING THE CITY**  
 One Step at a Time



Resource Persons  
 Ms. Sonal Shah  
 Ms. Sarga  
 THE URBAN CATALYSTS

**February 28TH, 2022**  
 11:00 AM-1:00 PM @ The AmphiTheatre

The Department of Human Development and Child hood Studies organized workshop on ‘Counselling for Self Development and Wellbeing’ for Students to develop counselling skills. The resource person for the workshop was Ms. Sabia Nangia, Associate counsellor from OMNI HEALTH FOUNDATION.

**DEPARTMENT OF HUMAN DEVELOPMENT AND  
CHILDHOOD STUDIES**

INSTITUTE OF HOME ECONOMICS

PRESENTS A WORKSHOP ON

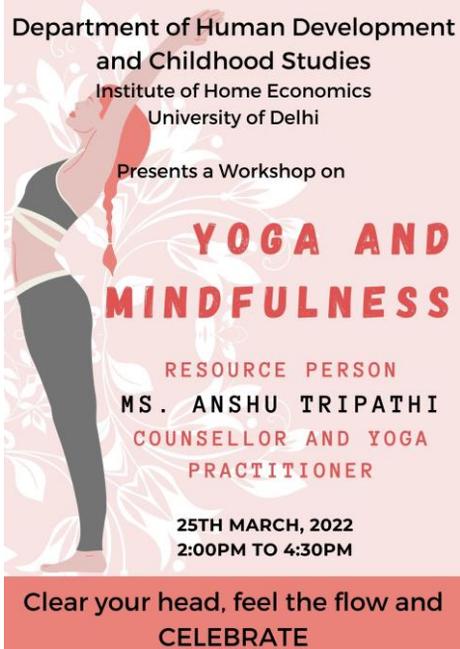
**COUNSELLING FOR SELF  
DEVELOPMENT & WELL BEING**

28TH FEBRUARY, 2022

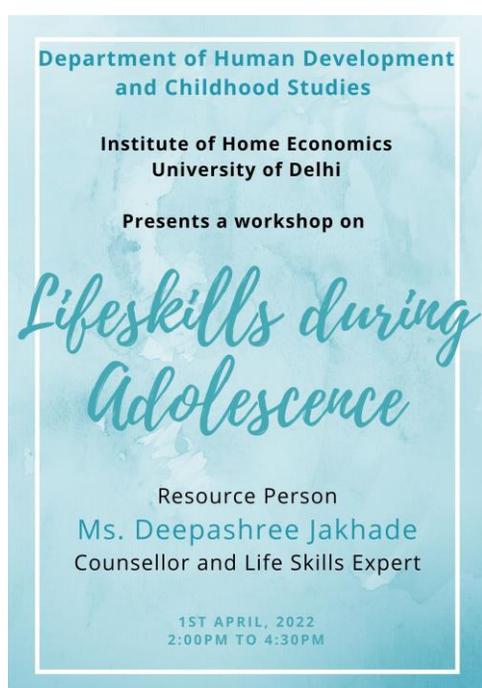
3:00 PM

Resource Person :  
**MS.SAIBA NANGIA**  
 ASSOCIATE COUNSELLOR  
 OMNI HEALTH FOUNDATION

Sessions on ‘yoga and mindfulness’ was conducted by Ms. ANshu Tripathi, Counsellor and Yoga Practitioner on 25<sup>th</sup> march 2022 for Home Science students’ semester III. To help them understand yoga and its importance in wellbeing.



An offline workshop was conducted by Ms. Deepashree Jakhade, Counsellor and Life Skill Expert on the topic of 'Life skills During Adolescence'.



The workshop was organized for students on the topic of 'Resilience as a Way of Life' on 8<sup>th</sup> April 2022. The workshop was conducted by Dr. Harpreet Bhatia, Associate Professor of Psychology, Keshav Mahavidyalaya, University of Delhi



# *Resilience as a way of Life*

April 8, 2022  
1:30pm to 4:00pm

Resource Person

**Dr. Harpreet Bhatia**

Associate Professor  
Department of Psychology  
Keshav Mahavidyalaya, University of Delhi

**Organized by**

Department of Human Development and Childhood Studies  
Institute of Home Economics  
University of Delhi

## Department of Resource Management and Design Application

The Department of Resource Management and Design Application is committed to impart new ideas, knowledge and vision of latest developments in the field of management, sustainability and designing.

### E-Summit 21: Entrepreneurship-Sensing Opportunities & Building Resilience

To celebrate our 60 years of foundation of IHE, Department of Resource Management and Design Application has organized an E-Summit-2021 on the theme 'Entrepreneurship- Sensing Opportunities & Building Resilience' on 23rd October 2021. Event Supporting Sponsors were ISHRAE, AEPL, ABS Airtech, Astberg Ventilation.

The poster for E-Summit 21 features a background image of a meeting. At the top, it reads 'Celebrating 60 Years of Foundation of Institute of Home Economics (University of Delhi)'. The main title is 'E-SUMMIT 21 ENTREPRENEURSHIP DIVERGING PROSPECTS & EMERGING RESILIENCE'. It is organized by the Department of Resource Management & Design Application. The event is on 23rd October 2021, Saturday, 10:00 am to 03:30 pm. A central message says 'Take Your Thought to the Next Level, with our Keynote Speakers'. Four speakers are listed: Prof. Sudhir K. Jain (Topic: ENTREPRENEURSHIP: MEANS TO AN END, Time: 10:30 am - 11:30 am), Dr Deepak L. Waikar (Topic: BEING A WINNER: OPPORTUNITIES AND CHALLENGES, Time: 11:30 am - 11:50 am), Mr Dipinder Sekhon (Topic: EMPOWERING YOUTH: THE FUTURE, Time: 11:50 am - 12:30 pm), and Mrs Anupma Singh (Topic: THE ENTREPRENEURSHIP IN POST PANDEMIC WORLD, Time: 12:30 pm - 01:10 pm). Logos for ISHRAE, AEPL, ABS AIRTECH, and RHDA are shown. Contact information for Dr Richa Tyagi and Ms Kavita Sagar is provided, along with a QR code and a registration link: bit.ly/3oYfxnf.

The main motive of organizing the E-summit was to encourage the students to comprehend their knowledge in the area of entrepreneurship, exploring the latest trends and shifts in the entrepreneurial ecosystem and channeling their prospective start-up ideas in appropriate path.

The sessions and resource persons were:

#### **Session-1: Entrepreneurship: Means to an End**

Prof. Sudhir K. Jain, Adjunct Professor and Former HoD, DMS, IIT Delhi, and Former Vice-Chancellor, SMVD University, Katra (J & K).

He talked about the role of entrepreneurship in accelerating businesses and driving economic growth by using innovation, mindfulness and creativity in the right direction under entrepreneurial ecosystem.

#### **Session-2: Begin a Winner: Opportunities and Challenges**

Dr. Deepak L. Waikar, Founder and Managing partner of Edu Energy Singapore.

Dr Deepak Waikar introduced the term entrepreneurial mindset to the students and its role in smart goal-setting and attainment of objectives. He emphasized that one needs to change its pre-determined mindset and foster conducive learning environment.

#### **Session-3: Empowering Youth: The Future**

Mr. Dipinder Sekhon, CEO and Co-founder of kritikal solutions.

He spoke about fundraising, profit, returns, risks and investment. Mr Sekhon highlighted how a first-generation entrepreneur raises funds for start-up and uses effective marketing strategies to initiate and promote venture.

## Session-4: Entrepreneurship in post Pandemic World

Mrs Anupama Singh, CEO & Co-founder of Interview Cracker IIT.

She talked about the entrepreneurship in post pandemic world then also emphasized on entrepreneurial traits especially the problem solving skills for attaining success in the path for being an entrepreneur.

The image displays four promotional posters for the E-Summit 21 event, organized by the Department of Resource Management & Design Application at the Institute of Home Economics (University of Delhi). Each poster features a different speaker and their bio.

- Poster 1 (Top Left):** Prof. Sudhir K. Jain, Adjunct Professor & Former IAS, IIT Delhi, and former Vice-Chancellor, IITD. Topic: Entrepreneurship: Means to an End.
- Poster 2 (Top Right):** Mr Dipinder Sekhon, Founder of ITES and Co-Founder of Global Services. Topic: Empowering Youth: The Future.
- Poster 3 (Bottom Left):** Dr Deepak L. Walkar, Founder and Managing Partner of Endeavor Singapore. Topic: Being a Winner: Opportunities and Challenges.
- Poster 4 (Bottom Right):** Mrs Anupma Singh, CEO & Co-founder of Interview Cracker IIT. Topic: Entrepreneurship in Post Pandemic World.

All posters include the event date (23rd October) and time slots, along with logos of sponsors like ISHRAE, AEPL, and ABS.



### Panel Discussion on ‘Entrepreneurship for Unstoppable Divas’

Another most important event of E-summit was the *Panel Discussion on ‘Entrepreneurship for Unstoppable Divas’* where each panellist shared their entrepreneurial journey and the challenges faced in the process of setting up their businesses.

The resource persons were *Mr Atul Kumar Garg, Mr Rana Atheya, Mrs Priyanka Jain, Ms Dharana Jha and Mrs Jaya Khanna*. Resource persons inspired students that no matter what your background, education or experience level are, but still one can succeed as a business owner with the passion, innovation, persistence and zeal.

Celebrating 60 Years of Foundation of  
Institute of Home Economics  
(University of Delhi)

**E-SUMMIT 21'**  
Entrepreneurship -  
Diverging prospects  
& Emerging resilience

Organised by Department of  
Resource Management  
& Design Application

23rd October 2021  
Saturday, 10:00 am to 03:30 pm

MEET OUR  
EXPERT PANELISTS

Entrepreneurship:  
For Unstoppable Divas

Mr Atul Kumar Garg  
Business Management professional

Mr. Bana Atheya  
CEO and Founder of Dogpops.in

Mrs Priyanka Jain  
Founder of Health4U22

Ms Dharana Jha  
Entrepreneur and Women Right Activist

Mrs Jaya Khanna (Moderator)  
Entrepreneur | Life Coach | Career Counsellor

Supported by  
ISHRAE | AEPL | IITM | IITD | IITK | IITR | IITG | IITJ | IITM | IITR | IITG | IITJ

Contact Us  
Dr. Rishi Tyagi | Ms. Kavita Singh  
+91 9933249974 | +91 9933506529

Register at  
bit.ly/21stsummit

**Business Idea Generation Competition:**

As a part of E-Summit 21, Entrepreneurship-Sensing Opportunities & Building Resilience, Business Idea Generation Competition was also organized for the students to present their entrepreneurial ideas. The competition was a platform for budding entrepreneurs to showcase their creativity and innovation and unleash their hidden talent. Students participated in big numbers, shared their unique proposal with special emphasis on eco-projects as well. It proved as a channel to promote creativity and entrepreneurial skills by recognizing innovative ideas for new products, services, and technology.

*The E-summit has embarked new learning amongst the participants and provided platform to our young aspiring entrepreneurs who strives for new venture creation and make difference in today's world.*

**2) Webinar on “International Day for Disaster Risk Reduction’ (11 October 2021)**

**75th Anniversary** **nidm** **Resilient India - Disaster Free India** **Ministry of Home Affairs** **University of Delhi** **RHDA** **Eco-Club**

**WEBINAR ON INTERNATIONAL DAY OF DISASTER REDUCTION 2021**

Registration link: <https://training.nidm.gov.in/>

**PATRONS**

Maj. Gen. Manoj K. Bindal  
Executive Director  
NIDM, MHA, GoI

Prof. (Dr.) Geeta Trilok Kumar  
Director, Institute of Home  
Economics (University of Delhi)

**CONVENER**

Prof. Anil K Gupta  
Head, ECDRM Division  
NIDM, MHA, GoI

**SPEAKERS**

Dr. Sweta Baidya Das  
Consultant  
ECDRM Division,  
NIDM, MHA, GoI

Dr. Kopal Verma  
Junior Consultant  
ECDRM Division,  
NIDM, MHA, GoI

Mr. Harshit Sharma  
Young Professional  
ECDRM Division  
NIDM

**11th October 2021** **3:00pm - 4:30 pm**

**LIVE (ISOT) YouTube**  
<https://youtu.be/3sMCbrzbb8U>

Organized by:  
**National Institute of Disaster Management,**  
Ministry of Home Affairs, Govt. of India

In collaboration with:  
**Institute of Home Economics**  
University of Delhi

**COORDINATORS**

Dr. Kopal Verma  
Junior Consultant, ECDRM Division, NIDM, MHA, GoI

Dr. Ritu Atheya  
Assistant Professor and Eco-club coordinator  
Department of Resource Management and Design application,  
Institute of Home Economics (University of Delhi)

[f](#) [t](#) [in](#) [#nidm/mha/india](#) [#india](#)

**Stay Protected from Corona** **Wear your Mask Properly** **Follow Proper Hand Hygiene** **Wash your Social Distancing** **Get Vaccinated**

- **For celebrating the 'International Day for Disaster Risk Reduction':**  
*Department of RMDA, Eco-Club 'Prakritik'* in collaboration with '*National Institute of Disaster Management*' (Ministry of Home Affairs, Government of India) has observed and conducted a webinar on 'International Day for Disaster Reduction 2021' held on 11<sup>th</sup> October 2021 with the view to introduce the key concept of Disaster Risk Reduction (DRR) to the students and building resilience.  
The session has created awareness regarding various kinds of Disasters to Disaster Risk Mitigation and Management. The concept of Disaster Risk Reduction (DRR) was introduced to the students and how it aimed at preventing new and reducing existing disaster risk and managing residual risk for strengthening resilience and therefore to the achievement of sustainable development. The resource persons were *Maj. Gen. M. K. Bindal (ED)*, *Dr. Sweta Baiyya Das*, Consultant (ECDRM Division), *Dr. Kopal Verma* (Junior Consultant, ECDRM Division), *Mr. Harshit Sharma* (Young Professional, ECDRM Division) NIDM, MHA, GoI.



### **Brief Report of the Programme**

**Link for the programme, detailed report and attendance of 215 participants**

[https://nidm.gov.in/pdf/trgReports/2021/October/Report\\_11October2021akg.pdf](https://nidm.gov.in/pdf/trgReports/2021/October/Report_11October2021akg.pdf)

**Webinar Lecture on International Microorganisms Day- 2021**



Department of Microbiology,  
Institute of Home Economics  
University of Delhi  
(Under the Aegis of DBT Star College Scheme)  
& Microbiologists Society, India  
celebrating



"INTERNATIONAL MICROORGANISM DAY",  
on 17<sup>th</sup> September 2021, 2:30-4:30pm

Talk 1

"Challenges of addressing  
Antimicrobial Resistance  
(AMR)"

Prof. J.S. Virdi  
(Former Professor)  
Dept. of Microbiology  
University of Delhi,  
South Campus



at 2:30pm

Talk 2

"The unmatched power of  
microorganisms:  
An ode to the unseen heroes"

Prof. Shilpi Sharma  
Dept. of Biochemical  
Engineering & Biotechnology  
IIT Delhi



at 3:30pm

**Meeting link:** <https://meet.google.com/mwx-jxdy-uwr>

<b>Patron</b> Prof. (Dr.) Geeta Trilok Kumar Director, IHE	<b>MSI</b> Prof. A M Deshmukh (President, All India MSI) Dr. A. Archana (President, Delhi Unit MSI)	<b>Convener</b> Dr. Sunita Aggarwal (Program Coordinator Star College Scheme, State Coordinator MSI)
<b>Coordinators</b> Dr. Arti Nigam (TIC, Dept. of Microbiology) Dr. Rashi Gupta (Assistant Professor, Dept. of Microbiology)		<b>Student Coordinator</b> Kinjal Gupta

- The department celebrated **International Microorganisms Day** on 17th September 2021. On this occasion two webinar lectures were delivered by renowned Microbiologists- **Prof. J. S. Virdi** and **Prof Shilpa Sharma** on the topics "**Challenges of addressing Antimicrobial Resistance**" and "**The unmatched power of microorganisms: An ode to the unseen heroes**" respectively.
- Students and faculties from various colleges attended this event. The talks were immensely informative in which Prof Virdi explained the importance of antimicrobial resistance and its causes and Prof Shilpi highlighted the various applications of the microbes in our life. Both the talks were interesting and much appreciated by the students and faculty.
- Total Number of Attendees= 82



**Department of Microbiology**

**Institute of Home Economics  
University of Delhi**

*(Under the aegis of DBT Star College Scheme & IQAC)*

in association with

**Microbiologists Society, India**



*Organizing a Webinar on*

**Targeting telomerase promoter-  
potential Achilles's Heel in Cancer**



**Speaker**

**Dr. Shalu Sharma**

Post-Doctoral Research Fellow  
National Cancer Institute (NIH)  
Maryland, USA

**Date & Time**

**1<sup>st</sup> October, 2021 @ 4 pm**

**Meeting link: <https://meet.google.com/jam-xndh-dae>**

**Patron**

**Prof. (Dr.) Geeta Trilok Kumar**  
Director, IHE

**Convener**

**Dr. Sunita Aggarwal**  
(Program Coordinator,  
DBT Star College Scheme &  
State Coordinator, MSI)

**Microbiologists Society, India**

**Prof. A. M. Deshmukh** (President, All India MSI)  
**Dr. A. Archana** (President, Delhi Unit MSI)

**Student Coordinators**

**Aishani Chakraborty**  
**Mrinalini Venugopal**

**Coordinators**

**Mrs. Nitika Nagpal** (Associate Professor)  
**Dr. Ashok Saini** (Assistant Professor)

# Webinar Lecture on *CANCER Biology*

The department organized a webinar on cancer biology entitled “*Targeting telomerase promoter potential Achilles Heel in Cancer*” on 1st October 2021.

The talk was delivered by IHE Alumnus *Dr Shalu Sharma*, Post- Doctoral Fellow, National Cancer Institute, NIH, Maryland, USA. She described the role of telomerases in cancer and shared her research work on the same. The talk was attended by the students and faculties of different colleges and appreciated by all.

- Total Number of Attendees= 60



**DEPARTMENT OF MICROBIOLOGY  
INSTITUTE OF HOME ECONOMICS**



University of Delhi

(Under the Aegis of DBT Star College Scheme and IQAC, IHE)

**& MICROBIOLOGISTS SOCIETY, INDIA**

is organizing  
**A WEBINAR**

On

## Probiotics : Alternative Medicine OR An Evidence-based Alternative?

*Speaker*

**Date**

**7th Oct. 2021**



**Time**

**2pm-3pm (IST)**

**Prof. Colin Hill**

University College Cork, Ireland (UCC)

Colin Hill is a Professor in the School of Microbiology at University College Cork, Ireland. He is also a founding Principal Investigator in APC Microbiome Ireland, a large research centre devoted to the study of the role of the gut microbiota in health and disease. His main interests lie in the role of the microbiome in human and animal health.

Webinar link: <https://meet.google.com/yym-bdft-zng>

Registration link : <https://forms.gle/jiw3CqLfHaAPnZjB6>

Patron

**Prof. (Dr.) Geeta Trilok Kumar**  
Director, IHE

MSI

**Prof. A.M. Deshmukh**  
(President, All India MSI)

Convener

**Dr. Sunita Aggarwal**  
(Program Coordinator Star College  
Scheme, State Coordinator MSI)

Coordinator

**Dr. Pratishtha**  
**Dr. Ashok Saini**

**Dr. A. Archana**  
(President, Delhi Unit MSI)

**Student Coordinator**  
Gunnpreet Kaur

# Webinar Lecture on

## Probiotics: Alternative medicine

Probiotics are the microorganisms which when added to the food increases its nutrition value and provide various health benefits. To convey their importance Department organized a webinar on “*Probiotics- alternative medicine or an evidence-based alternative?*” on 7th October, 2021.

The talk was delivered by *Prof. Colin Hill*, Professor, School of Microbiology, University College Cork, Ireland. He explained the topic in detail. The participants learned about the different benefits of probiotics and how they could be used as an alternative to antimicrobial therapy by antibiotics to stop the spread of multidrug-resistant microbes. The talk was well appreciated by students and the faculty.

Total number attendees= 99



**Department of Microbiology**  
**Institute of Home Economics**  
 University of Delhi



(Under the Aegis of IQAC & DBT Star College Scheme)

In collaboration with

**BioNEST-UDSC**

(University of Delhi, South Campus)  
 Organizes

A talk on

## Bio-Entrepreneurship and Introduction to BioNEST-UDSC

**Vijay Kantharia**  
 CEO: BioNEST-UDSC,  
 Founder: Cerebroz EduTree



**October 8, 2021 at 3 pm**

**E-certificates will be provided**

**Meeting link:** <https://meet.google.com/juu-yyui-qhb>

Prof. Geeta Trilok Kumar  
 Director,  
 IHE

Prof. Swati Saha  
 Coordinator,  
 BioNEST-UDSC

Prof. Rani Gupta  
 Nodal Officer,  
 BioNEST-UDSC

Prof. Rajeev Kaul  
 Joint Nodal Officer,  
 BioNEST-UDSC

Prof. Y P Khasa  
 Joint Nodal Officer,  
 BioNEST-UDSC

Mr. Vijay Kantharia  
 CEO,  
 BioNEST-UDSC

Dr. Sunita Aggarwal  
 Program Coordinator

Dr. Arti Nigam  
 Teacher-in-charge

Dr. Rashi Gupta  
 Assistant Professor

Dr. Ashok Saini  
 Assistant Professor

# Talk on Bio Entrepreneurships & Introduction to BioNEST-UDSC

Department of Microbiology, University of Delhi South Campus runs an Incubation center (Bio-NEST) funded by DBT Govt. of India. To spread awareness regarding the work and services provided by the center, Department of Microbiology- IHE conducted a talk on “*Bio-entrepreneurship and Introduction to BioNEST-UDSC*” for the faculty and students on 8th October 2021. **Mr Vijay Kantharia**, CEO, BioNEST- UDSC delivered the talk and emphasized the role of this incubation center for the start-ups.

Total number attendees= 50



**DEPARTMENT OF MICROBIOLOGY  
INSTITUTE OF HOME ECONOMICS**



University of Delhi

(Under the Aegis of DBT Star College Scheme and IQAC, IHE)

**& MICROBIOLOGISTS SOCIETY, INDIA**

is organizing  
**A WEBINAR On**

## Studying Principles of Tissue Morphogenesis

Speaker



**Date**

**18th Oct. 2021**

**Time**

**5:30pm(IST)**

**Dr. Akankshi Munjal**

Incoming Assistant Professor, Dept. Of Cell Biology,  
Duke University, USA

Webinar link- <https://meet.google.com/axh-hkss-gqj>

Registration link- <https://forms.gle/wghkrSK4RTiRePRWA>

**Patron**

**Prof. (Dr.) Geeta Trilok Kumar**  
Director, IHE

**MSI**

Prof. A.M. Deshmukh  
(President, All India MSI)

**Convener**

**Dr. Sunita Aggarwal**  
(Program Coordinator Star College  
Scheme, State Coordinator MSI)

**Coordinator**

Dr. Ashima Vohra(Associate Professor)  
Dr. Arti Kumari (Assistant Professor )

Dr. A. Archana  
(President, Delhi Unit MSI)

**Student coordinator**  
Gunnpreet kaur

# Webinar Lecture on

## PRINCIPLES OF TISSUE MORPHOGENESIS

Human body is made up of trillions of cells. These cells are organized into various tissues which are further organized to form an organ. It is very interesting to know how these tissues are formed by the cells. Tissue morphogenesis hence describes the processes by which a tissue takes shape involving changes in cell number, size, shape and position. The Department of Microbiology organized a webinar on “*Studying Principles of Tissue Morphogenesis*” on 18th October, 2021.

The talk was delivered by **Dr. Akankshi Munjal**, Incoming Assistant Professor, Department of Cell Biology, Duke University, USA. It was quite motivating for the students to listen to IHE Alumnus Dr. Akankshi Munjal

Total number of attendees=40

# Webinar Lecture on Probiotics and Prebiotics

Department of Microbiology organized a talk by an eminent Scientist Prof. **Bruno Pot**, Faculty, Vrije University Brussel, Belgium on the topic "**Probiotics and Prebiotics: Who are they? What do they do?**" on 19<sup>th</sup> October, 2021.

Prof. Pot described the probiotics and prebiotics in a very simple way and emphasized their importance in developing healthy gut microflora. The talk was very informative and provided an insight into the topic to the participants. The lecture was attended by the researchers, faculties and undergraduate students from different colleges and it was well appreciated.

More than 150 attendees joined this webinar using Google meet and YouTube link.

Total Number of Attendees= 99 (on Google meet) and 40+ on YouTube channel.

Speaker



**Prof. Bruno Pot**  
Vrije Univrsiteit Brussel  
(Belgium)

Prof. Bruno Pot is a visiting faculty at the Vrije Universiteit Brussel (Belgium). He is a member of the Taxonomic Subcommittee for *Lactobacillus*, *Bifidobacterium* and related taxa, President of the Pharmabiotic Research Institute (PRI), Narbonne, France and a founding member of the European Scientific League for Probiotics (ESLP), Belgium. He has worked as Research Director at the Institut Pasteur in Lille, France, specializing in fundamental research field in probiotics, bacteria host interactions and health claim substantiation



**DEPARTMENT OF MICROBIOLOGY  
INSTITUTE OF HOME ECONOMICS**

University of Delhi

(Under the Aegis of DBT Star College Scheme and IQAC, IHE)

**& MICROBIOLOGISTS SOCIETY, INDIA**



is organizing

**A WEBINAR**

On

**Probiotics and Prebiotics : Who are they? What do they do ?**

**Date**

**19th Oct. 2021**

**Time**

**3pm-4pm (IST)**

Webinar link: <https://meet.google.com/dzm-ivya-qkn>

Registration link: <https://forms.gle/M8R8j1BESxyJEkG48>

Patron

**Prof. Geeta Trilok Kumar**  
Director, IHE

Convener

**Dr. Sunita Aggarwal**  
(Program Coordinator Star College Scheme,  
State Coordinator MSI)

MSI

**Prof. A.M. Deshmukh**  
(President, All India MSI)

**Dr. A. Archana**

(President, Delhi Unit MSI)

Coordinator

**Dr. Pratihtha**  
**Dr. Ashok Saini**



# Department of Microbiology

Institute of Home Economics  
University of Delhi  
(under the aegis of DBT Star College Scheme)



IN ASSOCIATION WITH  
**Microbiologists Society India**

is organising

**A Talk on**

*My journey in Translational research-  
addressing the challenge of  
Tuberculosis diagnosis.*



**Coordinator**

Dr Rashi Gupta  
Dr Ashok Saini

**Speaker**

**Dr Sagrika Halder**

Assistant Professor,  
Department of Experimental Medicine and Biotechnology  
PGIMER, Chandigarh

**Date & Time**

**28/10/2021  
@ 3:00 pm**

**Student**

**Coordinator**

**Gunnpreet**

**Patron**

Prof. Geeta Trilok-Kumar  
Director, IHE

Prof. A.M. Deshmukh  
President, All India MSI

Dr. A. Archana  
President, Delhi Unit MSI

**Convenor**

Dr. Sunita Aggarwal  
Program Coordinator Star College  
Scheme & State Coordinator MSI

Dr. Arti Nigam  
Teacher-in-charge

Webinar link

<https://meet.google.com/yiv-tzxxg-was>

# Webinar Lecture on Tuberculosis Diagnosis

Tuberculosis (TB) is a serious infectious disease that mainly affects the lungs. *Mycobacterium tuberculosis*, the causative agent spread from person to person through tiny droplets released into the air via coughs and sneezes. In 2020, an estimated 10 million people got infected with tuberculosis (TB). Worldwide, TB is now the 13<sup>th</sup> leading cause of death therefore its diagnosis at early stage is of great significance. Department of Microbiology conducted a talk on “*My Journey in Translational research-addressing the challenge of Tuberculosis diagnosis*” on 28<sup>th</sup> October 2021. IHE Alumnus **Dr Sagrika Halder**, Assistant Professor, PGIMER, Chandigarh delivered the talk and explained various diagnostic methods used to detect the bacteria and their limitations. The talk was attended by Faculties and undergraduate students from different DU colleges and it was well appreciated.

Total Number of Attendees= 90



**DEPARTMENT OF MICROBIOLOGY  
INSTITUTE OF HOME ECONOMICS**  
University of Delhi  
( Under the Aegis of DBT Star College Scheme and IQAC, IHE )  
AND MICROBIOLOGISTS SOCIETY, INDIA



is organising  
**A WEBINAR**  
on  
“NEXT ERA IN INFECTIOUS DISEASE MANAGEMENT -  
CHANGING LANDSCAPE OF MEDICAL TECHNOLOGIES  
AND PUBLIC HEALTH”

**Our speaker - Dr. Priyanka Bajaj**

**Date**  
29th October, 2021



**Time**  
3 pm

Priyanka Bajaj, Ph.D  
Manager - Health and Innovation Impact Lab

**Webinar link -**<https://meet.google.com/gfc-ecgc-dfi?pli=1&authuser=1>

<b>Patron</b>	<b>MSI</b>	<b>Convener</b>
Prof. Geeta Trilok Kumar Director, IHE	Prof. A. M. Deshmukh (President, All India MSI)	Dr. Sunita Aggarwal (Program Coordinator, Star College Scheme, State Co- ordinator, MSI)
<b>Coordinators</b>	<b>Dr. A. Archana</b> (President, Delhi Unit, MSI)	<b>Student Co-ordinator</b>
Dr. Ashima Vohra (Associate Professor) Dr. Ashok Saini (Assistant Professor)		Rhea Bhalla

## Webinar Lecture on *Infectious Disease Management*

- The Department organized an alumni interactive webinar on “*Next Era in Infectious Disease Management- Changing Landscape of Medical Technologies and Public Health*” on 29th October, 2021.

The talk was delivered by our alumnus **Dr. Priyanka Bajaj**, Manager, Health and Innovation Impact Lab. Dr Priyanka discussed various new technologies available in the market which are used for the detection and management of various infectious diseases especially COVID-19. She also guided the students to explore future career paths. The talk was very informative and highly motivating for the students.

Total number of attendees= 39

# Webinar Lecture on Awareness about Biowaste Management



## Institute of Home Economics

University of Delhi

(Under the Aegis of DBT Star College Scheme)



Environment and Community  
Outreach Committee,  
Department of Microbiology and  
IQAC

Presents Webinar



## BIO WASTE and ITS MANAGEMENT

15<sup>th</sup> NOV 2021, 12:15-1:30 PM

(E-certificates will be given to the participants)

Prof. J.S. Virdi

(Former Professor),

Dept. of Microbiology,

University of Delhi,

South Campus

Join Zoom Meeting

<https://zoom.us/j/91248715686?pwd=TDNwcWxmcGpHVHd1d3U2WHliclk5dz09>

Patron- Prof. (Dr.) Geeta Trilok Kumar Director, IHE

Dr. Parmtina Singh (Convenor),

Dr. Manjula Suri (Member)

Dr. Bhupinder Kaur (Member)

Dr. Sunita Aggarwal (Dept. Of Microbiology)

Dr. Sandeep Yadav (Dept. Of Biochemistry)

Bio-waste includes biodegradable garden and park waste, food and kitchen waste from households, restaurants, caterers and retail premises, and waste from food processing plants. In a webinar series on waste management, the Department of Microbiology in association with the Environmental committee organized a webinar lecture on “*Biowaste and It’s Management*” on 15<sup>th</sup> November, 2021.

This talk was organized to create awareness about the waste management among the students. The talk was delivered by **Prof. J.S. Virdhi**, Former Professor, Department of Microbiology, UDSC. He explained the reasons for the increase in the quantity of such wastes and the harmful effects of this increase on our environment and health. He also discussed about the need of proper disposal and management of these wastes. Total no. of attendees = 60

# Webinar Lecture on Awareness about Waste Management



## Institute of Home Economics

University of Delhi  
(Under the Aegis of IQAC and DBT Star  
College Scheme)



Environment & Community Outreach Committee & Dept. of Microbiology  
Presents Webinar on

### "Solid, Hazardous, Electronic & Plastic Waste Management"

20th November 2021, 11 AM

(E-certificates will be given to all the participants)



Professor Satish S. Patil

Professor  
Department of Environmental Science  
Dr. Babasaheb Ambedkar Marathwada  
University



Meeting ID: 918 8294 7633

Passcode: 931697

Join Zoom Meeting : <https://zoom.us/j/91882947633pwd=YVJQVHZud1lRUndITWZXCkltQnVCZz09>

#### Patron

Dr. (Prof) Geeta Trilok Kumar

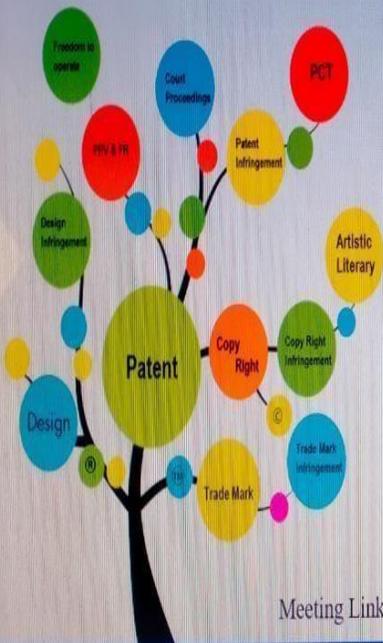
Dr. Pratima Singh (Convenor)	Dr. Reema Chaurasia (Member)	Dr. Sunita Aggarwal (Dept of Microbiology)
Dr. Manjula Suri (Coordinator)	Dr. Sonal Gupta Jain (Member)	Dr. Priya Dangi Malik (Dept of FNFT)
Dr. Ruchira Das (Member)	Dr. Kavita Sagar (Member)	Dr. Sneha Abhishek (Member)

Everyday different kind of waste is generated in tons in Delhi. It includes plastics, solid items and hazardous electronics. The management of this waste is of utmost importance as landfills are already overloaded. In continuation with our earlier webinar on waste management, Department of Microbiology in association with the Environmental Committee organized a webinar lecture on "*Solid, Hazardous, Electronic and Plastic Waste Management*" on 20<sup>th</sup> November, 2021 .

The talk was delivered by *Prof. Satish S. Patil*, Professor, Department of Environmental Science, Dr. Babasaheb Ambedkar Marathwada University. He explained the reasons for the increase in the quantity of such wastes and their harmful effects on our environment and health. He also discussed the need of proper disposal and management of these wastes. The talk was attended by faculty members and undergraduate students from different DU

colleges. The event was well appreciated by all.

# Webinar Lecture on *JPR Awareness*



**INTELLECTUAL PROPERTY INDIA**  
PATENTS | DESIGNS | TRADE MARKS | GEOGRAPHICAL INDICATORS

**UNIVERSITY OF DELHI**  
एन सी ई आर

Government of India  
Ministry of Commerce and Industry

**NIPAM**  
NATIONAL IP AWARENESS MISSION

**Department of Microbiology & Automation Committee**  
**INSTITUTE OF HOME ECONOMICS**  
University of Delhi  
*(Under the aegis of DBT Star college scheme and IQAC)*  
in collaboration with

**Department of Promotion of Industry and Internal Trade**  
Office of the Controller General of Patents, Designs & Trademarks

Conducting a session on  
**IPR Awareness Programme**  
*Under National Intellectual Property Awareness Mission*  
**CREATIVE INDIA, INNOVATIVE INDIA**

Speaker: **Ms Tripti Pandey**  
Examiner of Patents & Designs,  
O/o CGPDTM, DPIIT

**75**  
Azadi Ka  
Amrit Mahotsav

Day & Date: **14<sup>th</sup> Jan 2022**  
Time: **2:00 to 3:00pm**

Meeting Link:- <https://rgniipm.webex.com/rgniipm/j.php?MTID=m5f1ff2a98977a76d8ed30f272a8d1ff9>

**Prof Geeta Trilok-Kumar**  
Director, IHE

**Dr Sunita Aggarwal**  
Coordinator, DBT Star College Scheme

**Mr Sukhdeep Singh**  
Assistant Controller of Patents & Designs  
O/o CGPDTM, DPIIT

Inadequate knowledge about the rights of individuals to protect their ideas and innovations and low awareness about the procedures involved in obtaining an IPR has hindered India's growth in Intellectual Property. Government of India has prepared a National IPR Policy to enhance creativity, innovation, competitiveness and economic growth in India. Thus, to take it forward Department of Microbiology in association with DPIIT had conducted an awareness programme on 14<sup>th</sup> January 2022. The lecture was delivered by **Ms. Tripti Pandey**, Examiner of Patents & Designs, O/o CGPDTM, DPIIT. She explained all the basic concepts of IPR and its types to the participants. The webinar was very informative and attended by more than 70 participants.

# INTERNATIONAL WOMEN'S DAY CELEBRATION



**INSTITUTE OF HOME ECONOMICS**  
**University of Delhi**  
**Department of Physiology & Promotive Health**  
**&**  
**Department of Microbiology**  
 (Under the Aegis of 'DBT Star College Scheme')  
 In collaboration with  
**National Centre for Disease Control**

**Celebrates**

## "INTERNATIONAL WOMEN'S DAY"

### Programme

Talk by **Dr. Anshu Sharma** on '*Reproductive Health*'



**Date:** 8th March, 2022

**Time:** 11:00 a.m.

**Venue:** Conference room (IHE)

**Dr. Anshu Sharma**

(Ex-Additional Director and HOD, Non-communicable diseases division & Biochemistry divisions at NCDC Delhi)

### Prize distribution for Quiz By NCDC team

Patron	Organising Committee	NCDC coordinators
Prof.(Dr.) Geeta Trilok Kumar Director, IHE	Dr.Arati Nigam Mrs.Nitika Nagpal Dr.Ashima Vohra	Dr. Navin Verma Deputy Director (PH), NCDC Dr. Garima Srivastava
<b>Convenor</b> Dr. Manjula Suri Dr. Sunita Aggarwal	Mrs.Sonia Chaudhary Dr.Ashok Saini Dr.Arati Kumari Dr.Rashi Gupta	Deputy Assistant Director, NCDC <b>Student coordinators</b> Aditi Manocha Gunnpreet Kaur

On the occasion of **International Women's Day 2022**, the Department of Microbiology & Department of Physiology in association with Non-communicable diseases division & Biochemistry division, NCDC, New Delhi organized a lecture on awareness regarding reproductive health in women in offline mode on 8<sup>th</sup> March, 2022.

The lecture was delivered by **Dr Anshu Sharma**, Ex-Additional Director, Non-communicable diseases division & Biochemistry division, NCDC, New Delhi. She interacted with students to promote awareness about **Reproductive Health in Women**. The talk was very informative and it was well appreciated by the students and faculty.

In addition to this talk, a quiz competition was also conducted on Reproductive Health. About 40 students participated in the competition and the winners were awarded with trophies and cash prizes.

Total number of attendees= 45

# INTERNATIONAL WOMEN'S DAY 2022 - CELEBRATION



## Department of Physical Education and Sports Sciences and FNFT

In collaboration with the Department of Physical Education and Sports Sciences - IHE, the FNFT Department organized an online workshop on **“Yoga for Health and Fitness”** under the aegis of Internal Quality Assurance Cell (IQAC), IHE on 18th September 2021. The workshop was conducted by Ms. Ankita Saini, a *yoga* expert. She briefed the audience about the importance of *yoga* in our daily life, demonstrated some basic *asanas*, and explained their benefits in daily life. She also taught the correct technique of meditation and *pranayama*. More than a hundred participants attended this workshop and found it extremely useful.

Department of Food & Nutrition and Food Technology  
in collaboration with  
Department of Physical Education and Sports Sciences  
Institute of Home Economics  
University of Delhi

CELEBRATING POSHAN MAAH 2021  
(THEME: CONVERGING TOWARDS A HEALTHY WALK THROUGH LIFE)

present a  
**WORKSHOP**  
on  
**“Yoga for Health and Fitness”**  
by  
**Ms. Ankita Saini**  
(Yoga Instructor)

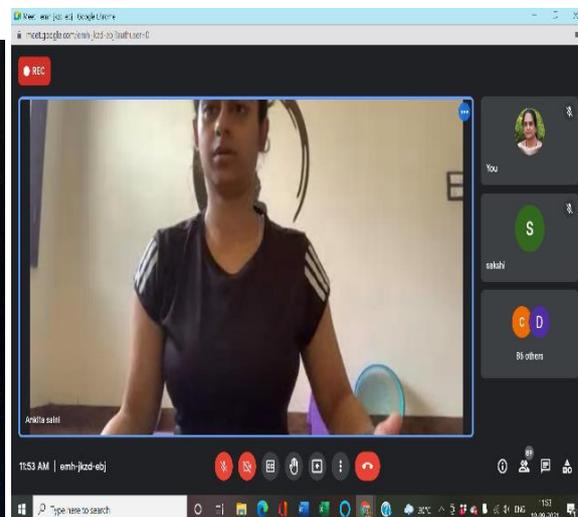
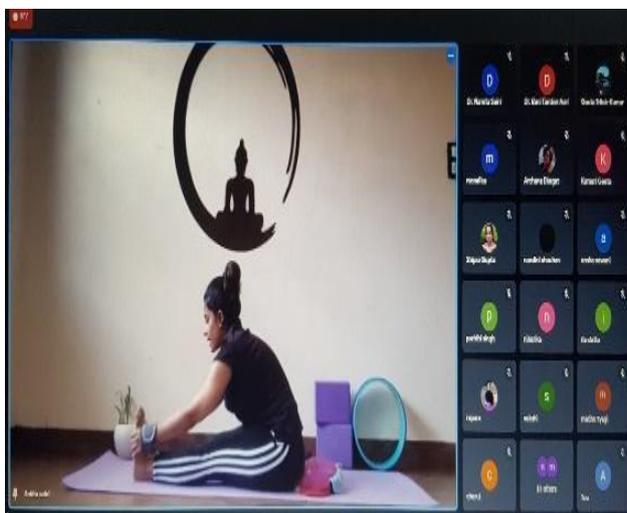
18<sup>th</sup> September 2021 at 11:00am  
Platform: Google meet  
Video call link: <https://meet.google.com/emh-ikzj-ehj>

**Patron**  
Prof. Geeta Trilok-Kumar  
(Director, Institute of Home Economics)

**Organizing Committee**  
Ms. Shilpa Gupta  
(Teacher-in-charge,  
Department of Food & Nutrition and  
Food Technology)  
Dr. Namita Saini  
(Teacher-in-charge,  
Department of Physical Education  
and Sports Sciences)

**Convener**  
Dr. Band Tamber Aeri

**Members**  
Dr. Tejmeet Rishki  
Dr. Anshu Sharma  
Dr. Pragya Singh



## **Department of Physiology and Promotive Health:**

Two Day International Virtual Symposium on ‘Recent Trends in Brain Research: Unlocking the Mysteries’ was organized by Department of Physiology and Promotive Health Institute of Home Economics, University of Delhi in collaboration with International Brain Research Organization, Asia Pacific Regional Committee (IBRO-APRC) & Indian Academy of Neurosciences, Delhi-NCR Chapter (Under the aegis of ‘DBT Star College Scheme’) on 22-23 March 2022. This symposium aims to bring together clinical, preclinical and basic science researchers in all fields of neuroscience to unlock the mysteries of the Brain, with significant clinical outcomes. The main objective of the symposium is to impart knowledge about techniques and trends used in brain research. The main aim is to introduce to the young investigators the fundamental concepts of neural plasticity and its underlying mechanisms and also make them aware that impaired neuroplasticity is the basis of many neurological and developmental disorders.

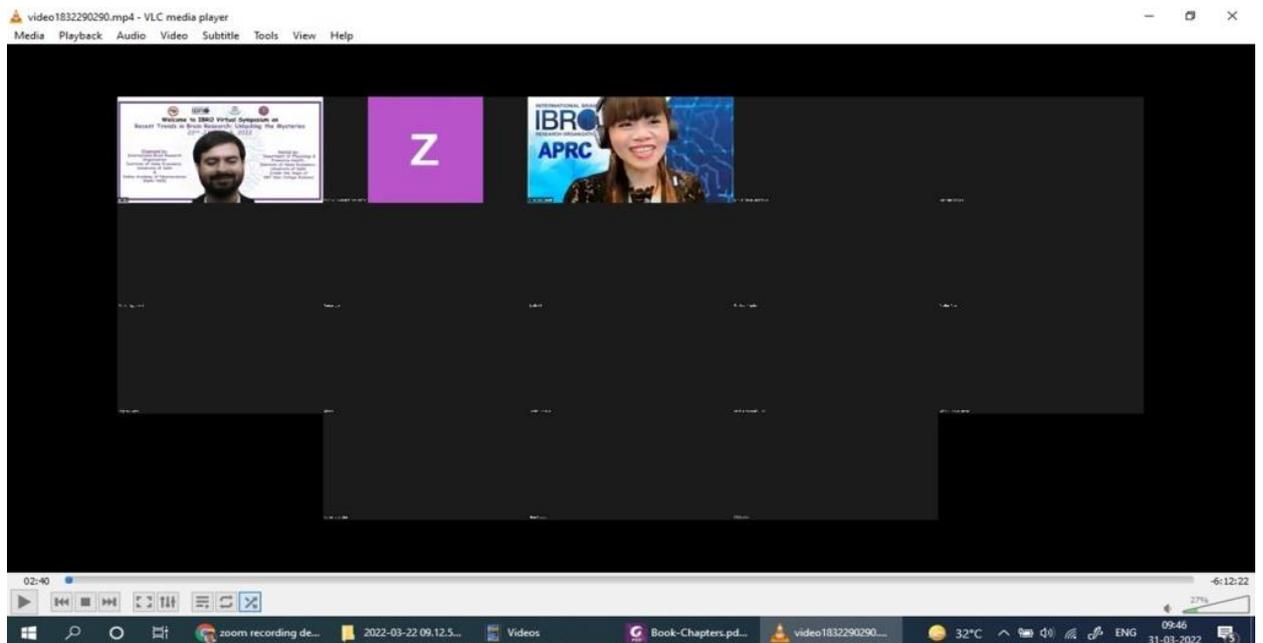
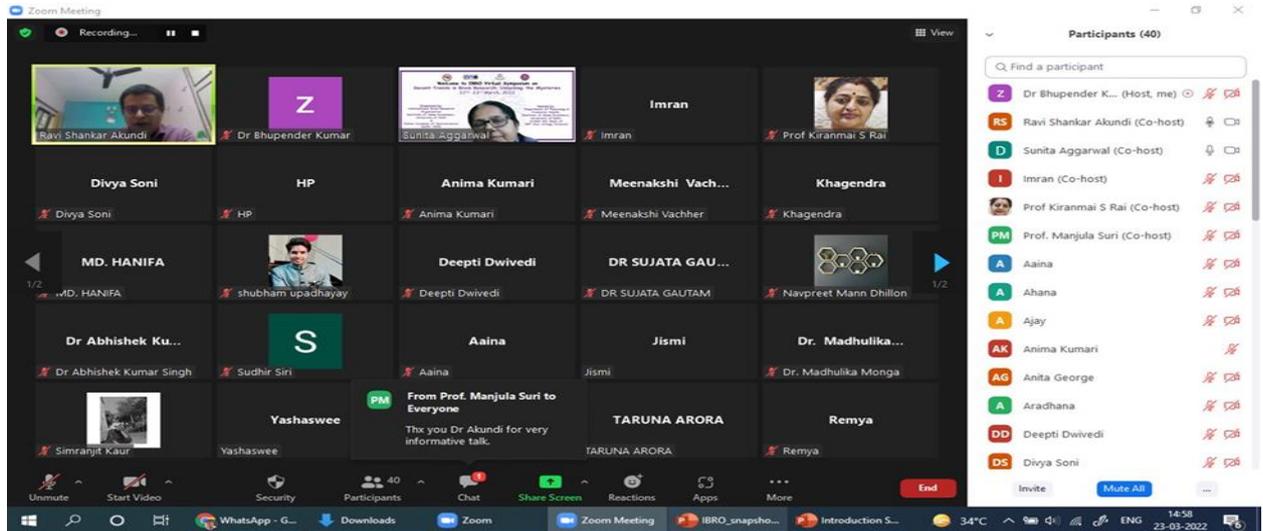
<b>Time</b>	<b>Speaker</b>	<b>Title</b>
9:00 h IST	Dr Manjula Suri	Introduction to IBRO Symposium
9:10 h IST	Prof. Geeta Trilok Kumar	Inauguration and Welcome of delegates
9:20 h IST	Dr Pike-See Cheah	Introduction to IBRO-APRC
9:30 h IST	Professor Suman Jain	Best wishes for participants
<b>Session 1: Neuromodulation and Neurological Disorders</b>		
<b>Moderator- Dr Manjula Suri</b>		
9:40 - 10:30 h IST	Prof. Fusao Kato	The central amygala in nociplastic pain
Tea Break		
11:00 - 11:50 h IST	Prof. PhaguniAllwadi	Biomarker investigations in Parkinson's Disease with Cognitive Impairment.”
11:50 -12:40 h IST	Prof. Kochhar	Gut-brain axis-based Novel neuromodulation approaches
Lunch break		
<b>Session 2: Techniques in Brain Research</b>		
<b>Moderator- Dr Bhupender Kumar</b>		
1:30-2:20h IST	Prof. Rajiv Anand	Clinical application of brain research
2:20- 3:10h IST	Prof. Anoop Gogia	Advances in measurement of depth of Anesthesia
Tea Break		
3:30-4:10h IST	Prof. Pallab Bhattacharya	Stem cell therapy for neuroprotection in stroke: role of mitochondria

<b>Time</b>	<b>Speaker</b>	<b>Title</b>
<p><b>Session 3: Neuronal plasticity and Environment</b></p> <p><b>Moderator- Dr Vandana Sabharwal</b></p>		
9:40- 10:30h IST	Prof. Suman Jain	Prenatal music stimulation effect on development of cognitive behavior
Tea Break		
11:00 - 11:50 h IST	Prof Manjula Suri	Use of Microdialysis in Neurosciences
11:50 -12:40 h IST	Prof. Soumya Iyengar	The Avian Black Box - the Crow brain
Lunch break		
<p><b>Session 4: Neuronal Injury and Repair</b></p> <p><b>Moderator- Dr Sunita Aggarwal</b></p>		
1:30- 2:20h IST	Prof. Ravi Shankar Akundi	Extracellular ATP-mediated cyclooxygenase 2 modulates inflammation in the systemic and neuronal disorders
2:20- 3:10h IST	Prof. Pravir Kumar	Protein misfolding, aggregation in neurodegenerative disorders and reversal through biomolecules
Tea Break		
3:30- 4:20h IST	Prof.Ajay Pal	Spinal cord associative plasticity improves Forelimb sensorimotor function after cervical spinal cord injury
4:20- 5.10 h IST	Prof. Abdul Haque Ansari	Use of Transcranial Magnetic Stimulation in Neurosciences
5:10 h IST	Mrs Anita George	Vote of thanks
Anchoring was done by Dr. Imran Parry		

# Academic level of Participants

Undergraduate, postgraduate, postdoctoral participants and young faculty members from Asia Pacific region with research interest in fields related to neurosciences. 236 participants registered for the symposium.

## Session in Progress



# Department of Science

Browser tabs: B\_ElEd-dept., Sports Report, A-1.pdf, ibro.pdf, Sign in - Goo..., ibro.pdf, bio dept.pdf, IHE (Institute)

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**Institute of Home Economics**  
University of Delhi  
**Department of Biology**  
and Environment Committee

Organizing Workshop (offline)  
on  
**Package of Practices on Home Gardening**



Aim of the workshop is to impart the seed of Gardening into the young minds.

Link for Registration:  
<https://forms.gle/mjmULEAcMDhmA7IWA>

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Browser tabs: B\_ElEd-dept., Sports Report, A-1.pdf, ibro.pdf, Sign in - Goo..., ibro.pdf, bio dept.pdf, IHE (Institute)

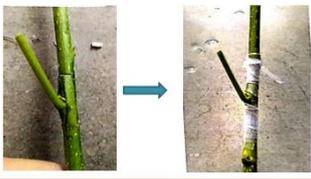
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2 of 2

**Date and Time of the Workshop**  
24-9-2021, 1:30pm to 5:00pm

**Theme of the Workshop**

- Vegetative propagation by Bud Grafting
- Vegetative propagation by Stem Cutting



**Organizers and Resource Person:**  
Dr. Rachna Kapila (Associate Professor and Teacher.in-Charge)  
Dr. Shantamu Mandal (Assistant Professor)  
Dr. Tanvi Singh (Assistant Professor)  
Mr. Ram Sewak (Mali)  
Mr. Mukesh (Laboratory Assistant)  
Mr. Anand (Laboratory Assistant).

**Patron**  
**Prof. (Dr.) Geeta Trilok Kumar**  
Director, Institute of Home Economics

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