



# INSTITUTE OF HOME ECONOMICS

University of Delhi

The Department Of Physical Education And Sports Committee  
&  
Student Sports Union

*invites the students and staff of IHE*



# KHELO INDIA 10 KA DUM

*Empowering Women through Sports*

**17th March 2023 - 25th March 2023**

- |                                  |                         |
|----------------------------------|-------------------------|
| • Basketball (17th, 23rd & 24th) | • Carrom(20th & 21st)   |
| • Badminton (22nd & 23rd)        | • Pitthoo (22nd & 23rd) |
| • Chess(20th & 21st)             | • Skipping(22nd & 23rd) |

*(Find more information on the respective posters)*

**Patron**  
Prof. Dr. Renu Arora  
Acting Director

**Convener**  
Prof. Dr. Namita Saini

**Co-convener**  
Prof. Dr. Geeta Punhani

**Sports Union**  
President: Chesta Naagar  
Secretary: Anushka Jain





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# BASKETBALL TOURNAMENT

Staff: 17th March '23

Students: 23rd & 24th March '23

Student vs Staff: 24th March

Venue: Basketball Court

Reporting time: 9:30 AM

For further info contact: Catheleen(8448105905)

Patron

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Acting Director

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Enthusia Invites our Teaching and Non- Teaching staffs  
to participate in our Badminton event

# SMASH IT

## TOURNAMENT

Venue: Badminton Court

DATE - 20TH MARCH 2023

Reporting time: 9 AM TO 9:30 AM



Scan the above QR code to fill up the registration form



For further queries contact:  
Shraddha Jha (7004587211)  
Isha Ranjan (9555407009)

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# CHESS

## COMPETITION

Students: 20th March 2023

Staff: 21st March 2023



Venue: Sports Department  
Reporting time: 1pm



*Scan the above QR code to fill up the registration form*

*For further info contact: Rajnandini(9667660089)*

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# CARROM COMPETITION

Students: 20th March 2023

Staff: 21st March 2023

Venue: Sports Department  
Reporting time: 1pm



*For further info contact: Rajnandini(9667660089)*

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# SKIPPING

## COMPETITION

Students: 22nd March 2023

Staff: 23rd March 2023

Venue: Sports Department

Reporting time: 1pm

*For further info contact: Chestha Naagar(806891023)*

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Acting Director

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# PITTHOO

## COMPETITION

Students: 22nd March 2023

Staff: 23rd March 2023

Venue: Basketball Court

Reporting time: 1 PM

*For further info contact: Chestha Naagar(806891023)*

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Acting Director

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