

INSTITUTE OF HOME ECONOMICS

UNIVERSITY OF DELHI



Name	Anita George		Photograph
Designation	Associate Professor		
E-mail	anita.george@ihe.du.ac.in		
Educational	Qualifications:		
	H) English at Jesus and Ma		
• M.A. English at Miranda House, DU			
• M.Phi	l. English at Department of	t English, DU	
Teaching exp	erience: 30 years		
Subjects/Pap	ers Taught		
AECC Englis Liberal Optio Ecology and I	n English (I&II) to B.El.Ec	l students	
Research Int	erest/Specialization		
Teaching of English as Second Language American Women's Writing 18th Century Novel			
Research Projects			
Title		Funding agency/organization	Duration of Project
University-Sc	hool Resource Network-	Sir Ratan Tata Trust, Mumbai	2010

Research papers since 2010 (APA format)

• Manjula Suri, **Anita George**, Namita Saini Review of physiological effects of yoga and exercise on learning and memory. Journal of Institute of Home Economics; vol.1; Pg29-35(2011)

Books published/edited

• Anita George(ed). Textbook of Sports Psycho-Physiology. Friends Publications (India),2020. ISBN: -978-81-947997-9-5.

Workshops/ Symposium at IHE as organizer

Member of the organising committee for IBRO-APRC 2022 Virtual Symposium on "Recent Trends in Brain Research: Unlocking the Mysteries" held on 22nd and 23rd March 2022.

Any other

- Participated in English Language Proficiency Course, a 100 hours course organised under the aegis of Institute of Life Long Learning, University of Delhi, as Teacher/Resource Person. (2009)
- Participated in Materials Development for English Language Proficiency at Institute of Life Long Learning, University of Delhi. (2010).
- Worked in various college committees as Convenor and Member.