



## DEPARTMENT OF FOOD & NUTRITION AND FOOD TECHNOLOGY

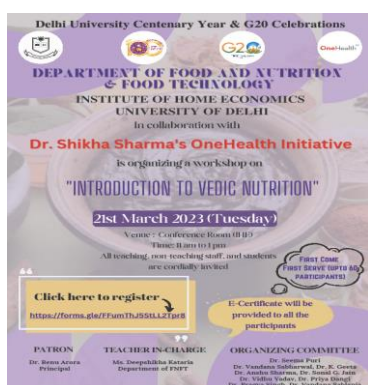
### ACTIVITIES (July 2022 to June 2023)

Major activities conducted by the Department of Food and Nutrition & Food Technology (FNFT)

#### Workshops/Seminars/ lectures organized

##### 1. WORKSHOP ON VEDIC NUTRITION

Department of Food & Nutrition and Food Technology in collaboration with Dr. Shikha Sharma's One Health Initiative organized a workshop on "Introduction to Vedic Nutrition" on 21st March'2023, Tuesday from 11 to 1 PM in the conference hall of the college. Dr. Reena Rawat and Ms. Bhawna were the resource person from Dr Shikha Sharma's diet clinic.



**2. FACULTY DEVELOPMENT PROGRAM ON HPLC-** The Department of Food and Nutrition & Food Technology of Institute of Home Economics, University of Delhi under the aegis of IQAC organized a Faculty Development Program on "HPLC: Working and Applications in Food Analysis" on 29th November'2022. Mr Double Singh (Application Engineer) from Shimadzu was the resource person. Twenty-seven candidates participated in the program and learned about working of HPLC.



### 3. WEBINAR: Millets-Nutritional Value and Potential as Nutraceuticals and Functional Food

Department of Food & Nutrition and Food Technology of Institute of Home Economics (University of Delhi) organized a webinar on “Millets: Nutritional Value and Potential as Nutraceuticals and Functional Food” in collaboration with Council for Promotion, Research, and Trade of Traditional Foods (CPRTTF) as a part of celebrations of International year of Millets (2023) on 17th August 2022, Wednesday at 3.30 pm. Dr. C. Tara Satyavati was the resource person for this webinar. She is the Project Coordinator - Pearl Millet (Acting) of the All India Coordinated Research Project on Pearl Millet at the Indian Council of Agricultural Research (ICAR) Jodhpur, Rajasthan. Mr Subrata Dutta represented the Council for Promotion, Research, and Trade of Traditional Foods (CPRTTF).

### 4. Interactive talk on orientation day “Alumni Vision: Inspiring Success on Orientation Day”



The Department of Food and Nutrition & Food Technology, IHE organized an orientation to welcome the newly admitted masters in food & nutrition and post graduate diploma in dietetics and public health nutrition students on 15th February 2023 in the conference room at the college.

**5. Anemia Mukht Bharat Campaign-** Students of M.Sc. Food & Nutrition participated in the Anemia Mukht Bharat Campaign of the Govt. of India at the India International Trade Fare, held in November 2022.



**6. Introducing Millets based Innovative food products in college canteen-** The objective of the activity was to promote the availability of the innovative millet-based products in the college canteen for promoting healthy eating habits among the students. The Department of Food & Nutrition and Food Technology had introduced millet based innovative food recipes in the college canteen for sale. A sale drive of the millet foods was conducted by the students of MSc Food & Nutrition to spread awareness about the goodness of millets among college students.



### National and International days celebrated

**World Breastfeeding Week, 2022:** Department of Food and Nutrition & Food technology, Institute of Home Science celebrated World Breastfeeding Week (WBW) from 1 -7 August, 2022 in line with the theme for 2022 "**Step Up for Breastfeeding: Educate and Support**". The theme aimed at encouraging breastfeeding which plays very important role in the early development of a baby. The special focus of the activities planned by the department was to spread awareness about “BREASTFEEDING FRIENDLY HOSPITALS IN INDIA (BHFI-India)”.



## Competitions organized by the Department of FNFT

- 1. QUIZ COMPETITION ON MILLETS-** Department of Food and Nutrition & Food Technology of Institute of Home Economics, University of Delhi organized an intra college quiz competition on 4th November 2022 to celebrate International year of Millets.



## Academic visits and seminars/workshop attended by the students

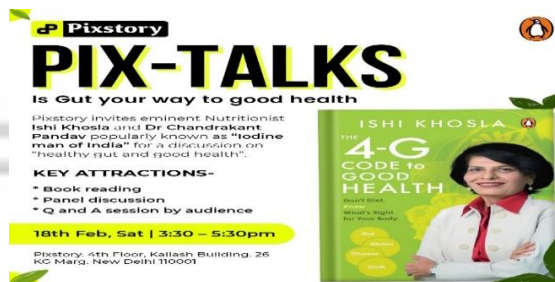
- 1. VISIT TO KRISHI VIGYAN MELA-** A visit was organized to Pusa Krishi Vigyan Mela 2023 for the students of MSc Food and Nutrition, specializing in Public Health Nutrition, on 3rd March 2023.



- 2. VISIT TO DELHI MILK SCHEME -** The first semester students of B.Sc. Food Technology (32) and final year students of M.SC. Food and Nutrition group C (5) were taken to Delhi Milk Scheme, shadipur, Delhi on 7 February, 2023. The objective of this visit was to provide practical exposure on the various aspects of milk processing. The students were shown raw milk sampling, platform tests, milk processing and effluent treatment plant.



2. **PIX- TALKS BY PIXSTORY-** An event PIX- TALKS was organised by Pixstory on 18th February 2023 at Kailash Building, KG Marg, New Delhi. This was interactive event with eminent nutritionist Ishi Khosla, and leading public health specialist Dr Chandrakant Pandav, also known as the Iodine Man of India.



4. **GLOBAL MILLETS CONFERENCE-** B.Sc. (H) Food Technology 4th sem and 6th sem attended “Global Millets (Shree Anna) Conference at IARA, Pusa on 19th March’2023. Students attended the scientific lectures and also visited stalls displaying innovative products made with millets.



5. **Student’s training on aspects of IYCF at National Institute of Public Cooperation and Child Development (NIPCCD)-** About 40 students of DDPHN and M.Sc Food & Nutrition had attended

structured training sessions on Infant and Young Child Feeding practices and breastfeeding promotion and education organized by NIPCCD.



### Student internships

PG students of MSc Food and Nutrition (Semester 2) students did their internships in various prestigious organizations and given in the list below. The internship was organized for one month (15 days offline and 15 days online mode). Time of internship was from 15th June till 15th July 2023. Students of Post Graduate Diploma in Dietetics and Public Health Nutrition also joined 3 months/6 months internships in the dietetics department of prestigious hospitals.

### Merit achieved by students/any awards



Payal, M.Sc. FN won University Gold medal



Harleen Kaur of Food Technology receiving Gold Medal