




INSTITUTE OF HOME ECONOMICS
UNIVERSITY OF DELHI



Name	Ms. Srishti Negi	
Designation	Assistant Professor	
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Educational Qualifications:

MSc – Home Science - Food and Nutrition (University of Delhi)
BSc – Home Science (Hons) with specialisation in Food and Nutrition (University of Delhi)

Teaching & Research Experience:

- ✓ **Assistant Professor** at Institute of Home Economics, University of Delhi from August 2023 onwards.
- ✓ **Assistant Professor** at Manav Rachna University, Faridabad from October 2019 to August 2023.
- ✓ **Nutrition Faculty** at VLCC Institute, Pitampura from April 2018 to June 2019
- ✓ **Research Associate** at Institute of Home Economics, Delhi University from January 2017 to May 2017

Industrial Experience:

- ✓ **Clinical Nutritionist** at MAX Healthcare, Patparganj from July 2017 to March 2018.
- ✓ **Dietician** at VLCC Healthcare Pvt. Ltd. Karol Bagh from June 2016 to January 2017

Subjects/Papers Taught

BSc (Home Science)

- Healthy & Sustainable Food Choices
- Ayurveda & Nutrition

BSc (Food Technology)

- Nutritional Sciences

MSc (Foods and Nutrition)

- Clinical Nutrition

DDPHN

- Therapeutic Nutrition
- Public Health Nutrition

Awards Received

- JRF scholarship award by UGC NTA NET June 2023 with a score of 210/300.

Research Interest/Specialization

- Metabolic Syndrome
- NCD's
- Maternal and Child Health
- Yoga & Lifestyle
- Nutraceuticals

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Research Papers (APA format)

- Bisht, A., Negi, S. (2023). Impact of Alcohol Consumption – A Recent Update. The Scientist, DOI: <https://doi.org/10.5281/zenodo.7765519>. 2.
- Sharma, A., Negi, S. (2023). Impact of Stress on Nutritional Status –A Recent Update. The Scientist, 3(3); 333-336.
- Gulati, S., Negi, S. (2022). Association of Energy Intake & Macronutrient Composition with Obesity in Women: A Review. International Research Journal of Education and Technology, 4(6):39-45; 2581-7795.
- Sharma, S., Negi, S. (2022). Nocturnal Eating Syndrome and its consequences. International Journal of Innovative Research in Technology, 9(1):84-87; 2349-6002.
- Singh, P., Negi, S. (2022). Trans fats- a food industry pal or a root of numerous ailments?. The Scientist, 1(2):100-108; 0890-3670.
- Vaishali, Negi, S. (2020). A Comparative Study on Presence of Heavy Metals Lead and Cadmium in Tomato Ketchups used by Street Vendors of Delhi NCR. Journal of Advanced Research in Medical Science & Technology, 7(2):15-18; 2394-6539.
- Chauhan, K., Negi, S. (2020). Anti-Diabetic Property of Catharanthus roseus Leaves and Psidium guajava Leaves. J. Adv. Res. in Ayurveda, Yoga, Unani, Sidhha & Homeopathy, 7(1&2):1-5; 2394-6547.
- Vaishali., Negi, S. (2020). Assessment of food handling practices of street food vendors of Delhi NCR. International Journal of Food Science and Nutrition, 5(3):126-127; 2455-4898.

Books Published/Edited

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Association with Professional Societies

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Any Other

- NAAC A certified