



INSTITUTE OF HOME ECONOMICS
(University of Delhi)
इंस्टिट्यूट ऑफ होम इकोनॉमिक्स
(दिल्ली विश्वविद्यालय)



NAAC GRADE 'A' ACCREDITED

Ref. No. IHE/2023-2024/Admin/1598
INSTITUTE OF HOME ECONOMICS

Year: (2022-2023)

Achievements as per the Plan of Action made by IQAC

S.No.	Plan of Action	Achievements
1	Strengthening teaching learning process	<ul style="list-style-type: none"> • Various interactive sessions, seminars, workshops and symposiums were organised to facilitate the teaching learning process. • Both online and offline lecture series were organised by inviting the discipline-specific eminent speakers. • Field visits organised by El.Ed department to understand innovative practices in teaching and learning in alternative schools. • Digital Literacy Mela-Programme entitled 'Each One Enable One' was also conducted for empowering women with essential digital skills demanded in the modern world. • E-learning initiatives were implemented for digital empowerment.
2	Orientation for students and faculty members to facilitate NEP 2020 implementation	<ul style="list-style-type: none"> • College facilitated the implementation of National Education Policy 2020 by orienting both students and the faculty members for better understanding of the structure both at college and university level. • Special NEP implementation committee was formed. • Interactive sessions were planned to support NEP subjects. • Centennial Oration and a Panel Discussion was held on National Education Policy, 2020. • Panel discussion was organised entitled 'National Education Policy; Transformations in Higher Education: The Changing Landscape.'

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3	Participation in Centenary celebrations and G20 presidency	<ul style="list-style-type: none"> • Various activities were organised for strengthening the role as an educational institution about the centenary celebrations and G20 presidency. • Inter-College Competition (Poster making, Designing of Banners, Slogan making and Logo Designing). • Seminar on 'G20 and Media'. • Interactive session on 'G20: Empowering Women through Innovation'. • Shatabdi Vriksharopan Centennial Plantation. • Centennial Oration and a Panel Discussion. • Sufi Evening 'Jashan-e-Ekta.' • Sports events/tournament matches were organised under the aegis of centenary celebrations and G20 which include Badminton, Basketball, Relay Race, Yoga, Taekwondo, and some indoor games like Carom, Table tennis and Chess.
4	Student Exchange Program	<ul style="list-style-type: none"> • The students and faculty members participated in 'Sakura Science Exchange Program' fully funded by Japan Science and Technology Agency to visit University of Occupational and Environmental Health, Japan (UOEH), in Kitakyushu. • This exchange program brought together students from 4 countries (South Korea, USA, Japan and India) with very different cultures, and provided an opportunity for them to consider the future of society from their own countries and from a global perspective under the theme of Japanese social technology.
5	Capability enhancement	<ul style="list-style-type: none"> • Capability enhancement of students was done through soft-skill development sessions, Resume building and Personal branding programs, leadership programs, CV building workshops and mock-interview sessions. • Placement cell of IHE organised placement and internship fair 'Career Expo-2023'. • 'Career Fair' in collaboration with Upschool was also organized. • Capacity enhancement workshop on 'Data Management' • Training session on 'website development'.

6	Initiatives for Faculty Development	<p>Faculty development initiatives and programs were conducted for improving teaching effectiveness. Such as:</p> <ul style="list-style-type: none"> • The Department of Food and Nutrition & Food Technology of Institute of Home Economics, University of Delhi under the aegis of IQAC organized a Faculty Development Program on 'HPLC: Working and Applications in Food Analysis'. • Faculty Development program on 'Research Ethics and Plagiarism'.
7	Green Initiatives for Environment Sustainability	<p>College takes regular efforts for embracing sustainability. Few initiatives are:</p> <ul style="list-style-type: none"> • Earth Day Celebration 2023 on theme 'Invest in our Planet'. • E-Waste Collection Drive. • Plastic Waste Collection Drive. • Rally to create awareness on plastic waste management. • Session on E-Waste Management. • E-Waste Registration. • Session on Food and Climate Change. • Interactive meet on Organic Farming with Local Farmers was also organized in collaboration with Krishikul Natural Farms to emphasise on the need and importance of sustainable agricultural practices. • Stalls of Organic Farm Produce. • Distribution of organic vegetables grown in the college premises among the staff members. • Workshop on 'Organic farming, Vegetative Propagation and Climate Smart Agriculture'. • Greenery Management. • Maintenance of the Vegetable Garden. • Organic manure made in college campus through organic waste composting by Aerobins and vermicomposting. • Procurement of pots, seedlings and plants to maintain green cover, vegetable garden and herbal garden. • Shatabdi Vriksharopan Centennial Plantation. • Installation of RO reject water tank in Office and RM lab. • No littering Campaign was carried out.

		<ul style="list-style-type: none"> • Bird watching at Aravalli Biodiversity Park was organised as part of the G20 celebration. • Field visits to TARA for 'Understanding Sustainable Processes and Waste Paper Recycling'. • Eco-club participation in mega plantation drive, Demonstration cum hands-on workshop on 'Creating Terrariums', training sessions on waste management and eco-system restoration.
8	Extension and outreach programmes	<p>Extension and outreach activities are carried out at college and community level.</p> <ul style="list-style-type: none"> • The Department of Food and Nutrition of the Institute of Home Economics celebrated 'Poshan Maah' and conducted a community outreach programme on the importance of nutrition for infants in an Anganwadi Center in Neb Sarai. • Online drive highlighting the importance of millets through social media platforms such as LinkedIn and Instagram to celebrate 'Rashtriya Poshan Maah'. • Outreach activity on 'Millets and their nutritional value' in association with Nutrition Society of India, Delhi Chapter. • Field Visit to Amrit Udyan was organized under the outreach program of 'Udyan Utsav 1- 2023'. • Eco-club participation in mega plantation drives organised by Govt of NCT Delhi. • Voices Outreach- In the virtual realm, Voices 'The mental health society of IHE' has utilized social media platforms and organised informative and interactive campaign for students during academic session to provide tips to become stress-free during exams, raising awareness against drug abuse, an online session on suicide prevention. • Sessions on Menstrual Hygiene was conducted for community awareness and empowerment by Team members from 'Maitri'- the Sustainable Menstrual Health Society. Other activities of maitri are Newspaper donation drive, competitions and screening films on menstrual hygiene. • Biochemistry department organized a National hands-on Workshop on 'Qualitative Analysis of Carbohydrates' as a part of extension and outreach activities.

		<ul style="list-style-type: none"> Enactus IHE organised a Winter Clothes Donation Drive. Cleanliness drives, feeding the stray, Serving Khichdi to mark Poshan Maah, Daan Utsav cloth collection drive, Activities to mark Menstrual Hygiene Day and Sanitary Pad Donation Drive are some of the activities organised by NSS, IHE.
9	Reviving AARAMBH- Early child Development center of IHE	<ul style="list-style-type: none"> AARAMBH early child development centre resumed its functioning on 9th January, 2023 after the COVID 19 lockdown. The centre runs a preschool, daycare, and afterschool care programs which provide support to the college staff and neighbouring community. Summer camp was also organised.
10	Opening of various centres in departments	<ul style="list-style-type: none"> The department of food and nutrition & food technology started the 'Diet Counselling Centre' for the students and staff of the college in the year 2022 'Centre for sustainable textiles' was inaugurated by Department of Fabric and Apparel Sciences. Clean Air Room was also opened as a part 'Centre for sustainability' by the Department of Resource Management and Design Application.
11	Celebration of Days	<p>A number of International and National days were celebrated by organizing various activities. To name a few:</p> <ul style="list-style-type: none"> World fuel day, National Science Day, World mosquito Day World Entrepreneurship Day, Hindi Diwas, Hindi Pakhwada, world Photography Day, International Crochet Day, World Environment Day, World Literacy Day, World Cinema Day, International Day Against Drug Abuse, PTSD Awareness Day, Earth Day celebration.
12	Curriculum Enrichment	<ul style="list-style-type: none"> Curriculum enrichment through various add-on/certificate courses were conducted such as Certificate course on 'Digital Marketing'. Hands on-workshops were conducted by various departments in their discipline specific domains.
13	MOU Signed	<ul style="list-style-type: none"> Department of Communication, Extension and Journalism signed Memorandum of Understanding

		with International Association of Women in Radio and Television (IAWRT) for year 2023 to organize the film festival organized by the organization.
14	Providing guidance for Entrepreneurship	<ul style="list-style-type: none"> • With the view to ignite entrepreneurial spirit amongst the students, 'Entrepreneurial Mela' was organized for the students to showcase the unique business idea proposals and their implementation.
15	Promoting Equal Opportunities	<ul style="list-style-type: none"> • Interactive sessions, discussions and field visits were organised to promote equality in society through sensitization, advocacy, support and counselling. • Field-visits to the organization working in the field of disability as part of their curriculum of Childhood Disability and Social Action. • Visit to National Institute for Empowerment of Persons with Visual Disabilities, Dehradun (field engagement) to empower students with inclusive pedagogical methods especially vis a vis student with visual impairment. • ABA Therapy for Children with Disabilities. • Learning Disabilities: Management and Classroom Strategies.
16	Counselling, Guidance and Workshops	<ul style="list-style-type: none"> • Strengthening mental health society-VOICES through training sessions, workshops and timely assistance. • Strengthening Counselling room of IHE 'Ikshana' for providing a safe and comfortable space for people to address their problems via counsellor. • Counselling sessions were organised.
17	Strengthening research culture	<ul style="list-style-type: none"> • College continually takes efforts to ensure and strengthen optimum research culture. Research papers, chapters in books and presentations were made by several faculty of the department across various platforms. • Panel discussion was organised on Scientific Temper among students by eminent experts. • Capacity enhancement workshop on "Data Management, Faculty Development program on "Research Ethics and Plagiarism" and Seminar on "Career perspectives in Bioinformatics".