




INSTITUTE OF HOME ECONOMICS
UNIVERSITY OF DELHI



Name	Veenu Wadhwa	Photograph
Designation	Professor	
E-mail	veenu.wadhwa@ihe.du.ac.in	

- Educational Qualifications:
- Ph.D. (Child Development) University of Delhi, Delhi
- M.Sc. (Child Development), University of Delhi, Delhi
- M.Sc. (Counselling and Family Therapy) IGNOU
- B.Ed. Annamalai University
- B.Sc. (Child Development), University of Delhi, Delhi
- Short Term Course in “Learning Disabilities”
- Course in “Visual and Verbal Metaphor Therapy”

Teaching experience:

33 Years

Subjects/Papers Taught

Human Development; Lifespan Development; Research methods in Home Science; Theories of Human Development; Gerontology: A Multidisciplinary Perspective, etc.

Research Interest/Specialization

Traditional Indian Play Materials for Children (3-6 years): An Evaluation

Play is essential to a child’s well-being and development. Play experiences of children add or modify their knowledge through the integration of new and familiar experiences. Traditional toys and play materials provide amusement and also the means to learn while playing. They teach the child about the bounty of nature and enable understanding and

appreciation of nature from an early age. A study was conducted on the traditional toys of Rajasthan. Each of the toys and play materials compiled was evaluated by experts and mothers of preschool children and were found to promote certain concepts, ideas, words and have effect on the physical, motor, cognitive, social, moral and language development of the child. Learning outcomes included learning about the self, learning about the social world, about the natural world and finally just pure joy.

However, the traditional art of toy making is dying out and syncretism is what can probably help the timeless traditional toy survive.

Other areas of interest include Early Childhood Education and Development; Adolescence; Parenting and Counselling.

Research Projects

Title	Funding agency/organization	Duration of Project
'Impact of a Multiple Micronutrient (MMN) Fortified Powder on Cognitive Development of School Going Children'	Sponsored by GSK, UK	October 2014 – August 2015

Research papers since 2010 (APA format)

- Wadhwa, V., Chopra, G. & Khanna, K. (2010) Forgotten Toys and Play Materials of Rajasthan: Benefits for the Preschool Child. Vol X, No.3 Aug-Oct 2010 issue of Navtika, A Journal of Early Childhood Care and Education.
- Wadhwa, V. (2018) "Forgotten Toy Manufacturers of Rajasthan: Some Stories" Vol IX, No. 4, January, 2018 issue of Edu World, A Multidisciplinary International Peer Reviewed/Referred Journal. ISSN 2319-7129
- Rana, A., Gulati, R., & Wadhwa, V. (2019). Stress among Students: An Emerging Issue. Integrated Journal of Social Science, 6 (2), 44-48. ISSN 2348-0874
- Wadhwa, V. (2021) "Khel aur Paramparik Khilone: Astitvaki Khoj mein Ek Kala" Volume-18, March 2021, Adhigam, Shaikshik Shodhpatrika. ISSN 2394-773X
- Jalan D., Wadhwa, S., & Wadhwa, V. (2023) Revisiting Art for Wellbeing. Third Concept, Volume 37, Number 439, 49-52. ISSN 0970-7247

Books published/edited

- Co-author for “Manual for Child Development” a practical manual. Gulati, R., Gugnani, A., Chopra, G., & Wadhwa, V., Blaze Publishers
- “Understanding Toys”, Book for publication by the Toy Association of India.

Book chapters published/edited

- Chapter on “The Preschool Child” published for the course work for the Early Childhood Education Programme organized by the DPS Society.
- Chapter on “Developmentally Appropriate Practices” published for the course work for the Early Childhood Education Programme organized by the DPS Society.
- Chapter on “Cognitive Development of the Preschool Child” published for the course work for the Early Childhood Education Programme organized by the DPS Society.
- Chapter on “Socio-emotional development of the Preschool Child” published for the course work for the Early Childhood Education Programme organized by the DPS Society.
- Chapter on “Physical Motor development of the Preschool Child” published for the course work for the Early Childhood Education Programme organized by the DPS Society.
- Chapter on ‘Early Childhood and School Readiness: An Indian Perspective’. In: Childhood in India: Opportunities and Challenges. Ed. Seema Puri. Nova Science Publishers Inc. New York, 2021.

Association with Professional Societies

- Teacher-in-charge for the department since July 2022.
- Teacher-In-charge for the pre-school run by the Department of Human Development and Childhood Studies for a period of over 15 years and initiated 'the School of Performing Arts' for evening hobby/extra curricular activities like music, dance and drama. Also initiated the Saturday Library.
- Linkages with various professional bodies: SCERT (Rajasthan), UNICEF, NCERT, NIPCCD, CECED and IGNOU
- Have been on various College Committees including the Cultural Committee, Admission Committee and the Academic Committee, Placement Committee etc.
- Have been Co- Student Advisor for over 5 years.
- Have been guiding and counseling students for both academic and personal concerns for over 30 years.
- Counselling of Delhi Police Personnel and their families (Police Family Welfare Association since 2016).
- Have been Member of the advisory committee of CECED at the Ambedkar University.

Any other

Future Plans

- Strengthen and intensify the discourse on positive parenting through workshops and counseling by reaching out to parents of children across age groups to provide support and help to build good relationships and better mental health.
- Set up a centre for early intervention for children for their overall development.
- Focus on enhancing the outreach of the mental health society, 'Voices'