

**Institute of Home Economics
(University of Delhi)**

Vidya Vistar Scheme

Activities

July 2023-March 2024

The Vidya Vistar Scheme was launched by University of Delhi to further the vision of the NEP, 2020. The scheme proposes setting up of collaborative academic and capacity building efforts between the colleges/departments of University of Delhi and institutions of higher education located in remote areas of the country. The idea is to create a well-connected and supportive environment for higher education by maximizing the resources available at each institution.

Objectives of Vidya Vistar Scheme

To collaborate with other institutions for:

- Expertise, knowledge and experience of the faculty members
- Resources in the library
- Other academic facilities

As a part of this important effort, the Institute of Home Economics signed a MoU of collaboration with Government Zirtiri Residential Science College, Aizawl Mizoram in 2022.

About Government Zirtiri Residential Science College, Aizawl

Zirtiri Residential Science College, situated in Ramthar Veng, Aizawl, the capital of Mizoram, provides a range of educational opportunities. The college offers 10 undergraduate courses along with an additional certificate course as a value-added option. Among its offerings are programs in BCA and B.Sc.

Activities under VVS

The following activities have been undertaken by IHE in collaboration with the Government Zirtiri College, Aizawl:

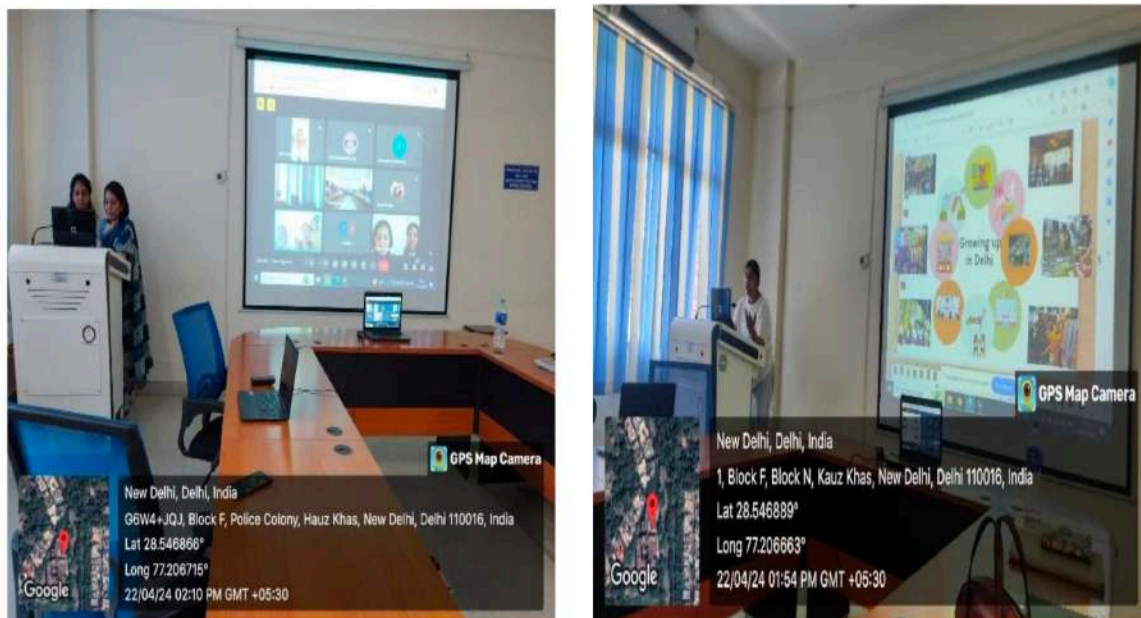
S.No.	Activities	Date
1.	<p>Title : A student interaction session on “Land, Culture and People”</p> <p>Mode : Online</p> <p>Organised by: Human Development and Childhood Studies, IHE</p> <p>Attendees : 6 students of Zirtiri College and 4 students of HDCS, IHE</p>	22/04/ 2024
2.	<p>Title : Workshop on “Practical perspectives on Molecular Dynamics Simulation”</p> <p>Mode : Offline for IHE and Online for Zirtiri college</p> <p>Resource person : Dr. Manish, Assistant Professor, Deptt of Microbiology, IHE</p> <p>Organised by: Department of Microbiology, IHE</p>	15/04/2024
3.	<p>Title : An interaction on “Fostering Speaking and Writing Skills in English”</p> <p>Mode : Online</p> <p>Organised by : Dept of Elementary Education and Deptt. of English, IHE & Department of English at Govt Zirtiri Residential Science College, Aizawl, Mizoram</p> <p>Attendees : 31 BEIEd students from IHE and 27 Zirtiri College students</p>	21/03/2024
4.	<p>Title : A talk on Battling Cancer</p>	13/02/2024

	<p>Mode : Offline for IHE and Online for Zirtiti college</p> <p>Resource persons : Prof. Subrata Sinha {National Science Chair (SERB) AIIMS}, New Delhi, Prof. Niranjana Chakraborty (Professor of Eminence, National Institute of Plant genome Research), Dr. Karthikeyan Pethusamy (Assistant Professor, Dept. of Biochemistry, AIIMS, New Delhi), Dr. Shuvandeep Ganguly (Scientist C, Dept. Of Medical Oncology, Dr. B.R.A. IRCH AIIMS, New Delhi), Prof. Archana Singh (Professor, Dept. of Biochemistry AIIMS, New Delhi)</p> <p>Organized by : IHE in collaboration with INSA (Indian National Science Academy) and UGC-MMTTC</p> <p>Attendees : Students of IHE and Faculty and students of Zirtiri College, Aizawl.</p>	
5.	<p>Title :A talk on Pre-Diabetes</p> <p>Mode : Online</p> <p>Resource persons: Prof. Archana Burman, Dr. Savita Bansal and Dr. Meenakshi Vaccher.</p> <p>Organized by : Department of Biochemistry, IHE & Department of Biochemistry, Zirtiri college</p> <p>Attendees : Attended by 80 students and faculty</p>	09/02/2024
<p>In addition to these activities, faculty and students of Zirtiri college participated/attended online seminars and workshops that were held in IHE. Some of these were:</p>		
6.	<p>Title : Talk on Rights of Transgender Persons</p> <p>Resource person: Dr. Sanjana Simon</p> <p>Department : HDCS deptt</p>	
7.	<p>Title : The Art of Storytelling</p>	

	<p>Resource person: Ms. Archana Chandel (Storytelling and story creation expert)</p> <p>Department : HDCS deptt</p>
8.	<p>Title : Mastering Basics of Stock Market</p> <p>Resource person: Prof. Vardana Saha (Institute of Management, Noida)</p> <p>Department : RMDA deptt</p>
9.	<p>Title : Designer Crop for the future: Application of Biotechnology to increase nutritional value</p> <p>Resource person: Prof. Niranjan Chakraborty, Professor of Eminence, National Institute of Plant Genome Research, New Delhi.</p> <p>Department : FNFT dept</p>
10.	<p>Title : Style like an Influencer</p> <p>Resource person: Ms. Henna Parimoo (Senior stylist and Creative director/Assistant Professor, Pearl Academy)</p> <p>Department : FAS dept</p>
11.	<p>Title : SDGs for Viksit Bharat</p> <p>Resource person: Prof. Surbhi Dahiya, Indian Institute of Mass Communication</p> <p>Department : DCEJ deptt</p>

Details of some of the programs:

1. Interaction on “Land, Culture and People”



Department of Human Development and Childhood Studies, Institute of Home Economics and Department of Home Science, Govt Zirtiri Residential Science College, Aizawl, Mizoram organized a student interaction session on 22 April 2024.

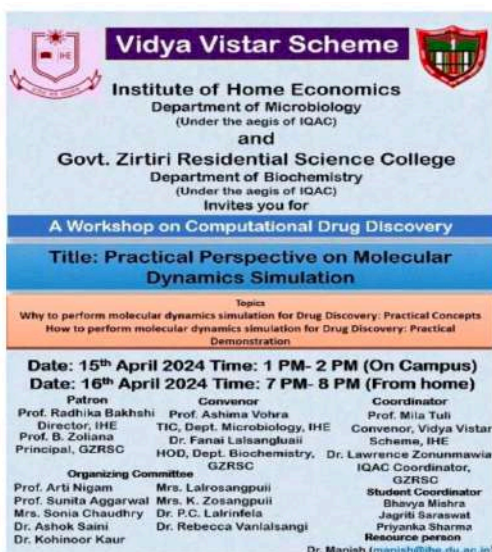
Interdisciplinary collaboration is increasingly recognized as a crucial aspect of academic growth and innovation. In this spirit, under Vidya Vishtar Scheme an interactive session was organized between students of the Department of Human Development and Childhood Studies at the Institute of Home Economics and the Department of Home Science at Govt Zirtiri Residential Science College, Aizawl, Mizoram. The session aimed to foster understanding of students' context by sharing lived experiences of growing up in their states Delhi and Mizoram respectively.

Students from both the Departments presented information about their states. Six students from Aizawl spoke about Mizoram, its geography, weather, culture and also shared their personal experiences of growing up in Mizoram. Four students from Institute of Home Economics shared presentations and a short video they had prepared talk about the city of Delhi, its food, culture and monuments and also their personal experiences of navigating their lives in a fast paced city like Delhi.

Feedback : The session was taken very positively by the attendees. To carry on the discussion further, there was a suggestion of setting up a WhatsApp group for students and faculty to stay connected with each other.

2. Workshop on “Practical perspectives on Molecular Dynamics Simulation”

Department of Microbiology, IHE organized an online workshop on 15.04.2024. The workshop addressed two main topics on the need to perform molecular dynamics simulation for drug discovery and how to perform molecular dynamics simulation. Certificates of participation were distributed to the students.



Vidya Vistar Scheme
Institute of Home Economics
Department of Microbiology
(Under the aegis of IQAC)
and
Govt. Zirtiri Residential Science College
Department of Biochemistry
(Under the aegis of IQAC)
Invites you for
A Workshop on Computational Drug Discovery
Title: Practical Perspective on Molecular Dynamics Simulation
Topics
Why to perform molecular dynamics simulation for Drug Discovery: Practical Concepts
How to perform molecular dynamics simulation for Drug Discovery: Practical Demonstration
Date: 15th April 2024 Time: 1 PM- 2 PM (On Campus)
Date: 16th April 2024 Time: 7 PM- 8 PM (From home)
Patron
Prof. Radhika Bakhshi, Director, IHE
Prof. B. Zoliana, Principal, GZRSC
Convenor
Prof. Ashima Vohra, TIC, Dept. Microbiology, IHE
Dr. Fanai Lal Sangluai, HOD, Dept. Biochemistry, GZRSC
Coordinator
Prof. Mila Tuli, Convenor, Vidya Vistar Scheme, IHE
Dr. Lawrence Zonunmawia, IQAC Coordinator, GZRSC
Organizing Committee
Prof. Arti Nigam, Mrs. Lalrosangpui
Prof. Sunita Aggarwal, Mrs. K. Zosangpui
Mrs. Sonia Chaudhry, Dr. P.C. Lakrinfela
Dr. Ashok Saini, Dr. Rebecca Vanlalsangi
Dr. Kohinoor Kaur
Resource person
Dr. Manish (manish@ihe.du.ac.in)



3. An interaction on “Fostering Speaking and Writing Skills in English”

Faculty from IHE, Dr Suneeta Mishra and Ms Anita George and faculty from Zirtiri College, Dr Kimi Hamte, Dr Msi Chhangte, Dr. Masangi were the session facilitators.

The first online meeting between students of B.El.Ed, IHE and Zirtiri College took place on March 21, 2024, from 2:30 to 3:30 p.m. This introductory session was intended as an ice-breaker between the two groups of participants and to set the ball rolling towards a more meaningful oral and written correspondence between the participants. The session kicked off with Dr Suneeta Mishra and Ms Anita George outlining the session's objectives and a general introduction to the interaction. Then the faculty members from both institutions introduced themselves, followed by student introductions from both sides. Participants shared personal interests, likes, and dislikes, engaging in a dialogue where they asked each other questions about their cultures, beliefs, and families etc. This intrigued some of them about the other group's culture and they went on to discuss issues like cultural norms, weather, dresses.

The next session intends to take up theme-based written communication between the students of both groups.

Department of EEd and Department of English, IHE (DU) in collaboration with Department of English, Zirtiri College, Mizoram

Organises
FOSTERING SPEAKING AND WRITING SKILLS IN ENGLISH
(Using cultural contexts)

21 March, 2024
From - 2:30 to 3:30 PM

Conference ROOM

Facilitators
Dr. Suneeta Mishra, IHE
Ms. Anita George, IHE
Dr. Kimi Hnamte, Zirtiri College
Dr. Msi Chhangte, Zirtiri College
Dr. Masangi, Zirtiri College

Under VIDYA VISTAR SCHEME
FIRST ONLINE INTERACTIVE SESSION

PARTICIPANTS :
2nd and 4th semester students from both institutions

DIRECTOR : PROF. RADHIKA BAKHSI
VVS CONVENER : PROF. NILATULI



4. A talk on Battling Cancer

**INSA (DELHI CHAPTER) & INSTITUTE OF HOME ECONOMICS
 UNIVERSITY OF DELHI**

in collaboration with UGC-MMTTC (Formerly GAD-TLC)

Under the aegis of IQAC
 invites you to a talk on Cancer Awareness

BATTLING CANCER WITH SCIENCE



Prof. Subrata Sinha
 National Science Chair (SERB)
 AIIMS, New Delhi



Prof. Archana Singh
 Professor, Dept. of Biochemistry
 AIIMS, New Delhi



Dr. Shuvandeep Ganguly
 Scientist C, Dept. Of Medical
 Oncology, Dr. B.R.A. IRCH
 AIIMS, New Delhi

A link for an online platform will be shared with students to access the content of the talk. Registered participants will get an e-certificates.



Prof. Niranjan Chakraborty,
 Professor of Eminence, National
 Institute of Plant genome
 Research,



Dr. Karthikeyan Pethusamy
 Assistant Professor, Dept. of
 Biochemistry, AIIMS, New Delhi

DATE  **February 13, 2024**

TIME  **10 am onwards**

LOCATION  **Conference Room**

PATRON
Dr. Radhika Bakhshi

COORDINATORS
Dr. Bhawana,
Dr. Meenakshi Vachher, Dr. Kohinoor Kaur



5. A talk on Pre-Diabetes

The presenters of the talk were Prof. Archana Burman, Dr. Savita Bansal and Dr. Meenakshi Vaccher. Participants also received certificates at the end of the webinar.

VIDYA VISTAR SCHEME

DEPARTMENT OF BIOCHEMISTRY
INSTITUTE OF HOME ECONOMICS
UNIVERSITY OF DELHI
(under the aegis of IQAC)
AND
DEPARTMENT OF BIOCHEMISTRY
ZIRTIRI RESIDENTIAL SCIENCE COLLEGE, AIZAWL
PRESENT
**ONLINE SYMPOSIUM ON
PRE-DIABETES**

Patrons
Prof. Radhika Bakhshi
Director, IHE
Prof. B. Zoliana
Principal, GZSSC

Convenors
Prof. Archana Burman
HOD, Dept. Biochemistry, IHE
Dr. Fanai Lalasangluai
HOD, Dept. Biochemistry, GZSSC

DATE
9th February, 2024

Time
6:00pm Onwards

Scan HERE to register:

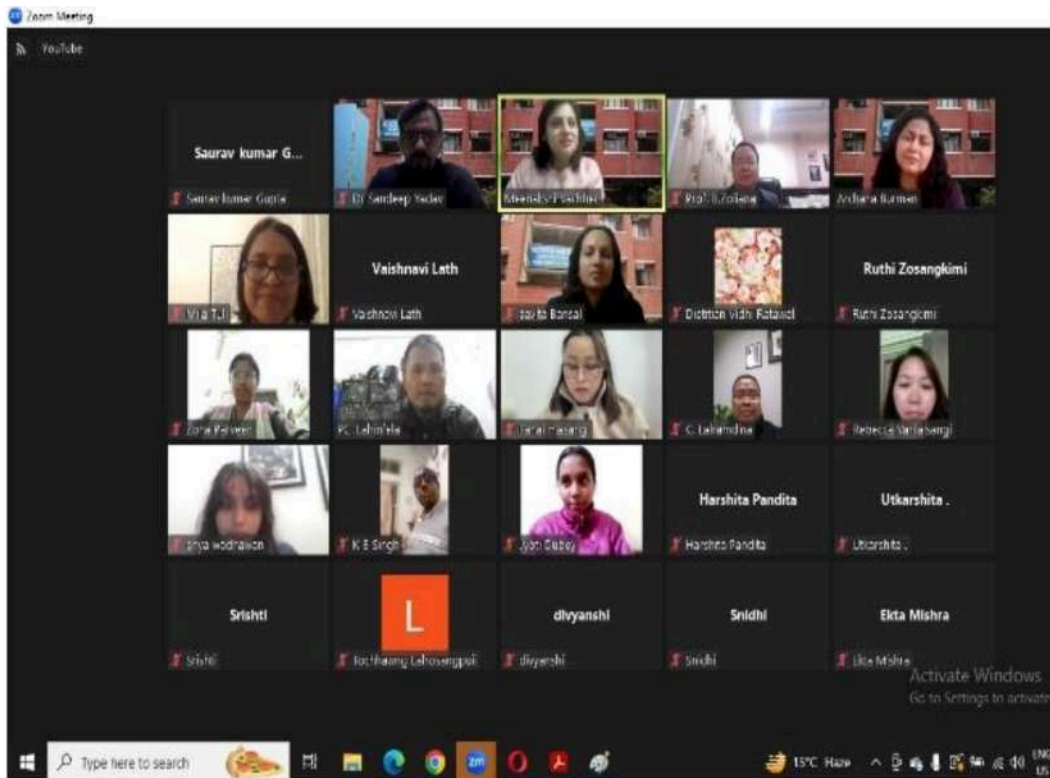
The Vidya Vistar Scheme (VVS) is based on the principle of mutual respect, cooperation and sharing between two Colleges/Departments of both the universities as equal partners.

Govt. Zirtiri Residential Science College
Government Zirtiri Residential Science College was the first science college established in Mizoram by the government with a view to cater to the need of undergraduate science education. The college has been disseminating quality education in diverse fields of science and technology for over forty years.

Scientific Programme: 9 Feb, 2024

18:00 IST
"Welcome Address"
Prof. Radhika Bakhshi,
Director, IHE,
University of Delhi.

Participants: Dr. Sandeep Yadav, Archana Burman, Meenakshi Vaccher, Mile Tuli.



8. Mastering Basics of Stock Market



INSTITUTE OF HOME ECONOMICS
(University of Delhi)
Department of Resource Management and Design Application
&
'Eminence' (Placement Cell)

Under the aegis of IQAC
Presents

MASTERING BASICS OF STOCK MARKET



BY PROF. VARDANA SAHA
(Assistant Professor, Institute of Management, Noida)

22/02/2024, THURSDAY
RM LAB ROOM NO. 306A, IHE
12:15 PM ONWARDS

A link will be shared for participation online.

<p>Patron Prof. Radhika Bakshi (Director, IHE)</p>	<p>Convenor Dr. Poonam Magu</p>	<p>Student Coordinators FOR ANY QUERIES, CONTACT: BHOMIKA: +91 95997 69776 KANISHKA : +91 87009 05742 CHARUL : +91 99998 91670</p>
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10. Style like an influencer

The poster features logos at the top for 'विकसित भारत अभियान', 'VIDYA VISTAAR SCHEME', and the University of Delhi. The main text reads: 'Fabric and Apparel Science & Eminence- The Placement Cell, Institute of Home Economics, University of Delhi, Under the aegis of IQAC, Organises a talk on'. The title 'Style like an Influencer' is in large yellow font. Below it is a photo of Ms. Henna Parimoo, a Senior Stylist & Creative Director/ Assistant Professor at Pearl Academy. The event is on 6 March, 2024, at 1:30 pm onwards at the conference room. Organizers listed are Prof. Radhika Bakhshi (Patron), Dr. Poonam Magu (Convener), and Dr. Noopur Sonie & Dr. Charu Gupta (Coordinator). Contact numbers are provided at the bottom.

विकसित भारत अभियान VIDYA VISTAAR SCHEME

Fabric and Apparel Science & Eminence- The Placement Cell
Institute of Home Economics
University of Delhi
Under the aegis of IQAC
Organises a talk on

Style like an Influencer

Ms. Henna Parimoo
Senior Stylist & Creative
Director/ Assistant Professor
Pearl Academy

6 March, 2024 1:30 pm onwards at conference room

Patron Prof. Radhika Bakhshi, Director, IHE
Convener Dr. Poonam Magu
Coordinator Dr. Noopur Sonie, Dr. Charu Gupta

For any query contact: Bhumika 9599769776, Kanishka 8700905742
Charul 9999891670

Planning Ahead:

All Home Science departments are in conversation with the departments at Zirtiri College to plan for research-based activities. Preliminary meetings have been held online for this and areas of possible research collaboration have been identified.