



Standard Operating Procedures (SOPs) for Food Security Officer

Food Security Officer involves following the compliance given by Food Safety and Standards Authority of India (FSSAI) for various food commodities to ensure food safety and security. Below is an outline for SOPs, which needs to be adapted, based on the requirements.

1. Introduction

- Aim: To ensure the safety and security of food from production to consumption.
- **Scope**: Applicable to all activities related to food safety & security including procurement, storage, handling, and distribution.

2. Roles and Responsibilities

- Food Security Officer: Oversee and implement food security measures, conduct risk assessments, and ensure compliance with food safety regulations.
- Staff and Volunteers: Follow the SOPs, report any issues, and participate in training sessions.

3. Procurement Procedures

- Approved Suppliers: Only procure food from vetted and approved suppliers.
- **Inspection**: Inspect food items upon arrival for quality and safety.
- **Documentation**: Maintain records of all procurements, including supplier details, quantity, and quality checks.

4. Storage Procedures

- **Temperature Control**: Maintain appropriate temperature for different food items (e.g., refrigerated, frozen, dry storage).
- Inventory Management: Use a first-in, first-out (FIFO) system to ensure older stock is used first.
- **Pest Control**: Implement regular pest control measures and inspections.

5. Handling and Preparation Procedures

- **Personal Hygiene**: Ensure all producers/ cook and volunteers follow strict personal hygiene practices, including regular hand washing and wearing appropriate dress.
- **Cross-Contamination Prevention**: Separate raw and cooked foods, use separate utensils, and cutting boards.
- Cooking and Reheating: Ensure food is cooked and reheated to safe internal temperatures.

6. Distribution Procedures

- Safe Transportation: Use clean, temperature-controlled vehicles for food transport.
- **Packaging**: Ensure food is securely packaged to prevent contamination and damage during transit.

• **Distribution Records**: Keep detailed records of food distribution, including dates, quantities, and recipients.

7. Waste Management

- Segregation: Separate food waste from non-food waste and dry waste from wet waste.
- **Disposal**: Follow local regulations for the disposal of food waste.
- Record Keeping: Maintain records of waste disposal, including quantities and methods used.

8. Risk Management

- Risk Assessments: Conduct regular risk assessments to identify potential food security threats.
- **Contingency Plans**: Develop and maintain contingency plans for emergencies (e.g., food recalls, quality checks).
- Training: Provide regular training to staff and volunteers on food safety and security procedures.

9. Monitoring and Evaluation

- **Regular Audits**: Conduct regular audits to ensure compliance with SOPs.
- Feedback Mechanisms: Implement systems for receiving and addressing feedback from staff, volunteers, and beneficiaries/consumers.
- **Continuous Improvement**: Regularly review and update SOPs based on audit results, feedback, and changes in regulations.

10. Documentation and Record Keeping

• SOP Manual: Maintain a comprehensive manual of all SOPs, accessible to all relevant personnel.

RIVID

• Documents related to food safety and security issues, including corrective actions taken.

Dr. Vandana Food Security Officer (Nodal Officer) Institute of Home Economics University of Delhi Email- <u>vandana.sablania@ihe.du.ac.in</u>