



Undergraduate Projects Conducted by the Students and Faculty of
Department of Food and Nutrition and Food Technology

S.No	Title of the Project	Coordinator(s)	Year	Names and Course of the Students
1.	Case-Series on Extreme Approaches for Weight Loss Among Adolescent Girls	Dr Vandana Sabharwal	January - April 2020	B.Sc. (Hons.) Home Science, 6th Semester: Muskaan Khurana, Muskan Bahl, Prakriti Chhatwal, Pranshi Gupta, Prartnana Goyal, Reetika Hura, Shivangi Sinha, Shivani Phugat, Shreya Sharma, Tanu Singhal, Tejaswini Bhatt, V. Priya, Yashpinder Kaur
2.	Implementation of food safety, health and sustainability requirements as per FSSAI's Eat Right Campus in IHE Cafeteria	Dr Tejmeet Rekhi, Dr Sonal Gupta Jain, Dr Pragya Singh	February 2020	M.Sc. Food and Nutrition (Semester-II): Amrita, Ankita Chaturvedi, Anshu Jyoti, Barkha, Namrata Kaushik, Payal, Priyanka Singh BSc (Pass) Home Science, 4th Semester: Aradhana Dixit, Anshu Kumari, Hargun Kaur
3.	Consumer awareness about the nutraceutical products available in market	Priya Dangi, Vidhu Yadav, Vandana Sablania	January-April 2021	B.Sc (H) Food Technology 6th semester : Ayushi Gupta, Anmol Raina, Bhagwant Preet Kaur, Isha, Prarthana, Yashika-
4.	Self-Assessment of Nutrient Content and Food Group Diversity of Diets Consumed by Undergraduate Students	Dr Vandana Sabharwal	2020-21	B.Sc. (Pass) Home Science, 6th Semester: All 18 students
5.	Overview of micronutrient deficiencies and coverage of essential nutrition programmes in India - A Secondary Data Analysis	Dr Vandana Sabharwal, Dr K Geeta	2021-22	B.Sc. (Hons.) Home Science, 6th Semester: All 19 students

6.	Minimum Acceptable Diet (MAD) upto 2 years and prevalence of micronutrient deficiencies in India - A secondary data analysis	Dr K Geeta, Dr Anshu Sharma	January - April 2021	B.Sc. (Hons.) Home Science, 4th Semester: Bhargavi, Deepali, Gauri, Diksha
7	To study the physiological behavior, psychological behavior and nutritional practices of individuals in India during COVID-19 lockdown	Priya Dangi, Vidhu Yadav, Vandana Sablania	January - April 2021	B.Sc (H) Food Technology, 6th semester: Saumya, Samriti Juneja, Neha, Deepanshi, Saranya,
8	Knowledge, Perception and Practices of Immunity Boosters During Covid-19 Outbreak Among Adults Residing in Urban Areas of Delhi	Dr. Vandana Sabharwal, Dr. Sunita Aggarwal, Dr. Nitika Nagpal	2021-22	BSc.(Hons) Microbiology, Semester 4: Pratiksha Pandita, Nikhita Khera, Priyanka Bhat, Rachna Tanwar, Shreejiti Adhikari
9.	Survey about knowledge, attitude and practice of consumers towards the display of nutrition information in Food Service Establishments as mandated by FSSAI	Dr. Vandana Sabharwal and Dr. Sunita Aggarwal	2023-24	BSc. (Hons), Microbiology and BSc. (Hons) Home Science, Semester 4: Vanshika Sahani, Prerna Vashisht, Chavi Bahl, Rajnandini