

**LSC 0787: Institute of Home Economics**

**Counselling Schedule for Master of Science in Counselling and Family Therapy (MSCCFT)/Post Graduate Diploma in Counselling and Family Therapy (PGDCFT): First Year (July 2024 Admissions)**

<b>MCFT 001: Number of Sessions-4</b>								
<b>SEMSESTER / YEAR (2024-25)</b>								
<b>Programme</b>	<b>Course</b>	<b>Credits</b>	<b>No. of sessions</b>	<b>Approved AC Name</b>	<b>Date</b>	<b>Time</b>	<b>Online Meeting Platform</b>	<b>Meet link</b>
MCFT/ PGDCFT	MCFT001	4	1	Dr. Richa Rana	18/01/2025	2:00pm-4:00pm	Google Meet	<a href="https://meet.google.com/scv-tvzx-nay">https://meet.google.com/scv-tvzx-nay</a>
	MCFT001		1	Dr. Richa Rana	22/03/2025	10:00am-12:00pm		
	MCFT001		1	Dr. Richa Rana	05/04/2025	10:00am-12:00pm		
	MCFT001		1	Dr. Richa Rana	12/04/2025	10:00am-12:00pm		

<b>MCFTL 001: PRACTICAL: Number of Sessions - 4</b>								
<b>SEMSESTER / YEAR (2024-25)</b>								
<b>Programme</b>	<b>Course</b>	<b>Credits</b>	<b>No. of sessions</b>	<b>Approved AC Name</b>	<b>Date</b>	<b>Time</b>	<b>Online Meeting Platform</b>	<b>Meet link</b>
MCFT/ PGDCFT	MCFTL001	4	1	Dr. Richa Rana	15/02/2025	2:00pm-4:00pm	Google Meet	<a href="https://meet.google.com/scv-tvzx-nay">https://meet.google.com/scv-tvzx-nay</a>
	MCFTL001		1	Dr. Richa Rana	05/04/2025	2:00pm-4:00pm		
	MCFTL001		1	Dr. Richa Rana	12/04/2025	2:00pm-4:00pm		
	MCFTL001		1	Dr. Richa Rana	19/04/2025	2:00pm-4:00pm		

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<b>MCFT 002: Number of Sessions-4</b>								
<b>SEMSESTER / YEAR (2024-25)</b>								
<b>Programme</b>	<b>Course</b>	<b>Credits</b>	<b>No. of sessions</b>	<b>Approved AC Name</b>	<b>Date</b>	<b>Time</b>	<b>Online Meeting Platform</b>	<b>Meet link</b>
MCFT/ PGDCFT	MCFT002	4	1	Dr. Richa Rana	19/04/2025	10:00am-12:00pm	Google Meet	<a href="https://meet.google.com/scv-tvzx-nay">https://meet.google.com/scv-tvzx-nay</a>
	MCFT002		1	Dr. Richa Rana	27/04/2025	10:00am-12:00pm		
	MCFT002		1	Dr. Richa Rana	03/05/2025	10:00am-12:00pm		
	MCFT002		1	Dr. Richa Rana	04/05/2025	10:00am-12:00pm		

<b>MCFTL 002: PRACTICAL: Number of Sessions - 4</b>								
<b>SEMSESTER / YEAR (2024-25)</b>								
<b>Programme</b>	<b>Course</b>	<b>Credits</b>	<b>No. of sessions</b>	<b>Approved AC Name</b>	<b>Date</b>	<b>Time</b>	<b>Online Meeting Platform</b>	<b>Meet link</b>
MCFT/ PGDCFT	MCFTL002	4	1	Dr. Richa Rana	26/04/2025	3:00pm-5:00pm	Google Meet	<a href="https://meet.google.com/scv-tvzx-nay">https://meet.google.com/scv-tvzx-nay</a>
	MCFTL002		1	Dr. Richa Rana	27/04/2025	2:00pm-4:00pm		
	MCFTL002		1	Dr. Richa Rana	03/05/2025	2:00pm-4:00pm		
	MCFTL002		1	Dr. Richa Rana	04/05/2025	2:00pm-4:00pm		

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**Counselling Schedule for Master of Science in Counselling and Family Therapy (MSCCFT)/Post Graduate Diploma in Counselling and Family Therapy (PGDCFT): First Year (July 2024 Admissions)**

<b>MCFT 003: Number of Sessions - 4</b>								
<b>SEMSESTER / YEAR (2024-25)</b>								
<b>Programme</b>	<b>Course</b>	<b>Credits</b>	<b>No. of sessions</b>	<b>Approved AC Name</b>	<b>Date</b>	<b>Time</b>	<b>Online Meeting Platform</b>	<b>Meet link</b>
MCFT/ PGDCFT	MCFT003	4	1	Parul Mahajan	19/01/2025	10:00am-12:00pm	Google Meet	<a href="https://meet.google.com/mqx-oxrf-xjj">https://meet.google.com/mqx-oxrf-xjj</a>
	MCFT003		1	Parul Mahajan	22/01/2025	5:00pm-7:00pm		
	MCFT003		1	Parul Mahajan	12/02/2025	5:00pm-7:00pm		
	MCFT003		1	Parul Mahajan	23/02/2025	10:00am-12:00pm		

<b>MCFTL 003: PRACTICAL: Number of Sessions - 4</b>								
<b>SEMSESTER / YEAR (2024-25)</b>								
<b>Programme</b>	<b>Course</b>	<b>Credits</b>	<b>No. of sessions</b>	<b>Approved AC Name</b>	<b>Date</b>	<b>Time</b>	<b>Online Meeting Platform</b>	<b>Meet link</b>
MCFT	MCFTL003	4	1	Parul Mahajan	01/03/2025	5:00pm-7:00pm	Google Meet	<a href="https://meet.google.com/mqx-oxrf-xjj">https://meet.google.com/mqx-oxrf-xjj</a>
MCFT	MCFTL003		1	Parul Mahajan	08/03/2025	5:00pm-7:00pm		
MCFT	MCFTL003		1	Parul Mahajan	15/03/2025	5:00pm-7:00pm		
MCFT	MCFTL003		1	Parul Mahajan	23/03/2025	10:00am-12:00pm		

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<b>MCFT 004: Number of Sessions - 4</b>								
<b>SEMSESTER / YEAR (2024-25)</b>								
<b>Programme</b>	<b>Course</b>	<b>Credits</b>	<b>No. of sessions</b>	<b>Approved AC Name</b>	<b>Date</b>	<b>Time</b>	<b>Online Meeting Platform</b>	<b>Meet link</b>
MCFT/ PGDCFT	MCFT004	4	1	Parul Mahajan	26/03/2025	5:00pm-7:00pm	Google Meet	<a href="https://meet.google.com/mqx-oxrf-xjj">https://meet.google.com/mqx-oxrf-xjj</a>
	MCFT004		1	Parul Mahajan	30/03/2025	10:00pm-12:00pm		
	MCFT004		1	Parul Mahajan	05/04/2025	5:00pm-7:00pm		
	MCFT004		1	Parul Mahajan	12/04/2025	5:00pm-7:00pm		

<b>MCFTL 004: PRACTICAL: Number of Sessions - 4</b>								
<b>SEMSESTER / YEAR (2024-25)</b>								
<b>Programme</b>	<b>Course</b>	<b>Credits</b>	<b>No. of sessions</b>	<b>Approved AC Name</b>	<b>Date</b>	<b>Time</b>	<b>Online Meeting Platform</b>	<b>Meet link</b>
MCFT/ PGDCFT	MCFTL004	4	1	Parul Mahajan	16/04/2025	5:00pm-7:00pm	Google Meet	<a href="https://meet.google.com/mqx-oxrf-xjj">https://meet.google.com/mqx-oxrf-xjj</a>
	MCFTL004		1	Parul Mahajan	20/04/2025	10:00am-12:00pm		
	MCFTL004		1	Parul Mahajan	23/04/2025	5:00pm-7:00pm		
	MCFTL004		1	Parul Mahajan	27/04/2025	10:00am-12:00pm		

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<b>MCFT 005: Number of Sessions - 4</b>								
<b>SEMSESTER / YEAR (2024-25)</b>								
<b>Programme</b>	<b>Course</b>	<b>Credits</b>	<b>No. of sessions</b>	<b>Approved AC Name</b>	<b>Date</b>	<b>Time</b>	<b>Online Meeting Platform</b>	<b>Meet link</b>
MCFT/ PGDCFT	MCFT005	4	1	Dr. Deepti Gupta	01/02/2025	5.00pm-7.00pm	Google Meet	<a href="https://meet.google.com/otn-uycn-gfc">https://meet.google.com/otn-uycn-gfc</a>
	MCFT005		1	Dr. Deepti Gupta	22/02/2025	5:00pm-7:00pm		
	MCFT005		1	Dr. Deepti Gupta	20/03/2025	5:00pm-7:00pm		
	MCFT005		1	Dr. Deepti Gupta	26/04/2025	9:00am-11:00am		

<b>MCFTL 005: PRACTICAL: Number of Sessions - 4</b>								
<b>SEMSESTER / YEAR (2024-25)</b>								
<b>Programme</b>	<b>Course</b>	<b>Credits</b>	<b>No. of sessions</b>	<b>Approved AC Name</b>	<b>Date</b>	<b>Time</b>	<b>Online Meeting Platform</b>	<b>Meet link</b>
MCFT/ PGDCFT	MCFTL005	4	1	Dr. Deepti Gupta	22/03/2025	5:00pm-7:00pm	Google Meet	<a href="https://meet.google.com/otn-uycn-gfc">https://meet.google.com/otn-uycn-gfc</a>
	MCFTL005		1	Dr. Deepti Gupta	29/03/2025	5:00pm-7:00pm		
	MCFTL005		1	Dr. Deepti Gupta	26/04/2025	11:00am-1:00pm		
	MCFTL005		1	Dr. Deepti Gupta	01/05/2025	5:00pm-7:00pm		

**NOTE FOR STUDENTS:**

1. Please attend the counselling sessions regularly.
2. Identify the points you may like to discuss/clarify with the Counsellor.
3. Please bring your relevant course material with you during the online session.
4. Always carry your IGNOU I-Card while attending the online Sessions.
5. If there is any change in the schedule/meeting link, prior intimation will be given.

Sd/-  
Coordinator  
LSC 0787