



AARAMBH

Learning and Development Centre

Department of Human Development and Childhood Studies

Institute of Home Economics

University of Delhi



At AARAMBH, we believe that early years are not just the beginning of a child's education—it is the start of a lifelong love for learning. That is why we have created a space where every child feels safe, joyful, curious, and valued for who they are. Grounded in the rich philosophies of Indian educators such as Mahatma Gandhi, Gijubhai Badheka and Tarabai Modak, and aligned with the National Education Policy, our vision views children as capable learners and compassionate human beings. We offer a warm, secure environment where play is powerful, learning is joyful, and every experience—from building blocks to storytelling—is designed to support their full development. Our approach blends care, creativity, and connection, helping children become self-assured, empathetic, and ready for the world. We encourage active exploration, support emotional and social skills, and introduce healthy routines in a way that feels like fun, not instruction. In partnership with parents, we build children's confidence, creativity, communication, and kindness—skills they will carry with them throughout life. With caring adults who truly listen, guide, and grow alongside them, children at AARAMBH don't just learn—they thrive.

Broad objectives

- Ensure Safe and Secure environment for every child
- Enable an environment that promotes development across all domains—physical motor, social-emotional and language
- Develop nutrition routines, health habits, hygiene practices and self help skills
- Provide opportunities to explore, investigate and experiment
- Foster and support the development of pro-social skills, social competence and emotional skill
- Develop curiosity, creativity, and zeal in children
- Develop cultural and developmental sensitivity and awareness



Play School

Age: 2 years to 5 years

9:30 AM-12:30 PM

Day Care and After School

Age: 2 years to 12 years

9am - 5pm



Our Team



Akancha Mondal, Teacher, Aarambh, combines rich professional experience with a deep passion for early childhood education. She believes in creative, play-based approaches that honor each child's curiosity, identity, and potential. She is especially drawn to inclusive, culturally rooted teaching methods and strives to create joyful, meaningful experiences that support holistic development in early childhood settings.



Dr. Deepti Gupta, Assistant Professor (Guest), IHE, and Coordinator of the AARAMBH Centre for Learning and Development. She has taught ECCE courses at both undergraduate and postgraduate levels, served as Academic Counsellor for IGNOU's Diploma course in ECCE, and contributed to module development for the upcoming Master's programme in ECCE at IGNOU. Deeply committed to diverse pedagogies, she conducts experiential workshops on storytelling, dance and movement, bringing creative and inclusive approaches to early childhood education.



Dr. Shashi Shukla, Assistant Professor, IHE, brings deep expertise in Early Childhood Care and Education (ECCE), blending research with hands-on practice. Her work centers on children's language development and its role in shaping meaningful early learning. She has contributed to national-level curricula and training with NIOS, NCERT, SCERTs, and AWWA. With a strong focus on child-centered education, she champions holistic, inclusive, and developmentally appropriate practices.



Saiba Nangia, Counsellor, is a practicing Narrative Therapist, Sound Healing Practitioner, EFT Graduate, NLP Practitioner, and Special Educator, with a background in Human Development and Counselling Psychology. An alumna of Lady Irwin College, University of Delhi, and Saiba's career objective is to be in service through the empowerment process of human development and energy healing by re-authoring personal narratives. She supports and empowers people to have a vision to lead, the skill to heal, and a heart to love.



Dr. Bhavna Negi, Teacher In Charge, with over 20 years of experience nurturing minds and shaping futures, Dr. Negi brings passion, expertise, and a deep commitment to child development. A Ph.D. in Child Development from the University of Delhi, Dr. Negi is not just an educator—she is a devoted advocate for children's rights and well-being, learning and happiness. Her doctoral research on Child Rights in Indian Families offers a deep and thoughtful exploration of childhood ecologies, weaving together care and rights-based approaches within the Indian socio-cultural context. From designing enriching play spaces to reimagining childhood education through research and practice, her work reflects a blend of care and creativity.

Nurse available on call*

JOIN US ON THIS JOYFUL JOURNEY.....WHERE LEARNING STARTS WITH LOVE, AND EVERY CHILD COUNTS!

For any queries:

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