




INSTITUTE OF HOME ECONOMICS
UNIVERSITY OF DELHI



Name	Anita George	Photograph
Designation	Associate Professor	
E-mail	anita.george@ihe.du.ac.in	
Educational Qualifications: <ul style="list-style-type: none">• B.A (H) English at Jesus and Mary College, DU• M.A. English at Miranda House, DU• M.Phil. English at Department of English, DU		
Teaching experience: 30 years		
Subjects/Papers Taught AECC English Liberal Option English (I&II) to B.El.Ed students Ecology and Literature		
Research Interest/Specialization Teaching of English as Second Language American Women’s Writing 18th Century Novel		
Research Projects		
Title	Funding agency/organization	Duration of Project
University-School Resource Network-	Sir Ratan Tata Trust, Mumbai	2010

Research papers since 2010 (APA format)
<ul style="list-style-type: none"> Manjula Suri, Anita George, Namita Saini Review of physiological effects of yoga and exercise on learning and memory. Journal of Institute of Home Economics; vol.1; Pg29-35(2011)
Books published/edited
<ul style="list-style-type: none"> George, Anita. Communication in Everyday Life. Worldview Publications (New Delhi, India), 2024. ISBN: 978-81-96743-89-5 Anita George(ed). Textbook of Sports Psycho-Physiology. Friends Publications (India),2020. ISBN: -978-81-947997-9-5.
Workshops/ Symposium at IHE as organizer
Member of the organising committee for IBRO-APRC 2022 Virtual Symposium on “Recent Trends in Brain Research: Unlocking the Mysteries” held on 22 nd and 23 rd March 2022.
Any other <ul style="list-style-type: none"> Participated in English Language Proficiency Course, a 100 hours course organised under the aegis of Institute of Life Long Learning, University of Delhi, as Teacher/Resource Person. (2009) Participated in Materials Development for English Language Proficiency at Institute of Life Long Learning, University of Delhi. (2010). Worked in various college committees as Convenor and Member.