




INSTITUTE OF HOME ECONOMICS
UNIVERSITY OF DELHI



Name	Ms. Himani Bharat	Photograph
Designation	Assistant Professor	
E-mail	himani.bharat@ihe.du.ac.in	
Educational Qualifications: <ul style="list-style-type: none">• Ph.D. (Pursuing), Department of Home Science, University of Delhi• M.Sc. in Development Communication and Extension, Lady Irwin College, University of Delhi• B.Sc. (Home Science), GB Pant University of Agriculture and Technology, Pantnagar, Uttarakhand		
Teaching Experience: Since January 2020 (on an adjunct basis); since October 2023 (on a regular basis)		
Subjects/Papers Taught: Undergraduate Level: Gender, Media and Society, Communication Systems and Social Change, Communication Concepts, Behaviour Change Communication, Gender & Human Rights, ICT For Change, Research Methods in Home Science. Post-graduate Level: Communication Processes and Technique		
Awards Received: <ul style="list-style-type: none">• Junior Research Fellowship, UGC JRF (Home Science); 2020• PLA Seth Memorial Scholarship for Outstanding Work in Extension (a meritorious award at the post-graduation level)		
Research Interest/Specialization: Gender and Technology, ICTs and Development, Sustainable Development, Behaviour Change Communication, Digital Financial Inclusion and Women’s Economic Empowerment		
ORCID No.: 0009-0001-1099-1800		
Research Projects: NA		

Research papers since 2010

- **Bharat, H.,** Upadhyay, R. (2023). Aspirations and Barriers Perceived by Rural Youth in Engaging with Agribusiness in Baghpat District of Uttar Pradesh. *International Journal of Multidisciplinary Educational Research*, 12(3), 32–36.
- **Bharat, H., &** Upadhyay, R. (2024). Agribusiness and Rural youth: A study in Baghpat district of Uttar Pradesh. *Indian Journal of Home Science*, 36(1).

<ul style="list-style-type: none"> ● Bharat, H. (2025). The gendered nature of the Pandemic: A review on the impact of COVID-19 on Women. <i>International Journal for Multidisciplinary Research</i>, 7(4).
Chapters in Edited Books <ul style="list-style-type: none"> ● Bharat, H., & Kumar, A. (2022). Digital Literacy and Rural Women. In <i>Innovation and Incubation Opportunities through Home Science</i> (pp. 141-153). Romanson Printing & Publication House.
Association with Professional Bodies <ul style="list-style-type: none"> ● Lifetime Member of the <i>Home Science Association of India</i> ● Member of the <i>Evaluation Committee of India</i>
Oral Presentation in Seminar/Conference Proceedings <ul style="list-style-type: none"> ● “<i>Profiling of Youth for Viksit Bharat: Insights from a Pilot Study</i>” at National Conference: Health, Gender, and the Environment: Intersections towards meeting the SDGs, Institute of Home Economics, University of Delhi held on 4th April, 2025. ● “<i>Navigating Self-Help groups through Digital Technologies: A context of hilly Women</i>” at National Conference: Viksit Bharat 2047: Strengthening Communities for a Developed Nation through Community Science, MMV, BHU, Varanasi held on 20-21 December, 2024. ● “<i>Usage of Digital Technologies amongst Self Help Group Women in Uttarakhand, India</i>” at Evalfest held on 21-23 February 2024. ● “<i>Digital Literacy and Self-Help Group Women in Hill Communities of Uttarakhand</i>” at the IAMCR Presidential Ph.D. Research Webinar held on 9th January 2023. ● “<i>Digital Literacy and Rural Women</i>” at 34th Biennial Conference of Home Science Association of India held on December 15-17, 2022.
Industry Experience <ul style="list-style-type: none"> ● Researcher in Human-Centered Design Project supported by <i>UNICEF, India</i> (A Collaborative project between Lady Irwin College, Centre for Social and Behaviour Change and UNICEF, India) from February, 2023 to September, 2023. ● Research Assistant in a project of Public Policy Research Unit at the <i>Indian Statistical Institute</i>, New Delhi (September 2021). ● Associate- Business Development and Communications at <i>Udyogini</i>, New Delhi from August 2019 to January 2020. ● Community Mobiliser in a work project titled “Rural Youth Volunteers in India” (<i>A US Mission to India- A joint collaboration between Humboldt State University, California (USA) and Lady Irwin College</i>) from June, 2018-August 2018.
Any Other (Policy & Advisory Engagements) <ul style="list-style-type: none"> ● <i>Gender Expert</i> for Gender Studies at National Institute of Open Schooling, Noida (An autonomous organisation under the Ministry of Education, GOI). ● <i>Home Science Expert</i> at Commission for Scientific and Technical Terminology, Ministry of Education, Department of Higher Education, GOI.