



# INSTITUTE OF HOME ECONOMICS



University of Delhi  
NAAC 'A' Grade Accredited

Information Booklet (2022-23)

# *From the Director's Desk*

Welcome to the Institute of Home Economics.

As you step into a new phase of life and a wider world around you, Institute of Home Economics as a family welcomes you to an institution of higher education which will provide you opportunities to explore and exploit your academic potential and realize your dreams. With our aim to nurture the ideals of women's emancipation and empowerment, we help our students transform into astute professionals in line with technological advancements and at the same time be rooted in ethical and human values.

The college has a highly accomplished faculty, supportive staff, extensive infrastructural facilities, salubrious surroundings and an easily accessible location. Our vision is to create an environment wherein excellence, development, values and pride are synonymous with the Institute and to nurture individuals who are independent in thought and responsible in action. My colleagues, staff and senior students are there to support you in your endeavour to pursue excellence and we eagerly await your joining the IHE family.



Prof. Geeta Trilok- Kumar

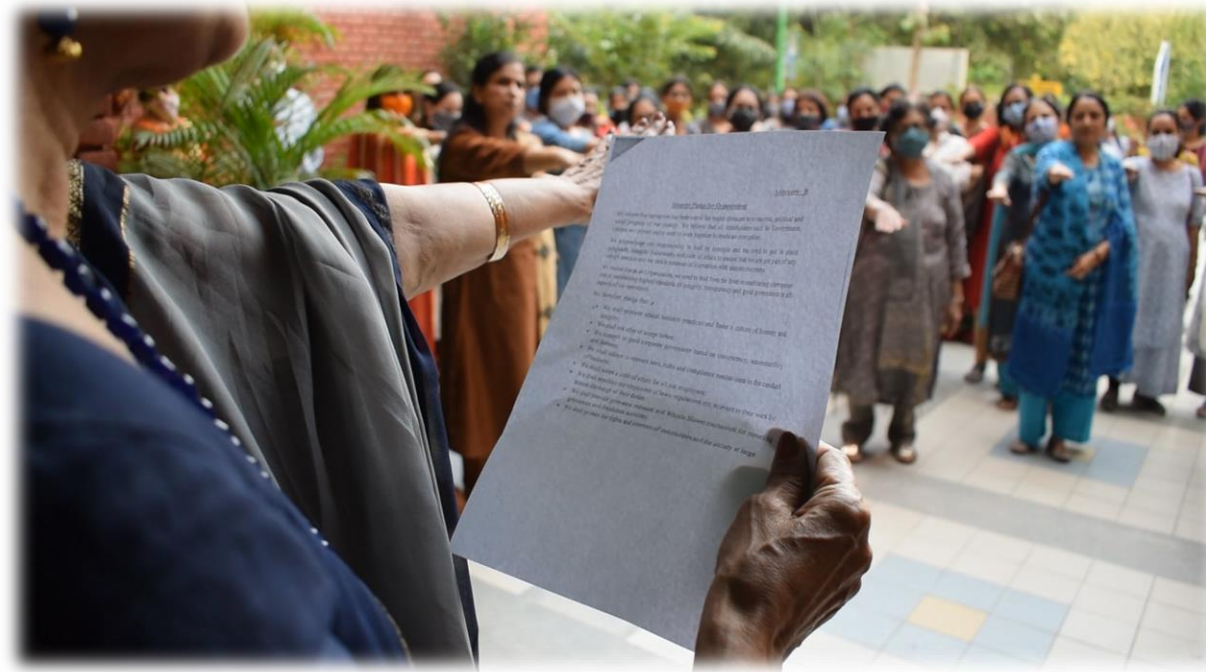


# *Vision*

To empower girl students to contribute to the intellectual, professional and capacity building endeavours of the nation and to face the challenges of a globalised world while remaining rooted in the values and practices of their own culture

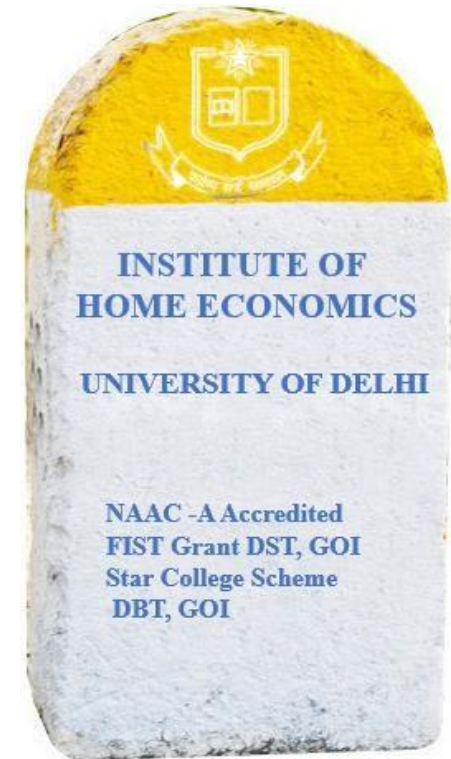
# *Mission*

To provide quality and value based holistic education, facilitated by the use of technology and to focus on the development of young women as autonomous, critical thinking and humane individuals; to inculcate discipline, desire for excellence and foster all-round growth



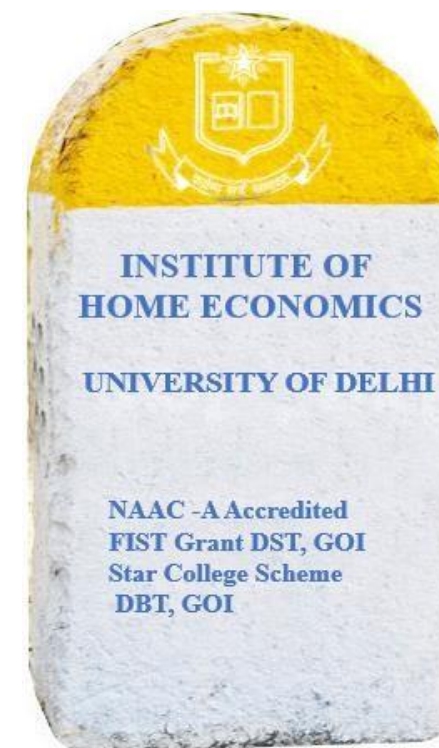
# *Milestones*

- 1961:** The College was established by Dr (Mrs) S Malhan with a two-year Diploma in Home Science followed by a one-year Course in Teacher's Training.
- 1969:** The College was formally affiliated to the University of Delhi. A three-year degree Course in BSc Home Science (Pass) was started with 80 students on the rolls.
- 1972:** One-year Post Graduate Diploma in Dietetics and Public Health Nutrition was initiated. A three-year degree course in BSc Home Science (Honours) was started.
- 1973:** The College celebrated its Silver Jubilee.
- 1986:** A two-year MSc (Home Science) in Textiles and Clothing was introduced.
- 1987:** The foundation stone of the new campus laid down by the then President, Hon'ble Mr Giani Zail Singh.
- 1992:** A three-year degree course in BSc Microbiology (Honours) was started. A two-year MSc (Home Science) in Food and Nutrition was started.
- 1993:** Nursery School, was started by the Department of Child Development within the College premises, now the old IHE Building. Inauguration of the new campus by the
- 1995:** Hon'ble Vice Chancellor, Prof. Deepak Nayyar.



2001:	The College shifted to the present Campus at Hauz Khas Enclave.
2004:	A four-year degree course in B EI Ed was introduced.
2007:	A three-year degree course in BSc Biochemistry (Honours) was started.
2010:	Laying of Foundation Stone of the additional building block. One year Post Graduate Diploma in Health and Social Gerontology was introduced.
2011:	Golden Jubilee of the College.
2013:	A four-year course in B Tech Food Technology was introduced.
2015:	Completion of the new building block of the College comprising several labs and lecture theaters.
2016:	The College coveted 'A' Grade by NAAC. Received FIST-DST Grant.
2017:	Inauguration of state-of-the-art Gymnasium facility; Start of Nursery School 'AARAMBH' by the Department of Human Development at the present campus. A three-year degree course in BA Journalism (Honours) was introduced. A three-year degree course in BSc Food Technology (Honours) was introduced. Recognized and approved for Star College status by Department of Biotechnology, Government of India.
2018:	Silver Jubilee of the Department of Food and Nutrition.
2018:	Silver Jubilee of the Department of Microbiology.

## *Milestones*



# *About the College*

The Institute of Home Economics was founded in 1961, by (Dr. Mrs. S. Malhan) the founder Director, to satisfy the growing urge of the contemporary woman for wider educational and professional avenues. The combined excellence of the educational curriculum, the realistic values and the commitment of its staff members soon saw the Institute establish itself as a leading centre for women's education in the country.

The Institute became a constituent college of the University of Delhi in the year 1969. Since then, the college has expanded enormously. Though it was started as a Home Science college, today it has expanded its horizons and offers a three-year undergraduate course in Microbiology, Biochemistry as well as a four-year integrated course in Elementary Education. The Institute has had a long journey which started with a two-year Diploma course in Home Science, to regular degree courses at the undergraduate and post-graduate level, two post-graduate diploma courses in addition to PhD programmes. Over the years, the Institute has built up great credibility and has gained recognition as a premier institute for education, research and extension. The Institute moved to its present state-of-the-art building at Hauz Khas Enclave in 2001. It is situated in sylvan surroundings away from the hustle and bustle of heavy traffic on the main roads. The Institute has connectivity of routes with different parts of Delhi by Metro with a station across the road of the college. The beautiful and spacious building is housed in a 2.25-acre plot area and offers a peaceful, serene but stimulating environment to the students.

With the foundation stone being laid by the then President Giani Zail Singh in 1987, the building was inaugurated by the Vice-Chancellor, Delhi University, Prof. Deepak Nayyar in 2001. The college celebrated its Golden Jubilee in year 2011. The campus is well endowed with manicured lawns, spacious lecture theatres and laboratories, which are a delight to work in. The Institute has an All India Charter catering to students from various countries of Asia and Africa. The total strength of the students at present is about 1000.

The Institute has a very well qualified and experienced faculty, instrumental in giving high standard of education to the students. The faculty has been actively involved in research work which has been recognized worldwide and been published in foremost publications in the respective fields. The faculty also participates in national and international conferences, seminars and workshops and has technical and professional affiliations.

In anticipation of the changing environment and changing skill requirements of professionals, the curricula of all the courses has been revised to make these more relevant, holistic and contextual. The Institute offers facilities for academic excellence, skill oriented add on courses as well as cultural enrichment of the students to build a multifaceted personality and prepare them to face the challenges that lie ahead.

We look forward to you joining the college fraternity.



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## **Undergraduate Courses**

- BSc (Hons) Biochemistry
- BSc (Hons) Microbiology
- BSc (Hons) Home Science
- BSc (Pass) Home Science
- BSc (Hons) Food Science
- BA (Hons) Journalism
- Bachelor of Elementary Education (BEEd)

## **Post Graduate Courses**

- MSc Home Science (Food and Nutrition)
- MSc Home Science (Fabric and Apparel Science)
- Post Graduate Diploma in Dietetics and Public Health

## **PhD Programme**

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  - Department of Fabric and Apparel Science
  - Department of Human Development and Childhood Studies
  - Department of Resource Management and Design Application
  - Department of Development
  - Communication & Extension and Journalism
  - Department of Elementary Education
  - Department of Science
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# *Admission Procedure*

An eligible candidate desirous of seeking admission to Undergraduate Programme(s) of the University of Delhi for the academic session 2022-23 must read the contents of this Bulletin of Information carefully.

- The University reserves the right to revise, amend, update, or delete any part of this Bulletin without giving any prior notice. Any change so made shall be updated on the UG Admissions Portal.
- The University reserves the right to revise, amend, update, or delete any part of this Bulletin without giving any prior notice. Any change so made shall be updated on the UG Admissions Portal.
- Any change made in any program after the release of this Bulletin shall become effective from the date it is posted on the Undergraduate Admissions Portal, [www.admission.uod.ac.in](http://www.admission.uod.ac.in)
- Candidates are responsible for regularly checking the portal for updates. Grievances resulting from not having consulted this bulletin and the portal will not be entertained.
- This Bulletin of Information is a compendium of inputs assembled and collated from various Faculties, Departments, Centres, Colleges, other DU institutions and related sources.
- Due care has been taken to reproduce the authentic official version of rules and regulations and other relevant information in this Bulletin, as far as possible. However, it should, in no case, be construed as a warranty, express or implied, regarding completeness and accuracy of the information so far provided as a ready reference.
- The University of Delhi disclaims any liability towards any individual for any loss or damage caused to them arising out of any action taken on the basis of the information in the bulletin. Any error, if found, in the bulletin may be due to inadvertent omissions, clerical mistakes or any other reason.
- For notifications and updates regarding Undergraduate (UG) Admissions, please visit: [www.admission.uod.ac.in](http://www.admission.uod.ac.in)



# *Eligibility Criteria for Undergraduate Programs*

The Candidate must be a citizen of India. Candidates seeking admission under the Foreign Students' category to apply separately on Foreign Students' Registry website, <http://fsr.du.ac.in>

The Candidate should have passed the Class XII examination of any Board/ University examination in India or in any foreign country recognized as equivalent to the 10+2 system by the Association of Indian Universities (AIU).

The Candidate should have —passed individually in each subject required (including practicals if any) for calculating merit and eligibility to the program they seek admission in. Candidates with gap year(s) will not be at any disadvantage for the purpose of admission to undergraduate programs.

Candidates under the UR/SC/ST/OBC/EWS categories are eligible to seek admission based on both merit and entrance tests to programs in all Colleges/ Departments (except Minority Colleges, wherein some categories may not be applicable).

Candidates from the Sikh and Christian minorities may also seek admission under the minority quota in the Minority Colleges of the University.

# *Supernumerary Categories*

The following categories are designated —supernumerary:

- i) PwBD (Persons with Benchmark Disabilities)
- ii) CW (Children/Widows of Personnel of the Armed Forces including Para-Military)
- iii) KM (Kashmiri Migrants)
- iv) Prime Minister's special scholarship for Jammu and Kashmir
- v) SS (Nominated Sikkimese Students)
- vi) WQ (Ward Quota)
- vii) ECA (Extra-Curricular Activities)
- viii) Sports

*Note: Above mentioned categories i –viii are applicable to programs where admission is based on merit only. For programs where admission is based on entrance tests, Candidates belonging to categories i, ii and vi only are entitled to admission.*

# Important Information

The Institute of Home Economics is governed by the rules and regulations laid down by the University of Delhi.

## 1. Internal Assessment

25% marks in each Theory paper are assigned for internal assessment and the remaining 75% for the semester end examination. The 25% marks of internal assessment are calculated as follows:

10% from assignment.

10% from test/quiz

5% for attendance calculated as follows::

85% and above - 5 marks

80% or more but less than 85% - 4 marks

75% or more but less than 80% — 3 marks

70% or more but less than 75% - 2 marks

67% but less than 70% - 1 mark

## 2. Attendance

Every student is expected to attend all theory and practical classes regularly. Any student who has been ill, should submit a medical certificate from civil surgeon/registered medical practitioner for the period of illness to the Class Advisor immediately on joining the college. Medical certificates will be excluded while calculating credit towards marks to be awarded.

Attendance of students if or each paper will be displayed on the notice board at the end of every semester. Students can also check their attendance by accessing the college website.

All students are required to fulfil the minimum requirements for attendance in each semester as per University of Delhi regulations failing which they will not be allowed to appear for the final semester end examinations.

## 3. Leave

Any student wishing to absent herself from the Institute must submit an application on the prescribed form available from the Institute office in advance. If the leave is asked on medical grounds, a medical certificate should be submitted. However, leave sanctioned does not condone attendance. Applications not made in proper form and not bearing the signature of the guardian/parent will not be entertained.

## 4. Promotion/Examination

Promotion is regulated by the University rules.

## 5. Withdrawal

A student who wishes to leave the Institute must apply in writing to the Director with her application countersigned by her guardian/parent. All fees, fines and other dues will be charged up to the end of the Term in which the formal withdrawal takes place. In case a student drops out without such a formal withdrawal, her security deposit will be forfeited and adjusted towards the dues. No claim for refund of security will be entertained later.

## 6. Removal

The Director has the power to strike off the name of a student who is grossly irregular in attendance or is not amenable to Institute discipline or is unfit for the course chosen by her.

## 7. Identity Card

Since the entire college procedures are computerized the students are issued an RFID card at the time of admission. This card is valid for the entire period of study in the college & must be brought by the student every day. It serves as an identity card as well as the library card for issue of books from the library. The fee for Identity card is not refundable in case of withdrawal of admission.



## 8. Discipline

The students are expected to respect the college rules and maintain discipline in the campus both inside and outside the classrooms. At the time of admission every student shall be required to sign a declaration that on admission she submits herself to the disciplinary jurisdiction of the college/University authorities during her tenure. The students must note the following :

- (a)Cellular phones: Cellular phones must be switched off during classes. Cellular phones cannot be carried into the examination hall.
- (b)Regularity: All the students who are enrolled at the institute are pursuing a full time course and are not allowed to undertake any unpaid or paid commitments/assignments outside the college.
- (c)Ragging: Ragging in any form is strictly prohibited within the premises of the college or any part of the University system or in public transport. Any student or group of students found guilty of ragging will amount to gross indiscipline and shall be dealt with as per University ordinance XVB.

A discipline committee is constituted in the college comprising of senior faculty members who monitor the discipline every day as well as during the various events in the college.

## 9. Fines

The college believes that academics and co-curricular activities go hand in hand for all round development of the personality. Therefore all the students are required to be present for the various events in the college. Students who absent themselves from the college on Founder's Day, Sports day or during the cultural events shall have to pay the stipulated fine. In case any student is sick, medical leave will be granted on production of medical certificate from a registered practitioner either before or on the day in question.

## 10. Weekly Assembly

An assembly of students and faculty is conducted once or twice a week in the college foyer. It is here that important announcements are made by the Director, faculty members and students' council members. Special assemblies are also held on important days such as Independence Day and Teacher's Day. All the students are expected to attend the assembly.

## 11. Advisory System

The Institute has a unique advisory system wherein each student is assigned to an advisor who is a member of the faculty. The advisors meet the students periodically to brief them about important issues. In case any student has any academic or personal problem, she is welcome to approach the advisor. All leave applications of the student must be countersigned by the advisor. The medical certificate of the student, if any, has to be deposited with the advisor.

## 12. Health

In case any student suffers from specific health problem or chronic health disorder, it needs to be conveyed to the Institute by the parents/guardians.

## 13. Personal Belongings

The students are advised not to bring large sums of money, jewellery or other valuables to the Institute. They should be careful about their personal belongings and have the option of using lockers available in the college. Attempts are made to return the lost property if found by peons, cleaners etc., the college however takes no responsibility in the matter.

## 14. Free-ships

The Institute has provision for granting free ship to students on the basis of merit and means. The students desirous of availing free ship must collect the forms from the office and submit the completed forms by the end of the first term.

# Courses of Study



# *Courses of Study*

## **UNDERGRADUATE PROGRAMMES**

- B.Sc. (Hons.) Home Science
- B.Sc. (Pass) Home Science
- B.Sc. (Hons.) Microbiology
- B.Sc. (Hons.) Biochemistry
- Bachelor of Elementary Education (B.El.Ed)
- B.A. (Hons.) Journalism
- B.Sc. (Hons.) Food Technology



# *Courses of Study*

## **POST GRADUATE PROGRAMMES**

- M.Sc. Food and Nutrition
- M.Sc. Fabric and Apparel Science
- PG Diploma in Dietetics and Public Health Nutrition

## **PH.D PROGRAMME IN HOME SCIENCE**

## B.Sc. (Hons.) Biochemistry

**No. of seats: 39 (UR: 18, SC: 6, ST:3, OBC:10, EWS: 2)**

The much-valued three-year degree course in Biochemistry attracts the cream of students from all over India. Institute of Economic Home one of the six colleges of University of Delhi to run this course. Students will be offered advanced level theory and practical courses in subjects like proteins, cell biology, immunology, enzymes, molecular biology, recombinant DNA technology, and advanced techniques in immunology genetics and molecular biology. The programme aims to train the students to enable them to apply biochemical principles learned both theoretically and experimentally to understand various complex processes in life sciences and provide biochemical solutions to combat various human diseases.

This programme in Biochemistry aims to provide students with excellent training in Biochemistry emphasizing on solid background of basic concepts as well as rapid advancement in the field. In addition to theoretical knowledge, considerable emphasis is given on hands on training in the foundations of Biochemistry and Biotechnology through practical training. This course aims to provide conceptualisation of collaborative and multidisciplinary work, amalgamate and apply the basic understanding of basic and industrial research and biotechnology. They should have analytical and problem-solving skills with regard to various challenges in the field of biochemistry. The programme aims to impart in each student the competence for research and innovation in Biochemistry and Biotechnology as a skilled experimentalist.

Eligibility as per DU guidelines, for further details visit

## Minimum Eligibility Requirements for Admission to BSc (Hons) Biochemistry

Candidates must appear in CUET in any of the following subject combinations:

Combination I: Chemistry + Biology/ Biological Studies/  
Biotechnology/ Biochemistry  
+ Physics

OR

Combination II: Chemistry + Biology/ Biological Studies/  
Biotechnology/

Biochemistry + Mathematics Merit will be based on the best  
CUET scores obtained

from any of the above-mentioned combinations of subjects.

Candidates must have obtained a minimum of 30% score in any  
one language of List

A in CUET



# BSc (Hons) Microbiology

**No. of Seats: 39 (UR: 18, SC:65, ST: 3, OBC: 10, EWS: 2)**

The much-valued three-year degree course in Microbiology attracts the cream of students from all over India. The Institute of Home Economics is one of the six colleges of University of Delhi to run this course the curriculum which includes both theory and rigorous practical work is designed to equip the students in various aspects of Microbiology and Biotechnology. At the completion of the course, the students can opt for Masters and research programmes in Microbiology, Biotechnology and allied fields from premier institutes within the country and abroad, before being placed in jobs.

## Minimum Eligibility Requirements for Admission to BSc (Hons) Microbiology

Candidates must appear in CUET in any of the following subject combinations:

Physics + Chemistry + Biology/ Biological Studies/  
Biotechnology/ Biochemistry Merit

will be based on the CUET scores obtained from the above-mentioned combination of

subjects. Candidates must have obtained a minimum of 30% score in any one

language of List A in CUET.



Eligibility as per DU guidelines, for further details visit



## BSc (Hons) Home Science

**No. of Seats 116 (UR: 52, SC: 18, ST: 9, OBC: 31, EWS: 6)**

The course is truly multidisciplinary in nature and gives knowledge of Social Sciences, Biological and Physical Sciences in addition to all the five areas of Home Science namely: Development Communication and Extension, Fabric and Apparel Science, Food and Nutrition, Human Development and Resource Management. The students are exposed to all the five areas of Home Science in the first year. In the second year, they choose an area of specialization based on merit and interest out of five areas of Home Science and undergo theoretical as well as practical training. Field visits, community work and field placement are a part and parcel of this programme.

At the completion of the course, students can opt for a Master's degree in Home Science, Social Work, Mass Communication, Development Studies, Human Resource Management, PG diploma in Dietetics, Fashion Designing, Counseling, and Entrepreneurship

Development, etc. Those desirous of teaching profession can opt for B.Ed..

## Minimum Eligibility Requirement for Admission to BSc (Hons) Home Science

Candidates must appear in CUET in any of the following subject combinations:

Combination I: Biology/Biological Studies/ Biotechnology/ Biochemistry /

Biochemistry + Physics + Any one subject from either List B1 or List B2

OR

Combination II: Biology/Biological Studies/ Biotechnology/ Biochemistry + Chemistry

+ Any one subject from either List B1 or List B2 Merit will be based on the best

CUET score obtained in any of the above-mentioned combinations of subjects.

Candidates must have obtained a minimum of 30% score in any one language of List

A in CUET.



Eligibility as per DU guidelines

## BSc (Pass) Home Science

**No. of Seats 270 (UR: 123, SC: 40, ST: 20, OBC: 73, EWS: 14)**

This three-year degree course is truly multidisciplinary in nature and gives knowledge of Social Sciences, Biological and Physical sciences in addition to all the five areas of Home Science namely: Communication and Extension, Fabric and Apparel Science, Food and Nutrition, Human Development and Resource Management. Students from Science, Commerce and Arts streams are eligible for the course. In the first two years the students study the subjects from all the five areas of Home Science but in their third- year, they choose an elective subject for specialization based on merit and interest. At the culmination of the course, the students can either seek jobs directly or opt for Master's programmes in Home Science, Social Work and Management or else PG Diploma courses in various fields. Those desirous of joining the teaching profession can opt for B.Ed.



## Minimum Eligibility Requirement for Admission to BSc (Pass) Home Science

Candidates must appear in CUET in any of the following subject combinations:

Combination I: Any one Language from List A + Any three subjects out of which at least two should be from List B1

OR

Combination II: Any one Language from List A + Any one subject from either List

B1 or List B2 + Section III of CUET (General Test)

Merit will be based on the best CUET score obtained from any of the abovementioned combinations of subjects.

Note: As the weightage of the CUET Sections is not the same, appropriate proration will be done



Eligibility as per DU guidelines

## BSc (Hons) Food Technology

**No. of Seats 38 (UR: 17, SC: 6, ST: 3, OBC: 10, EWS: 2)**

The Institute of Home Economics offers Bachelor of Science (Honours) in Food Technology. The course is undertaken by the Department of Food and Nutrition & Food technology, which is the oldest and largest Department of the college. Food Technology is one of the important fields because it has the capability to provide processed, safe, and nutritious food. Food industry plays important role in growth and development sector. Food technology course deals with various subjects which include Food Chemistry, Food Safety, Food Microbiology, Food Engineering, Food Packaging, Food Quality & Sensory Evaluation and Technology of Plant and Animal Food. The course offers educational tours, seminars and industrial training. This course opens the door to a range of career paths including developing new food products, improving sensory attributes and nutritional content of foods, and finding new ways to preserve, process, package and distribute food. Students have excellent job opportunities in Government and private sector, industries and in multinational companies.

The Department was earlier offering the Four Year Undergraduate Programme (BTech) (FYUP) in Food Technology and group of 42 students successfully completed the course from the college in the academic year 2016-17. Students got selected for higher education in India and abroad and pursued M.Sc. International Food Business and Consumer Studies at University of Kassel, Germany, M.Sc. Food Technology at Central Food Technology Research Institute, Mysore, M. Tech. Biomedical, Engineering at IIT (BHU), Varanasi, M. Tech. Food Safety & Quality Management at NIFTEM, Sonapat, M.B.A. (PGDM Marketing) at Institute of Management & Technology, Ghaziabad, Masters in Business Administration (MBA) at IITM, Janakpuri, Delhi etc.

In the academic year 2017- 2018, a three year degree course in B.Sc. Food Technology (Honours) was introduced. The laboratory support to the Food Technology course is also extended by the Biochemistry and Microbiology departments in the college. The laboratories are well set up with modern equipment used for testing of food products. The college has received the DST-FIST and Star Scheme grant to upgrade the existing laboratories which give an edge to the Food Technology course. A highly motivated team of teachers who are highly qualified are associated with teaching of this course.

## Minimum Eligibility Requirement for Admission to BSc (Hons) Food Technology

Candidates must appear in CUET in any of the following subject combinations: Combination I: Physics + Chemistry + Biology/Biological Studies/ Biotechnology/ Biochemistry OR Combination II: Physics + Chemistry + Mathematics Merit will be based on the best CUET score obtained from any of the above-mentioned combinations of subjects Candidates must have obtained a minimum of 30% score in any one language of List A in CUET.



Eligibility as per DU guidelines



# BA (Hons) Journalism

**No. of Seats 58 (UR: 27, SC: 9, ST: 4, OBC: 15, EWS: 3)**

The media industry has evolved over the years creating a huge demand for trained media professionals. Keeping this perspective, the Department of Development Communication and Extension is offering a three-year BA Honours course in Journalism from the academic year 2017- 18. The Journalism programme is designed to give women an effective voice in the world of media.

The department has a well-qualified faculty from varied fields of Development communication, Journalism and Mass Communication. They have several years of experience of working with traditional, print and electronic media. The teaching methodology incorporates lectures, workshops, field visits, talks by eminent media personalities and emphasizes independent projects and extensive written assignments. The department has a state-of-the-art audio studio for production of radio programs besides having equipment for photography and video production.

The students are encouraged to develop critical awareness of not only the values and purpose of journalism but also the political, social and economic contexts in which journalism operates. They will be sensitized to the role and power of media as an agent of change and as a pillar of democracy.

## ELIGIBILITY CRITERIA

Candidates must appear in CUET in any of the following subject combinations:

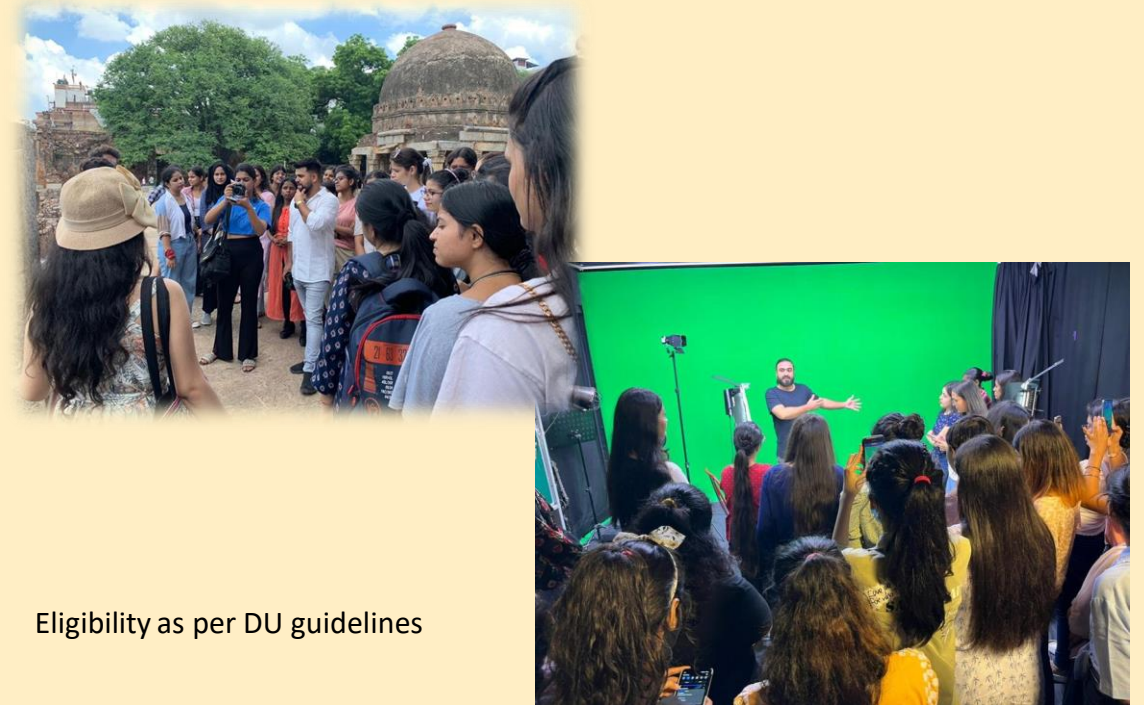
Combination I: English from List A + Any two subjects from List B1 + Any one

subject from either List B1 or List B2

OR

Combination II: English from List A + SECTION III of CUET (General Test) Merit

will be based on the best CUET score obtained from any of the above-mentioned combinations of subjects.



Eligibility as per DU guidelines



# Bachelor of Elementary Education (B.El.Ed)

**No. of Seats: 63 (UR: 25, SC: 9, ST: 5, OBC: 17, EWS: 7)**

The Bachelor of Elementary Education (BEEd) programme is a four-year integrated professional degree programme of Elementary Teacher Education offered after the senior secondary (class XII) stage of school. This is a bilingual programme, conceptualized by the Maulana Azad Centre for Elementary and Social Education (MACESE) of the Department of Education, University of Delhi. Launched in the academic year 1994-95, the programme was an attempt towards fulfilling the need for professionally qualified elementary school teachers. BEEd is designed to integrate the study of subject knowledge, human development, and pedagogical knowledge and communication skills. Both professional and academic options are available to the students who graduate with a BEEd degree.

The BEEd programme aims to produce graduates of high caliber in the field of elementary teacher education. The programme is intensive and focused to prepare teachers and attempts are made to provide a supportive and stimulating environment. Given below are some of the professional and academic options available for the B.El.Ed graduates:

- Teaching in elementary schools (Classes I to VIII): BEEd graduates are eligible for appointment in MCD, NDMC, Sarvodaya Vidyalayas in Delhi, Kendriya Vidyalayas and Navodaya Vidyalayas all across India and also in private schools.
- Leading elementary school systems in various capacities like curriculum developers, content designers etc.
- Pursuing research in elementary education in the government and non-government sectors.
- Pursuing post-graduate courses and research studies in education and related disciplines.
- Serving as teacher-educators in various State Institutes and University Departments/ Colleges offering training in elementary/ secondary education.

## ELIGIBILITY CRITERIA

Candidates must appear in CUET in any of the following subject combinations:

Any one Language from List A + Any two subjects from List B1 +  
Any one subject

from either List B1 or List B2

Merit will be based on the CUET scores obtained from the above-mentioned

combinations of subjects.



# MSc Food and Nutrition

**No. of Seats: 24**

**Category 1: No of seats: 12 (UR: 5, SC: 2, ST: 1, OBC:3, EWS: 1)**

**Category 2: No of Seats: 12 (UR: 5, SC: 2, ST: 1, OBC: 3, EWS:1)**

Started in 1993, the course attracts the cream of students from both B.Sc. Home Science Pass and Hons. While 50% of the seats are filled on the basis of merit from B.Sc. Home Science Hons from University of Delhi of the current year, the remaining seats are filled on the basis of entrance examination conducted by the Department of Home Science. The course contents have been revised from the academic session 2019-20 to make them more holistic, contextual and industry oriented. The department has consistently produced excellent results and its alumni are employed in reputed universities, research institutes, National and International NGOs, schools, Government and private hospitals, health clinics, catering institutes and food industry.

## Minimum Eligibility Requirement for Admission to MSc Food and Nutrition

All the candidates seeking admission to the Postgraduate Master's courses are required to register online.

For latest information and updates, Please visit <http://admission.uod.ac.in>

Eligibility in Entrance Category	Marks Requirements
<b>Course Requirements</b> B.Sc. (Hons.) in Home Science/B.Sc. (Pass) in Home Science/B.Sc. (Hons.) in Food Technology: (after 10+2)/ PGDDPHN (1 year), from University of Delhi or any other University whose examination is recognized by the University of Delhi as equivalent fulfil other condition of eligibility. Should have passed Nutritional Biochemistry and any two subjects in the following areas: Food & Nutrition/Nutrition through the life cycle/Public Nutrition/Food Science and Processing/Diet therapy /Microbiology	55% or above marks in aggregate in Home Science or Food technology or equivalent grade.
Eligibility in Merit Category	Marks Requirements
<b>Course Requirements</b> B.Sc. (Hons.) in Home Science: Food and Nutrition (3 year Course after 10+2) from University of Delhi only.	60% or above marks in aggregate or equivalent grade.
Note: Reservation, Concession as per the University Rules.	

# MSc Fabric and Apparel Science

**No. of Seats: 19**

**Category 1: No of seats: 10 (UR: 4, SC: 2, ST: 0, OBC: 3, EWS: 1)**

**Category 2: No of seats: 9 (UR: 4, SC: 1, ST: 1, OBC: 2, EWS: 1)**

The two-year Master's degree programme was started in 1987 at IHE and has since come a long way. The course contents have been revised from the academic year, 2019-20 to make it more contextual and industry related. While 50% of the seats are filled on the basis of merit from BSc Home Science, the remaining seats are filled by an entrance examination conducted by the Department of Home Science in early July. The department churns out professionals every year who get excellent placements in the apparel industry in designing, marketing & merchandising as well as in Universities, Schools and Research Institutes. Many students also opt for self-employment and become entrepreneurs in the field.



## Minimum Eligibility Requirement for Admission to MSc Home Science (Fabric and Apparel Science)

All the candidates seeking admission to the Postgraduate, Master's courses are required to register online. For latest information and updates, Please visit <http://admission.uod.ac.in>

### Eligibility in Entrance Category

#### Course Requirements

B.Sc. (Hons.) in Home Science/B.Sc. (Pass) in Home Science: after (10+2) from University of Delhi or any other University whose Examination is recognized by the University of Delhi as equivalent fulfilling other conditions of eligibility. Should have passed any three subjects in the following areas. Fundamentals of Fabric and Apparel Science/Fabric Science/Indian Textile Heritage/Apparel Construction/Applied Textile Design/Dyeing and Printing/Design Concepts/Fashion Design Development/Fashion Studies.

#### Marks Requirements

55 % or above marks in aggregate or equivalent

### Eligibility in Merit Category

#### Course Requirements

B.Sc. (Hons.) in Home Science: Fabric and Apparel Science (3 years course after 10+2) from Delhi University only.

#### Marks Requirements

60% or above marks in aggregate or equivalent grades in Home Science (Hons.) with specialisation in Fabric and Apparel Science.

Note: RESERVATION, CONCESSION AS PER THE UNIVERSITY RULES.



# Post Graduate Diploma in Dietetics and Public Health Nutrition

**No. of Seats: 46 (UR: 21, SC: 8, ST: 4, OBC: 11, EWS: 2)**

The one-year PG Diploma in DDPHN course trains Home Science graduates in the fields of Therapeutic and Public Health Nutrition. The programme is very comprehensive dealing in subjects such as therapeutic nutrition, public health nutrition and institutional food administration. Job opportunities for the students include openings in hospitals, nursing homes, weight management clinics, health, and fitness centers. Admission is on the basis of merit at the undergraduate level. The course has a compulsory three month internship after the second semester which equips the students with hands-on experience in the Dietetics department of multispecialty hospitals.





# Minimum Eligibility Requirement for Admission to Postgraduate Diploma in Dietetics and Public Health Nutrition

Candidates seeking admission to one year PG Diploma in Dietetics and Public Health Nutrition must have passed B.Sc. Home Science (Pass/Hons.) or B.Sc. Food Technology (Hons.), B.Sc. Microbiology, B.Sc. Biochemistry, B.Sc., Nursing, MBBS, B.Sc. Life Sciences examination of the University of Delhi or an examination recognized as equivalent thereto and fulfil the eligibility listed below.

B.Sc. Home Science (Pass/Hons.) / B.Sc. (Hons.) Food Technology/ B.Sc. Microbiology/ B.Sc. Biochemistry/ B.Sc. Nursing / MBBS/B.Sc. Life Sciences.

55% or above marks in the overall aggregate and 50% or above marks each in any four of the following subjects:

1. Human Physiology
2. Nutritional Biochemistry
3. Food and Nutrition
4. Nutrition in life cycle
5. Therapeutic Nutrition
6. Public Health Nutrition
7. Food Microbiology
8. Institutional Food management

Selection of the candidates for admission to the Course will be made in order of merit on the basis of aggregate marks obtained in B.Sc. Home Science (Pass/Hons.) or B.Sc. Food Technology (Hons.), B.Sc. Microbiology, B.Sc. Biochemistry, B.Sc., Nursing, MBBS, B.Sc. Life Sciences.

**Category I:** 70% and above marks in aggregate or equivalent grade point of B.Sc./ MBBS from University of Delhi.

**Category II:** 70% and above marks in aggregate or equivalent grade point of B.Sc./MBBS from other Universities recognized by Delhi University as equivalent.

**Category III:** 60-69.9% marks in aggregate or equivalent grade point of B.Sc./MBBS from University of Delhi

**Category IV:** 60-69.9% marks in aggregate or equivalent grade point of B.Sc./MBBS from other Universities recognized by Delhi University as equivalent.

**Category V:** 55-59.9% marks in aggregate or equivalent grade point of B.Sc./MBBS from University of Delhi.

**Category VI:** 55-59.9% marks in aggregate or equivalent grade point of B.Sc./MBBS from other Universities recognized by Delhi University as equivalent.

## PhD Programme

Faculty members of the College guide PhD students in different areas of Home Science, Biochemistry and Microbiology. The students can seek admission to the Doctor of Philosophy (Ph.D.) programme in the Department of Home Science, University of Delhi in the following areas of specialization:

1. Food and Nutrition
2. Human Development and Childhood Studies
3. Fabric and Apparel Science
4. Resource Management and Design Application
5. Development Communication and Extension



## Minimum Eligibility Requirements for Admission to Ph.D Programme

- All the candidates seeking admission to the Ph.D. Programs are required to register online.
- The admission of the candidates for Ph.D. Program is governed by the Ordinance VI and its amendments of the University of Delhi.
- Changes made in any Program after the release of this Bulletin shall become effective from the date it is posted on M.Phil./Ph.D. Admission Portal  
<http://www.du.ac.in>

For latest information and updates,  
Please visit  
<http://admission.uod.ac.in>



# Overview of Departatments





# Department of Biochemistry

## About the Department

Institute of Home Economics is among the six colleges of the University of Delhi to offer the prestigious course in BSc (Hons) Biochemistry. The course is multidisciplinary in nature and provides rigorous training to students to become professionals with conceptual clarity and updated laboratory skills. Students are offered advanced level theory and practical courses in subjects like bioinformatics, proteins, cell biology, immunology, enzymes, molecular biology, genetics, recombinant DNA technology and advanced techniques. In addition to theoretical knowledge, considerable emphasis is given on hands-on practical training. The program imparts conceptualization of collaborative and interdisciplinary studies along with amalgamation and application of the basics of biochemistry in research and technology. The program inculcates analytical and problem-solving skills in students to develop competence in research and innovation as a skilled experimentalist. The department is also closely involved in developing the curriculum and teaching Nutritional Biochemistry, since the inception of BSc Home Science and MSc Food and Nutrition programs in the college. Symposia, workshops, quizzes, educational trips and personality development programs are a part and parcel of departmental activities. Eminent scientists from various research institutes and industries are regularly invited to ignite the minds of budding biochemists. The department has well equipped laboratories and competent faculty members with various national and international publications.

## Faculty Members

Archana Burman Ph.D





# Department of Microbiology

## About the Department

Microbiology is an interdisciplinary applied science that focuses on study of minute organisms too small to be seen with the naked eye. The discipline plays around various fields of biological sciences involving molecular biology, virology, genetics, immunology, microbial physiology, biochemistry, cellular biology and so on. The field is inevitable when it comes to cope up with the present global scenario of biotechnology and recombinant DNA technology.

The Department of Microbiology was established at IHE in 1992 and it celebrated its twenty five years of existence in the year 2018. The department has well qualified faculty which is involved in high quality research work besides teaching and get research grants from various funding agencies like UGC, DBT and DU innovative project scheme. The department also has well trained laboratory staff and is adorned with two well equipped labs, where students get hands-on training on various lab practices. Besides, the department has microbiology students' society "Microcosmos" which is actively involved under the guidance of faculty, in organizing workshops, seminars and annual fests to give a platform to students to interact with eminent scientists and academicians across the country. To inculcate scientific aptitude and to orient the students in innovation and research, the department is also a part of 'Star College Scheme' of DBT.

## Faculty Members

Arti Nigam PhD

Sunita Aggarwal PhD

Nitika Nagpal MSc

Ashima Vohra PhD

Sonia Chaudhary MSc



# Department of Food and Nutrition and Food Technology

## About the Department

The department of Food & Nutrition and Food Technology is one of the oldest and largest departments of the college. The department strives to build a cadre of food and nutrition professionals who equipped with the latest knowledge in this field. The department has five state of the art laboratories which are well equipped with all necessary facilities to conduct course related practicals. The department has its own library which is a repository of books, dissertations, project reports of the department. From time to time, to widen the horizon of the students, the department holds seminars, workshops and lectures by eminent people working in the field of Nutrition and Food Technology or in collaboration with organizations related to these fields. Apart from this, the students and faculty are encouraged to participate and present papers at various National and International conferences. The department is actively engaged in community-based programmes for imparting nutrition and health messages to the vulnerable sections of the society such as the under- privileged, young children, adolescent girls, pregnant and nursing mothers and elderly. Several research projects have been undertaken by the department, in collaboration with sponsored by DWCD of Ministry of HRD, ICMR, ICAR, UNICEF, DST, Micronutrient Initiative, Helpage India, other Government and International organizations as well as industry. The faculty is involved in activities of various professional societies such as Nutrition Society of India, Nutrition Foundation of India, Indian Dietetics Association, Society of Gerontological Research, Association of Food Scientists and Technologists, India (AFSTI). The faculty is represented on various research and advocacy committees constituted by the Government. At the undergraduate level, the students pursuing Home Science course are given knowledge of Food Science, Nutritional requirements for diverse age groups, Public Nutrition, Nutritional Biochemistry, Therapeutic Nutrition, Food Processing as well as Food Safety. Food technology course deals with various subjects which includes Food Chemistry, Food Safety, Food Microbiology, Food Engineering, Food Packaging, Food Quality & Sensory Evaluation and Technology of Plant and Animal Food. The department offers following courses at the undergraduate and post-graduate level:

## Faculty Members

- Seema Puri PhD
- Tejmeet Rekhi PhD, BEd
- Shipra Gupta MSc, BEd
- Bani Tamber Aeri PhD
- Archana Bhagat MSc, MPhil
- Rajni Chopra MSc, PhD
- Deepshikha Kataria MSc





# Department of Fabric and Apparel Science

## About the Department

Department of Fabric and Apparel science aims at the following objectives

- To create awareness of current trends, recent developments and technological changes happening in the field of Fabric and Apparel Science.
- To appreciate the heritage of textiles to draw inspiration for the present.
- To equip students with necessary knowledge and skills for creative, managerial and technical careers as well as entrepreneurship.

The Textile and apparel sector is a vital constituent of the Indian economy and a significant provider of employment and self-employment opportunities. The Department offers B.Sc degree in Home Science (Hons.) and (Pass), M.Sc. degree in Fabric and Apparel Science as well as PhD degree, which is designed to cater to the needs of the textile and clothing industry as well as the education sector.

The Department has well equipped laboratories for imparting hands-on training to our students. Students are given the opportunity to gain first-hand practical knowledge on drafting blocks and making basic/ advance patterns. dyeing and printing of textiles, garment manufacturing and fabric testing. To further enhance students' exposure, various field visits are planned throughout the year. The course balances traditional textiles and design on one end, fabric and garment processing and quality control on the other end. The students are given extensive theoretical knowledge as well as practical input by way of rigorous experimental work, portfolio development and industrial training.

The two-year long Masters programme provides an in-depth research and documentation as dissertation. The student of M.Sc. study papers on Advanced Fabric Science and Quality Assurance, Pattern Making and Apparel Production, World Textiles, Dyeing and Printing, and Marketing and Merchandising. Students have various job options after completing the course, in dyeing and printing houses, craft-based NGOs, and in apparel production centre as designers, merchandisers or quality control and textile testing labs as well as in academics.

## Faculty Members

Chanchal PhD

Charu Gupta PhD

Meena Batham PhD, BEd

Bela Kapoor PGD Dress Designing, MSc

Jyoti Aggarwal PhD, PGDMM

Amita Walia. PhD, BEd





# Department of Human Development and Childhood Studies

## About the Department

The Department of Human Development and Childhood Studies originated as the Department of Child Development in 1974 which was expanded to include the study of Human Development through the lifespan in 2006. As an undergraduate department we have consciously endeavoured to provide students with a well-rounded and eclectic perspective on a wide range of issues related to human and child development in diverse socio-cultural contexts. The HDCS department also runs a lab nursery school and daycare programme, Aarambh and has initiated a mental health society, VOICES for students to share their concerns and experiences.

In the last 15 months, the Covid 19 pandemic has presented several challenges and created new demands on the teaching learning process. Classrooms have shifted to virtual spaces for learning and interaction. At the department of Human Development and Childhood Studies, the faculty have responded to this new modality by upgrading their own skills, learning to operate on a virtual platform, create resource material to ensure that the students are fully supported and continue to develop creative ways of classroom interaction and student assessment. We have always been very conscious of extending the teaching learning process beyond the classroom by providing our students with varied opportunities to experience and discover the real world. Student seminars, workshops by eminent resource persons and field trips to relevant organisations is an innate part of our department practice. Since March 2020, every attempt has been made to continue bringing new experiences, skills and opportunities to our students via academic webinars and online workshops and internships.

## Faculty Members

Renu Gulati, Ph.D  
Poonam Sachdev, Ph.D  
Mila Tuli, Ph.D

Geeta Chopra, PhD  
Veenu Wadhwa, PhD  
Bhavna Negi, MSc  
Renu, MSc





# Department of Resource Management and Design Application

## About the Department

The Department of Resource Management and Design Application is one of the most creative and versatile department. It imparts new ideas, knowledge and vision to the students regarding the latest developments in the field of management, designing, sustainability and consumer education majorly focussing on changing-socio economic environment and consumer behaviour.

Department takes pride by offering subjects in the fields of management, resources and sustainable development, consumer education, human resource management, training and development, entrepreneurship, ergonomic design, interior design & decoration and event management etc. to enable aspirants to realize their full potentials. Besides this, students are provided with competence and skills in planning spaces (both interior and exterior) with ergonomic consideration. Along with regular courses, department of RMDA organises short term courses time to time in the areas of Event management, AutoCAD and Interior design, Employability enhancement programme and life-skill development etc. Active participation of the students has always witnessed the legacy of the department.

**JOB PROSPECTS** Resource Management and Design Application course offers an array of job and career opportunities for the students. Students can pursue Master's Degree in RMDA, Human Resource Management, seek jobs in NGO's and MNC's etc. Interior design and decoration, landscape designing, kitchen designing, and Event Management are some of the novel work areas where there is a huge scope for students. Many alumni are placed in reputed organizations such as Concentrix, Price Waterhouse Cooper Pvt. Limited, TERI, IPCA, 1Mg Technologies private limited, NCH and Liv space, Design houses etc.

## Faculty Members

Pratima Singh MSc

Meghna PhD MBA B.Ed

Renu Arora PhD, PGDBA, B.Ed

Poonam Magu PhD, B.Ed



# Department of Development Communication Extension & Journalism

## About the Department

Media and journalism have been referred to as the fourth pillar of democracy! The construction of reality is thus one of the most vital functions of the media and media professionals. As local, national and global media industries are proliferating and thriving, there is an ever-increasing demand of professionals in the media job market such as journalists, anchors, researchers, broadcasters, animators and photographers to name a few.

Keeping in view this demand and the need to shape responsible professionals, and to give women an effective voice in media, the Department of Development Communication, Extension and Journalism (DCEJ) has been offering a three-year B.A. (Hons.) course in Journalism since 2017. We are proud to say that our alumni are successfully pursuing higher education from reputed institutions or are well placed in jobs. The onus for this goes to the well-qualified and experienced faculty in the department from varied fields of Development Communication, Journalism, and Mass Communication. The teaching methodology incorporates lectures, workshops, field visits and interaction with eminent media personalities. The Department emphasizes independent research projects and extensive written and practice-based assignments by students. The college has a state-of-the-art audio studio for production of radio programs besides having equipment for photography and video production. The students are encouraged to develop critical awareness of not only the values and purpose of journalism but also the political, social and economic contexts in which journalism operates. They are sensitized to the role and power of media as an agent of change and as a pillar of democracy.

## Faculty Members

Geeta Punhani PhD  
Savita Aggarwal PhD  
Ms Neeti Vaid M.Sc

Parveen Pannu PhD  
Yuki Azaad Tomar PhD





# Department of Elementary Education

## About the Department

BEIEd is a four-year integrated teacher education program, the first professional degree in the field of elementary education initiated by the University of Delhi in 1995 with the aim of enhancing the professional knowledge and expertise of elementary teachers. It also Attempts to address the professional needs and demands of elementary teaching, and thereby strengthen the elementary education of the country. The program is being offered by a select few colleges under Delhi University for past two decades. The students passing out of B.El.Ed. have made their presence as professionals in the field of education. The Institute of Home Economics has been offering the course since the academic year 2004-05. The B.El.Ed department at IHE has a dedicated and well-qualified faculty and over the years the students have performed extremely well and have been securing top positions in the University. Admission to this course is through a centralized admission test conducted by Central Institute of Education, University of Delhi.

## Faculty members

Nidhi Gulati PhD

Mamta Singhal PhD

Jyoti Dalal PhD

Ruchira Das PhD

Suneeta Mishra PhD

Sharmila Rathee MA, MEd





# Department of Sciences

The Science Departments at IHE comprises of three branches of science: Biology, Chemistry and Physics. These departments play a hinge role in the fundamental development of interdisciplinary courses such as Home sciences, Microbiology, Biochemistry. The departments have well equipped laboratory attached with an instruments room.

## About the Departments

### Department of Biology

The Department of Biology has a multidisciplinary approach; we are committed to clear thinking, scientific support and student decision-making. The Department features two well-equipped student laboratories, four faculty members and two non-teaching staff who provide guidance, mentorship, and support to the students. The courses are taught through supporting practical experiments and field excursions for students in Biological Sciences. Besides disseminating knowledge, the teachers also encourage students to pursue undergraduate research projects and encourage them to share and present their findings at national and international conferences. The Department also organises lectures, webinars, and conferences for students in order to make them aware of current research.

### Department of Physics

The Department of Physics offers subject in Physics for the students of Home Science. Students are exposed to wide range of principles of classical and modern physics. The main features of the course are to familiarize the students with basic concepts of physics and application of physics in daily life such as functioning of house hold appliances. The technology advancement in recent years has been transforming every aspect of our lives. In view of that the physics course in the paper of physical sciences focuses on some of these new technologies like IC,LED, audio visual devices and lasers and their impact on our lives.

## Faculty Members

Rachna Kapila PhD





## Department of English

### About the Department

The department teaches English paper as a part of Foundation course. There is a core paper of English in all the departments of college i.e. Biochemistry, Home Science, Microbiology. The department teaches literature paper to BEEd students.

### Faculty Member

**Ms Anita George**

MA, M.Phil

## Department of Physiology and Promotive Health

### About the Department

Department teaches physiology and medical microbiology to undergraduate students. Students pursuing MSc Food and Nutrition and PG Diploma in Dietetics and Public Health Nutrition (DDPHN) are taught Human Physiology. Students of PG Diploma in Social Health and Gerontology (DHSG) are taught physiological and clinical aspects of ageing and health promotion in older persons. Research areas pursued are Neurophysiology, Gerontology, Nutrition, Sports and Exercise Physiology. Department coordinates equal opportunity cell for disabled staff and students. A fully equipped medical room managed by the department provides emergency medical care to the students and staff.

### Faculty Member

**Dr Manjula Suri**

MBBS, PhD, PG

Diploma in Health  
and Family

Welfare.

## Department of Physical Education & Sports Sciences

### About the Department

The department lays great emphasis on shaping the overall personality of students, not limiting itself to a mere matter of winning and losing on the sports field. It works towards improving the health, fitness and wellbeing of the staff and students at I.H.E. The main characteristic of the department is its multidisciplinary approach. Inter-house competitions in various sports events are organized. In addition, talks, workshops and seminars with special reference to human values, self-control, wellness, fitness, sports injuries, sports nutrition and sports psychology are also held to raise awareness amongst the students. It also engages with the Elementary Education department to teach Physical Education as part of their course work. Eminent sports personalities and experts are also invited to speak to the students and inspire them with their rich and varied experiences.

I.H.E sports includes a variety of activities. The most awaited event is “Enthusia” the Annual Sports Festival, an extremely exciting event for the students. The college Fitness Centre has an Air-Conditioned Gymnasium, Table Tennis Hall, facilities for Chess, Carom, yoga, zumba /aerobics, Self-Defence, Judo and Taekwondo well equipped with the latest equipments, to cater the needs of staff and students. Meditation, Stress Management and Diet Counselling sessions are also organized here.

**Basketball** The college has a basketball ground which caters the interest of basketball lovers for day-to-day practice and is being used for the Inter-college basketball tournaments and Inter-House matches.

**Faculty member: Namita Saini, PhD**

Life at

IHE





# Student Facilities

## Library

The Institute of Home Economics Library System consists of a Central Library and 11 departmental libraries which collectively support the teaching, research and extension programmes of the Institute. The college maintains a well-stocked library which is open to students and staff. There is a well-equipped Reading Room, which subscribes to dailies, weeklies, periodicals and journals.

The library is an integral part of the academic setup of the college, the major aim of which is to acquire, collect and organize books and other allied reading materials for use by students and faculty members and thus to support the teaching programme of the college. Presently, the library has a collection of 22,500 resource materials which includes text-books, reference books and thesis and back volumes of journals in the field of Home Science. The library subscribes to National and International Journals. The library also has a Book Bank with 615 volumes.

## Laboratories

The Institute has several laboratories such as Physics, Chemistry, Biochemistry, Microbiology, Therapeutic Nutrition, Human Development, Apparel Designing, Clothing Construction, Resource Management, Communication and Extension. The labs are spread on all the four floors of the college. Separate labs are allocated for post-graduate students. The laboratories are naturally lit, very well ventilated, spacious and well-equipped. All laboratories are provided with computer facilities and internet for the benefit of the staff and students. It is indeed an enriching and enjoyable experience to work in any of these laboratories.







### **Computer lab**

The Institute has three computer labs equipped with 120 computers loaded with the latest software and internet connectivity for use by students, research scholars and faculty. Many classes of under-graduates and post-graduate students that require the use of computers are held in the computer lab. All computers are regularly upgraded to meet the requirements of changing technology. The computer labs are manned by technically qualified professionals. Internet facility is available to the faculty as well as students free of cost.

### **CollegeAutomation and Wi-Fi connectivity**

The entire campus is Wi-fi enabled to facilitate academic as well as research work by faculty and students. All the academic and administrative aspects of the Institute including attendance and internal assessment are fully automated and integrated. Some of the functions are integrated into the college website. Each student is issued a RFID enabled card, which serves not only as an identity card but also the library card. The students can check their attendance at the end of every month and the internal assessment at the end of every semester on the college website.





## Conference Room

The Institute has a spacious, airconditioned, conference room fitted with modern audio-visual facilities for conducting conferences and workshops. It is here that the students and faculty present seminars and make research-related presentations and hone their communication skills. Prominent seminars to acquaint the students with new trends and development in academics and the industrial sector are a regular feature.

## Audio Studio

The Institute has a state-of-the-art audio studio, which is housed in twin sound-proof rooms. It is equipped with 16 channel **analog** audio mixer, audio-monitor, speakers & two track sound card. The studio serves as a laboratory to train students specializing in the Communication and Extension stream, in various aspects of radio journalism. Recording and editing of radio programmes and editing of video films and documentaries is also undertaken in the studio. To optimize the use of audio-studio, short term courses on radio jockeying are also organized by the Department of Communication and Extension for the benefit of students.





## Canteen

A favourite hangout of the students during college hours is the college canteen where a wide variety of snacks and beverages are available at affordable prices. The canteen has been renovated this summer with an increased seating capacity for students to sit and eat or chat with their friends. A kiosk for coffee, iced tea, milkshakes and soups is the latest attraction



## Gymnasium

The college has an airconditioned gymnasium, well equipped with the latest equipment to cater the needs of students interested in fitness workouts. A Four Station Gym, Cross Trainer, Sports Treadmills, Steppers, Rowing Machine, Leg exerciser, Horse, Height and Weight Scale, Gym Balls and Weight Section are available in the Gym for the use of staff and students, under the guidance of an experienced gym trainer. Gymnasium is open from 8 a.m. to 4 p.m. for use by staff and students.



## The IHE Nursery School AARAMBH

The IHE Nursery School, Aarambh has been initiated by the Department of Human Development and Childhood Studies. Through this centre, the department affirms its approach towards holistic child development and education - by creating meaningful and positive childhood experiences and a stimulating environment for children. The central vision of Aarambh is to focus on learning by providing a range of activities to foster physical-motor, cognitive, language and social-emotional development of children





# Societies at a Glance

## NAVRANG

The theatre society of IHE was established in the year 2011. It aims to bring awareness on social issues that plague our society. Navrang believes that each individual can bring a massive change in the society and aspires to create a ripple effect. It has its own little share of street as well as stage productions

The society has bagged over 100 accolades, collaborated with NGO's and has given numerous public performances. Navrang has participated in almost all the Delhi college's theatre competitions and has won several prizes at Delhi University, Amity, IP, etc.

## POISE

Poise' a word that reflects elegance, charisma and sheer beauty. The fashion society of Institute of Home Economics, POISE, has left no stone unturned in the past years to beat all odds and be counted as one of the best societies of Delhi University. Apart from the models, the creative team has been the backbone of the society, handling everything, from the backstage props to makeup and dresses. Bringing justice to the society name and reputation, every year the society and its members work out a new theme to perform on based on the raging topics in the country.



## IRIDESCENCE

The Art Society of IHE encourages its members to create something that is unique and really stands out. The goal is to push them and let them discover their artistic sides that they have never seen in themselves before. The society aims to make people see how art is all around them, in everything they see, in every soul that they meet. Nobody is a born artist, but we can teach ourselves to be one. Theodore Dreiser rightly said, “Art is the stored honey of the human soul.”

## TARKAAS

The name of the society originated from the word for a ‘wooden flute’ and till date stays the most unique name of any music society in the DU Circuit of Cultural Societies. In its year of re-establishment, Tarkaas worked on Indian classical genre of music with a composition based on Raag sagar, a raag rarely heard in delhi’s classical group singing circle. Innumerable hours of riyaz along with various accompanying taals like rupak, ektaal, teen taal, jhaptaal, and a to-the-mark sawaljawab on tabla made this raag even more beautiful. Raag Sagar which includes raag Bhatiyaar, AhirBhairav, Kirwani, Jog, Dhani Bhimpalasi. Madhuvanti, Basant Bahar and Mishr Bhairavi with jhaptaal, ektaal, rupak and teen taal, this raag sagar was all about the feel





## MUZAHIRA

Muzahira, the literary and debating society of IHE. We create awareness about issues concerning the world as a whole , with just words and unwavering voices . We are active participants in inter college and inter university events like MUNs, debates, open mics, quizzes, poetry and creative writing competitions. We attend NDTV talk shows , TED events and Youth Conferences. The society through constant development, has not just won various accolades for the college but has also annually organized intra college and inter college debates, quizzes, open mics . with a single motto of change with expression , we intend to contribute to the betterment of the world and continue the progress One of our member, Rajshree has recently written a book which is a proud moment for a society.

## ELEGANZA

Eleganza, The Western Dance Society of IHE is a well-known dance society in Delhi dance circuit. They have given performance for NDTV and as flashmob for various companies. They have won many prizes in Inter college competitions,







# IHE Alumni

A circular portrait of Rohini Saran, a woman with long brown hair, wearing a dark blue patterned top, with her arms crossed.

## **Rohini Saran** Project Lead – Nutrition (South Asia Hub), PATH

Of the five years I was at IHE during my bachelors and masters, my journey has been one of the most rewarding experiences. The myriad of opportunities that IHE presents to undertake leadership roles, gain knowledge of varied subjects and to find unparalleled friendships and mentors, it has been a great learning curve. IHE provided the platform to engage in multiple avenues which helps one become jack of all trades. The unstinted support of our professors which continues even today, makes one proud to be part of the IHE family.”

A circular portrait of Pooja Chikara, a woman with dark hair, wearing a yellow and pink top, smiling.

## **Pooja Chikara** Patent Analyst, Sagacious IP

“Three years of association with IHE is something I will always cherish. It has given me the best education from the most compassionate professors as well as a great insight of the life after college.





## **Mehak Khan** Pursuing Ph.D. at National Institute of Immunology

Even after moving to the best of the institutes for post- graduation and doctorate, the impact and memories of IHE could never fade. Not only this college and teachers motivates you academically, but they add an extraordinary spark to your personality. I shall truly remain indebt to my teachers for whatever I am, or I aspire to be.



## **Prachi Singh** Head, India office for National Association for Child Development

“Of the five years I was at IHE during my bachelors and masters, my journey has been one of the most rewarding experiences. The myriad of opportunities that IHE presents to undertake leadership roles, gain knowledge of varied subjects and to find unparalleled friendships and mentors, it has been a great learning curve. IHE provided the platform to engage in multiple avenues which helps one become jack of all trades. The unstinted support of our professors which continues even today, makes one proud to be part of the IHE family.”



## **Palak** Content manager and Curator, Design Factory India



“Experience at IHE was one that came with big surprises. I never had a clue that such a dynamic opportunity ever existed; which gives you multiple options to pursue your future in. Academic course with the humble professors, always helped me to refine the skills in me to have diversified practical knowledge. It was a lovely and memorable journey throughout.

## **Maansi Sharma** Practicing Advocate



My three years in the IHE were among the best years of my life. When I reflect on my three years in the collage’s B.Sc (Hons.) program, I conclude that the experience not only made me a better person, but also prepared me in unpredictable ways for my career. Through workshops with incredibly supportive classmates my seniors, and professors who were nothing short of champions. Having been shaped in part by the collegial and creative, yet rigorous, environment at IHE, I found myself able to communicate, innovate, and collaborate in ways that enabled me to build a successful communications consulting practice, and eventually to find a rewarding career as an independent practicing advocate.



## **Shyna** Art Director, (JWT), WPP Group

“Every traveler has a home of his own, and he learns to appreciate it more from his wandering.” Such has been my tie-in with IHE; It was my home for 3 transformative years of my life. And my journey has been eventful ever since. The credit goes to a diverse curriculum and the rigorous classroom learnings provided by the faculty. IHE teaches you persistence; for me it was my opportune achievement as a Creative Designer for the annual college magazine for 3 consecutive years that helped me discover my creative potential. All thanks to my alma mater, for imbibing in me the skills that contribute immensely to my success and my growth as an individual today!

## **Disha Bhatnagar** Head, Strategy & Insights, Air Asia Group

The one word that reminds me of my days at IHE is THANKFUL. The years I have spent in the college were definitely the most learningful and best years of my student life. The teachers are nurturing and extremely supportive for students' growth professionally and personally. The classes are just not theoretical but full of life, practical and demonstrate a real life culture to be a part of something great ahead. The college is well equipped with great facilities and best teachers to mentor the students not just their academic years but through the life as this has been my own experience with some of the great mentors of life.







## **Deepali** Assistant Commandant, CRPF

The college has played crucial role in shaping my personality and attitude towards Life. Especially, the course Bachelor of Elementary education and the facilitators helped me in questioning the GIVENS of life and contributed immensely in my identity formation and my outlook towards self and the World.

I acknowledge and appreciate the role played by the college and faculty in shaping me as a Person and inculcating the capabilities in me to be of some value in the service of Nation.



## **Monica Gulati** Program Executive, All India Radio

“I play an instrumental role in the reinvention of programme styles, helping to improve the shows in terms of production, quality, concept and prestige. My association with IHE has been full of learning instilled with humility, nobility and creativity. I believe passion & firm dedication towards her work instills motivation in the hearts of one & all. Enthusiasm, self motivation and perseverance are just enough to accomplish any feat. The passion for creating stories has led me achieve International laurels-Asia- Pacific Broadcasting Union Awards in two consecutive years-2018 and 2021.”



### Admission Counselling and Grievance Committee 2022

1. Prof. Amita Walia (Convenor)
2. Dr. Veenu Wadhwa (HD) (Co-Convenor)
3. Prof. Chanchal (Fabric and Apparel Science)
4. Prof. Arti Nigam (Microbiology)
5. Dr. Yuki Azaad Tomar (Development Communication Extension and Journalism)
6. Dr. Suneeta Mishra (Elementary Education)
7. Ms Renu (Human Development)
8. Dr. Bhupender Kumar (Biochemistry)
9. Dr. Sandeep Yadav (Biochemistry)
10. Dr. Jagriti Kher (Development Communication Extension and Journalism)
11. Dr. Bhupinder Kaur (Fabric and Apparel Science)
12. Ms. Shobha Mandal (Fabric and Apparel Science)
13. Dr. Vidhu Yadav (Food & Nutrition and Food Technology)
14. Dr. Pragya Singh (Food & Nutrition and Food Technology)
15. Dr. Vandana Sablania (Food & Nutrition and Food Technology)
16. Dr. Kavita Vasudev (Human Development)
17. Dr. Ashok Saini (Microbiology)
18. Dr. Reema Chaurasia (Resource Management)
19. Dr. Ritu Atheya (Resource Management)
20. Dr. Richa Tyagi (Resource Management)





***Welcome to IHE***