

IGNOU REGIONAL CENTRE DELHI-1
LSC CODE AND NAME: LSC 0787; INSTITUTE OF HOME ECONOMICS

Counselling Schedule for Diploma in Nutrition and Health Education (DNHE): January 2026 Admissions

| Programme | Course | No. of sessions | Approved AC Name | Date | Time | Online Meeting Platform | Meet link |
|-----------|-----------------------------------------|-----------------|------------------|------------|-------------------|-------------------------|-----------------------------------------------------------------------------------------|
| DNHE | Nutrition for the community (DNHE 1) | 3 | Ms. Ruchi Arora | 5/07/2026 | 9:30 a.m.-3:30 pm | Google meet (online) | https://meet.google.com/axc-vccq-enq |
| | | 3 | Ms. Ruchi Arora | 12/07/2026 | 9:30 a.m.-3:30 pm | | |
| | | 3 | Ms. Ruchi Arora | 19/07/2026 | 9:30 a.m.-3:30 pm | | |
| DNHE | Public Health and Hygiene (DNHE 2) | 3 | Ms. Ruchi Arora | 26/07/2026 | 9:30 a.m.-3:30 pm | Google meet (online) | https://meet.google.com/axc-vccq-enq |
| | | 3 | Ms. Ruchi Arora | 2/08/2026 | 9:30 a.m.-3:30 pm | | |
| | | 3 | Ms. Ruchi Arora | 9/08/2026 | 9:30 a.m.-3:30 pm | | |
| DNHE | Nutrition and Health Education (DNHE 3) | 3 | Ms. Ruchi Arora | 16/08/2026 | 9:30 a.m.-3:30 pm | Google meet (online) | https://meet.google.com/axc-vccq-enq |
| | | 3 | Ms. Ruchi Arora | 23/08/2026 | 9:30 a.m.-3:30 pm | | |
| | | 3 | Ms. Ruchi Arora | 30/08/2026 | 9:30 a.m.-3:30 pm | | |

INSTRUCTIONS TO LEARNERS:

1. The Learners are advised to go through the Self Learning Materials (SLM) and come prepared so that there will be a fruitful discussion during the online counselling sessions.
2. Kindly remember that the counselling sessions are not teaching sessions and meant to facilitate you to understand the material properly and to assist you to learn.
3. You will get a chance to interact with other peer learners and the academic counselor so make it convenient to attend the sessions to help you to learn better.
4. Please bring your relevant course material with you during the online session.
5. Always carry your IGNOU I-Card while attending the online Sessions.

Sd/-
 Coordinator
 LSC 0787