

Dear Student,

Kindly note the **Slot- 3** (May-June 2026) schedule and the subject allocated to you for your practical classes starting from **Monday, 22nd June 2026, in offline mode** at the Institute of Home Economics.

- Dates for Practical sessions: 22nd, 23rd, 24th, 25th, 29th, 30th June & 1st July 2026
- Date for Practical exam: 2nd July 2026

You are expected to reach the Institute at 9:30 am on Monday, 22nd June 2026, and gather in the foyer of Block 'A'. If you come later than 9:30 am on the first day, your seat may be given to someone else.

If you have given your consent for attending the practical sessions and do not attend them, your name will not be considered for any Practical again for a minimum period of 1 year.

Attendance in ALL the 14 Practical sessions of a subject is MANDATORY. You will **NOT** be allowed to appear for the Practical exam if you have not attended all the 14 practical sessions of a subject.

You must bring your **IGNOU Identity card (hard copy)** for verification on the first day and have it with you throughout the course of the Practical sessions and exam.

All students who have taken admission to this programme in January 2023 or later must ensure that they have paid the fee for attending the practical sessions/exam. You must bring your fee receipt with you for the entire duration of the Practical sessions/exam. Kindly note that the Study Centre will **NOT** be responsible for non-updation of your Practical marks if you have not paid the fee and still appear for the Practical sessions/exam.

Kindly maintain decorum once you enter the college premises and stay inside the labs/rooms allotted for your classes.

Best wishes,

Prof. (Dr.) Shipra Gupta
Coordinator
IGNOU LSC 0787

SR. NO	Name	Enrollment	adm. Year	Email	RC	Selected the Paper
1	Bharti	2455315875	2024	bhartiydv1996@gmail.com	RC-1	Principles of Food Science (1st Year)
2	Diksha	2455162884	2024	diksharaj2711@gmail.com	RC-1	Principles of Food Science (1st Year)
3	Samiksha Chaurasia	2452146072	2024	samm29c@gmail.com	RC-1	Principles of Food Science (1st Year)
4	Sadia Parveen	2453302930	2024	sadiyaparveen24032000@gmail.com	RC-1	Principles of Food Science (1st Year)
5	Trisha Sharma	2454336030	2024	sharmatrisha2002@gmail.com	RC-1	Principles of Food Science (1st Year)
6	Anjali	2553521232	2025	anjalisahanjel123@gmail.com	RC-1	Principles of Food Science (1st Year)
7	Aakanksha Jha	2553253320	2025	aakankshajhapg2309@gmail.com	RC-1	Principles of Food Science (1st Year)
8	Ritu kumari	2553530419	2025	rituk003@gmail.com	RC-1	Principles of Food Science (1st Year)
9	Pammi Kumari	2554896296	2025	pammikumarisingh9@gmail.com	RC-1	Principles of Food Science (1st Year)
10	ASHA RAI	2554158883	2025	yadavvikram2021@gmail.com	RC-1	Principles of Food Science (1st Year)
11	Tuba khan	2553165050	2025	tubakhanopl00@gmail.com	RC-1	Principles of Food Science (1st Year)
12	Urvashi Tiwari	2550309256	2025	urvashitiwari13@gmail.com	RC-1	Principles of Food Science (1st Year)
13	Shreya Mahawar	2554909541	2025	shreyamahawar68@gmail.com	RC-1	Principles of Food Science (1st Year)
14	Isha Dhamania	2553514892	2025	isha.p116@lic.du.ac.in	RC-1	Principles of Food Science (1st Year)
15	Mamta Nainwal	2553293209	2025	nainwalmamta2002@gmail.com	RC-1	Principles of Food Science (1st Year)
16	Nidhi kumari giri	2554674560	2025	nidhigiri721@gmail.com	RC-1	Principles of Food Science (1st Year)

SRNO.	Name	Enrollment	adm. Year	Email	RC	Selected the Paper
1	Vanshita	2450632100	2024	vanshitabhushan1106@gmail.com	RC-3	Nutritional Biochemistry (1st Year)
2	Yogita	2451658834	2024	09yogita2@gmail.com	RC-3	Nutritional Biochemistry (1st Year)
3	Rachna kasana	2450107631	2024	rachnakasana789@gmail.com	RC-1	Nutritional Biochemistry (1st Year)
4	Adeeba Rehman	2453346774	2024	adeebarehman333@gmail.com	RC-1	Nutritional Biochemistry (1st Year)
5	Smriti	2451394270	2024	Smritigarg049@gmail.com	RC-3	Nutritional Biochemistry (1st Year)
6	Wajiha Maryam	2455315860	2024	wajihamaryam1996@gmail.com	RC-1	Nutritional Biochemistry (1st Year)
7	ZAINAB KHATOON	2453460600	2024	zh6398@gmail.com	RC-1	Nutritional Biochemistry (1st Year)
8	Rukhsar	2542788133	2024	rukhsar1701@gmail.com	RC-1	Nutritional Biochemistry (1st Year)
9	Nishita verma	2453346687	2024	vermanishita78@gmail.com	RC-1	Nutritional Biochemistry (1st Year)
10	Deepti Kohli	2450879419	2024	Kohlideepti1111@gmail.com	RC-1	Nutritional Biochemistry (1st Year)
11	RENU GOSWAMI	2554712850	2025	renugoswami2004@gmail.com	RC-1	Nutritional Biochemistry (1st Year)
12	Prachi Choudhary	2553942442	2025	choudharytannu207@gmail.com	RC-1	Nutritional Biochemistry (1st Year)
13	Kanika	2554674302	2025	kanikajainwal2001@gmail.com	RC-1	Nutritional Biochemistry (1st Year)
14	Palak Munjal	2554390939	2025	palakmunjal2004@gmail.com	RC-3	Nutritional Biochemistry (1st Year)
15	Pavitra	2553164285	2025	162pavitra@gmail.com	RC-1	Nutritional Biochemistry (1st Year)
16	Kiran	2551744828	2025	jmjk.kiran@gmail.com	RC-3	Nutritional Biochemistry (1st Year)

SR.NO	Name	Enrollment	adm. Year	Email	RC	Selected the Paper
1	Aditi	2354632866	2023	aditisharma010816@gmail.com	RC-1	Food Microbiology and Safety (1st Year)
2	Harshita sharma	2352438804	2023	isharmaharshita@gmail.com	RC-3	Food Microbiology and Safety (1st Year)
3	Midhat fatima	2354636218	2023	fatimamidhat538@gmail.com	RC-1	Food Microbiology and Safety (1st Year)
4	Rehnuma Naaz mansoori	2355139366	2023	naazrehnuma11@gmail.com	RC-1	Food Microbiology and Safety (1st Year)
5	Bonojini Nayak	2453594702	2024	bonojininayak@gmail.com	RC-1	Food Microbiology and Safety (1st Year)
6	Sandhya	2451600658	2024	sandhyamaggo@gmail.com	RC-1	Food Microbiology and Safety (1st Year)
7	Sweta Sharma	2453597825	2024	Swe	RC-1	Food Microbiology and Safety (1st Year)
8	Ritu Yadav	2553514737	2025	rituyadav0494@gmail.com	RC-1	Food Microbiology and Safety (1st Year)
9	saloni kumar	2554398293	2025	work.salonikumar@gmail.com	RC-1	Food Microbiology and Safety (1st Year)
10	preeti	2553942925	2025	preeti. licdu206@lic.du.ac.in	RC-1	Food Microbiology and Safety (1st Year)
11	Pooja	2554909412	2025	pooja.licdu189@lic.du.ac.in	RC-1	Food Microbiology and Safety (1st Year)
12	AMRITA	2553285754	2025	amrita12307@gmail.com	RC-1	Food Microbiology and Safety (1st Year)
13	Muskan Monga	2550350178	2025	muskanmonga27@gmail.com	RC-1	Food Microbiology and Safety (1st Year)
14	Ritu Singh	2550540563	2025	ritu.singh.30032@gmail.com	RC-1	Food Microbiology and Safety (1st Year)
15	Ambika Gouda	2553020061	2025	ambikagouda20003@gmail.com	RC-1	Food Microbiology and Safety (1st Year)
16	Aarushi jain	2554398230	2025	aashu160299@gmail.com	RC-1	Food Microbiology and Safety (1st Year)

SR.NO	Name	Enrollment	adm. Year	Email	RC	Selected the Paper
1	Sakshi	2250105251	2022	Aggarwalsakshi077@gmail.com	RC-1	Public Nutrition (1st Year)
2	Urvashi	2354240696	2023	urvashikhokher@gmail.com	RC-3	Public Nutrition (1st Year)
3	Shabnam	2455316022	2024	Khatoonabida44@gmail.com	RC-1	Public Nutrition (1st Year)
4	Shraddha	2455331541	2024	shraddhapassi22@gmail.com	RC-1	Public Nutrition (1st Year)
5	Priyanka	2450881801	2024	Priyanka01919@gmail.com	RC-1	Public Nutrition (1st Year)
6	Aparna soni	2554387468	2025	aparnasoni1992@gmail.com	RC-3	Public Nutrition (1st Year)
7	ADEEBA KHANAM	2554909460	2025	adikh009@gmail.com	RC-1	Public Nutrition (1st Year)
8	Sushila sharma	2554674431	2025	sush	RC-1	Public Nutrition (1st Year)
9	Anshul Yadav	2451454070	2024	ishuyadav1000801@gmail.com	RC-1	Public Nutrition (1st Year)
10	Himanshi dahiya	2550594488	2025	Himanshidahiya19@gmail.com	RC-1	Public Nutrition (1st Year)
11	Sana zameer	2554909238	2025	sanazameer5@gmail.com	RC-1	Public Nutrition (1st Year)
12	Kanika Garg	2550540584	2025	gargkanu16@gmail.com	RC-1	Public Nutrition (1st Year)
13	Laraib Siddiqui	2553285800	2025	siddiquilaraib1603@gmail.com	RC-1	Public Nutrition (1st Year)
14	Varsha Gupta	2554674874	2025	guptavarsha618@gmail.com	RC-1	Public Nutrition (1st Year)

SR.NO	Name	Enrollment	adm. Year	Email	RC	Selected the Paper
1	Aparna Mathur	2353801895	2023	aparnamathur7@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
2	Varsha jha	2354009331	2023	jhavarsha542@gmail.com	RC-3	Entrepreneurship & Food Service Management (2nd Year)
3	Monika Meena	2350488046	2023	moniqueen795@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
4	Meenakshi	2353068345	2023	meenakshigaur9310@gmail.com	RC-3	Entrepreneurship & Food Service Management (2nd Year)
5	Aman Chauhan	2355137701	2023	amanchauhan1815@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
6	Sabahat Naaz	2355179760	2023	sabahatnaaz0902@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
7	Renuka Gaire	2352445784	2023	renukagaire01@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
8	Manpreet Kaur	2354241795	2023	dhillon.mini01@gmail.com	RC-3	Entrepreneurship & Food Service Management (2nd Year)
9	Isha Solanki	2450709140	2024	solankiisha2527@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
10	Aarti Mittal	2453346795	2024	mittalaarti853@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
11	Aleena Zainub	2453402733	2024	aleenazainub234@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
12	Aditi	2453171830	2024	kardamaditi@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
13	Sufiya Mehak	2452741882	2024	smehak01710@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
14	Priya	2453301975	2024	priyasaini2000@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
15	Yoshita Sharma	2455358692	2024	yoshitasharma013@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
16	Priya Rawat	2453158437	2024	rawat.priya1531@gmail.com	RC-3	Entrepreneurship & Food Service Management (2nd Year)
17	Tanya Sharma	2453594615	2024	tanyaa56789@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
18	Ritesh Pandey	2454932173	2024	riteshpandey9695@gmail.com	RC-3	Entrepreneurship & Food Service Management (2nd Year)
19	Priyanshi	2453302591	2024	priyanshichoudhary142001@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
20	Kumkum verma	2453162102	2024	kumkumverma882@gmail.com	RC-3	Entrepreneurship & Food Service Management (2nd Year)
21	Khushi Rai	2453341010	2024	khushirai412@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
22	Muskaan Garg	2450708545	2024	muskaangarg17@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
23	Mohd inamul haqe	2453958574	2024	haqueinamul7@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
24	Chitra Mehlawat	2450127983	2024	chitramehlawat95@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
25	Nisha Nigam	2451910627	2024	nishanigam0007@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
26	Durgesh kumari	2453573994	2024	vaya16899@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
27	Simran	2453403869	2024	simran2002fut@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
28	Vaishali Prashar	2450044810	2024	vaishaliprashar7@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
29	Anushka Lodhi	2453601756	2024	anushkalodhi2929@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
30	Neha	2453402585	2024	Nehabalyan991@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
31	Kajol	2451391250	2024	Kajolater@gmail.com	RC-3	Entrepreneurship & Food Service Management (2nd Year)
32	Simran	2450262371	2024	sdhanwal992@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
33	Nisha Nigam	2451910627	2024	nishanigam0007@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)
34	Anushka Lodhi	2453601756	2024	anushkalodhi2929@gmail.com	RC-1	Entrepreneurship & Food Service Management (2nd Year)

SR.NO	Name	Enrollment	adm. Year	Email	RC	Selected the Paper
1	Preeti Gupta	2254945656	2022	preetig047@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
2	Himanshi choudh	2352523892	2023	choudharyhimanshi024@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
3	Taniya Mandal	2355137743	2023	taniyamandal814@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
4	Radhika Arora	2354643182	2023	radhikaarora251201@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
5	Chilakala Malles	2352423450	2023	mallychilakala@gmail.com	RC-3	Clinical & Therapeutic Nutrition (2nd Year)
6	Ruchika kaushal	2354045241	2023	ruchikakaushal2308@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
7	Kritika khator	2354044950	2023	kritikakhator198@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
8	Sahajpreet Kaur	2354045112	2023	sahajmanocha1@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
9	Arushi Arora	2350422060	2023	aroraarushi28@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
10	Tista	2354826666	2023	ghosttista94@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
11	Sanah Malhotra	2350217907	2023	sanahm13@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
12	Raman kumar m	2352656323	2023	Raman882636@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
13	Aafreen khan	2350095244	2023	aafreenkhan.hcl@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
14	Bhawna Saini	2354643156	2023	bhawnasaini2002@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
15	Vandana	2354319234	2023	sapna58914@gmail.com	RC-3	Clinical & Therapeutic Nutrition (2nd Year)
16	Vineeta Bharti	2354318639	2023	vineeta7550@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
17	Manvi Jain	2453158761	2024	Manvijain1802@gmail.com	RC-3	Clinical & Therapeutic Nutrition (2nd Year)
18	Pooja Rajput	2453161549	2024	pooja5394rajput@gmail.com	RC-3	Clinical & Therapeutic Nutrition (2nd Year)
19	Eliza Sinha	2455264607	2024	elizasinha222@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
20	Anamika Yadav	2453404084	2024	yadav.anamika1711@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
21	KASHISH NARA	2453158458	2024	kashishnarang2727@gmail.com	RC-3	Clinical & Therapeutic Nutrition (2nd Year)
22	Mamta Negi	2455316660	2024	mamtanegi527@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
23	Jyoti Kumari	2450191010	2024	kumarhk359@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
24	Arunima Dutta	2453302760	2024	arunimadutta2001@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
25	Moni	2452489641	2024	monijha678@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
26	Neha	2452403519	2024	nehatanwar2008@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
27	Isha Rana	2453641743	2024	isharana999@gmail.com	RC-3	Clinical & Therapeutic Nutrition (2nd Year)
28	Komal	2453062248	2024	komalbunty7276@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
29	Khushi bhaskar	2450708714	2024	Khushibhaskar99@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
30	Megha	2455316505	2024	megha.sha2002@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
31	Preeti	2455365048	2024	Preetikaushik629@gmail.com	RC-3	Clinical & Therapeutic Nutrition (2nd Year)
32	Swati	2453402939	2024	swati03kohli@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
33	Urvashi Champa	2454823249	2024	urvashi.champawat@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
34	Riya Singh	2450708993	2024	riyaqueen.963@gmail.com	RC-1	Clinical & Therapeutic Nutrition (2nd Year)
35	Anita Tripathi	2452259762	2024	anitagkp06@gmail.com	RC-3	Clinical & Therapeutic Nutrition (2nd Year)

SR.NO.	Name	Enrollment	adm. Year	Email	RC	Selected the Paper
1	Saima khan	2254945384	2022	saimakhan7598@gmail.com	RC-1	Advance Nutrition (2nd Year)
2	Shivani Choudhary	2355139730	2023	choudharyshivani206@gmail.com	RC-1	Advance Nutrition (2nd Year)
3	Sanya Thakral	2354336972	2023	sanyathakral21@gmail.com	RC-1	Advance Nutrition (2nd Year)
4	Purvi verma	2354642993	2023	purviiverma06@gmail.com	RC-1	Advance Nutrition (2nd Year)
5	Shabana Anjum	2354262397	2023	Shabanaanjum624@gmail.com	RC-1	Advance Nutrition (2nd Year)
6	Shonalika Singh	2352517483	2023	singhshonalika@gmail.com	RC-1	Advance Nutrition (2nd Year)
7	Simriti chaudhary	2355137532	2023	Simritichaudhary@gmail.com	RC-1	Advance Nutrition (2nd Year)
8	Chanchal	2352885504	2023	chanchalrana277@gmail.com	RC-1	Advance Nutrition (2nd Year)
9	Kanishka Arora	2354319492	2023	Kanishkaarora585@gmail.com	RC-1	Advance Nutrition (2nd Year)
10	Pooja	2353951160	2023	annushimar98@gmail.com	RC-1	Advance Nutrition (2nd Year)
11	Kanika sharma	2355137682	2023	thisiskanika09@gmail.com	RC-1	Advance Nutrition (2nd Year)
12	Babita	2355137487	2023	singhmrs731@gmail.com	RC-1	Advance Nutrition (2nd Year)
13	SAIMA ANSARI	2351393937	2023	saimaansari2294@gmail.com	RC-1	Advance Nutrition (2nd Year)
14	Ayushi gaur	2354484408	2023	ayushigaur0403@gmail.com	RC-1	Advance Nutrition (2nd Year)
15	Yamini Joria	2353068290	2023	yaminijoria9@gmail.com	RC-3	Advance Nutrition (2nd Year)
16	Akshi Mavi	2453602120	2024	akshi080701@gmail.com	RC-1	Advance Nutrition (2nd Year)
17	Himani	2450190950	2024	himanikumar2333@gmail.com	RC-1	Advance Nutrition (2nd Year)
18	Ishika Mittal	2454254780	2024	iheishika03@gmail.com	RC-1	Advance Nutrition (2nd Year)
19	Nikita Sharma	2454735169	2024	nikitasharma27102002@gmail.com	RC-1	Advance Nutrition (2nd Year)
20	Diksha	2453641954	2024	dikshabhardwaj014@gmail.com	RC-1	Advance Nutrition (2nd Year)
21	Heena	2453641825	2024	heenapawar112@gmail.com	RC-1	Advance Nutrition (2nd Year)
22	Rajni Gupta	2453246902	2024	03rajnigupta@gmail.com	RC-1	Advance Nutrition (2nd Year)
23	Rupali	2354269869	2024	rupalithakur3111@gmail.com	RC-1	Advance Nutrition (2nd Year)
24	Heemangee Kalia	2453448061	2024	heemangeek12@gmail.com	RC-1	Advance Nutrition (2nd Year)
25	Mohnish anand	2453641569	2024	mohnishanand3@gmail.com	RC-3	Advance Nutrition (2nd Year)
26	Akanksha bhardwaj	2450707913	2024	bhardwajakanksha0611@gmail.com	RC-1	Advance Nutrition (2nd Year)
27	Simran	2450262371	2024	sdhanwal992@gmail.com	RC-1	Advance Nutrition (2nd Year)
28	Priya Bansal	2455316254	2024	bansal.311999priya@gmail.com	RC-1	Advance Nutrition (2nd Year)
29	Sheetal Yadav	2450259830	2024	yadavsheetal026@gmail.com	RC-1	Advance Nutrition (2nd Year)
30	Musfira	2453324775	2024	amaankhan786092928@gmail.com	RC-3	Advance Nutrition (2nd Year)
31	Priya Bansal	2455316254	2024	bansal.311999priya@gmail.com	RC-1	Advance Nutrition (2nd Year)
32	Sheetal Yadav	2450259830	2024	yadavsheetal026@gmail.com	RC-1	Advance Nutrition (2nd Year)
33	Musfira	2453324775	2024	amaankhan786092928@gmail.com	RC-3	Advance Nutrition (2nd Year)
34	Priti Dhaka	2455329919	2024	Dhakapriti023@gmail.com	RC-1	Advance Nutrition (2nd Year)
35	JOY KUMAR DEY	2450120037	2024	joyhomoeo83@gmail.com	RC-1	Advance Nutrition (2nd Year)