



**INSTITUTE OF HOME ECONOMICS,
UNIVERSITY OF DELHI,**
Sports & Gymnasium Committee and
Department of Physical Education
in collaboration with Delhi Police, South Distt.
organising

3 DAYS SELF DEFENCE WORKSHOP



Dates: 14-16 October 2026



Time: 1 PM to 2 PM



Venue: Badminton Court

Patron:

Prof. Dr. Radhika Bakhshi

Sports Committee Convenor:

Dr. Manish Aggarwal

TIC Department: Dr. Savita Bansal

COORDINATORS: SPORTS & GYMNASIUM COMMITTEE MEMBERS